

1997 STATE TRACK & FIELD FINAL RESULTS -- CLASS 3A and Wheelchair

TEAM SCORING

1	Iowa City High	51
2	Ankeny	47
3	Ames	39
4	Cedar Falls	37
5	Indianola	34
6	Oskaloosa	21
7	Clinton	20
7	West Des Moines Valley	20
9	Pleasant Valley	19
10	Des Moines Roosevelt	18
10	Marshalltown	18
12	Davenport North	16
13	Cedar Rapids Prairie	15
14	Fort Madison	14
14	West Des Moines Dowling	14
16	Sioux City North	12
17	Davenport Central	10
17	Waverly-Shell Rock	10
19	Burlington	9
19	LeMars	9
19	Mount Pleasant	9
22	Iowa City West	8
23	Newton	7
24	Southeast Polk	6
25	Cedar Rapids Regis-LaSalle	5
25	Muscatine	5
25	Ottumwa	5
28	Des Moines Hoover	4
28	Dubuque Senior	4
28	Johnston	4
31	Bettendorf	3
31	Sioux City West	3
33	Dubuque Hempstead	2
33	Dubuque Wahlert	2
33	Sioux City Heelan	2
36	Cedar Rapids Kennedy	1

36	Denison-Schleswig	1
36	Sioux City East	1
39	Boone	0
39	Cedar Rapids Jefferson	0
39	Cedar Rapids Washington	0
39	Charles City	0
39	Council Bluffs Abraham Lin	0
39	Davenport West	0
39	Des Moines East	0
39	Des Moines Lincoln	0
39	Fairfield	0
39	Fort Dodge	0
39	Glenwood	0
39	Keokuk	0
39	Lewis Central	0
39	Linn-Mar	0
39	Mason City	0
39	North Scott	0
39	Pella	0
39	Spencer	0
39	Urbandale	0
39	Waterloo East	0
39	Waterloo West	0
39	West Delaware	0
39	Western Dubuque	0

100-METER DASH

1	Kate Gordon	Sioux City North	SO	12.14
2	Laura Aschoff	Ankeny	JR	12.14
3	Kristin Knight	Iowa City High	SO	12.25
4	Tina Klith	Cedar Rapids Prairie	FR	12.60
5	Erica Davis	Iowa City High	SR	12.64
6	Amber Engelen	Ames	JR	12.66
7	Katie Boney	Burlington	SO	12.78
8	Jamie Dalbey	Ottumwa	JR	12.83

HEAT 1

1	Kristin Knight	Iowa City High	SO	12.58
2	Leilani Smith	Cedar Rapids Regis-LaSalle	JR	13.16
3	Theresa Kelly	Dubuque Wahlert	SR	13.30
4	Krista Crowley	LeMars	JR	13.39
5	Alisha Menzies	West Des Moines Valley	SO	13.52
6	Gina Scala	Keokuk	SR	13.70
7	Nicole Bruce	Glenwood	FR	13.97
999	Holly Dorenkamp	Waverly-Shell Rock	FR	DNS

HEAT 2

1	Kate Gordon	Sioux City North	SO	12.48
2	Tina Klith	Cedar Rapids Prairie	FR	12.76
3	Katie Boney	Burlington	SO	12.92
4	Erica Davis	Iowa City High	SR	12.93
5	Antrica Spears	Davenport Central	JR	13.07

6	Lakeisha Lee	Davenport North	JR	13.16
7	Sarah Sinclair	Oskaloosa	JR	13.20

HEAT 3

1	Laura Aschoff	Ankeny	JR	12.54
2	Amber Engelen	Ames	JR	12.91
3	Jamie Dalbey	Ottumwa	JR	12.93
4	Tesi Dawson	Southeast Polk	FR	13.10
5	Katie Brooker	Muscatine	JR	13.16
6	Tieesha Griffin	Sioux City West	FR	13.36
7	Dena Johnson	Cedar Rapids Jefferson	SR	13.58
8	Johnna Lantz	Denison-Schleswig	SR	13.73

200-METER DASH

1	Kristin Knight	Iowa City High	SO	24.82
2	Laura Aschoff	Ankeny	JR	25.59
3	Kate Gordon	Sioux City North	SO	25.76
4	Jana Irvin	Sioux City West	JR	26.11
5	Fiona Asigbee	Cedar Rapids Prairie	SO	26.19
6	Leilani Smith	Cedar Rapids Regis-LaSalle	JR	26.38
7	Lori Rowland	Ottumwa	SR	26.48
8	Amber Moton	Ankeny	FR	27.34

HEAT 1

1	Fiona Asigbee	Cedar Rapids Prairie	SO	25.93
2	Jana Irvin	Sioux City West	JR	26.38
3	Lori Rowland	Ottumwa	SR	26.60
4	Amanda Hentges	Spencer	FR	27.41
5	Gina Scala	Keokuk	SR	27.44
6	Andrea Roush	Pella	SR	27.49
7	Angie Williams	Charles City	FR	27.75
8	Erin Strub	Dubuque Senior	SO	27.84

HEAT 2

1	Laura Aschoff	Ankeny	JR	25.94
2	Leilani Smith	Cedar Rapids Regis-LaSalle	JR	26.25
3	Dondra Nichols	Indianola	SO	27.38
4	Anessa Sloan	Iowa City High	SO	27.77
5	Wendy Marlow	Pella	SO	27.77
6	Hillary Reed	Ottumwa	SR	28.46
999	Erin Maysent	Ames	SO	DNR
999	Tanya Hunigan	Davenport North	JR	DNR

HEAT 3

1	Kristin Knight	Iowa City High	SO	24.96
2	Kate Gordon	Sioux City North	SO	25.67
3	Amber Moton	Ankeny	FR	26.94
4	Nicole Bruce	Glenwood	FR	27.74
5	Kathy Schmitt	North Scott	JR	27.76
6	Teresa Wauters	Waterloo West	SO	27.79
7	Niki Jacobsen	Spencer	JR	28.20
999	Stephanie Suntken	Indianola	FR	DNR

400-METER DASH

1	Cari Hoeman	West Des Moines Valley	SR	0:56.24
2	Nicole Chizek	Marshalltown	SO	0:58.39
3	Maria Johnson	Cedar Rapids Regis-LaSalle	FR	0:58.67
4	Ellie Schnepf	LeMars	JR	0:59.01
5	Stephanie Suntken	Indianola	FR	0:59.79
6	Katie Weed	Clinton	SR	1:01.04
7	Aimee Heisel	Fairfield		1:01.16
8	Lacey Adams-Brown	Indianola	SO	1:16.44

HEAT 1

1	Cari Hoeman	West Des Moines Valley	SR	57.45
2	Ellie Schnepf	LeMars	JR	58.74
3	Katie Weed	Clinton	SR	59.60
4	Candi Jones	Oskaloosa	FR	60.80
5	Mandy Brimmer	Cedar Rapids Washington	JR	61.71
6	Teresa Wauters	Marshalltown	SO	62.29
7	Susie Tofte	Urbandale	JR	62.49
8	Amy Arns	Waverly-Shell Rock	FR	62.74

