

28.50	28.01	2	15	Lehman, Lindsey	Hawks
28.20	28.31	2	16	Sippy, Rachel	Hawks
28.37	1	17	Montgomery, Cara	Icw Trojans	
28.30	28.40	2	18	Egan, Carolyn	Rams
28.06	28.53	3	19	Ebot, Jane	Icw Trojans
28.10	29.03	3	20	McCabe, Katherine	Rams
28.08	29.41	3	21	Mulka, Erica	Saints
30.06	1	22	Mayne, Stephanie	11 Wahawks	
29.99	30.71	2	23	Munson, Mallory	Mustangs
30.72	1	24	Hopkins, Lindsay	9 Wahawks	
30.00	31.07	2	25	Frana, Maura	Warriors
29.68	33.10	2	26	Vogt, Katie	Eagles
35.00	34.97	1			

Women 400 Meter Dash Varsity

=====									
MVC: * 57.24 1993									
Jill Myatt-ICH									
Name	Year	School	Seed	Finals					
H#	Points								
=====									
1	Wilson, Lynnette	SR	Cougars						
58.65	57.44	4	8	2	Penticoff, Erin	Saints			
59.00	58.57	4	6	3	Mount, Steph	Icw			
Trojans	1:01.90	1:01.67	4	4	4	Novy, Nicole			
Lions	1:00.23	1:02.21	4	3	5	Struve, Laura			
12	Ich Little Hawks	1:02.90	1:02.77	3	2	6	Krei, Kathryn		
10	Ich Little Hawks	1:00.63	1:02.90	4	1	7	Robinson, Jessica	Hawks	1:05.00
McCabe, Katherine	Rams	1:03.05	1:04.78	3	8				
3	9 Moberley, Alicia	Icw Trojans	1:03.10						
1:06.50	3	10	Erschen, Alexa	Mustangs					
1:04.30	1:07.19	3	11	Decker, Audrey	Mustangs				
1:05.40	1:07.20	3	12	McDermott, Jill	Saints				
1:06.00	1:07.47	3	13	Tranel, Kim	Eagles				
1:08.03	1:07.69	2	14	Kaltenbach, Kira	J-Hawks				
1:07.50	1:07.80	2	15	Stansbury, Chelsea	JR Cougars				
1:08.37	1:08.31	2	16	Garfield, Meg	Rams				
1:10.00	1:09.94	1	17	Johnson, Holly	J-Hawks				
1:07.30	1:10.13	2	18	Zmolek, Amy	Warriors				
1:09.00	1:11.65	2	19	Haman, Jolene	Hawks				
1:09.00	1:13.00	2	20	Theobald, Elizabeth	Eagles				
1:15.24	1:14.03	1	21	Baustian, Casey	Warriors				
1:11.00	1:14.43	1							

Women 800 Meter Run Varsity

=====									
MVC: * 2:17.06 2002									
Lynn Dobyms-ICW									
Name	Year	School	Seed	Finals					
Points									
=====									
1	Penticoff, Erin	Saints	2:15.00						
2:15.75*	8	2	Fassbinder, Sara	Eagles					
2:21.70	2:16.87*	6	3	Levin, Jessica	Saints				
2:22.00	2:20.96	4	4	Oster, Shannon	Warriors				
2:21.00	2:22.19	3	5	Cessna, Kim	Tigers				
2:27.00	2:29.01	2	6	Diggelmann, Lindsey	9	Ich Little			
Hawks	2:30.70	2:29.97	1	7	Leuenberger, Erica				
Warriors	2:35.00	2:32.26	8	Botsford, Brianna					

Eagles	2:33.00	2:32.53	9	Humble, Bobbie
Tigers	2:34.00	2:33.99	10	Wiebold, Elizabeth
J-Hawks	2:32.30	2:35.55	11	Astor, Jacqueline
Icw Trojans	2:38.00	2:35.68	12	Bobbin, Maggie
FR Cougars	2:33.66	2:36.04	13	Schmitt, Jamie
Mustangs	2:34.40	2:36.26	14	Loveless, Morgan
Mustangs	2:30.20	2:37.46	15	George, Allison
Rams	2:37.00	2:37.57	16	Salwolke, Nelli
Rams	2:30.90	2:39.57	17	Salwey, Brianna
Hawks	2:36.00	2:39.70	18	Cole, Jessica
J-Hawks	2:45.70	2:40.22	19	Keiper, Michelle
JR Cougars	2:36.72	2:40.47	20	Davis, Molly
Lions	2:39.70	2:42.98	21	Protheroe, Sydney
Icw Trojans	2:42.00	2:45.62	22	Henson, Lauren
Lions	2:41.50	2:47.26	23	Hofmann, Ashlee
Hawks	2:50.00	2:56.05		

