

STATE MEET 2008

Sixteen weeks ago we started the season with six people who had participated and scored in a State Meet. We lost one along the way. We battled the weather and our lack of experience. Yesterday we came within a couple of seconds of finishing 4th in the State. It wasn't a perfect meet but it was a very good one and what we take away from Des Moines is experience that can only make us better in the future. I thank all the seniors who have dedicated years of service to our team. You will be missed. To the rest of you, use this meet as motivation to do what is necessary to make yourselves, and our team, even better next year. Take care and thank you for your participation and efforts this year. It has been a long, strange and wonderful ride indeed.

Thursday

Time	Event	
2:00	Discus	Majesty Tutson 121'3" (3 rd)
3:20	3000	Lindsay McFarland 11:36.28 (20 th)
4:20	100 (p)	Ashley Wilkinson 12.66 (5 th qualifier)
4:30	HJ	Virginia Johnson 5'3" (5 th)
4:50	4x800	Emily Fagan, Ashley Fuller, Rebecca Rethwisch, Kelly Krei 9:47.33 (9 th) 2:22.9 2:29.0 2:28.9 2:25.9
6:20	200 (p)	Ashley Wilkinson 25.87 (7 th qualifier)
7:00	400 (f)	
7:40	Shuttle Hurdle (p)	Elaine Moen, Emily Sotelo, Abby Neu, Mariah Jordan 1:05.87 (7 th qualifier) 16.8 17.0 16.8 14.9

Friday

2:00	Shot	Majesty Tutson 39'6.75" (5 th) Kayla Hyché 31'7" (24 th)
2:40	D. Med	Emily Sparks, Kelsey Coleman, Jill Stephenson, Emily Fagan 4:21.08 (13 th) 27.6 SB 27.1 60.8 2:25.3
3:40	400h	Emily Sotelo 69.56* (17 th)

4:30 4x200 Tara Mills, Kelly Krei, Kelsey Coleman, Ashley Wilkinson 1:44.56 (3rd)
27.1 25.6**SB** 26.7 SB 24.8SB

4:30 LJ

5:20 100h (p) Mariah Jordan 14.76 SB (4th qualifier)

6:40 4x100 (p) Emily Sparks, Nikki Burian, Mariah Jordan, Majesty Tutson 50.94
(17th)**13.0*** **12.4*** 12.8 **12.6*** (0.01 sec from SB)

7:40 4x400 Tara Mills, Kelsey Coleman, Jill Stephenson, Kelly Krei 4:04.27 (7thqualifier)
prelim 59.9* 62.3 61.4 59.9

Saturday

Time	Event	
9:00	Sprint Medley	Emily Sparks, Mariah Jordan, Ashley Wilkinson, Kelly Krei 1:48.08 SB (2 nd) 12.6* 12.6 25.4 57.4SB
9:50	800	Ashley Fuller 2:23.58* (14 th) Rebecca Rethwisch 2:26.39* (20 th)
11:10	Shuttle Hurdle (f)	Elaine Moen, Emily Sotelo, Abby Neu, Mariah Jordan 64.79SB (6 th) 16.4 SB 16.9 16.3* 14.8
12:15	100	Ashley Wilkinson 12.57 SB (5 th)
12:35	100 h	Mariah Jordan 14.84 (5 th)
1:25	200	Ashley Wilkinson 25.92* (6 th) 6th All-Time City High
2:15	1500	Emily Fagan 5:01.22 (17 th) Hannah Kregel 5:07.43* (20 th)
3:05	4 x 100	
3:35	4 x 400	Tara Mills, Kelsey Coleman, Jill Stephenson, Kelly Krei 4:09.42 (8 th) 60.8 64.7 62.9 60.7

Team: West 84.5, Waukee 82.5, Dowling Catholic 72, Cedar Falls 48, Dav. North 47, **City 43**