HEAT 2

1	Nicole Chizek	Marshalltown	SO	58.79
2	Stephanie Suntken	Indianola	FR	59.67
3	Aimee Heisel	Fairfield	JR	60.00
4	Kristin Kelly	Mount Pleasant	SO	60.25
5	Anne Hamilton	North Scott	FR	60.70
6	Carrie Van Sickel	Cedar Rapids Regis-LaSalle	JR	61.44
7	Erin Fantroy	Waterloo West	FR	65.85
999	Tiffany Belz	Ames	SO	DNS

HEAT 3

1	Lacey Adams-Brown	Indianola	SO	57.32
2	Maria Johnson	Cedar Rapids Regis-LaSalle	FR	59.64
3	Carey Morris	Fort Madison	FR	60.56
4	Kyla Kiester	Johnston	SR	61.08
5	Amanda Manatt	Newton	FR	61.65
6	Sadie Uthe	Dubuque Wahlert	SR	62.27
7	Katie Long	Mason City	SO	62.70
8	Melissa Lanphere	Cedar Rapids Prairie	SO	64.79

800-METER RUN

1	Keely Barnett	Iowa City High	SR	2:15.77
2	Jessica Huff	Marshalltown	SO	2:17.37
3	Laura Schlapkohl	Iowa City West	JR	2:18.80
4	Abbie Archibald	Indianola	SR	2:18.88
5	Wendy Shaw	Davenport Central	FR	2:19.44
6	Susan Buckheister	Cedar Rapids Kennedy	SR	2:20.08
7	Jocelyn Schaefer	Cedar Falls	FR	2:20.42
8	Teresa Grothus	Pleasant Valley	SR	2:20.78
9	Megan Rehm	Fort Madison	SO	2:23.65

10	Erin Van Zee	Pella	JR	2:23.73
11	Megan Gorkow	West Delaware	SR	2:24.90
12	Amanda Glynn	Cedar Rapids Regis-LaSalle	FR	2:24.98
13	Ann Jordan	Boone	SR	2:25.68
14	Lindsey Wetzel	Iowa City High	SO	2:26.29
15	Abby Lemek	Sioux City Heelan	FR	2:26.56
16	Neala Arnold	Pleasant Valley	SO	2:27.86
17	Sarah Gosselink	Urbandale	JR	2:28.43
18	Holly Goodyk	Pella	SO	2:29.71
19	Laura Ballard	Cedar Rapids Prairie	JR	2:31.00
20	Alex Cook	Cedar Falls	FR	2:31.53
21	Jessica Bents	Ames	FR	2:31.81
22	Leah Lemale	West Des Moines Valley	SO	2:31.82
23	Lindsey Leonard	Ankeny	JR	2:32.02
999	Nicole Bergman	Indianola	SR	DNS

1500-METER RUN

1	Julie Bigler	Fort Madison	JR	4:40.92	J
2	Sarah Gray	Cedar Falls	SR	4:44.66	J
3	Katie Reichardt	West Des Moines Dowling	SR	4:46.19	
4	Ann Ruffcorn	Bettendorf	SO	4:47.25	
5	Lindsay Heiligenthal	Ames	SO	4:47.98	
6	Julie Wuorinen	Pleasant Valley	SR	4:53.04	
7	Karen McCormick	Lewis Central	FR	4:53.31	
8	Laura Schlapkohl	Iowa City West	JR	4:55.37	
9	Rachel Johnson	Ankeny	SR	4:56.67	
10	Rita Fiala	Johnston	SO	4:57.50	
11	Amanda Tuttle	Marshalltown	FR	4:58.06	
12	Angie Wakefield	North Scott	SR	4:58.32	
13	Elly Glass	Dubuque Senior	FR	4:59.17	
14	Sanami Fottral	Cedar Rapids Prairie	JR	5:00.22	
15	Ashley Kunkle	Cedar Falls	FR	5:01.05	
16	Amanda Stiefel	Burlington	SO	5:05.82	
17	Lexi Isaacson	West Des Moines Valley	JR	5:06.94	
18	Ann Jordan	Boone	SR	5:06.97	
19	Megan Tabor	Dubuque Senior	SO	5:09.04	
20	Windy Clark	Ankeny	SO	5:10.81	
21	Melicia Patik	Cedar Rapids Prairie	SO	5:11.32	
22	Erin Van Zee	Pella	JR	5:13.17	
23	Neala Arnold	Pleasant Valley	SO	5:16.31	
24	Jenny Mulder	Iowa City High	SR	5:34.06	

3000-METER RUN

1	Sarah Gray	Cedar Falls	SR	10:15.85	J
2	Julie Bigler	Fort Madison	JR	10:20.78	J
3	Rita Fiala	Johnston	SO	10:25.86	
4	Julie Wuorinen	Pleasant Valley	SR	10:35.20	
5	Rachel Johnson	Ankeny	SR	10:37.97	
6	Ashley Kunkle	Cedar Falls	FR	10:40.67	

7	Lindsay Heiligenthal	Ames	SO	10:40.93
8	Karen McCormick	Lewis Central	FR	10:45.41
9	Elly Glass	Dubuque Senior	FR	10:48.52
10	Molly Wedel	Spencer	JR	10:49.24
11	Amy Murphy	Bettendorf	JR	10:52.40
12	Amanda Tuttle	Marshalltown	FR	10:53.21
13	Colleen Bubb	Waverly-Shell Rock	JR	10:55.19
14	Bridget Stephenson	Sioux City Heelan	JR	11:01.36
15	Laura Schlapkohl	Iowa City West	JR	11:03.83
16	Megan Tabor	Dubuque Senior	SO	11:04.44
17	Erin Van Zee	Pella	JR	11:07.62
18	Susan Buckheister	Cedar Rapids Kennedy	SR	11:08.40
19	Beckie Sweatman	Muscatine	JR	11:10.05
20	Molly Meng	Iowa City High	FR	11:10.50
21	Audrey Schiltz	West Des Moines Dowling	FR	11:17.76
22	Molly Gross	Des Moines Hoover	SO	11:22.21
23	Sanami Fottral	Cedar Rapids Prairie	JR	11:28.04
24	Tara LaMay	Urbandale	JR	11:33.82

100-METER HURDLES

1	Teesa Price	Iowa City High	SO	14.37
2	Josie Campese	Davenport Central	JR	14.84
3	Lo Lo Jones	Des Moines Roosevelt	FR	14.90
4	Julie Ollila	Ames	SR	14.92
5	Katie Brooker	Muscatine	JR	15.04
6	Dee Wear	Mount Pleasant	SR	15.09
7	Jill George	Newton	SR	15.27
8	Sarah Steffen	Western Dubuque	SO	15.46

