



CITY HIGH GIRLS TRACK AND FIELD 2014
STATE QUALIFYING MEET @ DUBUQUE SENIOR
THURSDAY MAY 15TH



LONG JUMP G/B	Washpun Q 18-00.75 1ST	Roerman 15-05.00			
HIGH JUMP B/G	Joens Q 5-0	Williamson NH			
SHOT PUT G/B	Lehman Q 37-07.50 SB 4TH	Embery 34-04.75			
DISCUS B/G	Lehman Q 115-11.50 SB 2ND	Wortman ND			
3000M	Carman Q 10:27.29* 1ST	Appleby 11:37.41* 8TH			
4X800 B/G	Shepherd 2:24.8*	Sammons 2:29.3	Verdick 2:32.0*	S Traore 2:25.5 SB	Q 9:51.86 1ST
SHR G/B	Miller 17.3	Thompson 18.2	Windschitl 17.4	Blowers 17.7	Q 1:11.10 5TH
100M	Hanrahan 13.77	Alderson 13.69			
DMR	Johnson 27.0	Blowers 32.3	F Traore 64.9	Arch 2:24.8	Q 4:29.96 6TH
400M	Plock Q 57.40* 1ST	Thomson 1:09.53			
4X200	Johnson 27.2	Crew 28.1	Deprenger 26.9	Washpun 25.5 SB	Q 1:48.31 1ST
100M H	Miller 17.71	Windschitl 17.77			
800M	Verdick 2:40.24	S Traore Q 2:28.91 2ND			
200M	Crew Q 27.10* 2ND	Joens 29.98			
400M H	Plock Q 1:04.21 1ST	Sammons Q 1:11.60 5TH			
SMR	Johnson 13.4	Washpun 12.9	Crew 26.7	Deprenger 60.7	Q 1:54.77 2ND
1500M	Carman Q 4:53.08 SB 1ST	Arch 5:18.08 7TH			
4X100	Johnson 13.0	Plock 12.8	Hanrahan 12.6	Washpun 12.8	Q 51.24 2ND
4X400	S Traore 61.8	Plock 62.2	Crew 61.7*	F Traore 64.3	Q 4:10.69 2ND

SB=Seasons Best, Red= Standard of Excellence, * Personal Record, # issue with handoffs or start

TEAM SCORES: ICW 148, **CITY HIGH 147**, CR KENNEDY 91, CR PRAIRIE 89, DUB HEMPSTEAD 77, DYB SENIOR 71, CR WASHINGTON 68, CLINTON 48