



# CITY HIGH GIRLS TRACK AND FIELD 2014



MVC DIVISIONAL MEET THURSDAY MAY 8<sup>TH</sup> @ WE  
City High, Waterloo East, Waterloo West, CR Washington, CR  
Prairie, Dubuque Hempstead, CR Xavier

VARSITY

Varsity/JV

JV

L J	Franklin 14-09.5 5th	Roerman 15-09* 4th				Lindaman 15-02.5* 1st			
H J	<b>Gamamou</b> 5-01 1st	Vanderhoef 4-10 4th							
Shot Put	Stamp 33-02 6th	<b>Murphy</b> 34-09* 5th				Kuepker 27-00* 5th			
Discus	Stamp 86-05* 5th	Murphy 96-10 3rd				Kuepker 60-07 5th			
3000M	<b>Arch</b> 10:56.57 3rd	<b>Bywater</b> 11:10.99* 4th				O Parrott 12:16.04 SB 2nd	Chadwick 11:38.92 1st		
4X8	Brands 2:31.3	Verdick 2:33.4	Morrow 2:37.7	Smith 2:35.5	10:18.17 2nd 10:59.63 2nd	Hansen 2:34.5*	Joens 2:47.3	L Parrott 2:41.5	Goss 2:56.2*
SHR	Thompson 18.4	Windschitl 18.1	Roerman 18.4	Blowers 17.3*	1:12.44 4th 1:22.74 1st	Flanagan 18.9	Durian 20.1	Caris 20.6	Lindaman 23.2
100M	Johnson 13.56 5th	Franklin 14.34				Ali 15.52	Roggeveen 14.69		
DMR	G Brown 27.9*	Blowers 28.3	A Traore 64.5*	<b>F Traore</b> 2:29.3	4:30.32 3rd 4:45.00 1st	Caris 28.5	Chadwick 32.5	Bila 67.1*	B Brown 2:36.8*
400M	<b>Plock</b> 59.04 1st	<b>Shepherd</b> 62.29* 5th				Noack 76.84*	Joens 69.16 4th		
4X200	<b>Johnson</b> 26.7SB	<b>MDeprenger</b> 27.5	<b>Hanrahan</b> 26.9	<b>SDeprenger</b> 27.5	1:49.04 4th 1:58.85 3rd	Caris 28.8	Roggeveen 29.5*	L Parrott 28.2*	Pagan 31.8
100H	Roerman 18.63	Windschitl 17.88 5th				Thompson 18.57 5th	Flanagan 18.68		
800M	<b>Arch</b> 2:25.54	<b>Shepherd</b> 2:23.36 1st				McCormick 2:37.70 1st	A Traore 2:38.92 2nd		
200M	<b>Plock</b> 27.46 SB 3rd	G Brown 29.48				Roggeveen 30.49 4th	Ali 33.49		
400H	<b>M Deprenger</b> 1:10.33 SB 2nd	Roerman 1:20.60 5th				Flanagan 1:17.35 1st	Durian 1:28.72 5th		
SMR	Johnson 13.6	Franklin 13.7	Hanrahan 26.6	Blowers 65.4	1:59.78 5th 2:05.99 2nd	Thompson 14.0	Ali 15.5	Pagan 29.8*	L Parrott 66.2
1500	B. Brown 5:18.57	<b>Brands</b> 5:07.00*2nd				Morrow 5:29.14 2nd	Hansen 5:19.28 1st		
4x100	Johnson 13.5	Franklin 12.9	Hanrahan 12.8	Plock 12.7	51.88 4th 57.09 5th	Caris	Windschitl	Roggeveen	Lindman
4x400	M Deprenger 62.6 SB	Gamamou 62.9	SDeprenger 65.1	<b>Shepherd</b> 61.3*	4:12.18 2nd 4:23.83 1st	G Brown 63.9*	F Traore 63.9	McCormick 68.2	Smith 67.4*

SB=Seasons Best, **Red= Standard of Excellence**, \* Personal Record, # issue with handoffs or start

Varsity: **CHS 137**, CR Prairie 114, Dub. Hempstead 95.50, CR Washington 79, Waterloo East 73.50, Waterloo West 49, CR Xavier 39

JV: CR Prairie 163, **CHS 144**, CR Washington 58, Dub. Hempstead 54, Waterloo East 43, Waterloo West 42, CR Xavier 40