HEAT 1

1	Julie Ollila	Ames	SR	14.95
2	Josie Campese	Davenport Central	JR	15.08
3	Dee Wear	Mount Pleasant	SR	15.14
4	Alissa Koerner	Sioux City Heelan	SO	15.94
5	Lynette Heinauer	Ankeny	JR	16.08
6	Erin Land	Clinton	SR	16.30
7	Theresa Liu	Cedar Falls	SR	16.40
8	Jennifer Maupin	West Des Moines Valley	SR	16.66

HEAT 2

1	Teesa Price	Iowa City High	SO	14.71
2	Katie Brooker	Muscatine	JR	15.18
3	Mary Garrett	Dubuque Senior	SO	15.55
4	Stacey Van Vark	Pella	SO	15.67
5	Jamie Nemmers	Cedar Falls	FR	16.33
6	Molly Parrott	Lewis Central	JR	16.58
999	Jessica Wray	Ames	SO	DNF

HEAT 3

1	Lo Lo Jones	Des Moines Roosevelt	FR	14.98
2	Sarah Steffen	Western Dubuque	SO	15.32
3	Jill George	Newton	SR	15.35
4	Heidi Kiester	Johnston	JR	16.06

5	Katie Divelbiss	Iowa City High	SR	16.25
6	Janelle Edmundson	Oskaloosa	SR	16.36
7	Kerri Scholl	Iowa City West	FR	16.60
8	April Reedy	Council Bluffs Abraham Lin	FR	16.85

400-METER HURDLES

1	Liz Cooper	Indianola	JR	1:03.54
2	Julie Ollila	Ames	SR	1:03.92
3	Mary Garrett	Dubuque Senior	SO	1:04.04
4	Janelle Edmundson	Oskaloosa	SR	1:04.39
5	Jill George	Newton	SR	1:05.87
6	Jessica Wray	Ames	SO	1:07.05
7	Amy Oleson	Burlington	JR	1:07.37
8	Jamie Nemmers	Cedar Falls	FR	1:08.24

HEAT 1

1	Julie Ollila	Ames	SR	1:04.39
2	Jill George	Newton	SR	1:06.21
3	Lynette Heinauer	Ankeny	JR	1:06.35
4	Alissa Koerner	Sioux City Heelan	SO	1:07.73
5	Jill Winegarden	Cedar Rapids Washington	SO	1:09.04
6	Melissa Matthews	Iowa City West	JR	1:10.68
7	Jana Norman	Des Moines Lincoln	SR	1:10.91
8	Aimee Reichel	Dubuque Wahlert	SO	1:11.39

HEAT 2

1	Liz Cooper	Indianola	SO	1:03.88
2	Jamie Nemmers	Cedar Falls	FR	1:06.15
3	Amy Oleson	Burlington	JR	1:06.25
4	Jessica Wray	Ames	SO	1:06.32
5	Sarah Steffen	Western Dubuque	SO	1:07.73
6	Valerie Lucas	West Des Moines Valley	JR	1:07.78
7	Erin Schulte	Cedar Rapids Jefferson	JR	1:10.54
8	Kelly Fidlar	Cedar Rapids Washington	SO	1:10.59

HEAT 3

1	Mary Garrett	Dubuque Senior	SO	1:04.64
2	Janelle Edmundson	Oskaloosa	SR	1:05.00
3	Jenny Matzen	Indianola	SR	1:06.91
4	Andrea Lapham	Council Bluffs Abraham Lin	JR	1:08.17
5	Brenda Weibel	West Delaware	SR	1:10.25
6	Megan Miller	Marshalltown	SO	1:10.89
7	Renee Waddell	Clinton	SO	1:10.93
999	Rochelle Anderson	Waverly-Shell Rock	SO	DNC

HIGH JUMP

1	Amanda Koester	Clinton	JR	5'06"
2	Beth Boer	Oskaloosa	SR	5'05"
3	Shannon Leonard	Ottumwa	SO	5'04"

4	Tina Wolfe	Pleasant Valley	FR	5'03"
5	Tara Biedermann	Dubuque Hempstead	JR	5'02"
6	Carrie Thomas	Sioux City East	SR	5'02"
7	Abby Ohm	LeMars	SO	5'02"
8	Abbie Archibald	Indianola	SR	5'02"
9	Casey Miller	Cedar Falls	FR	5'00"
9	Joanna Stuelke	Cedar Rapids Washington	SR	5'00"
9	Krista Johnson	Cedar Rapids Jefferson	JR	5'00"
12	Jameela Hameed	Fort Dodge	SO	5'00"
13	Anna Friedrichs	Davenport West	SO	5'00"
14	Jaclyn Houghton	Urbandale	JR	4'10"
14	Heather Covell	Clinton	JR	4'10"
14	Jill Arganbright	Iowa City West	SO	4'10"
14	Melissa Stensland	Waverly-Shell Rock	SR	4'10"
999	Jessie Noid	Marshalltown	FR	NH
999	Jessica Jordan	Des Moines East	FR	NH
999	Jenny Sherry	Sioux City North		NH
999	Megan Miller	Marshalltown	SO	NH
999	Kiley Fidler	Cedar Rapids Washington	SO	NH
999	Liz Cooper	Indianola	JR	DNC
999	Kelli Chesnut	Iowa City High	SO	DNC

LONG JUMP

1	Laura Aschoff	Ankeny	JR	18'00.75"
2	Kara Hulse	Cedar Falls	JR	17'07.50"
3	Fiona Asigbee	Cedar Rapids Prairie	SO	17'05.50"
4	Jill George	Newton	SR	17'04.50"
5	Lo Lo Jones	Des Moines Roosevelt	FR	17'03.75"
6	Teesa Price	Iowa City High	SO	17'02.50"
7	Cristy Callahan	Clinton	SO	16'11"
8	Davonna Carr	Des Moines Roosevelt	FR	16'10"
9	Julie Galbreath	Waverly-Shell Rock	FR	16'04.50"
10	Jill Fisher	Sioux City Heelan	SO	16'03.25"
11	Tara Biedermann	Dubuque Hempstead	JR	16'02.50"
12	Tenisha Davis	Johnston	SR	16'00"
13	Theresa Kelly	Dubuque Wahlert	SR	15'10"
14	Lindsey Rudd	Cedar Rapids Prairie	SR	15'09"
15	Amy Oleson	Burlington	JR	15'06.50"
15	Sarah Steffen	Western Dubuque	SO	15'06.50"
17	Alisa Steffen	Waverly-Shell Rock	JR	15'05.25"
18	Julie Moeller	Sioux City Heelan	SO	15'04"
18	Jessie Bowman	Marshalltown	JR	15'04"
20	Molly Parrott	Lewis Central	JR	14'11.75"
21	Jessica Wray	Ames	SO	14'10.75"
22	Kathy Merten	Charles City	JR	14'09.25"
23	Jana Irvin	Sioux City West	JR	14'06.50"
999	Molly McNertney	Ames	SO	FOULS