Women 1500 Meter Run Varsity

=====				
MVC: * 4:37.15 2000				
Michelle Lillenthal-ICH				
Name	Year	School	Seed	Finals
Points	=====			
=====	1	Oster, Shannon	Warriors	4:50.79
4:46.05	8	2 Funk, Jennie	11 Ich Little	Hawks
4:54.00	4:49.29	6	3 Hoppenjan, Nina	Eagles
4:59.90	4:54.36	4	4 Nygren, Samantha	Tigers
4:56.80	4:57.05	3	5 Adam, Robdu	Icw Trojans
4:54.00	4:58.06	2	6 Frudden, Julia	Icw Trojans
4:58.00	5:00.71	1	7 Leyendecker, Maggie	10 Ich Little
Hawks	5:05.50	5:05.45	8 Steckelberg, Lyssa	Tigers
5:03.50	5:09.00	9	Mitvalsky, Whitney	J-Hawks
5:11.01	5:15.28	10	George, Allison	Rams
5:40.00	5:27.32	11	Kelly, Laura	Eagles
5:39.29	5:30.03	12	Sanger, Anna	9 Wahawks
5:30.00	5:30.34	13	Blake, Alison	9 Wahawks
5:13.20	5:31.04	14	Meyer, Amy	J-Hawks
5:34.13	5:32.05	15	Whalen, Stephanie	Rams
5:36.00	5:32.58	16	Baustian, Casey	Warriors
5:46.14	5:34.89	17	Carson, Amanda	Hawks
5:31.00	5:40.29	18	Bussan, Rachel	Mustangs
5:46.00	5:50.51	19	Hefel, Lani	Mustangs
5:51.00	5:54.20	20	Shadle, Jill	Lions
6:02.30	6:16.90			

Women 3000 Meter Run Varsity

=====				
MVC: * 9:55.38 1999				
Michelle Lillenthal-ICH				
Name	Year	School	Seed	Finals
Points	=====			
=====	1	Stern, Shirley	Icw Trojans	10:58.00
11:10.70	8	2 Hall, Abby	11 Ich Little	Hawks
11:05.00	11:11.74	6	3 Foreman, Drew	9 Ich Little
Hawks	11:09.00	11:14.68	4	4 Cessna, Kim
Tigers	11:18.00	11:21.19	3	5 Leuenberger, Erica
Warriors	12:43.00	11:56.71	2	6 Humble, Bobbie
Tigers	11:50.00	12:01.92	1	7 Drish, Amanda

Icw Trojans	11:50.00	12:11.72	8 Schueller, Stacey
Mustangs	12:11.20	12:13.67	9 Schmall, Sarah
Saints	12:20.00	12:15.59	10 Freiha, Linda
SO Cougars	12:08.40	12:21.36	11 Allard, Jessica
SO Cougars	12:21.19	12:23.55	12 Zmolek, Amy
Warriors	13:00.00	12:25.05	13 Hill, Amber
Rams	12:30.00	12:28.24	14 Kress, Sarah
Mustangs	12:40.00	12:56.20	15 Koons, Heidi
Rams		13:33.84	

Women 100 Meter Hurdles Varsity

Name		Year School		MVC: * 14.10 1998		Teesa Price-ICH				
H#	Points	Seed	Finals	Seed	Finals	Seed	Finals			
=====		1 Lyons, Cali		Mustangs						
14.97	14.93	4	8	2 Timmerman, Leah			Mustangs			
15.21	15.47	4	6	3 Ruzicka, Brittany			J-Hawks			
16.18	15.68	3	4	4 Fraga, Annie			9 Ich Little			
Hawks	16.50		15.72	3	3	5 Whiting, Tara				
10 Ich Little	Hawks		15.70		15.81	4	2	6 Richtsmeier,		
Jenna	Tigers				16.10		16.22	4	1	7
Thurston, Jocelyn	Tigers						15.60		16.35	
4	8 Freeman, Lindsay				Icw Trojans				15.88	
16.37	4	9 Gee, Lindsey			Hawks					
16.21	16.62	3	10 Reck, Kirsten						Lions	
16.85	16.63	3	11 Shaffer, Kristen						Icw Trojans	
16.80	16.80	3	12 Carter, Dani						Warriors	
17.06	17.03	2	13 Taylor, Kara						J-Hawks	
17.21	17.15	2	14 Lampe, Rachel						Rams	
16.04	17.18	4	15 Kitson, Renae						Lions	
16.29	17.19	3	16 Kane, Melissa						JR Cougars	
17.10	17.35	2	17 Bures, Jacque						SO Cougars	
17.10	17.37	2	18 Saboe, Sara						Eagles	
16.76	17.53	3	19 Dawson, Renee						Hawks	
17.80	17.69	2	20 Stodola, Kate						Saints	
17.96	17.91	2	21 Johnson, Amanda						Warriors	
18.06	17.97	2	22 Knepper, Emily						Eagles	
18.50	18.70	1	23 Laird, Tiffany						9 Wahawks	
19.90	21.42	1								

