

**MVC Divisional Meet
Hosted by Waterloo East
May 5, 1999**

TEAM TOTALS (Varsity) Iowa City High 162 Iowa City West 154 Dubuque Senior 53 Waterloo West 44 Linn-Mar 33 Cedar Rapids Washington 32 Waterloo East 24	TEAM TOTALS (Junior Varsity) Iowa City High 141 Iowa City West 115 Dubuque Senior 73 Cedar Rapids Washington 52 Linn-Mar 51 Waterloo West 27 Waterloo East 16
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City High wins both Varsity and Junior Varsity sections of the MVC in 1999! This is City High's 8th MVC title in the 1990's, and 5th in a row!!

****Kristin Knight Named MVC Athlete of the Year !
*Knight also named MVC all-academic recipient!***

Girls 200 Meter Dash

- 1 Kristin Knight Iowa City High 25.03 NEW RECORD**
- 2 Pam Orris Dubuque Senior 26.03
- 3 Rasheedah Jones Waterloo East 26.03
- 4 Amber Starr Iowa City High 26.52**
- 5 Quirinteshia Tilinian Waterloo East 27.62
- 6 Jenny Streinz Iowa City West 28.35

Girls Shuttle Hurdle Relay

- 1 Iowa City West 1.03 .60
- 2 Iowa City High 1.09.39
- 3 Dubuque Senior 1.09.54

4 CR Washington 1.11.84
5 Linn-Mar 1.12.94
6 Waterloo West 1.13.76

Girl's 400 Meter Hurdles

1 Teesa Price Iowa City High 1.06.02
2 Lara Jaoson Iowa City West 1.07.33
3 Kelsie Linder Iowa City High 1.10.51
4 Mary Ann Schilling Dubuque Senior 1.11.51
5 Elizabeth Wurster Iowa City West 1.13.96
6 Allison Frederick Waterloo West 1.15.52

Girl's Sprint Medley Relay

**1 Iowa City High, (Melissa Holland, Jill Teimeyer, Liz Matzen, Amanda Nearad)
1:58.55**
2 Iowa City West, 1:58.87
3 Waterloo West, 2:02
4 Linn-Mar , 2:04
5 CR Washington, 2:12

Girls 4 x 200 Meter Relay

**1 Iowa City High (Liz Matzen, Morgan Rohrbach, Katie Hill, Amanda Nearad)
1.49.42**
2 Waterloo East 1.50.65
3 Iowa City West 1.50.79
4 Linn-Mar 1.50.88
5 Waterloo West 1.55.52
5 Dubuque Senior 1.53.23

Girls Distance Medley Relay

1 Iowa City High (Katie Hill, Katie Gilpin, Teesa Price, Michelle Lilienthal)4.13
2 Dubuque Senior 4.22
3 Iowa City West 4.25
A Waterloo West 4.32
5 CR Washington 4.50
6 Linn-Mar 5.08

Girl's 100 Meter Hurdles

- 1 Teesa Price Iowa City High 14.26**
- 2 Jill Aganbright Iowa City West 15.02
- 3 Pearl Ma Iowa City West 15.40
- 4 Kiley Fidlan CR Washington 15.77
- 5 Heidi Lonney Linn-Mar 16.90
- 6 Abby Thompson Linn-Mar 16.93

Girls 800 Meter Run

- 1 Jeni Frudden Iowa City West 2.20
- 2 Anne Heefner Iowa City High 2.21**
- 3 Lesley Smith Iowa City West 2.25
- 4 Molly Gable Iowa City High 2.29**
- 5 Rachel Dennis CR Washington 2.47
- 6 Steph Yoerger Linn-Mar 2.58

Girls Long Jump

- 1 Tessa Price Iowa City High 15.9 1/2**
- 2 Melissas Holland Iowa City High 15.8 3/4**
- 3 Marla Froelich Iowa City West 15.6 3/4
- 4 Fallon Jenkins Waterloo East 15.5 1/2
- 5 Amanda Atbaugh Lin-Mar 15.4 1/2
- 6 Jessie Wellnitz Waterloo East 15.3

Girls Discus

- 1 Maureen Head Iowa City West 1202"
- 2 Lindsay Quigley Iowa City High 108**
- 3 Kate Sawyer Iowa City West 1017"
- 4 Lexie Olson Waterloo West 972"
- 5 Shelby Perleth Dubuque Senior 958"
- 6 Maxine Jackson Iowa City High 95 8"**

