

# Drake Relays 2009

It was a long but fruitful weekend. We come home with a new discus record from Majesty and several other top ten performances. Not everything went perfectly but when we did stumble we came back with a superior effort when the next opportunity presented itself. That bodes well for the future. We have a few more weeks of competition and training remaining. Let's make each workout and each performance help us to realize our goals

## THURSDAY

Time	Event	Runners/Throwers
3:00	Discus	<b>Tutson ** School Record</b> <b>138'9" (1<sup>st</sup>)*</b>
3:30	LJump	<b>Nelson ** (9<sup>th</sup> on All-Time list)</b> <b>16'8""* (8<sup>th</sup> in 4A)</b>
4:20	3000	<b>RRethwsich (8<sup>th</sup> on All-Time List)10:44.07* (8<sup>th</sup> in 4A)</b>  Richardson 11:09.99

## FRIDAY

Time	Event	Runners/Throwers
8:00	100h	Jordan 16.46
8:31	100	Wilkinson 12.86
8:30	Shot	Tutson <b>39'9"SB</b> <b>(2<sup>nd</sup> 4A)</b>

## SATURDAY

Time	Event	Runners
8:00	Shuttle (p)	Sotelo, Kunc, Ward, Jordan <b>17.44* 17.26* 17.52* 16.35</b> <b>1:08.88* (5<sup>th</sup> in 4A)</b>
10:52	4 x 800	Fagan, Kregel, Yagla, Richardson <b>2:21.7* 2:24.9* 2:22.2* 2:23.3*</b> <b>9:32.34SB (3<sup>rd</sup>)</b>

10:25	S. Med	<b>Burian, Nelson, Wilkinson, Mills</b>				
		<b>12.6 13.1 25.8 58.8*</b>				
		<b>1:50.33SB (6<sup>th</sup>, 5<sup>th</sup> in 4A)</b>				
9:45	H Jump	Virginia Johnson				
		<b>5' 1.25" (2<sup>nd</sup> in 4A)</b>				
11:07	100h		12:50	Shuttle (f)		
12:40	100	<b>Wilkinson 12.86</b>	2:25	1500	<b>Richardson (10<sup>th</sup> on All-Time list)</b>	
		<b>13.10 (5<sup>th</sup>)</b>			<b>4:54.34** (6<sup>th</sup> in 4A)</b>	
5:30	4x1 (p)	<b>Nelson, Coleman, Mills, Wilkinson</b>	5:00	4x1	<b>Nelson, Coleman, Mills, Wilkinson 13.2 12.2 12.1 12.0</b>	
		<b>13.0 11.70 12.8 12.6</b>			<b>49.94 SB (10<sup>th</sup> All-time)**</b>	
		<b>50.24SB</b>				
8:10	4x4 (p)	Wilkinson, Sullivan, Yagla, Mills	6:01	4x4		
		<b>60.4 62.8 62.6 62.0</b>				
		<b>4:08.04 (7<sup>th</sup> in 4A)</b>				

**Bold Name=Place Winner**

**Bold Red=St. Excel. Met**

**Bold Time=PR\* or SB**

**Name\*\*=All-time top 10**