SHOT PUT

1	Leann Boerema	Clinton	JR	45'01.25"
2	Jenn Haage	LeMars	SR	40'06.25"
3	Sarah Wellings	Oskaloosa	SR	40'01"
4	Christie Phillips	Burlington	JR	39'09.75"
5	Melissa Stensland	Waverly-Shell Rock	SR	39'06.50"
6	Megan Gierstorf	Denison-Schleswig	SR	39'03.75"
7	Nikki Rowland	Cedar Rapids Washington	JR	39'03.50"
8	Sara Nauman	Dubuque Senior	JR	38'09"
9	Tara Enoch	Bettendorf	SR	37'07.75"
10	Devin Achenbach	Cedar Rapids Kennedy	SO	37'06.25"
11	Kristi Spittler	Clinton	SR	37'00.75"
12	Gretta Pems	Dubuque Wahlert	JR	36'11.50"
13	Annie Van Wetzlinga	Pleasant Valley	SR	36'06.75"
14	Tracy Keenan	Lewis Central	SO	36'06"
15	Steph Corey	Cedar Falls	JR	36'00"
16	Stacie Dunlap	Ames	SO	35'09.75"
17	Nicole Johnson	Southeast Polk	JR	35'06"
18	Toni Aguilar	Pleasant Valley	SO	34'07.25"
19	Susan Francois	West Delaware	JR	34'06"
20	Jenny Holmes	Newton	SR	34'02"
21	Tasha Massey	Iowa City High	SO	33'11.75"
22	Holly Feeney	LeMars	JR	33'07.25"
23	Megan Krumrei	Cedar Rapids Kennedy	JR	33'06"
24	Kim Hoover	Indianola	SR	33'04.50"

DISCUS

1	Sarah Wellings	Oskaloosa	SR	130'11"
2	Nicole Johnson	Southeast Polk	JR	130'02"
3	Leah Heston	Ankeny	JR	124'06"
4	Brooke Ennen	Muscatine	JR	121'09"
5	Gretta Pems	Dubuque Wahlert	JR	120'01"
6	Leann Boerema	Clinton	JR	119'06"
7	Joni Kinney	Mason City	SO	119'00"
8	Mandy Engel	Waterloo West	SR	118'04"
9	Carly Gainey	North Scott	SR	116'00"
10	Melissa Steuer	Dubuque Wahlert	SR	115'05"
11	Lacey Corcoran	Johnston	SO	114'09"
12	Erica Shaw	Sioux City West	JR	113'09"
13	Erin Thornton	Cedar Rapids Kennedy	JR	113'08"
14	Tierra Kaiser	Des Moines Hoover	SO	109'09"
15	Megan Krumrei	Cedar Rapids Kennedy	JR	108'07"
16	Annie Van Wetzlinga	Pleasant Valley	SR	107'10"
17	Stacie Dunlap	Ames	SO	105'09"
18	Tracy Keenan	Lewis Central	SO	104'11"
19	Nikki Rowland	Cedar Rapids Washington	JR	104'10"
20	Melissa Stensland	Waverly-Shell Rock	SR	104'09"
21	Megan Gierstorf	Denison-Schleswig	SR	102'03"
22	Kim Hoover	Indianola	SR	100'10"
23	Laura Marz	Cedar Rapids Jefferson	SR	100'08"
24	Christie Phillips	Burlington	JR	099'11"

4x100-METER RELAY

1	ANKENY	Stephanie Pearce, Cori Verbeski Erica Junod, Laura Aschoff	48.69
*			
2	AMES	Tolu Fadeyi, Erin Johnson Erin Maysent, Amber Engelen	49.29
3	CR PRAIRIE	Katie George, Lindsey Rudd Tina Klith, Fiona Asigbee	49.62
4	DAVENPORT NORTH	Lakeisha Lee, Ivory Lacy Tanya Hunigan, Destiny Sisk	49.77
5	WAVERLY-SHELL ROCK	Alisa Steffen, Julie Galbreath Rochelle Anderson, Katie Clipperton	49.88
6	DM ROOSEVELT	Lori Dorsey, Davonna Carr Arena Butts, Lo Lo Jones	50.04
7	DUBUQUE WAHLERT	Molly Weeber, Sadie Uthe Lisa Walker, Theresa Kelly	50.66
8	OTTUMWA	Lori Rowland, Jamie Dalbey Amber Morrow, Hillary Reed	52.30
* - State Meet and Iowa All-Time Record--old marks, 48.8 by Washington, 1975 and Cedar Rapids Jefferson, 1986			

HEAT 1

1	AMES	Tolu Fadeyi, Erin Johnson Erin Maysent, Amber Engelen	49.84
2	OTTUMWA	Lori Rowland, Jamie Dalbey Amber Morrow, Hillary Reed	50.17
3	DUBUQUE WAHLERT	Molly Weeber, Sadie Uthe Lisa Walker, Theresa Kelly	50.54
4	IOWA CITY WEST	Misa Nakato, Melissa Meng Kerri Scholl, Keri Koser	50.97
5	SIOUX CITY NORTH	Rachel Remnant, Jenny McCloud Kalie Gaskill, Kate Gordon	51.40
6	CEDAR FALLS	Theresa Liu, Kara Schwerdtfeger Peggy Owens, Anna Ziegenhorn	51.48
7	WATERLOO EAST	Keya Jackson, Nicole Sallis Alicia Jones, Rasheedah Jones	51.49
8	SIOUX CITY HEELAN	Mandi Blatchford, Sara Heying Laura Keane, Laura Wharton	51.98

HEAT 2

1	CR PRAIRIE	Katie George, Lindsey Rudd Tina Klith, Fiona Asigbee	49.85
2	DM ROOSEVELT	Lori Dorsey, Davonna Carr Arena Butts, Lo Lo Jones	49.94
3	DAVENPORT NORTH	Lakeisha Lee, Ivory Lacy Tanya Hunigan, Destiny Sisk	50.30
4	CR JEFFERSON	Sarah Wieneke, Nicole Reilly Dena Johnson, Krista Johnson	50.92
5	DUBUQUE HEMPSTEAD	Laura Uthe, Katie Meyer Amy Comer, Brooke Gentzler	51.22
6	SPENCER	Jami Willfong, Sara Hornby Gretchen Vetter, Amy Wigen	51.38
7	NEWTON	Dawn Engle, Amanda Thomason Becky Bartello, Abby Townsend	51.55