Girls 100 Meter Dash

- 1 Kristin Knight Iowa City High 12.30**
- 2 Pam Orris Dubuque Senior 12.33
- 3 Christen Karniski Iowa City West 12.81

- 4 Misa Nakato Iowa City West 12.95
5 Amanda Nearad Iowa City High 13.20
6 Alynsia Bell CR Washington 13.25

Girls 400 Meter Dash

- 1 Amber Starr Iowa City High 1.00.34**
2 Nicole Dougherty Dubuque Senior 1.00.56
3 Quinnteshia Tillman Waterloo East 1.01.26
4 Claire Cullis Lin-Mar 1.02.76
5 Patricia Ekring Iowa City High 1.02.87
6 Erin Fantroy Waterloo West 1.03.56

Girl's 3000 Meter Run

- 1 Emily Shooprnan Waterloo West 10.28.00
2 Lesley Smith Iowa City West 10.36.19
3 Jeni Frudden Iowa City West 10.36.40
4 Lindsay Wetzel. Iowa City High 11.02.26
5 Megan Tabor Dubuque Senior 11.08.65
6 Molly Meng Iowa City High 11.11.97

Girls 4 x 800 Meter Relay

- 1 Iowa City West 9.40.27
2 Iowa City High (Molly Gable, Patricia Ekiring, Michelle Lake, Kelsie Linder)9.42.50
3 Dubuque Senior 10.13.14
4 CR Washington 11.12.81
5 Waterloo West 11.16.80

Girls High Jump

- 1 Jill Arganbright Iowa City West 54"
2 Kiley Fidler CR Washington 5'2
3 Brooke Zrudsky Linn-Mar 50"
4T Megan Lienau Iowa City High 410"
4T Katie Northrup Dubuque Senior 410"
6 Mandy Voss Iowa City High 4'8"

Girl's ShotPut

- 1 Maureen Head Iowa City West 40'51.14"
- 2 Marla Froelich Iowa City West 35.9 1/2
- 3 Christine Stiens Dtibuque Senior 33.8 3/4
- 4 Evonne Butikafer CR Washington 32.8
- 5 B.J. McDuffie Iowa City High 31.6 1/2**
- 6 Amanda Schneidel Waterloo West 30.2 3/4

Girls 1500 Meter Run

- 1 Michelle Lilienthal Iowa City High 4:45 NEW RECORD**
- 2 Emily Shooprian Waterloo West 5:01
- 3 Lauren Levy Iowa City West 5:08
- 4 Brittany Iowa City West 5:12
- 5 Kristy Moreno Iowa City High 5:18**
- 6 Darby Hollinrake Linn-Mar 5:32

Girls 4 x 100 Meter Relay

- 1 Iowa City West 51.88
- 2 Iowa City High (Liz Matzen, Morgan Rorhbach, Katie Hill, Kristin Knight) 52.47**
- 3 Waterloo East 53.25
- 4 Waterloo West 56.10
- 5 Linn-Mar 57.36
- 6 CR Washington 57.56

Girls 4 x 400 Meter Relay

- 1 Iowa City West 4:15
- 2 Iowa City High (Anne Heefner, Michelle Lake, Patricia Ekiring, Amber Starr) 4:18**
- 3 Linn-Mar 4:33
- 4 CR Washington 4:49
- 5 Waterloo West 5:28

JUNIOR VARSITY RESULTS

3000 Meter Run

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- 1 Sara Kjonaas Iowa City High 11.55**
- 2 Laurie Heckman Iowa City High 12.05.07**
- 3 Carolyn Sinsky Dubuque Senior 12.05.08
- 4 Erilynn Russo Iowa City High 12.14.34**

Girl's 4 x 800 Meter Relay

- 1 Iowa City High 10.48.10**
- 2 Dubuque Senior 11.31.14
- 3 CR Washington 12.05.40

Girl's Shuttle Hurdle Relay

- 1 Iowa City West 1.10.26
- 2 Dubuque senior 1.16.84
- 3 Linn-Mar 1.18.53
- 4 CR Washington 1.24.64

Girl's High Jump

- 1 Kate Van Dusseldorp Iowa City High 5'0"**
- 2 Sarah Vernon Iowa City High 4'8"**
- 3 Megan Guetzko Dubuque Senior 4'6
- 4 Chrissy Donaldson CR Washington 4'4"
- 5 Kristin Hearn Dubuque Senior

Girl's ShotPut

- 1 Katie Sawyer Iowa City West 35.1
- 2 Taxnika Walker Waterloo East 30.7 1/2
- 3 Jenny Evans Iowa City West 29.11
- 4 Meggan Perleth Dubuque Senior 28.3
- 5 Kim Sittig Waterloo West 27.5
- 6 Chrissy Dohoidrom CR Washington 26.2 1/2