Women 400 Meter Hurdles Varsity

Name		Year School		MVC: * 1:04.46 1999		Teesa Price-ICH			
H#	Points	Seed	Finals	Seed	Finals	Seed	Finals		
=====		1 Cervetti, Caylin		Tigers					
1:09.60	1:08.31	3	8	2 Sherry, Kelly			12 Ich		
Little Hawks	1:08.97		1:08.59	3	6	3 Krumm, Laura			
10 Ich Little	Hawks		1:09.94		1:10.56	3	4	4 Potts,	
Jennifer	Saints					1:11.00	1:11.31	3	3
5 Ruzicka, Brittany	J-Hawks					1:12.79		1:12.12	
2	2	6 Robinson, Jessica			Hawks			1:11.80	
1:12.66	3	1	7 Brown, Amanda					Lions	
1:13.15	1	8 Kuhle, Jen			Mustangs				
1:11.40	1:13.50	3	9 Scherf, Sara					Rams	

1:10.80	1:13.59	3	10 Paige, Amanda	Mustangs
1:13.50	1:16.25	2	11 Pitz, Jamee	Rams
1:15.00	1:16.59	2	12 Droessler, Connie	Eagles
1:17.13	1:17.87	2	13 Gilmore, Carly	Warriors
1:18.00	1:18.65	2	14 Bain, Kathleen	Hawks
1:19.00	1:20.38	2	15 O'Bannon, Chandice	J-Hawks
1:23.20	1:22.28	1	16 Breidenbach, Kelly	Warriors
1:22.72	2	17 Roling, Kathryn	Eagles	
1:22.46	1:24.57	1		

Women 4x100 Meter Relay Varsity

=====					MVC: * 49.39 1997		Iowa City High		
=====							School		
Seed	Finals	H#	Points						
=====									
=====					1	CR Jefferson	'A'		
49.81	49.53	2	10	1) Havlicek, Ashley			2)		
				Fry, Tara	3) Cooper, Katie				
				4) Smith, Tenika	2 CR Washington 'A'				
50.27	50.00	2	8	1) Boyle, Carrie			2)		
				Mattison, Claire	3) Lumpkin, Cassandra				
				4) Waller, Laneisha	3 Iowa City High 'A'				
50.17	50.66	2	6	1) Triplett, Emily 11			2)		
				Monitto-Webber, Maya 12	3) Tutson, Heaven 12				
				4) Jordan, Camille 11	4 CR Prairie 'A'				
51.70	51.07	2	4	1) Jaeger, Kimie			2)		
				Lehman, Lindsey	3) White, Sadie				
				4) Salway, Danielle	5 Waterloo East 'A'				
52.13	52.12	1	2	1) Davis, Aysha			2)		
				Kugler, Jessica	3) Gress, Jessie				
				4) Bates, DiAndra	6 Iowa City West 'A'				
51.80	52.69	2	1	1) Swift, Christina			2)		
				McAleer, Annie	3) Montgomery, Cara				
				4) Brechtel, Heather	7 Dubuque Hempstead 'A'				
52.00	53.10	1		1) Decker, Audrey			2)		
				Williams, Britney	3) Simpson, Ashley				
				4) Drake, Amanda	8 Dubuque Senior 'A'				
52.50	53.21	1		1) Mozena, Alanna			2) Petty,		
				Mackenzie	3) Siegert, Lacey		4)		
				Jenaman, Carrie	9 CR Kennedy 'A'				
50.51	54.59	2		1) Fairlie, Katie SO			2)		
				Wilson, Jill SO	3) Leonard, Ashley SO				
				4) Kane, Melissa JR	10 Dubuque Wahlert 'A'				
54.00	55.71	1		1) Walser, Robin			2) Saboe,		
				Sara	3) Herbst, Alexandria		4)		
				Daly, Molly Rose	11 Linn Mar 'A'				
55.70	56.09	1		1) Reck, Kirsten			2) Ward,		
				Alexandria	3) Hopkins, Kallie		4)		
				Kitson, Renae	12 CR Xavier 'A'				
56.00	58.19	1		1) Kluber, Jaelynn			2)		
				Cooper, Andrea	3) Stodola, Kate				
				4) Levett, Christine	13 Waterloo West 'A'				
58.00	1:01.06	1		1) Wolf, Melinda 10			2) Mayne,		
				Stephanie 11	3) Braley, Lisa 10		4)		
				Heasley, Amanda 9					

