

2008 CRANDIC Freshman Meet

“The key is not to see how fast you can run but how fast you can run tired”

---Quentin Cassidy in Once a Runner

We finally had a nice night for competition and you took advantage by running, jumping and throwing to a host of prs. From the first event to the last we competed with a sense of purpose. By running multiple events and being willing to do events that you may not be used to you gave your team the opportunity to win and last night it payed off with your single point win over West High. It took all 16 of you working together to do it. That is what it is all about. Thank you for a most pleasant evening and congratulations.

4:30	Long Jump South	
4:30	High Jump first	Johnson 5'2''*(1 st) tied for 6th CHS All-Time
4:30	Shot Put NW	Hyché (2 nd), Nicholson, Dvorsky 31'3.5''* 18'6.25 24'7.75''
4:30	Discus NW	Hyché (4 th), Nicholson, Dvorsky 85'11''* 62'7''* 69'7.75''
5:15	3000 M Run (Boys 4x8)	
5:50	4 x 800 Meter Relay (boys 3200)	Rethwisch, Hudachek, Fuller, Bodnarek 2:29.9* 2:40.8* 2:37.6 2:59.1* (1 st)
6:35	(boys shuttle) Shuttle Hurdle Relay	Lines, Kunc, Hudachek, Sotelo (1 st) 18.0* 17.9* 19.0 17.1 1:12.18
6:45	100 M Dash (boys 100)	Burian, Kooker, Mueller 13.72(2 nd) 14.68 14.23 (5 th)
6:55	Distance Medley	Kunc, Coleman, Mueller, Fleming (3 rd) 31.1 27.0* 70.4* 2:58.0* 5:07.04
7:05	400 M Dash (boys 400)	Sotelo 65.4* (2 nd)
7:15	4 x 200 Relay (boys 4x2)	Burian, Johnson, Kooker, Coleman 28.5 29.3 29.8=* 27.1 1:55.03
7:30	100 M Hurdles (boys 110H& 1600)	Lines 18.53 (5 th) Kunc 18.57 (6 th)
7:50	800 M Run	Bodnarek 3:02.11 (6 th)
8:00	200 M Dash (boys 200)	Fleming Mueller 30.47*(5th) 29.55*(4th)
8:10	400 M Hurdles (boys 400H)	Coleman Hudachek 1:17.52*(3rd) 1:19.69 (4 th)
8:35	(boys dmed) Sprint Medley Relay	Sotelo, Hyché, Fleming, Kunc (3 rd) 13.47* 15.0* 30.5 71.1
8:40	1500 M Run (boys 800)	RRethwisch Fuller 5:22.23*(1st) 5:26.28*(2nd)
8:55	4 x 100 M Relay (boys 4x1)	Kooker, Burian, Lines, Mueller (1 st) 14.3* 13.2 14.1* 13.6 55.26
9:05	4 x 400 Meter Relay (boys 4x4)	Sotelo, Fleming, Lines, Burian (2 nd) 68.0 74.1 71.9* 68.6* 4:42.64

Team Scores: CHS 136 West 135 Prairie 127 Washington 76 Kennedy 71 Jefferson 16