

# District Meet, May 11, 2007

Varsity	
Shot Put (girls 1st)	Anciaux- 40-7.5 (4 <sup>th</sup> ) <b>QUALIFIED FOR STATE</b> Minchk- <b>39-1.5</b> (5 <sup>th</sup> ) <b>#5 All-Time, QUALIFIED FOR STATE</b>
Long Jump (girls 1st)	Whiting- 16-0.25 (3 <sup>rd</sup> ) <b>QUALIFIED FOR STATE</b> Nelson- NM
High Jump (girls 2nd)	Brooks- <b>5-0</b> (2 <sup>nd</sup> ) <b>QUALIFIED FOR STATE</b> McCurn- 4-6 (6 <sup>th</sup> )
Discus (girls 2nd)	Anciaux- <b>133-01</b> (3 <sup>rd</sup> ) <b>SCHOOL RECORD, QUALIFIED FOR STATE</b> Minchk- 111-7 (8 <sup>th</sup> )
3000 Meter Run	Kregel- 11:22.05 (3 <sup>rd</sup> ) <b>QUALIFIED FOR STATE</b> McFarland- <b>12:04.85</b> (6 <sup>th</sup> )
100 meter dash Prelim	Wilkinson- 12.25 Koenig- <b>12.66</b> <b>#9 All-Time</b>
4 x 800 Meter Relay	Fagan, Rethwisch, Ziegenhorn, Sidwell 2:28.7 <b>2:33.8</b> 2:26.2 2:25.2 <b>9:54.80 (1<sup>st</sup>)</b> <b>QUALIFIED FOR STATE</b>
200m Dash Prelim	Mabikulu- <b>26.71</b> Nelson- 26.25
100m Hurdles Prelim	Jordan- <b>14.51</b> <b>#3 All-Time</b> Rydze- 15.51
Shuttle Hurdle Relay	Rydze, Harris, Jordan, Sabers 16.3 <b>15.5</b> 15.5 <b>15.0</b> <b>1:02.36 (1<sup>st</sup>) #2 All-Time</b> <b>QUALIFIED FOR STATE</b>
100 meter dash	Wilkinson- <b>12.23</b> (1 <sup>st</sup> ) <b>#3 All-Time, QUALIFIED FOR STATE</b> Koenig- 12.67 (5 <sup>th</sup> ) <b>QUALIFIED FOR STATE</b>
Distance Medley	Mueller, Mills, Mims, McKay 27.5 26.7 <b>59.2</b> 2:21.7 <b>4:15.28 (1<sup>st</sup>)</b> <b>QUALIFIED FOR STATE</b>
400 Meter Dash	Krei- 56.47 (1 <sup>st</sup> ) <b>QUALIFIED FOR STATE</b> Harris- 62.52 (5 <sup>th</sup> ) <b>QUALIFIED FOR STATE</b>
4 x 200 Relay	Koenig, Mueller, Wilkinson, Nelson 27.3 26.4 26.6 <b>26.1</b> <b>1:46.59 (2<sup>nd</sup>)</b> <b>QUALIFIED FOR STATE</b>
100 Meter Hurdles	Jordan- 14.68 (1 <sup>st</sup> ) <b>QUALIFIED FOR STATE</b> Rydze- <b>15.36</b> (3 <sup>rd</sup> ) <b>QUALIFIED FOR STATE</b>
800 Meter Run	Ziegenhorn- 2:23.05 (3 <sup>rd</sup> ) <b>QUALIFIED FOR STATE</b> Sidwell- 2:27.53 (5 <sup>th</sup> ) <b>QUALIFIED FOR STATE</b>
200 Meter Dash	Mabikulu- 26.95 (6 <sup>th</sup> ) <b>QUALIFIED FOR STATE</b> Nelson- <b>25.98</b> (3 <sup>rd</sup> ) <b>#8 All-Time, QUALIFIED FOR STATE</b>
400 Meter Hurdles	Sabers- <b>1:04.80</b> (1 <sup>st</sup> ) <b>QUALIFIED FOR STATE</b> Rydze- <b>1:06.86</b> (3 <sup>rd</sup> ) <b>QUALIFIED FOR STATE</b>
Sprint Medley Relay	Sparks, Mueller, Mims, Krei <b>12.3</b> 12.9 <b>26.2</b> 56.4 <b>1:47.84 (1<sup>st</sup>) #5 All-Time</b> <b>QUALIFIED FOR STATE</b>
1500 Meter Run	Fagan- <b>5:10.26</b> (4 <sup>th</sup> ) <b>QUALIFIED FOR STATE</b> McKay- 4:53.62 (1 <sup>st</sup> ) <b>QUALIFIED FOR STATE</b>
4 x 100 Meter Relay	Koenig, Nelson, Sparks, Wilkinson 12.4 13.1 12.5 <b>11.4</b> <b>49.45 (1<sup>st</sup>) #8 All-Time</b> <b>QUALIFIED FOR STATE</b>
4 x 400 Meter Relay	Sabers, Mills, Mueller, Krei 60.6 62.6 62.3 59.7 <b>4:05.38 (2<sup>nd</sup>)</b> <b>QUALIFIED FOR STATE</b>

## Meet Summary:

- Season's Bests: 9
- PR's: 17
- Top 10's: 9
- School Records: 1
  
- State Qualifiers in EVERY EVENT!! 27 in all, our most EVER!
- Double Qualifiers in the 100, 200, 400, 800, 1500, 100 hurdles, 400 hurdles, Shot Put
- A total of 27 state qualifers

## Compared to Last Year:

- We scored 63 more points this year than at last years district meet.
- Last year we had exactly ONE top 10 performance
- Last year we had 19 state qualifiers
- Last years team would have beaten this years team in only 3 of 19 events

## West High:

- Point difference with West High- 20. The closest we have been this year. We lost to them by 59 points at last years district meet.
  
- We beat Mellecker in the 100 (4<sup>th</sup> place at Drake Relays)
- We beat Johnson in the 100 hurdles for the 1<sup>st</sup> time
- We beat their 4x100 for the first time this year