Girls Distance Medley Relay

1. Iowa City West 4.48.39
- 2 Iowa City High 4.57.00**
- 3 CR Washington 5.08.17
- 4 Waterloo West 5.11.43
- 5 Dubuque Senior 5.12.72

Girl's Long Jump

- 1 Patricia Ekiring Iowa City High 16.1 1/2**
- 2 Tonya Ansel Dubuque Senior 15.9 1/2
- 3 Laura Reck Linn-Mar 15.3 3/4
- 4 Heidi Looney Linn-Mar 14.10
- 5 Tracy Stranatham CR Washington 13.6
- 6 Sarah Parker Dubuque Senior 11.2 1/2

Girl's Discus

- 1 Beth Aunan Iowa City West 1003"
- 2 Beth Harbin Dubuque Senior 815"
- 3 Kiln Sittig Waterloo West 811"
- 4 Chrissy Handley CR Washington 77'5
- 5 Ainanda Schmeidel Waterloo West 773"
- 6 Susie Osier CR Washington 764"

Girl's 100 Meter Dash

- 1 Natasha Karniske Iowa City West 13.61
- 2 Theresa Gaul CR Washington 13.95
- 3 Sara Buebeim Linn-Mar 13.99
- 4 Alicia Jones Waterloo East 14.20
- 5 Amber Johnson Waterloo West 14.26
- 6 Brooke Buetter Iowa City High 14.42**
- 7 Jessica Tuthill Dubuque Senior 14.84

Girl's 400 Meter Dash

- 1 Erico Clark Iowa City West 1.05
- 2 Jenya Leaven Iowa City West 1.08.78

- 3 Jennifer Fridland Dubuque Senior 1.08.87
- 4 Tiffany OBrian Waterloo East 1.13
- 5 Kim Nguyen Iowa City High 1.14**
- 6 *Melissa* Cushing CR Washington 1.15

Girls 4 x 200 Meter Relay

1 Iowa City High 1.54

- 2 Linn-Mar 1.57
- 3 Dubuque Senior 2.02
- 4 Iowa City West 2.03.44
- 5 CR Washington 2.03.60
- 6 Waterloo East 2.06

Girl's 100 Meter Hurdles

- 1 Kern SchoII Iowa City West 15.97
- 2 Ashley Tucker Iowa City West 15.99
- 3 Megan Kennedy Iowa City High 17.42**
- 4 Robin Nurre CR Washington 17.60
- 5 Renee Golinvaux CR Washington 17.94
- 6 Jennifer Radziewicz Waterloo East 18.31

Girls 800 Meter Run

1 Abby Kruger Iowa City High 2.32

2 Sarah Heefner Iowa City High 2.40

- 3 Katie Willoms Dubuque Senior 2.42
- 4 Carolyn Sineky Dubuque Senior 2.44
- 5 Deanna Hartman Waterloo East 2.50
- 6 Dilara Yearbrough Iowa City West 3.02

Girls 200 Meter Dash

- 1 Anne Fritsch Iowa City West 27.62
- 2 Lindsay Kaspari Linn-Mar 28.91
- 3 Sarah Parker Dubuque Senior 29.10
- 4 ~hante Thurmond CR Washington 30.09
- 5 Amber Johnson Waterloo West 30.30
- 6 Tziporah Schwartz Iowa City High 30.58**

Girl's 400 Meter Hurdles

1 Laura Haas Iowa City High 1.12

2 Maureen Tabor Iow & City High 1.15

3 Allison Kaune Dubuque Senior 1.19

4 Amber Travagiakis CR Washington 1.45

Girl's Sprint Medley Relay

1 Linn-Mar 2.08.25

2 Iowa City West 2.08.64

3 Iowa City High 2.09.05

4 Dubuque Senior 2.11.16

5 CR Washington 2.13.04

6 Waterloo West 2.50.84

Girl's 1500 Meter Run

1 Katy Wells Iowa City West

2 Sophie Severance Iowa City High

Girl's 4 x 100 Meter Relay

1 Iowa City West 54.67

2 Iowa City High 57.41

3 Waterloo West 1:00.00

4 Linn-Mar 1:01.56

5 CR Washington 1:01.64

Girl's 4 x 400 Meter Relay

1 Iowa City West 4:37

2 Iowa City High 4:48

3 Linn-Mar 4:54

4 Waterloo West 5:25

5 CR Washington 5:40