Women 4x200 Meter Relay Varsity

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=====
MVC: * 1:43.46 1997 Iowa City High
Madlock, Knight, Chesnut, Price School
Seed Finals H# Points
=====
===== 1 Iowa City High 'A'
1:46.57 1:45.35 2 10 1) Triplett, Emily 11
2) Monitto-Webber, Maya 12 3) Dreier, Virginia 11
4) Jordan, Camille 11 2 Cedar Falls 'A'
1:45.70 1:46.13 2 8 1) Barkema, Danielle
2) Thompson, Mattie 3) Barkema, Ashley
4) Burt, Shatrece 3 Dubuque Hempstead 'A'
1:46.60 1:46.56 2 6 1) Lyons, Cali
2) Kueter, Rachael 3) Derby, Lindsey
4) Schnee, Nina 4 CR Jefferson 'A'
1:48.31 1:47.81 2 4 1) Havlicek, Ashley
2) Fry, Tara 3) Cooper, Katie
4) Smith, Alicia 5 CR Prairie 'A'
1:49.50 1:47.88 2 2 1) Carver, Laura
2) Brodsack, Amanda 3) Lehman, Lindsey
4) Langhurst, Melissa 6 CR Kennedy 'A'
1:48.76 1:48.34 2 1 1) Fairlie, Raeannon SR
2) Fischer, Alyssa SO 3) Haycraft, Karen FR
4) Wharton, Rachel JR 7 Waterloo East 'A'
1:51.52 1:51.47 2 1) Bates, DiAndra 2)
Kugler, Jessica 3) Gress, Jessie
4) Davis, Aysha 8 CR Xavier 'A'
1:52.00 1:51.94 1 1) Waddell, Heather 2)
Potts, Jennifer 3) Zipperer, Abby
4) Samek, Beth 9 Iowa City West 'A'
1:53.20 1:52.75 1 1) McAleer, Annie 2)
Roth, Shaena 3) Ebot, Jane
4) Brechtel, Heather 10 CR Washington 'A'
1:53.14 1:54.40 1 1) Stewart, Kelly 2)
Green, Andrea 3) Lumpkin, Latara
4) 11 Dubuque Senior 'A'
1:53.50 1:55.37 1 1) Petty, Mackenzie 2)
Metcalf, Ashley 3) Scherf, Sara
4) Bly, Lee 12 Linn Mar 'A'
1:55.80 1:57.69 1 1) Ward, Alexandria 2)
Blasingame, Katelin 3) Supple, Hayley
4) Reid, Jessica 13 Waterloo West 'A'
2:00.00 2:01.62 1 1) Hopkins, Lindsay 9 2)
Krause, Laurel 10 3) Jackson, Katie 10
4) Heasley, Amanda 9 14 Dubuque Wahlert 'A'
1:55.00 2:04.00 1 1) Walser, Robin 2)
Patch, Megan 3) Herbst, Alexandria
4) Boffeli, Ashley

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Women 4x400 Meter Relay Varsity

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=====
MVC: * 3:59.01 1992 Iowa City High
A.Long, S.Vandrah, A.McMurray, J.Myatt School
Seed Finals H# Points
=====
===== 1 Iowa City High 'A'
4:01.76 4:01.72 2 10 1) Mims, Monica 12

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2) Krei, Kathryn 10				3) Dreier, Virginia 11	
4) Reed, Meggan 12				2 Iowa City West 'A'	
4:04.00	4:06.21	2	8	1) Jacobs, Kristin	
2) Hall, Claire				3) Mount, Steph	
4) Hillsman, Naomi				3 Cedar Falls 'A'	
4:07.60	4:11.32	2	6	1) Bates, Jess	
2) Naaktgeboren, Cassie				3) Goulden, Katie	
4) Cervetti, Caylin				4 CR Prairie 'A'	
4:15.70	4:11.91	2	4	1) Sippy, Grace	
2) Jansa, Andrea				3) Statler, Jessica	
4) Carver, Laura				5 Dubuque Wahlert 'A'	
4:16.15	4:12.41	2	2	1) Corken, Mary Bridget	
2) Miller, Teresa				3) Esch, Megan	
4) Fassbinder, Sara				6 CR Jefferson 'A'	
4:18.58	4:17.59	1	1	1) Samek, Sarah	
2) Booth, Mags				3) Kuda, Kym	
4) Vega, Jennelle				7 Dubuque Hempstead 'A'	
4:19.00	4:18.54	1		1) Ruden, Amber	2)
Morrow, Beth				3) Johnson, Elizabeth	
4) Hosier, Lindsey				8 CR Washington 'A'	
4:21.40	4:19.35	1		1) Huilman, Clarissa	2)
Haynes, Sha-Mique				3) Frana, Maura	
4) Johnson, Latoya				9 Linn Mar 'A'	
4:14.62	4:19.79	2		1) Hurst, Melissa	2)
Supple, Hayley				3) Reid, Jessica	
4) Brown, Amanda				10 CR Xavier 'A'	
4:20.00	4:19.89	1		1) Garberson, Emily	2)
Putman, Maggie				3) Curphey, Kaitlyn	
4) Black, Sarah				11 Dubuque Senior 'A'	
4:20.00	4:24.80	1		1) White, Natalie	2)
Simpson, Megan				3) Lange, Chelsea	
4) Murphy, Meghan				12 CR Kennedy 'A'	
4:18.24	4:27.67	2		1) Keiper, Michelle JR	2)
Smith, Audrey JR				3) Caldwell, Alyssa SR	
4) Berns, Rachel SR					

