



CITY HIGH GIRLS TRACK AND FIELD 2016



FORWARD/COLEMAN RELAYS APRIL 21st
TEAMS: CITY HIGH, MUSCATINE, PLEASANT VALLEY, CR
KENNEDY, WDM VALLEY, WEST HIGH, WAUKEE, LINN MAR

Long Jump	Cooper 14' 9"	Franklin 15' 6.5"				
High Jump	Gamamou 1st 5'6" ties school record	Vanderhoef 5'0" SB 4th				
Shot Put	Murphy 34'2" 5th	Jennings 26'8"				
Discus B/G	Murphy 112' 00"* 6th	Cassady 79'8"				
3000M	Bywater 11:08.04 SB 8th	Hansen 11:22.78	Chadwick 11:38.13 SB			
4X800	Arch 2:22.5 SB	Lindower 2:24.1*	Jones 2:26.7*	Smith 2:29.9*	9:43.57 SB	1st
SHR	Dailey 18.2*	Swenning 18.1	Flannagan 19.0	Windschitl 17.8 SB	1:13.35 hand-timed	6th
100M	Gamamou 12.79 5th	Clark 13.22*				
DMR	Franklin 27.8 SB	DeNeice 28.5	A Traore 1:04.8	Hecker 2:32.9	4:34.42	4th
400M	L Parrott 1:04.48* 7th	F Traore 1:04.59 8th				
4X200	Clark 26.5	Cooper 27.5	Johnson 26.5SB	M DePrenger 26.5	1:47.31	4th
100M H	Windschitl 18.35	Swenning 18.09				
800M	Arch 2:25.54 6th	Verdick 2:31.07*				
200M	Clark 27.85	Gamamou 27.13 3rd				
400M Hurdles	Flannagan 1:15.44*	M DePrenger 1:08.85* 4th				
SMR	Johnson 13.1	Dailey	Cooper	F Traore 1:03.5 SB	1:57.33	4th
1500	Bywater 5:19.54	Lindower 5:03.37	Hansen 5:14.66			
4x100	Clark 12.9	Cooper 12.9	Johnson 12.9	Franklin 13.1	52.17	3rd
4x400	M DePrenger 1:01.1	Jones 1:01.8	Gamamou 1:00.3	A Traore 1:04.3*	4:07.84	3rd

Team Scores: