

District Meet, May 10, 2012

- 18 of 19 events qualified for the state meet including double qualifiers in the shot, 3000, 1500, 400 hurdles, 800
- 25 City High athletes qualified for the state meet!!

City High	Varsity
Shot Put (girls 1st)	Lehman- 39-5* (2nd) QUALIFIED Gustafson- 42-8* (1st) SCHOOL RECORD- QUALIFIED
Long Jump (girls 1st)	Washpun- 18-0.75* (1st) SCHOOL RECORD- QUALIFIED Ward- 15-6.25 (6th)
High Jump (girls 2nd)	Saehler- 5-0 (3rd) QUALIFIED Hartley- 4-8* (8th)
Discus (girls 2nd)	Lehman- 98-9 Gustafson- 129-6 (1st) QUALIFIED
3000 Meter Run	Arch- 11:17.19* (8th) QUALIFIED Shepherd- 11:04.60* (5th) QUALIFIED
4 x 800 Meter Relay	Richardson, Carman, Danielson, Langenfeld 2:19.9SB 2:22.1 2:22.7SB 2:28.7SB 9:34.01 SB (1st) QUALIFIED
Shuttle Hurdle Relay	Perez, Miller, Feeney, Ward 16.1 17.3 17.1 16.2 1:07.96 (4th) QUALIFIED
100 meter dash	Garza- 13.26* (4th) QUALIFIED H. Crew- 13.40* (6th)
Distance Medley	Kuddes, Hansche, Sullivan, Traore 26.1 28.3 58.5* 2:24.4 4:18.14 SB (3rd) QUALIFIED
400 Meter Dash	Omar- 61.53 SB (3rd) QUALIFIED Carroll- 65.18
4 x 200 Relay	Kuddes, Plock, Crew, Washpun 26.2 25.6 25.5SB 25.6 1:43.17 SB (1st) #4 ALL-TIME- QUALIFIED
100 Meter Hurdles	Ward- 16.28 (3rd) QUALIFIED Perez- 16.75* (7th)
800 Meter Run	Sammons- 2:25.35* (4th) QUALIFIED Carman- 2:20.68 SB (2nd) QUALIFIED
200 Meter Dash	H. Crew- 27.61* (4th) Omar- 27.84* (8th)
400 Meter Hurdles	Plock- 64.84 (1st) QUALIFIED Garza- 67.22* (2nd) QUALIFIED
Sprint Medley Relay	Crew, Hansche, Washpun, Danielson 13.2 12.5 25.5 58.4* 1:50.04 SB (1st) QUALIFIED
1500 Meter Run	Beasley- 4:52.91* (3rd) #10 ALL-TIME- QUALIFIED Richardson- 4:46.92 SB (1st) QUALIFIED
4 x 100 Meter Relay	Kuddes, Plock, Crew, Washpun 12.4 12.0 12.1 12.3 49.27 SB (2nd) #2 ALL-TIME- QUALIFIED
4 x 400 Meter Relay	Sullivan, Crew, Traore, Carman 61.7 60.5 60.4* 61.8 4:04.94 (2nd) QUALIFIED

Team Scores: City High- 184.5, West- 164.5, Kennedy- 109.5, Linn-Mar- 99, Prairie- 54, Xavier- 51, Ottumwa- 39.5, Burlington- 34