8	WDM VALLEY	Tara Harris, Courtney Alberts Angie Maupin, Emily Borchardt	53.32
HEAT 3			
1	ANKENY	Stephanie Pearce, Cori Verbeski Erica Junod, Laura Aschoff	48.94
2	WAVERLY-SHELL ROCK	Alisa Steffen, Julie Galbreath Rochelle Anderson, Katie Clipperton	49.94
3	BURLINGTON	Liz Navntoft, Vanessa Beyer Sara Sudbeck, Katie Boney	50.81
4	SIOUX CITY WEST	Jana Irvin, Trayla Ramsey Amanda Stidfole, Tiesha Griffin	50.82
5	MOUNT PLEASANT	Jamie Mihalevich, Dee Wear Channy Dary, Lisa Naab	51.35
6	OSKALOOSA	Lindsey Fleener, Sarah Harned Sarah Wellings, Sarah Sinclair	51.77
7	WESTERN DUBUQUE	April Vorwald, Rachel Smith Abbie Ruden, Heidi Hagerty	52.19
8	LINN-MAR	Keyia Loveless, Mary Smith Amanda Hoven, Katie Hurlbut	52.21

4x200-METER RELAY

1:42.66	1	DM ROOSEVELT	Davonna Carr, Kristin Cavanagh Ronnie Caldwell, Taylor Ewald
1:42.90	2	AMES	Tolu Fadeyi, Erin Maysent Jessica Wray, Amber Engelen
1:43.58	3	ANKENY	Amber Moton, Stephanie Pearce Cori Verbeski, Erica Junod
1:43.79	4	WAVERLY-SHELL ROCK	Rochelle Anderson, Alyssa Rost Holly Dorenkamp, Katie Clipperton
1:43.90	5	IOWA CITY HIGH	Angie Madlock, Kelli Chesnut Nicole Gatens, Kristin Knight
1:44.00	6	OTTUMWA	Lori Rowland, Jamie Dalbey Kim Couch, Hillary Reed
1:44.16	7	DAVENPORT NORTH	Allison Harris, Akilah Easter Destiny Sisk, Tanya Hunigan
1:45.18	8	CR PRAIRIE	Katie George, Emily Riggle Tina Klith, Fiona Asigbee
HEAT 1			
1:43.70	1	DM ROOSEVELT	Davonna Carr, Kristin Cavanagh Ronnie Caldwell, Taylor Ewald
	2	WAVERLY-SHELL ROCK	Rochelle Anderson, Alyssa Rost

		Holly Dorenkamp, Katie Clipperton
1:44.57	3 DAVENPORT NORTH	Allison Harris, Akilah Easter Destiny Sisk, Tanya Hunigan
1:44.96	4 URBANDALE	Jaclyn Houghton, Sarah Turner Rachel Buescher, Diane Stratton
1:47.87	5 CR JEFFERSON	Sarah Wieneke, Lacy Blackhawk Krista Johnson, Dena Johnson
1:48.84	6 MUSCATINE	Kelly McConnaha, Colleen Schmitt Becca Aull, Marisol Santana
1:49.93	999 IOWA CITY WEST	Chineze Enekwechi, Jill Coan Misa Nakato, Keri Koser
DQ1:51.04	999 CLINTON	Lindsey Larson, Tracy Hayton Shauna Geronzin, Heather Covel
DQ1:51.36		
HEAT 2		
	1 AMES	Tolu Fadeyi, Erin Maysent Jessica Wray, Amber Engelen
1:43.98	2 IOWA CITY HIGH	Angie Madlock, Kelli Chesnut Nicole Gatens, Kristin Knight
1:44.02	3 CR PRAIRIE	Katie George, Emily Riggle Tina Klith, Fiona Asigbee
1:45.35	4 SPENCER	Amanda Hentges, Sara Hornby Amy Wigen, Niki Jacobsen
1:48.68	5 NEWTON	Shelley Wright, Amanda Thomason Becky Bartello, Abby Townsend
1:48.84	6 SIOUX CITY WEST	Jana Irvin, Trayla Ramsey Erin Steffe, Kris Jenkins
1:51.25	7 INDIANOLA	Mary Woltz, Jennifer Campbell Kristin Lickiss, Aly Mikulanec
1:51.77	8 DUBUQUE SENIOR	Melissa Millman, Sabrina Weidenbacher Niki Munson, Liz Kaune
1:52.35		
HEAT 3		
	1 ANKENY	Amber Moton, Stephanie Pearce Cori Verbeski, Erica Junod
1:44.17	2 OTTUMWA	Lori Rowland, Jamie Dalbey Kim Couch, Hillary Reed
1:44.76	3 DUBUQUE HEMPSTEAD	Laura Uthe, Brooke Gentzler Katie Meyer, Amy Comer
1:48.51		

4	SOUTHEAST POLK	Tonya Hegland, Casee Constable Emily Johnson, Tesi Dawson	
1:49.39			
5	WDM DOWLING	Brook Haege, Melissa Dale Jena Murray, Temmy Reavis	
1:49.40			
999	PLEASANT VALLEY		DNF
999	WDM VALLEY	Alisha Menzies, Kristin Flood Christie Muenzenberger, Valerie Lucas	DNF
999	SIOUX CITY HEELAN	Julie Moeller, Sara Heying Laura Keane, Jill Fisher	
DQ1:47.77			

4x400-METER RELAY

1	INDIANOLA	Stephanie Suntken 59.5, Dondra Nichols 61.0 Nicole Bergman 61.1, Lacey Adams-Brown 56.4	
3:57.96			
2	IOWA CITY HIGH	Kelli Chesnut 60.1, Kelly Triplett 59.9 Teesa Price 60.4, Keely Barnett 58.7	
3:59.20			
3	DAVENPORT NORTH	Allison Harris 60.3, Ivory Lacy 61.9 Tanya Hunigan 58.6, Akilah Easter 60.5	
4:01.35			
4	WDM VALLEY	Christie Muenzenberger 59.8, Kristin Flood 60.8 Emily Borchardt 64.3, Cari Hoeman 57.7	
4:02.63			
5	PLEASANT VALLEY	Teresa Grothus 60.0, Mindy Reynolds 61.1 Jessie Adams 61.2, Kristin Hulbert 60.3	
4:02.69			
6	SIOUX CITY HEELAN	Alissa Koerner, Michelle Benson Jill Fisher, Julie Moeller	
4:03.17			
7	DUBUQUE SENIOR	Mary Garrett, Erin Strub Jenna Specht, Nicole Dougherty	
4:05.98			
8	WAVERLY-SHELL ROCK	Rochelle Anderson, Alyssa Rost Hannah Olson, Joy Dorenkamp	
4:06.02			
HEAT 1			
1	INDIANOLA	Stephanie Suntken 60.3, Dondra Nichols 62.3 Nicole Bergman 61.1, Lacey Adams-Brown 55.6	
3:59.27			
2	WDM VALLEY	Christie Muenzenberger 60.5, Kristin Flood 60.6 Emily Borchardt 61.4, Cari Hoeman 57.3	
3:59.81			
3	IOWA CITY HIGH	Kelli Chesnut 60.7, Kelly Triplett 60.9 Teesa Price 59.2, Keely Barnett 60.0	
4:00.80			
4	SIOUX CITY HEELAN	Alissa Koerner 61.5, Michelle Benson 60.8 Jill Fisher 60.7, Julie Moeller 59.1	
4:02.12			
5	JOHNSTON	Tenisha Davis, Heidi Kiester	

