

Forwald Relays, April 19, 2003

	Varsity
High Jump	Wiegert: 5-0 (4 th) Whiting: 5-0 (6 th)
Shot Put	Elliott: 38-11 (2 nd) Wagner: 35-10 (3 rd) Moore: ?
Discus	Elliott: 117-3 (1 st) Wagner: 100-11 (4 th) Moore: ?
Long Jump	Jordan: 16-5.75 (2 nd) Evans: 14-8
3000 Meter Run	Trefz: 10:21.37 (1 st) E. Funk: 11:32.98 (6 th)
4 x 800 Meter Relay	Diggelmann, J. Funk, Dietz, Reed 2:30.7 2:23.3 2:31.4 2:23.7 9:49.05 (1 st)
Shuttle Hurdle Relay	Dreier, Fraga, Whiting, Triplett 16.9 16.7 15.7 15.1 1:04.40 (1 st)
Distance Medley Relay	Belmont, Jones, Full, Leyendecker 28.3 26.3 63.7 2:22.5 4:20.8 (DQ)
100 Meter Dash	Jordan: 12.98 (1 st) Dreier: 13.52 (4 th)
400 Meter Dash	Krei: 62.22 (4 th) Struve: 63.39 (6 th)
4 x 200 Relay	Jones, Kamber, Hichwa, Strickland 27.2 28.1 27.7 27.8 1:50.96 (2 nd)
100 Meter Hurdles	Maya: 15.45 (3 rd) Triplett: 15.43 (2 nd)
800 Meter Run	Mims: 2:30.65 (6 th) Leyendecker: 2:25.37 (4 th)
200 Meter Dash	Kamber: 28.65 (3 rd) Jones: 28.81 (4 th)
400 Meter Hurdles	Sherry: 1:10.28 (2 nd) Krumm: 1:13.87 (3 rd)
Sprint Medley Relay	Triplett, Maya, Jordan, Reed 13.0 12.5 27.2 60.0 1:53.06 (2 nd)
1500 Meter Run	Trefz: 4:43.53 (1 st) Foreman: 5:09.43 (3 rd)
4 x 100 Meter Relay	Maya, Tutson, Whiting, Kamber 13.0 12.9 12.9 13.2 52.18 (2 nd)
4 x 400 Meter Relay	Krei, Belmont, Dreier, Mims 63.0 62.9 59.1 62.5 4:07.56 (2 nd)

Team Scores:
 City High- 149.5
 WDM Valley- 119
 IC West- 90.5
 North Scott- 46.5
 Pleasant Valley- 45.5
 Newton- 23
 Indianola- 20
 Muscatine- 11