

DISTRICT TRACK MEET
Host School: Fairfield High School
607 East Broadway
Phone: 515-472-2059
May 10, 1999

*Click [HERE](#) for the cut-off times for state qualifiers

*Click [HERE](#) for a complete list of state qualifiers.

Team Scores:

Iowa City West 136
Iowa City High 126
Muscatine 50
Pleasant Valley 39
Oskaloosa 38
Ft. Madison 31
Burlington 25
Mt. Pleasant 22
Fairfield 13
North Scott 11
Ottumwa 6
Keokuk 3

****City High qualified in 17 of 19 events! The most of anyone in the state!!!!**

****22 City High athletes ran times or events that qualified for state!!**

100 METERS

1 Christen Karniski, Iowa City West FR 12.7
2 Katie Boney, Burlington SR 12.7
3 Channy Dary, Mount Pleasant 12.8
4 Elizabeth Matzen, Iowa City High 12.9 (qualified)
5 Kristen Foster, Oskaloosa 13.0
6 Brooke Bowman, North Scott SO 13.4

200 METERS

1 Sarah Riedel, Muscatine FR 26.2
2 Amanda Nearad, Iowa City High JR 26.7 (qualified)

- 3 Lisa Naab, Mount Pleasant 26.9
- 4 Laura Palmer, Muscatine 27.6
- 5 Erin Orozco, Keokuk 28.1

,
400 METERS

- 1 Candi Jones, Oskaloosa JR 0:58.3
- 2 Amber Starr, Iowa City High 0:58.9 (qualified)**
- 3 Anne Hamilton, North Scott JR 1:00.7
- 4 Nicole Gatens, Iowa City High JR 1:01.3 (qualified)**
- 5 Kristin Kelley, Mount Pleasant 1:01.6
- 6 Shea Newmeister, North Scott JR 1:02.8

,
800 METERS

- 1 Carey Morris, Fort Madison JR 2:18.7
- 2 Anne Heefner, Iowa City High SR 2:19.9 (qualified)**
- 3 Lesley Smith, Iowa City West SO 2:23.5
- 4 Brittany Keith, Iowa City West 2:24.3
- 5 Brandy Hunold, Fort Madison JR 2:24.9
- 6 Michelle Lake, Iowa City High SO 2:25.9 (qualified)**

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1500 METERS

- 1 Michelle Lilienthal, Iowa City High JR 4:39.9 NEW DISTRICT RECORD (qualified)**
- 2 Jenni Frudden, Iowa City West FR 4:48.5
- 3 Lindsay Wetzel, Iowa City High SR 4:52.0 (qualified)**
- 4 Lauren Levy, Iowa City West SO 4:57.0
- 5 Lindsey Nye, Fort Madison SO 4:58.1
- 6 Casey Hornick, Fairfield 4:58.2

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3000 METERS

- 1. Michelle Lilienthal, Iowa City High JR 9:58.0 (qualified)**
- 2 Jeni Frudden, Iowa City West FR 10:33.0
- 3 Lesley Smith, Iowa City West SO 10:57.3
- 4 Molly Meng, Iowa City High JR 11:14.5 (qualified)**
- 5 Kathryn Stamler, Muscatine SR 11:21.0
- 6 Sarah Lacina, Muscatine FR 11:28.7

,
100 HURDLES

- 1 Teesa Price, Iowa City High SR 14.1 (qualified)**
- 2 Jill Arganbright, Iowa City West SR 15.0
- 3 Elizabeth Bicknell, Pleasant Valley 15.1

- 4 Misa Nakato, Iowa City West SR 15.2
- 5 Angie Reschly, Mount Pleasant 16.3
- 6 Ashley Moore, Oskaloosa FR 16.3

,
400 HURDLES

- 1 Teesa Price, Iowa City High SR 1:04.6 (qualified)**
- 2 Lara Janson, Iowa City West SO 1:06.4
- 3 Kelsie Linder, Iowa City High 1:09.8 (qualified)**
- 4 Julie Theobald, Muscatine 1:13.9
- 5 Megan Dougherty, Pleasant Valley 1:14.2
- 6 Lindsey Meyer, Pleasant Valley 1:14.3