		Kelly Clarkson, Kyla Kiester
4:11.02	6 DUBUQUE WAHLERT	Lisa Tranel, Amanda Miller Amanda Hohmann, Laura Binz
4:13.47	7 DENISON-SCHLESWIG	Tara Boeck, Jessica Shives Jen Jepsen, Katie Lokken
4:13.89	8 DAVENPORT WEST	Aimee Anderson, Lindsey Ekblad Evelena Ornelas, Christine Vastine
4:17.33		
HEAT 2		
1 PLEASANT VALLEY		Teresa Grothus, Mindy Reynolds Jessie Adams 60.4, Kristin Hulbert 60.1
4:01.36	2 DUBUQUE SENIOR	Mary Garrett 59.4, Erin Strub 62.1 Jenna Specht 61.4, . Nicole Dougherty 59.4
4:02.31	3 DM ROOSEVELT	Christine Atkins. Christine Devore Ronnie Caldwell, Kristin Cavanagh 60.3
4:02.95	4 CEDAR FALLS	Kara Hulse 61.6, Jamie Nemmers 62.9 Nicole Doeden 62.0, Kelly Wenndt 59.4
4:05.17	5 NEWTON	Andrea Van Sickle, Amanda Manatt Abby Townsend, Amanda Thomason
4:05.87	6 CLINTON	Cristy Callahan, Renee Waddell Shauna Geronzin, Michelle Larson
4:11.19	7 DES MOINES HOOVER	Christy Meade, Maggie Beavers Tara Taylor, Stephanie Mann
4:11.86	8 OTTUMWA	Kim Couch, Shannon Leonard Amber Morrow, Jenny Rathe
4:15.66		
HEAT 3		
1 DAVENPORT NORTH		Allison Harris 60.2, Ivory Lacy 60.6 Tanya Hunigan 59.9, Akilah Easter 59.5
4:00.22	2 WAVERLY-SHELL ROCK	Rochelle Anderson, Alyssa Rost Hannah Olson. Joy Dorenkamp
4:02.37	3 MARSHALLTOWN	Teresa Wauters 63.7, Jessica Huff 60.3 Kirstin Bermudez 60.9, Nicole Chizek 57.8
4:02.75	4 CR REGIS-LASALLE	Marie Zach 61.6, Emily Putman 63.1 Carrie Van Sickel 60.9, Maria Johnson 59.5
4:04.10	5 AMES	Claire Gilchrist 61.8, Tiffany Belz 63.9 Krista Roosa 63.5, Molly McNertney 62.0
4:11.32	6 PELLA	Holly Goodyk, Steph Brown Amy Steenhoek, Jenny Versluys
4:13.07		

7 URBANDALE Susie Tofte, Rachel Buescher
Jenny Reiter, Diane Stratton
4:14.27
8 CR PRAIRIE Lisa Ungerer, Esther Stephen
Tauni Mackey, Melissa Lanphere
4:19.78

4x800-METER RELAY

1 PLEASANT VALLEY Teresa Grothus 2:20.8, Kristin Hulbert 2:24.2
Julie Wuorinen 2:24.4, Jessie Adams 2:22.6
09:32.08
2 CEDAR FALLS Jocelyn Schaefer 2:24.5, Alex Cook 2:25.7
Ashley Kunkle 2:23.8, Sarah Gray 2:18.3
09:32.36
3 MARSHALLTOWN Jessica Huff 2:18.5, Kirstin Bermudez 2:25.9
Jenni Markham 2:30.4, Nicole Chizek 2:26.6
09:41.52
4 ANKENY Windy Clark 2:25.2, Lindsey Leonard 2:23.0
Kelsey Singletary 2:28.0, Michelle Kaiser 2:26.4
09:42.61
5 CLINTON Jama Clark 2:25.9, Renee Waddell 2:23.6
Katie Weed 2:26.5, Michelle Larson 2:27.4
09:43.39
6 SIOUX CITY HEELAN Mandi Blatchford, Jenny Small
Sara Heying, Katie Berger
09:46.91
7 INDIANOLA Abbie Archibald 2:23.6, Kelly Sinclair 2:30.1
Sara Luse 2:30.9, Nicole Bergman 2:25.0
09:49.63
8 URBANDALE Jenny Reiter 2:23.7, Sarah Gosselink 2:26.5
Kelli Best 2:29.4, Lindsay Carpp 2:30.5
09:50.14
9 BETTENDORF Cheyenne Aguilar 2:32.8, Renae Begyn 2:27.9
Ann Ruffcorn, Amanda Moeller
09:53.48
10 WAVERLY-SHELL ROCK Hannah Olson, Tricia Coleman
Colleen Bubb, Megan Magnall
09:54.30
11 SPENCER Amy Wedel, Jamie Veiseth
Natalie Anderson 2:28.8, Chelsi Auen 2:27.5
09:54.41
12 DUBUQUE SENIOR Jenna Specht 2:27.6, Sarah Willems 2:29.3
Jennifer Fridlund 2:31.9, Sarah Lepp 2:26.5
09:55.22
13 CR REGIS-LASALLE Marie Zach, Mary Hays
Renae Raap, Amanda Glynn
09:55.35
14 FORT MADISON Kate Basham, Katie Glasgow
Brooke Hardin, Megan Rehm 2:22.6
09:55.37
15 CR PRAIRIE Melicia Patik 2:29.6, Lisa Ungerer 2:29.3
Laura Ballard 2:28.6, Esther Stephen 2:29.6
09:57.17

