

Forwald Relays, April 22, 2005

Varsity	
High Jump	Wiegert: 4-11 Whiting; 5-3 (2 nd) #3 ALL-TIME
Shot Put	Anciaux: 41-8.5 (2 nd) Wagner: 40-11 (3 rd) #4 ALL-TIME Minchk: 35-4.5
Discus	Anciaux: 107-5 (3 rd) Wagner; 102-11 (6 th) Sherry: 100-00
Long Jump	E. Mozena: 15-6 (4 th) V. Mozena: SCR
3000 Meter Run	Sidwell: 10:45.59 (3 rd) #7 ALL-TIME Van Natta: 11:07.72
4 x 800 Meter Relay	Funk, Anciaux, Ziegenhorn, Leyendecker 2:32 2:27 2:26 2:23 9:50.45 (3rd)
Shuttle Hurdle Relay	Rydze, Sabers, Whiting, Fraga 16.2 15.7 16.2 15.8 1:04.34 (1st) #7 ALL-TIME
100 Meter Dash	Kamber: 13.33 (6 th) Mueller: 12.98 (3 rd)
Distance Medley Relay	Hichwa, Skay, Wiegert, McKay 28.8 27.8 61.9 2:27 4:27.55 (3rd)
400 Meter Dash	Mills: 60.72 (3 rd) Mims: 61.46 (4 th)
4 x 200 Relay	Mueller, Jones, Krei, Kamber 27.8 25.3 26.5 26.9 1:46.92 (1st)
Masters 800 Meter Run	Coleman: 2:15.08 Cooper: 2:31.99
800 Meter Run	Leyendecker: 2:22.10 (3 rd) Ziegenhorn: 2:28.30 (6 th)
100 Meter Hurdles	Rydze: 16.26 (5 th) Skay: 17.55
200 Meter Dash	Krei: 26.72 (3 rd) McLane: 27.69 (6 th)
400 Meter Hurdles	Sabers: 1:07.23 (2 nd) Krumm: 1:12.95
Sprint Medley Relay	Koenig, Gerard, Jones, Mims 12.9 13.0 26.5 61.8 1:54.65 (2nd)
1500 Meter Run	Sidwell: 5:07.10 (4 th) McKay: 5:19.30
4 x 100 Meter Relay	Koenig, Mueller, Skay, Kamber 13.1 12.8 13.2 12.5 51.90 (2nd)
4 x 400 Meter Relay	Leyendecker, Krei, Jones, Mills 60.7 60.3 61.8 62.5 4:06.00 (3rd)
Team Scores	Iowa City West- 183 CITY HIGH- 138 WDM Valley- 129 Tipton- 58 Pleasant Valley- 27 Newton- 20 Muscatine- 18 North Scott- 16