,
HIGH JUMP

- 1 Jill Arganbright, Iowa City West SR 5'03"
- 2 Tina Wolfe, Pleasant Valley 5'03"
- 3 Shannon Leonard, Ottumwa SR 5'01"
- 4 Megan Leinau, Iowa City High SR 5'00" (qualified)**
- 5 Desiree Flickinger, Muscatine 5'00"
- 6 Elizabeth Bicknell, Pleasant Valley 5'00"

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LONG JUMP

- 1 Teesa Price, Iowa City High SR 16'05" (qualified)**
- 2 Katie Boney, Burlington SR 15'07"
- 3 Melissa Holland, Iowa City High JR 15'06"**
- 4 Marla Froelich, Iowa City West SO 15'05"
- 5 Natalie Johnson, Burlington SO 15'00.75"
- 6 Jenny Deirling, Mount Pleasant 14'10.25"

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SHOT PUT

- 1 Maureen Head, Iowa City West JR 40'05.50"
- 2 Kate Sawyer, Iowa City West SR 36'00"
- 3 Haley Yarkosky, Oskaloosa FR 35'06"
- 4 Aubrey Martin, Muscatine FR 35'06"
- 5 Toni Aquilar, Pleasant Valley 34'10.50"
- 6 Laura Leslein, Pleasant Valley 33'09"

,
DISCUS

- 1 Toni Aquilar, Pleasant Valley 119'09"
- 2 Maureen Head, Iowa City West JR 109'03"
- 3 Kellie Krukow, North Scott JR 107'00"
- 4 Jessica Smith, Fort Madison 106'05"

5 Beth Aunan, Iowa City West SO 104'02"

6 Emily Mueller, Keokuk 100'03"

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4x100 METERS

1 Iowa City West 51.1

2 Muscatine 51.3

3 Iowa City High (Morgan Rorhbach, Mellisa Holland, Amber Starr, Amanda Nearad) 51.7 (qualified)

4 Pleasant Valley 52.1

5 Oskaloosa 53.4

6 Burlington 54.6

4x200 METERS

1 Muscatine 1:47.2

2 Iowa City High (Elizabeth Matzen, Morgan Rorhbach, Mellisa Holland, Amanda Nearad) 1:48.8 (qualified)

3 Iowa City West 1:49.6

4 Mount Pleasant 1:49.7

5 Pleasant Valley 1:50.5

6 Oskaloosa 1:53.6

4x400 METER RELAY

1 Iowa City High (Anne Heefner, Patricia Ekiring, Katie Hill, Teesa Price) 4:06.1 (qualified)

2 Iowa City West 4:10.1

3 Oskaloosa 4:11.7

4 North Scott 4:12.0

5 Ottumwa 4:12.1

6 Mount Pleasant 4:13.0

4x800 METER RELAY

1 Iowa City West 09:34.2

2 Fort Madison 09:43.6

3 Iowa City High (Kelsie Linder, Michelle Lake, Kirsty Moreno, Molly Gable) 09:53.2 (qualified)

4 Mount Pleasant 09:56.8

5 Pleasant Valley 09:59.0

6 Fairfield 10:08.5

SPRINT MEDLEY RELAY

1 Oskaloosa 1:51.8

2 Iowa City High (Morgan Rohrbach, Mellisa Holland, Elizabeth Matzen, Amber Starr) 1:53.0 (qualified)

3 Fort Madison 1:55.2

4 Muscatine 1:55.6

5 North Scott 1:56.9

6 Burlington 1:57.0

DISTANCE MEDLEY RELAY

1 Iowa City West 4:18.9

2 Fairfield 4:18.9

3 Muscatine 4:21.4

4 Iowa City High (Jill Teimeyer, Lindsay Quigley, Michelle Lillienthal, Patricia Ekiring) 4:22.6 (qualified)

5 Fort Madison 4:24.3

6 Pleasant Valley 4:25.1

SHUTTLE HURDLE RELAY

1 Iowa City West 1:03.3

2 Burlington 1:04.9

3 Pleasant Valley 1:05.6

4 Oskaloosa 1:07.3

5 Fairfield 1:07.4

6 Iowa City High (Laura Haas, Lisa Croker, Maureen Tabor, Katy Fraga) 1:07.9 (qualified)