16	NORTH SCOTT	Amanda Edlund, Carrie Shannon Jamie Payne, Angie Wakefield
09:57.90		
17	NEWTON	Stacy Paget, Andrea Van Sickle Leah Pollastrini, Nicole Brooks
09:57.97		
18	CB ABRHAM LINCOLN	Andrea Lapham, Melissa Hough Jeannie Mayotte, Sarah Hough
10:02.93		
19	WDM VALLEY	Kristin Flood, Leah Lemale Becca Synhorst, Lexi Isaacson
10:07.97		
20	DENISON-SCHLESWIG	Katie Lokken, Melissa Coleman Sara Mendlik, JoAnn Ford
10:09.82		
21	PELLA	Holly Goodyk, Keri De Prenger Steph Brown, Amy Steenhoek
10:11.32		
22	IOWA CITY HIGH	Anne Heefner, Jenny Mulder Molly Meng, Lindsey Wetzel
10:15.65		
23	DUBUQUE WAHLERT	Emily Komiskey, Kate Weeber Jenny Klein, Lisa Tranel
10:18.76		
24	FAIRFIELD	Emily Sieber, Jill Engbrecht Niki Sieber, Beth Brown
10:25.04		
SPRINT MEDLEY RELAY		
1	INDIANOLA	Mary Woltz, Holly Warren Stephanie Suntken, Lacey Adams-Brown
1:48.25		
2	WVDM VALLEY	Alisha Menzies, Angie Maupin Christie Muenzenberger, Cari Hoeman
1:48.79		
3	DAVENPORT NORTH	Lakeisha Lee, Destiny Sisk Ivory Lacy, Allison Harris
1:48.98		
4	IOWA CITY HIGH	Angie Madlock, Erica Davis Kelli Chesnut, Teesa Price
1:48.99		
5	WAVERLY-SHELL ROCK	Alisa Steffen, Jenny Kapler Katie Clipperton, Holly Dorenkamp
1:49.77		
6	ANKENY	Stephanie Pearce, Erica Junod Amber Moton, Cori Verbeski
1:51.13		
7	DAVENPORT CENTRAL	Melissa Conklin, Korie Phillips Josie Campese, Wendy Shaw
1:51.92		
8	CR REGIS-LASALLE	Casey Novy, Carrie Van Sickle Leilani Smith, Maria Johnson
1:52.36		
HEAT 1		
1	INDIANOLA	Mary Woltz, Holly Warren

		Stephanie Suntken, Lacey Adams-Brown 55.7
1:47.90	2 IOWA CITY HIGH	Angie Madlock, Erica Davis Kelli Chesnut, Teesa Price 58.6
1:49.99	3 DAVENPORT NORTH	Lakeisha Lee, Allison Harris Destiny Sisk, Ivory Lacy 58.7
1:50.77	4 CR REGIS-LASALLE	Casey Novy, Carrie Van Sickel Leilani Smith, Maria Johnson 58.1
1:50.85	5 OSKALOOSA	Sarah Sinclair, Sarah Wellings Sarah Harned, Candi Jones 58.9
1:51.80	6 AMES	Johanna DeWinter, Erin Johnson Tolu Fadeyi, Erin Maysent 58.8
1:52.06	7 FAIRFIELD	Sara Rebling, Megan Kaska Sami Allison, Aimee Heisel
1:54.93	8 MUSCATINE	Kelly McConnaha, Katie Brooker Becca Aull, Marisol Santana
1:56.50		
HEAT 2		
	1 ANKENY	Stephanie Pearce, Erica Junod Amber Moton, Cori Verbeski 58.7
1:50.31	2 WAVERLY-SHELL ROCK	Alisa Steffen, Jenny Kapler Katie Clipperton, Holly Dorenkamp 58.5
1:50.35	3 JOHNSTON	Penny Nichols, Amy Young Heidi Kiester, Kyla Kiester 59.5
1:52.56	4 DUBUQUE WAHLERT	Lisa Walker, Sadie Uthe Theresa Kelly, Laura Binz 60.6
1:52.69	5 MOUNT PLEASANT	Lindsey Sinn, Channy Dary Lisa Naab, Kristin Kelly
1:53.09	6 MARSHALLTOWN	Karen Saylor, Diane Gaskill Jessie Noid, Katie Croker 63.7
1:56.49	7 SIOUX CITY HEELAN	Mandi Blatchford, Jenny Small Laura Keane, Katie Berger
1:58.45	8 WDM DOWLING	Brook Haege, Michelle Marcouiller Melissa Dale, Angie Brees 64.8
1:58.87		
HEAT 3		
	1 WDM VALLEY	Alisha Menzies, Angie Maupin Christie Muenzenberger, Cari Hoeman 58.6
1:51.52	2 DAVENPORT CENTRAL	Melissa Conklin, Korie Phillips Josie Campese, Wendy Shaw 59.1
1:51.68		

3	CEDAR FALLS	Theresa Liu, Anna Ziegenhorn Kelly Wenndt, Kara Hulse 60.0	
1:52.20			
4	PELLA	Stacey Van Vark, Wendy Marlow Andrea Roush, Jenny Versluys 59.0	
1:52.31			
5	WATERLOO EAST	Keya Jackson, Nicole Sallis Rasheedah Jones, Natalie Curran 61.4	
1:53.85			
6	CR PRAIRIE	Carissa Salwey, Lindsey Rudd Katie George, Emily Riggle	
1:56.18			
7	MASON CITY	Heather Coburn, Krystal Berding Lena Hoard, Cassie Broome	
1:57.45			
999	DM ROOSEVELT	Arena Butts, Lo Lo Jones Taylor Ewald, Christine Devore 59.9	DQ-
1:51.85			
DISTANCE MEDLEY RELAY			
1	WDM DOWLING	Jena Murray, Melissa Dale Tammy Reavis 58.7, Katie Reichardt 2:16.7	
4:08.89			
2	CEDAR FALLS	Kara Hulse, Anna Ziegenhorn Kelly Wenndt 59.1, Jocelyn Schaefer 2:17.1	
4:10.21			
3	IOWA CITY HIGH	Nicole Gatens, Kelly Triplett Anessa Sloan 60.7, Keely Barnett 2:15.6	
4:10.33			
4	DES MOINES HOOVER	Christy Meade, Maggie Beavers Tara Taylor, Stephanie Mann	
4:10.73			
5	DAVENPORT CENTRAL	Melissa Conklin, Janelle Hester Josie Campese, Wendy Shaw	
4:12.35			
6	DM ROOSEVELT	Taylor Ewald, Kristin Cavanagh Christine Devore, Christine Atkins	
4:12.61			
7	BETTENDORF	Abbey Nimmer, Shley Guffey Christa Teplicky, Ann Ruffcorn	
4:14.88			
8	SIOUX CITY HEELAN	Jill Fisher, Sara Heying Julie Moeller 59.6, Michelle Benson 2:23.4	
4:15.31			
9	PLEASANT VALLEY	Adrea Hensel, Mindy Reynolds Kristin Hulbert 60.4, Jessie Adams 2:20.0	
4:15.65			
10	AMES	Johanna DeWinter, Erin Johnson Krista Roosa 62.5, Claire Gilchrist 2:19.5	
4:16.55			
11	URBANDALE	Jaclyn Houghton, Sarah Turner Rachel Buescher, Jenny Reiter	
4:19.36			
12	PELLA	Andrea Roush, Wendy Marlow Jenny Versluys 59.3, Amy Steenhoek 2:26.3	
4:19.60			
13	WAVERLY-SHELL ROCK	Alisa Steffen, Alyssa Rost	