Women 4x800 Meter Relay Varsity

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=====
===== MVC: * 9:11.39 2002 Iowa City High
Nelle Tretz, Monica Mims, Jenny Funk, Meggan Reed School
Seed Finals Points
=====
===== 1 Iowa City High 'A' 9:20.35
9:23.09 10 1) Mims, Monica 12 2) Trefz, Nelle
11 3) Funk, Jennie 11 4) Reed,
Meggan 12
9:36.48 9:31.76 8 2 Dubuque Wahlert 'A'
1) Hoppenjan, Nina 2)
Miller, Teresa 3) Fassbinder, Sara
4) Corken, Mary Bridget 3 Iowa City West 'A'
9:28.00 9:37.21 6 1) Frudden, Julia 2)
Adam, Robdu 3) Hall, Claire
4) Dobyys, Lynn 4 Cedar Falls 'A'
9:36.70 9:44.79 4 1) Nygren, Samantha 2)
Cervetti, Caylin 3) Naaktgeboren, Cassie
4) Bates, Jess 5 Dubuque Senior 'A'
9:58.40 10:22.83 2 1) Murphy, Meghan 2)
Simpson, Megan 3) Salwolke, Nelli
4) Lange, Chelsea 6 CR Kennedy 'A'

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10:10.92	10:25.63	1	1) Funke, Brenda SR	2)
Smith, Audrey JR			3) Berns, Rachel SR	
4) Bobbin, Maggie FR			7 CR Xavier 'A'	
10:09.00	10:27.56		1) Curphey, Kaitlyn	2)
Jasiewicz, Kristen			3) Fortman, Melissa	
4) Black, Sarah			8 CR Jefferson 'A'	
10:13.87	10:29.13		1) Wiebold, Elizabeth	2) Meyer,
Amy			3) Barger, Michelle	4)
Mitvalsky, Whitney			9 CR Prairie 'A'	
10:51.90	10:40.19		1) Funke, Morgan	2)
Salwey, Brianna			3) Sippy, Grace	
4) Carson, Amanda			10 CR Washington 'A'	
10:32.86	10:59.27		1) Roys, Kristen	2)
3) Roberts, Meghan			4) Huilman, Clarissa	
11 Dubuque Hempstead 'A'				11:02.00 11:07.52
1) Armstrong, Alexa			2) Kress, Sarah	
3) Kutsch, Jessica			4) Mollman, Katie	
12 Linn Mar 'A'				11:19.32 11:25.51
1) Davis, Molly			2) Henson, Lauren	
3) Shadle, Jill			4) Karr, Carissa	
13 Waterloo West 'A'				11:50.00 11:42.40
1) Sanger, Anna 9			2) Blake, Alison 9	
3) Braley, Lisa 10			4) Anderson, Kristi 9	

