



CITY HIGH GIRLS TRACK AND FIELD 2016



QC INDOOR MARCH 1st and 2nd

EXCUSED AT 1:15 BUS DEPARTS AT 1:30

2 entries per individual event, 1 varsity relay, 1 B relay- Scoring Varsity- 10-8-6-4-2-1-, B relays- 8-6-4

Long Jump (WED)	Cooper 4th 15' 8" *					
High Jump (WED)	Vanderhoef 4' 4"					
Shot Put (WED)	Kuepker 24' 9"	Murphy 33' 6" 6th				
3:45 4 X 200 B	Swenning 29.8*	DeNeice 29.9*	Washington 31.3*	Dailey 29.7*	4th	2:00.98
4 x 200 A	M Deprenger 28.7	Cooper 28.4*	S Deprenger 28.4	Johnson 27.7	4th	1:53.42
4 X 800 A	Smith 2:35.6	Verdick 2:38.5	Jones 2:37.7*	Morrow 2:53.5	7th	10:45.52
55 M Hurdles	Swenning 10.92	Dailey 10.24				
55 M Dash		M Deprenger 7.91				
4 X 800 B	Nyamboneka 2:53.9*	L. Parrott 2:51.4	Noack 3:02.8	Damhorst 3:29.4	7th	12:17.91
400 M	A Traore 1:10.92	Pienta 1:13.34				
1600 M	Hecker 5:59.35*	Brands 5:56.76*				
200 M	Dailey 30.20*	Swenning 30.74*				
4 X 400 B	O'Malley 1:13.9*	Washington 1:13.4*	Cooper 1:09.5*	DeNeice 1:13.7*	5th	4:50.91
4 x 400 VARSITY	F Traore 1:07.9	S Deprenger 1:06.5	M Deprenger 1:05.8	Johnson 1:08.8	5th	4:29.20