

## Iowa Girls &amp; Boys 4A Qualifying Track Meet - 5/14/2015

5/14/2015

## Results - 4A District Track &amp; Field Events

## Event 7 Girls 100 Meter Dash 4A

Lane Name	Yr	Team	Finals
<b>Finals</b>			
1 Blue, Jasmine	11	CRJ	12.56
2 Ward, Mariah	10	CRW	12.98
3 Waller, Amarri	11	CRK	12.99
4 Johnson, Jayla	09	CRW	13.16
5 Ramsey, Kira	11	LNM	13.17
6 Johnson, Delaney	11	ICC	13.49
7 Sheehy, Erin	11	OTTU	13.73
8 Thompson, Kendall	11	LNM	13.74
9 Bauer, Ally	10	ICW	13.84
10 Beard, Malorie	11	CRJ	13.94
11 Hoefft, Rachel	09	ICW	14.00
12 Franklin, Malika	10	ICC	14.05
13 Smith, Meghan	11	CRK	14.33
14 Rickett, Maddison	11	MAR	15.35
15 McDonald, Katleyn	11	MAR	16.35

## Event 15 Girls 200 Meter Dash 4A

Lane Name	Yr	Team	Finals
<b>Finals</b>			
1 Schneekloth, Lucy	12	CRJ	26.39
2 Sheehy, Erin	11	OTTU	27.59
3 Waller, Amarri	11	CRK	27.71
4 Basabe, Nia	10	ICW	27.91
5 Renner, Sarah	12	LNM	28.12
6 Hammack, Ellie	11	OTTU	28.35
7 Parrott, Lindsey	09	ICC	28.64
8 Sharma, Niki	12	LNM	28.73
9 Gryp, Breeyn	09	ICW	28.78
10 Wallace, Makenzie	12	CRW	28.90
11 Mazour, Megan	09	MAR	29.05
12 Beard, Malorie	11	CRJ	29.39
13 Brown, Grace	10	ICC	29.64
14 Feldman, Ciara	09	MAR	29.91
15 Knowling, Melinda	11	CRW	30.10

## Event 23 Girls 400 Meter Dash 4A

Lane Name	Yr	Team	Finals
<b>Finals</b>			
1 Wensel, Payton	09	LNM	56.15
2 Plock, Sarah	12	ICC	57.36
3 Saville, Maddie	12	LNM	59.92
4 Benedict, Emilee	12	ICW	1:02.09
5 Belew, McKayla	10	CRJ	1:02.14
6 Traore, Aminata	11	ICC	1:03.14
7 Green, Tiara	09	ICW	1:03.88
8 Holmstedt, Maddy	09	CRK	1:05.97
9 Averhoff, Jenna	12	CRK	1:06.09
10 Adkinson, Shyanne	09	OTTU	1:08.81
11 Estrada, Guadalupe	11	MAR	1:09.00
12 Woudenberg, Alexandra	09	OTTU	1:13.23

## Event 31 Girls 800 Meter Run 4A

waterfall start			
Name	Yr	Team	Finals
<b>Finals</b>			
1 Jenks, Stephanie	11	LNM	2:15.89
2 Nock, Bailey	09	ICW	2:20.41
3 Decker, Amber	11	LNM	2:20.69
4 Blagg, Rachel	12	MAR	2:22.71
5 Arch, Mary	10	ICC	2:23.24
6 Saunders, Tia	11	ICW	2:24.65
7 Smith, Addy	09	ICC	2:29.73
8 Sheets, Sierra	11	CRW	2:31.49
9 Altemeier, Sarah	09	CRW	2:32.83
10 Joyner, Kayla	10	CRK	2:34.95
11 Hargrove, Adriana	10	CRJ	2:37.90
12 Rolwes, Emma	12	CRJ	2:37.93
13 Nus, Kate	10	CRK	2:45.38
14 Contreras, Raquel	11	OTTU	2:50.80
--- McCoy, Sam	10	OTTU	DQ

## Event 39 Girls 1500 Meter Run 4A

Waterfall Start			
Name	Yr	Team	Finals
<b>Finals</b>			
1 Jenks, Stephanie	11	LNM	4:44.66
2 Nock, Bailey	09	ICW	4:53.19
3 Garcia, Morgan	11	LNM	5:00.55
4 Hanna, Sarah	11	CRJ	5:05.47
5 Shepherd, Molly	12	ICC	5:09.79
6 Brands, Kinsee	09	ICC	5:10.41
7 Skopec, Gabby	10	ICW	5:12.01
8 Meyer, Lauren	12	CRK	5:12.76
9 Latham, Kylie	09	OTTU	5:25.23
10 Ely, Megan	11	CRJ	5:25.28
11 Throckmorton, Delaney	09	OTTU	5:32.55
12 Eck, Serena	09	CRW	5:48.35

## Event 47 Girls 3000 Meter Run 4A

Waterfall start			
Name	Yr	Team	Finals
<b>Finals</b>			
1 Jenks, Stephanie	11	LNM	10:39.84
2 Skopec, Gabby	10	ICW	10:54.53
3 Bywater, Emily	10	ICC	10:55.38
4 Latham, Kylie	09	OTTU	11:07.80
5 Ronnebaum, Claire	09	ICW	11:08.63
6 Hansen, Mollie	10	ICC	11:15.25
7 Johnston, Sydney	12	LNM	11:42.98
8 Eck, Serena	09	CRW	11:55.15
9 Throckmorton, Delaney	09	OTTU	11:55.77
10 Green, Olivia	10	CRK	12:06.49
11 Manders, Emily	11	CRK	12:10.67