Women 800 Sprint Medley Varsity

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=====
MVC: * 1:49.49 1993 CR Jefferson
K.Robinson, K.Williams, K.Abrams, H.Wharton School
Seed Finals H# Points
=====
===== 1 Iowa City West 'A'
1:50.10 1:50.62 2 10 1) Huntley, Liz
2) Windauer, Lindsey 3) Judisch, Amanda
4) Dobyms, Lynn 2 Cedar Falls 'A'
1:50.00 1:52.69 2 8 1) Goulden, Katie
2) Barkema, Danielle 3) Thompson, Mattie
4) Barkema, Ashley 3 Dubuque Hempstead 'A'
1:54.00 1:52.87 2 6 1) Derby, Lindsey
2) Timmerman, Leah 3) Schnee, Nina
4) Kueter, Rachael 4 Linn Mar 'A'
1:53.32 1:53.78 2 4 1) Long, Kelsey
2) Blasingame, Katelin 3) Digmann, Lindsey
4) Novy, Nicole 5 CR Prairie 'A'
1:55.00 1:54.13 2 2 1) Jaeger, Kimie
2) White, Sadie 3) Brodsack, Amanda
4) Langhurst, Melissa 6 CR Kennedy 'A'
1:52.09 1:54.47 2 1 1) Sadler, Muffy FR
2) Haycraft, Karen FR 3) Wharton, Rachel JR
4) Fischer, Alyssa SO 7 Iowa City High 'A'
1:53.04 1:55.22 2 1) Kamber, Kerry 10 2)
Tutson, Heaven 12 3) Strickland, Ashton 11
4) Struve, Laura 12 8 CR Washington 'A'
1:56.62 1:56.32 1 1) Boyle, Carrie 2)
Lumpkin, Latara 3) Green, Alyssa
4) 9 Dubuque Senior 'A'
2:00.00 1:56.84 1 1) Mozena, Alanna 2)
Petty, Mackenzie 3) Jenaman, Carrie
4) Siegert, Lacey 10 CR Jefferson 'A'

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2:02.06	1:58.74	1	1) Kuda, Kym	2)
Kellison, Britni			3) Jain, Sonam	
4) Wutzke, Kim			11 Dubuque Wahlert 'A'	
1:58.00	2:00.20	1	1) Herbst, Alexandria	2) Alt,
Rachel			3) Corken, Mary Bridget	4)
Miller, Teresa			12 CR Xavier 'A'	
1:56.00	2:02.48	1	1) Kluber, Jaelynn	2)
Cooper, Andrea			3) Mulka, Erica	
4) Garberson, Emily			13 Waterloo West 'A'	
2:00.00	2:06.73	1	1) Krause, Laurel 10	2)
Jackson, Katie 10			3) Aimable, Akeya 10	
4) Hastings, Nikki 11				

Women Distance Medley Varsity

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=====
MVC: * 4:09.90 1992 Iowa City High
K.Vanderah, V.Monagan, J.Myatt, M.Novotny School
Seed Finals H# Points
=====
===== 1 Dubuque Senior 'A'
4:25.00 4:20.98 2 10 1) Siegert, Lacey
2) Egan, Carolyn 3) Jenaman, Carrie
4) White, Natalie 2 Cedar Falls 'A'
4:21.30 4:21.86 2 8 1) Wilde, Ashley
2) Lantz, Brynn 3) Goulden, Katie
4) Steckelberg, Lyssa 3 CR Xavier 'A'
4:20.00 4:24.81 2 6 1) Zipperer, Abby
2) Potts, Jennifer 3) Levin, Jessica
4) Clancy, Sara 4 Iowa City West 'A'
4:12.01 4:25.58 2 4 1) Huntley, Liz
2) Judisch, Amanda 3) Windauer, Lindsey
4) Hillsman, Naomi 5 Iowa City High 'A'
4:15.26 4:29.42 2 2 1) Jones, Patrice 10
2) Strickland, Ashton 11 3) Full, Kelsie 11
4) Arora, Ruhee 10 6 CR Jefferson 'A'
4:44.70 4:33.89 1 1 1) Vega, Jennelle
2) Goedken, Kristin 3) Kellison, Britni
4) Samek, Sarah 7 Linn Mar 'A'
4:33.60 4:38.23 2 1) Long, Kelsey 2)
Reid, Jessica 3) Hurst, Melissa
4) Brown, Amanda 8 CR Washington 'A'
4:45.00 4:40.01 1 1) Frana, Maura 2)
Gilmore, Carly 3) Haynes, Sha-Mique
4) Parker, Devin 9 Dubuque Wahlert 'A'
4:30.00 4:40.21 2 1) Alt, Rachel 2)
Boffeli, Ashley 3) Kelly, Laura
4) Esch, Megan 10 CR Kennedy 'A'
4:46.82 4:47.33 1 1) Wilson, Jill SO 2)
Leonard, Ashley SO 3) Keiper, Michelle JR
4) Caldwell, Alyssa SR 11 CR Prairie 'A'
4:40.00 4:52.96 1 1) White, Sadie 2)
Richter, Amy 3) Brown, Jaime
4) Schuller, Kristen -- Dubuque Hempstead 'A'
4:37.20 DQ 1 1) Drake, Amanda 2)
Ruden, Amber 3) Williams, Britney
4) Kloser, Amanda

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Women 4x100 Meter Shuttle Hurdle Varsity

