

STATE MEET 2007

Thursday

Time	Event	
2:00	Discus	Anciaux: 136-9 (3 rd) SCHOOL RECORD
3:20	3000	Kregel: 11:25.12
4:20	100 (p)	Koenig: 13.18 Wilkinson: 12.87 (q)
4:30	HJ	Brooks: 4-10
4:50	4x800	Sidwell, Fagan, Ziegenhorn, McKay 2:20.5 2:23.6 2:21.8 2:21.3 9:28.14 (3 rd) #7 All-Time
6:20	200 (p)	Nelson: 26.26 (q) Mabikulu: 27.56
7:00	400 (f)	Krei: 55.46 (1 st) SCHOOL RECORD, STATE MEET RECORD Harris: NT
7:40	Shuttle Hurdle (p)	Rydze, Harris, Jordan, Sabers 16.0 16.1 15.4 15.4 1:03.15 (q)

Friday

2:00	Shot	Anciaux: 40-1.75 (7 th) Minchk: 35-5
2:40	D. Med	Mueller, Nelson, Mims, McKay 25.8 26.7 59.3 2:19.4 4:11.54 (2 nd)
3:40	400h	Sabers: 1:04.81 (4 th) Rydze: 1:08.97
4:30	4x200	Wilkinson, Mueller, Nelson, Krei 25.9 26.9 25.9 24.7 1:43.72 (2 nd) #4 All-Time
4:30	Long Jump	Whiting: 15-5.75
5:20	100h (p)	Jordan: 15.39 (q) Rydze: 16.15
6:40	4x100 (p)	Koenig, Nelson, Sparks, Wilkinson 12.3 12.2 14.2 11.5 50.48
7:40	4x400 prelim	Harris, Mills, Krei, Sabers 60.3 62.2 56.4 58.6 3:57.45 (q) #4 All-Time

Saturday

Time	Event	
9:00	Sprint Medley	Koenig, Mueller, Wilkinson, Krei 12.2 12.6 25.8 56.4 1:46.85 (1 st) #2 All-Time
9:50	800	Sidwell: 2:21.94 Ziegenhorn: 2:26.37
11:10	Shuttle Hurdle (f)	Rydze, Harris, Jordan, Sabers 15.5 16.0 14.9 15.7 1:02.38 (1 st) #2 All-Time
12:15	100	Wilkinson: 13.25 (6 th)
12:35	100 h	Jordan: 15.28 (6 th)
1:25	200	Nelson: 26.97 (5 th)
2:15	1500	Fagan: 5:07.01 McKay: 5:03.03
3:05	4 x 100	
3:35	4 x 400	Mims, Mueller, Krei, Sabers 59.9 63.2 56.7 59.5 4:00.11 (4 th)

Team Scores: West High: 97.5

City High: 80

Dowling: 73

Waukee: 63.5

Cedar Falls: 54