

Varsity Team Scores: **1. CITY HIGH- 180**, 2. Muscatine- 76, C.R. Xavier- 72, 4. Bettendorf- 56, 5. C.R. Kennedy- 47, 6. Davenport Central- 36, 7. Burlington- 33, 8. Regina- 13

## **VARSDTY RESULTS**

### **3000 m**

**LILLIENTHAL (CITY) 10.01.43**

RUFFCORN (BETT) 10.38.99

**WETZEL (CITY) 10.5456**

**MENG (CITY) 11.07.38**

EQTS (BETT) 11.51.78

**KJONAAS (CITY) 12.00.00**

### **400 m**

**GATENS (CITY) 1.00.50**

ANDERSON (CRX) 1.03.31

GERACHTY (CRX) 1.04.16

ERNST (CRK) 1.05.10

BEYER (BURL) 1.05.40

COLGAN (REGINA) 1.06.60

### **4X800 Relay**

**CITY (Ekiring, Linder, Gable, Lake) 9.59.00**

CRX 10.12.00

MUSC 10.45.66

CENTRAL 11.02.00

CRK 11.02.01

REGINA 11.29.00

### **SHUTTLE HURDLE**

BURL 1.10.30

**CITY (Croker, Tabor, Haas, Kennedy)1.10.54**

BETT 1.12.40

CRK 1.12.90

MUSC 1.14.60

REGINA 1.15.25

### **DISTANCE MEDLEY**

MUSC 4.24.70

CRX 4.28.94

**CITY (Holland, Hill, Tiemeyer, Moreno)4.35.60**

BURL 4.36.40

BETT 4.38.00

CENTRAL 4.48.00

### **100M**

**NEARAD (CITY) 12.63**

REIDEL (MUSC) 12.85

**MATZEN (CITY) 12.87**

NOVY (CRX) 12.97

ERNST (CRK) 13.30

EISENKUER (BETT )13.50

### **4X200**

MUSC 1.48.82

**CITY (Holland, Rohrback, Matzen, Starr) 1.52.20**

CRX 1.52.30

CENTRAL 1.53.44

BETT 1.54.80

### **100H**

**PRICE (CITY) 14.42**

JOHNSON (BURL) 16.40

MAILANDER (CRX) 16.50

CRK 17.19

RILEY (BETT) 17.31

**TABOR (CITY) 17.31**

### **800 m**

**LILIENTHAL (CITY) 2.18.14**

SHAW (CENTRAL) 2.19.50

**HEEFNER (CITY) 2.22.91**

RUFFCORN (BETT) 2.27.75

STIEFEL (BURL) 2.27.97

SCHMITT (MUSC) 2.29.06

### **200 m**

**KNIGHT (CITY) 25.14**

JOHNSON (CRX) 26.57

AULL (MUSC) 26.85

**ROHRBACK (CITY) 28.00**

ERNST (CRK) 28.32  
BEYER (BURL) 29.53

#### **400H**

**HASS (CITY) 1.12.86**  
MAILANDER (CRX) 1.14.88  
**CROKER (CITY) 1.15.49**  
SILER (MUSC) 1.16.44  
THEOBALD (MUSC) 1.16.83  
RIDER (CRK) 1.18.52

#### **SPRINT MEDLEY**

**CITY (Nearad, Gatens, Knight, Price) 1.49.44**  
CENTRAL 1.54.27  
MUSC 2.00.53  
CRX 2.06.03  
BURL 2.09.22  
CRK 2.11.84

#### **1500 m**

**MENG (CITY) 5.12.60**  
LACINA (MUSC) 5.21.20  
**MORENO (CITY) 5.23.59**  
GLYNN (CRX) 5.30.30  
ROBERTSON (CENTRAL) 5.32.37  
EGTS (BETT) 5.39.47

#### **4X1 00**

**CITY (Nearad, Gatens, Price, Knight) 49.92**  
MUSC 52.16  
BETT 54.59  
REGHA 55.69  
BURL 56.13  
CRX 56.35

#### **4X400**

CRX 4.07.22  
**CITY (Heefner, Starr, Lake, Ekiring) 4.09.02**  
CENTRAL 4.12.41  
BETT 4.21.47  
MUSC 4.24.21

REGINA 4.32.90

## **HIGH JUMP**

KELSO (CRK) 4'10"

**LIENAU (CITY) 4'10"**

**VOSS (CITY) 4'8"**

MURRAY (REGINA)4'8"

SAUERBREL (MUSC) 4'8"

## **LONG JUMP**

**PRICE (CITY) 17'1/2"**

JOHNSON (BURL) 15'3 1/2"

ERNST (CRK) 14'113/4"

NOVY (CRX) 14'11"

GUFFEY (BETT) 14'11"

**HOLLAND (CITY) 14'71/4"**

## **DISCUS**

ASCHENBACH (CRK) 117'4"

BOLINE (BETT )111'71/2"

MARTIN (MUSC) 109'7"

**JACKSON (CITY) 107'4"**

MILLER (CENTRAL) 103'10"

FALK (BETT )101'11"

## **SHOT PUT**

ASCHENBACH (CRK) 38'1"

BOLINE (BETT )34'93/4"

MARTIN (MUSC) 34'4 1/2"

MCDONALD (CENTRAL) 33'3"

BALLI (BETT) 32'4"

CHURCH (CRK) 31'101/4"

## **JUNIOR VARSITY RESULTS** (City High Results ONLY)

### Long Jump

1. Patricia Ekiring- 15'111/2", 2. Nicole Gatens- 14'11", Jill Tiemeyer- 14'91/2"

## **Shot Put**

Megan Ruxton- 24'2"

## **4x100 Relay**

2. City High (Hill, Hodge, Gilpin, Lynch)- 55.81

## **1500**

2. Abby Krueger- 5:42.28, 6. Sophie Severance- 5:51.75

## **4x400 Relay**

1. City High (Gable, Tabor, Kennedy, Linder)- 4:28.89

## **Sprint Medley Relay**

4. City High (Hinshaw, Ellis, Goepford, Schwartz)- 2:15.35

## **100 Hurdles**

1. Katy Fraga- 17.16, 3. Brooke Buetter- 18.37

## **200**

2. Amy Hinshaw-30.32, 3. Jessica Steyers- 31.59

## **800**

1. Sarah Heefner- 2:38.23, 4. Kay Sparks- 2:49.32

## **4x200 Relay**

4. City High (Gilpin, Ellix Schwartz, Goepford)- 2:00.95

## **High Jump**

1. Sarah Vernon- 4'8", 3. Kate VanDusseldorp- 4'6", 4. Abby Furlong- 4'4"

## **100**

Katie Gilpin- 13.80, Katy Fraga- 13.88, Melody Lynch- 14.02, Brooke Buetter- 14.03, Dana Dunham- 14.19, Leah Goepford- 14.32, Veronica Castillo- 14.65, Kim Nguyen- 15.86, Tina Tsor- 16.16, Bridget Casey- 16.62, Jennifer Wilson- 17.85

**Distance Medley Relay**

3. City High (Steyers, Schwartz, Kinney, Gannon) 5:00.9

**3000**

1. Molly Meng - 11:07.38, 2. Sarah Kjonaas- 12:00.03, 3. Erilyn Russo- 12:27