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=====
MVC: * 1:03.52 1999 Iowa City West
K. Scholl, Pearl Ma, Jill Arganbright, Misa Nakato School
Seed Finals H# Points
=====
===== 1 Iowa City High 'A'
1:02.66 1:03.84 4 10 1) Triplett, Emily 11
2) Fraga, Annie 9 3) Whiting, Tara 10
4) Monitto-Webber, Maya 12 2 Dubuque Hempstead 'A'
1:04.22 1:03.93 4 8 1) Lyons, Cali
2) Schnee, Nichole 3) Schnee, Nina
4) Timmerman, Leah 3 Cedar Falls 'A'
1:06.30 1:07.75 3 6 1) Thurston, Jocelyn
2) White, Emily 3) Doeden, Lisa
4) Richtsmeier, Jenna 4 CR Jefferson 'A'
1:08.00 1:07.88 3 4 1) Havlicek, Ashley
2) Taylor, Kara 3) Ruzicka, Brittany
4) O'Bannon, Chandice 5 Iowa City West 'A'
1:04.50 1:09.34 4 2 1) Freeman, Lindsay
2) Shaffer, Kristen 3) Mellecker, Chloe
4) Swift, Christina 6 CR Prairie 'A'
1:06.60 1:09.68 3 1 1) Gee, Lindsey
2) Dawson, Renee 3) Carson, Whitney
4) Brodsack, Amanda 7 Dubuque Senior 'A'
1:09.90 1:11.62 2 1) Lampe, Rachel 2)
Metcalf, Ashley 3) Bly, Lee
4) Scherf, Sara 8 CR Washington 'A'
1:15.02 1:15.52 1 1) Johnson, Amanda 2)
Breidenbach, Kelly 3) Green, Alyssa
4) Carter, Dani 9 Dubuque Wahlert 'A'
1:15.50 1:16.12 1 1) Saboe, Sara 2)
Knepper, Emily 3) Roling, Kathryn
4) McAllister, Annie 10 Waterloo West 'A'
1:15.00 1:18.81 2 1) Wolf, Melinda 10 2)
Mayne, Stephanie 11 3) Braley, Lisa 10
4) Heasley, Amanda 9 -- Linn Mar 'A'
1:10.09 DQ 2 1) Reck, Kirsten 2)
Kitson, Renae 3) Hopkins, Kallie
4) Ward, Alexandria

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Women High Jump Varsity

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MVC: * 5-06.50 1983 Ann Mudd-CRK '83 Janine
Gremmel-DW '88 Name Year School
Seed Finals Points
=====
===== 1 Sippy, Rachel Hawks 5-05.00
5-05.50 8 2 Statler, Jessica Hawks
5-03.50 5-03.00 6 3 Dirks, Alison Icw Trojans
5-05.00 5-02.00 4 4 Fischer, Alyssa SO Cougars
5-05.00 5-01.00 3 5 Krause, Laurel 10 Wahawks
4-10.00 1 5 Lamb, Cae Icw Trojans
5-02.00 4-10.00 1 5 Miner, Lisa Tigers
5-03.00 4-10.00 1 8 Wiegert, Krista 9 Ich Little
Hawks 5-00.00 4-08.00 9 White, Emily Tigers
4-06.00 9 Ruden, Amber Mustangs 5-00.00
4-06.00 9 Morrow, Beth Mustangs 4-10.00

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4-06.00	9 Thill, Jaimie	Rams	4-08.00
4-06.00	13 Goedken, Kristin	J-Hawks	4-06.00
4-04.00	-- Stewart, Kelly	Warriors	4-00.00
FAIL	-- Dolan, Kayla	Rams	5-00.00
FAIL	-- Carter, Dani	Warriors	4-00.00
FAIL	-- Alt, Rachel	Eagles	4-06.00
FAIL	-- Heitkamp, Lisa	Eagles	4-04.00
FAIL			

Women Long Jump Varsity

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MVC: * 18-08 1993 Kendra Stannard-CRW
Name Year School Seed Finals
Points
=====
=====
1 Waller, Laneisha Warriors 19-01.00
18-04.00 8 2 Gee, Lindsey Hawks
16-10.50 16-06.00 6 3 Digmann, Lindsey Lions
16-00.00 15-07.50 4 4 White, Sadie Hawks
16-01.00 15-07.00 3 5 Evans, Kilee 10 Ich Little
Hawks 14-10.00 J15-07.00 2 6 Mattison, Claire
Warriors 15-09.00 15-04.00 1 7 Jenaman, Carrie
Rams 15-07.00 J15-04.00 8 Huntley, Liz
Icw Trojans 16-01.00 15-03.00 9 Morrow, Beth
Mustangs 16-03.25 14-08.00 10 Reck, Kirsten
Lions 15-08.00 14-07.00 11 Kugler, Jessica
WE Trojans 16-00.00 14-06.00 12 Brechtel, Heather
Icw Trojans 15-04.00 14-00.00 13 Lampe, Rachel
Rams 14-06.00 13-10.00 14 Mollman, Katie
Mustangs 13-07.00 15 O'Bannon, Chandice
J-Hawks 13-08.00 12-11.00 16 Kuda, Kym
J-Hawks 13-02.00 12-00.00 17 Patch, Megan
Eagles 12-09.00 11-08.00 18 Herbst, Alexandria
Eagles 13-10.00 11-05.00