		Hannah Olson, Megan Magnall	
4:19.61	14 BURLINGTON	Haley Beyer, Sara Sudbeck Amy Oleson 62.1, Amanda Stiefel 2:24.0	
4:20.14	15 DENISON-SCHLESWIG	Jessica Shives, Pam Hargens Jen Jepsen, Katie Lokken	
4:20.84	16 LEWIS CENTRAL	Molly Parrott, Jennifer Keefe Nikki Poloncic 64.8, Karen McCormick	
2:23.54:22.71	17 OTTUMWA	Amber Morrow, Kim Couch Shannon Leonard, Jenny Rathe	
4:24.94	18 SPENCER	Jami Willfong, Gretchen Vetter Jill Hoffman 64.0, Molly Wedel 2:26.8	
4:24.99	19 CR REGIS-LASALLE	Casey Novy, Maura Pilcher Renaë Raap, Mary Hays	
4:26.59	20 DAVENPORT WEST	Marie Lewellen, Anna Friedrichs Lindsey Ekblad, Aimee Anderson	
4:27.22	21 DUBUQUE HEMPSTEAD	Katie Meyer, Tara Biedermann Laura Biedermann, Andria Salucka	
4:30.10	22 WATERLOO EAST	Rasheedah Jones, Nicole Sallis Natalie Curran 61.3, Allison Patterson	
2:284:31.31	23 IOWA CITY WEST	Abby Matthews, Alicia Reddick Melissa Matthews, Brittany Keith	
4:34.40	999 INDIANOLA	Mary Woltz, Dondra Nichols Nicole Bergman, Abbie Archibald	DNF
SHUTTLE HURDLE RELAY			
	1 AMES	Jessica Wray 15.8, Sarah Kitchell 16.3 Megan Popelka 16.4, Julie Ollila 14.6	
1:03.06	2 MOUNT PLEASANT	Lindsey Sinn 16.1, Shawna Shappell 17.4 Jennie Brauman 16.2, Dee Wear 14.4	
1:03.93	3 BURLINGTON	Liz Navntoft 16.6, Amy Oleson 16.7 Katie Boney 15.1, Vanessa Beyer 16.0	
1:04.42	4 IOWA CITY WEST	Jill Arganbright 16.2, Misa Nakato 15.9 Keri Koser 16.2, Kerri Scholl 15.7	
1:04.45	5 NEWTON	Jessi Dillman 16.3, Allison Kempenaar 16.7 Amanda Manatt 16.2, Jill George 15.3	
1:04.47	6 INDIANOLA	Holly Warren 16.7, Liz Cooper 15.3 Erica Cooper 17.0, Jenny Matzen 15.8	
1:04.82	7 CLINTON	Heather Covell 16.6, Cristy Callahan 16.2 Amanda Koester 16.7, Erin Land 15.4	
1:04.91			

8 DUBUQUE HEMPSTEAD Laura Uthe 15.8, Jenni Moser 17.5
Susan Baylor 15.9, Amy Comer 16.2
1:05.37

HEAT 1
1 BURLINGTON Liz Navntoft 16.3, Amy Oleson 17.4
Katie Boney 15.1, Vanessa Beyer 16.0
1:04.84
2 ANKENY Rachel Deirenfield 16.0, Traci Jones 16.9
Natalie Rose 16.6, Lynette Heinauer 15.9
1:05.47
3 WDM VALLEY Jennifer Maupin, Colleen Hogan
Heidi Hetzler, Cori Ambrose
1:07.74
4 MASON CITY Maria Hardinger, Kathy Squier
Emily Vold, April Vorwald
1:09.13

HEAT 2
1 CLINTON Heather Covell 16.9, Cristy Callahan 16.1
Amanda Koester 15.8, Erin Land 15.9
1:04.72
2 NEWTON Allison Kempenaar 16.0, Jessi Dillman 17.1
Amanda Manatt 16.2, Jill George 15.5
1:04.81
3 CR WASHINGTON Jodi Cobb, Robin Nurre
Jill Winegarden, Kiley Fidler
1:08.94
999 DUBUQUE WAHLERT Beth Herbst, Melanie Spiegel
Aimee Reichel, Kelly Pickel
dq1:08.57

HEAT 3
1 INDIANOLA Holly Warren 16.4, Liz Cooper 15.8
Erica Cooper 16.2, Jenny Matzen 16.2
1:04.60
2 CEDAR FALLS Theresa Liu 16.6, Jenny Mitchell 16.8
Kellie Smith 16.6, Jamie Nemmers 16.5
1:05.93
3 MARSHALLTOWN Jessie Bowman, Kendra Crow
Megan Miller, Ann Waters
1:08.87
4 OSKALOOSA Janelle Edmundson, Lindsey Fleener
Diana Moller, Sarah Harned
1:12.30

HEAT 4
1 AMES Jessica Wray 15.3, Sarah Kitchell 17.1
Megan Popelka 16.8, Julie Ollila 14.8
1:04.01
2 WAVERLY-SHELL ROCK Candace Ford, Joy Dorenkamp
Holly Long, Jenny Kapler
1:08.46
3 DUBUQUE SENIOR Lori Smothers 17.2, Tabethe Galle 18.1
Abbie Hoelscher 16.9, Lisa Boelk 17.5
1:09.76
4 DENISON-SCHLESWIG Jessica Shives, Lori Argotsinger

Pam Hargens, Maggie Gorman

1:10.18

HEAT 5

1 MOUNT PLEASANT Lindsey Sinn 16.2, Shawna Shappell 17.3
Jennie Brauman 16.2, Dee Wear 14.7

1:04.44

2 DUBUQUE HEMPSTEAD Laura Uthe 15.3, Jenni Moser 17.8
Susan Baylor 15.6, Amy Comer 16.6

1:05.33

3 WEST DELAWARE Angie Baumgartner, Kasey Hutchinson
Katie Johannes, Brenda Weibel

1:08.44

4 FORT MADISON Corinn Brockman, Erin Hope
Sara Wolf, Rhianna Vincent

1:11.21

HEAT 6

1 IOWA CITY WEST Jill Arganbright 15.8, Misa Nakato 16.4
Keri Koser 15.9, Kerri Scholl 17.0

1:05.18

2 PELLA Shelly McCulla, Angela Vander Werf
Christine Van Zante, Stacey Van Vark

1:07.03

3 IOWA CITY HIGH Katie Divelbiss, Jill Tiemeyer
Lisa Croker, Laura Haas

1:08.06

4 FAIRFIELD Megan Kaska, Julie Burnham
Kyra Kunkle, Mandy Thomas

1:09.87

WHEELCHAIR 100-METERS

1 Cheri Blauwet West Lyon JR 22.46 *
2 Susan Tillman Clarion-Goldfield JR 23.98

*-STATE MEET RECORD--old mark, 23.12, Cheri Blauwet, West Lyon, 1996

WHEELCHAIR 400-METERS

1 Cheri Blauwet West Lyon JR 1:16.16 *
2 Susan Tillman Clarion-Goldfield JR 1:28.52

*-STATE MEET RECORD--old mark, 1:22.19, Cheri Blauwet, West Lyon, 1996

WHEELCHAIR SHOT PUT

1 Susan Tillman Clarion-Goldfield JR 14'07"
2 Cheri Blauwet West Lyon JR 12'03