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Women Shot Put Varsity

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MVC: * 43-02.75 1994 Amy Herrig-DS
Name Year School Seed Finals
Points
=====
=====
1 Elliott, Jessica 12 Ich Little Hawks 42-02.00
41-06.50 8 2 Simpson, Ashley Mustangs
41-03.75 39-11.75 6 3 Boeke, Rachel J-Hawks
37-07.00 38-01.25 4 4 Joens, Holly Hawks
39-02.00 38-01.00 3 5 Siems, Joslyn Tigers
40-00.75 36-10.00 2 6 Fessler, Melissa Mustangs
38-03.00 36-01.75 1 7 Sheridan, Angela Eagles
36-00.50 35-01.75 8 Callahan, Megan Eagles
37-09.25 34-05.75 9 Wagner, Corrie 10 Ich Little Hawks
37-05.00 34-02.75 10 Milam, Wendy Warriors
36-08.50 33-09.75 11 Koepp, Steph Icw Trojans
36-02.00 33-07.50 12 Woelber, Jenny Tigers
35-00.00 33-03.00 13 Shimak, Tina SR Cougars
33-06.00 32-08.50 14 Covington, Amanda Saints
31-08.00 32-08.00 15 Jenn, Katie Icw Trojans
33-09.00 31-03.50 16 Hunt, Emily Rams
30-00.00 31-00.75 17 Holliday, Danielle Warriors

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33-10.00	30-10.50	18 Turner, Meeka	J-Hawks
34-06.00	30-04.75	19 Wiedersch, Kate	Rams
30-05.00	30-00.25	20 Beadle, Cassie	Hawks
30-09.00	29-06.75	21 Faulkner, Amy	Saints
26-05.00	27-08.00	22 Hassen, Heidi	JR Cougars
28-08.00	24-03.75		

Women Discus Throw Varsity

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===== MVC: * 143-02 2002 Morgan Edwards-CRJ
Name Year School Seed Finals
Points
=====
===== 1 Milam, Wendy Warriors 133-11
140-09.50 8 2 Elliott, Jessica 12 Ich Little Hawks
129-00 130-01 6 3 Joens, Holly Hawks
125-06 123-03.50 4 4 Boeke, Rachel J-Hawks
113-00 117-05 3 5 Fessler, Melissa Mustangs
118-05 116-06 2 6 Koepf, Steph Icw Trojans
115-07 113-02.50 1 7 Huebbe, Sarah Warriors
99-06.50 108-04 8 Auchus, Theresa J-Hawks
106-00 107-04.50 9 Callahan, Megan Eagles
111-03 107-01 10 Siems, Joslyn Tigers
117-00 107-00 11 Woelber, Jenny Tigers
104-00 104-08.50 12 Squires, Lauren Saints
95-00 104-04 13 Shimak, Tina SR Cougars
104-10 101-06 14 Schweitzer, Katie Icw Trojans
101-00 101-04 15 Wagner, Corrie 10 Ich Little Hawks
102-05 100-07 16 Anderson, Lindsey Rams
107-06 99-07 17 Bockenstedt, Kim Mustangs
110-10 99-01 18 Carver, Jesse Hawks
103-05 95-02.50 19 Dolter, Molly Rams
80-00 82-06.50 20 Elliott, Brittany 10 Wahawks
75-00 73-01 21 Bartels, Michelle FR Cougars
90-01 63-03.50 -- Patch, Megan Eagles
101-09 DQ

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Women 100 Meter Dash Wheel Chair Varsity

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== Name Year School Seed
Finals
=====
== 1 Marshall, Rachel SO Cougars 53.38
56.00 Women Shot Put Wheel Chair Varsity
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== Name Year School Seed
Finals
=====
== 1 Marshall, Rachel SO Cougars 9-06.00 8-
02.75 Women - Varsity - Team Rankings - 19 Events
Scored
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=====
===== 1) Iowa City High 105 2) Cedar Falls
69 3) Iowa City West 52 4) CR Prairie
44 5) Dubuque Hempstead 43 6) CR Washington
41 7) CR Jefferson 39 8) CR Xavier
27 9) CR Kennedy 26 10) Dubuque Wahlert
20 11) Linn Mar 16 12) Dubuque Senior

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12
1

13) Waterloo East

10

14) Waterloo West