## Event 55 Girls 100 Meter Hurdles 4A

33" hurdles			
Lane Name	Yr	Team	Finals
<b>Finals</b>			
1 Welch, Valerie	10	ICW	15.49
2 Ranschau, Abilene	11	CRJ	15.50
3 Taylor, Amara	10	CRW	16.06
4 Young, Grace	11	ICW	16.67
5 Trosky, Ellie	11	CRJ	17.34
6 Windschitl, Elke	11	ICC	17.50
7 Lovell, Jayden	10	CRK	17.59
8 Nelson, Alexis	10	OTTU	17.69
9 Eades, Lindsey	12	CRK	17.78
9 Eniola, Vanessa	09	CRW	17.78
11 Wiley, Madi	10	OTTU	18.16
12 Fuhrmann, Melanie	09	LNM	18.21
13 Roerman, Anna	10	ICC	18.41
14 Heddens, Carrie	10	MAR	18.95
15 Hartzler, Elli	10	LNM	19.10

## Event 60 Girls 400 Meter Hurdles 4A

30" hurdles			
Lane Name	Yr	Team	Finals
<b>Finals</b>			
1 Plock, Sarah	12	ICC	1:03.46
2 Jenks, Stephanie	11	LNM	1:05.62
3 Welch, Valerie	10	ICW	1:05.92
4 Taylor, Amara	10	CRW	1:09.82
5 Scott, Jasmine	12	MAR	1:10.19
6 Simons, Jaclyn	10	LNM	1:13.00
7 Flanagan, Marleigh	09	ICC	1:15.53
8 Lovell, Jayden	10	CRK	1:17.46
9 Lawson, Morgan	09	OTTU	1:20.98

## Event 69 Girls 4x100 Meter Shuttle Hurdle 4A

33" hurdles			Relay	Finals
Lane Team	Relay	Finals		
<b>Finals</b>				
1 IC, West		1:07.90		
Young, Grace 11	Roudabush, Haley 12			
Noibi, Kia 09	Welch, Valerie 10			
2 CR Jefferson		1:10.10		
Trosky, Ellie 11	Kitterman, Sam 11			
Coyle, Hanna 09	Anderson, Autumn 10			
3 Ottumwa		1:10.50		
Wiley, Madi 10	Davis, Chloe 12			
Reed, Dani 12	Nelson, Alexis 10			
4 CR Washington		1:10.63		
Arnold, Keitasha 12	Eniola, Vanessa 09			
Triplett, Arianna 11	Taylor, Amara 10			
5 IC, City High		1:11.55		
Roerman, Anna 10	Thompson, Stella 12			
Windschitl, Elke 11	Blowers, Sara 12			
6 CR Kennedy		1:12.38		
Eades, Lindsey 12	McAllister, Natalie 09			
Peterson, Alexis 09	Lovell, Jayden 10			

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Results - 4A District Track & Field Events

**Finals ... (Event 69 Girls 4x100 Meter Shuttle Hurdle 4A)**

---	Linn-Mar	DQ
	Simons, Jaclyn 10	Fuhrmann, Melanie 09
	McNeese, Chloe 09	Hartzler, Elli 10

**Event 76 Girls 4x100 Meter Relay 4A**

Team	Relay	Finals
<b>Finals</b>		
1	CR Jefferson	49.37
	Schneekloth, Lucy 12	Ranschau, Abilene 11
	Meese, Morgan 12	Blue, Jasmine 11
2	CR Washington	50.63
	Glover, Trinity 09	Ward, Mariah 10
	Taylor, Amara 10	Johnson, Jayla 09
3	Linn-Mar	51.01
	Rolle, Ariana 09	Ramsey, Kira 11
	Simons, Jaclyn 10	Lorenz, Brooke 11
4	IC, City High	51.08
	Johnson, Delaney 11	Plock, Sarah 12
	Hanrahan, Bryn 10	Gamamou, Rose 11
5	Ottumwa	52.86
	Sheehy, Erin 11	Bitner, Hope 12
	Cain, Brittaney 10	Weilbrenner, Elle 09
6	CR Kennedy	53.13
	Drahn, Tianna 11	Rose-Johnson, Jurnee 09
	McAllister, Natalie 09	Waller, Amarri 11
7	IC, West	53.89
	Gryp, Breeyn 09	Basabe, Nia 10
	Bauer, Ally 10	Hoef, Rachel 09
8	Marshalltown	55.74
	Garth, Deshonna 11	Steffenson, Tabbitha 11
	McClure, Karli 12	Heddens, Carrie 10

**Event 84 Girls 4x200 Meter Relay 4A**

Team	Relay	Finals
<b>Finals</b>		
1	CR Jefferson	1:41.95
	Ranschau, Abilene 11	Blue, Jasmine 11
	Meese, Morgan 12	Schneekloth, Lucy 12
2	CR Washington	1:48.55
	Ward, Mariah 10	Glover, Trinity 09
	Visser, Anne 11	Johnson, Jayla 09
3	IC, City High	1:49.99
	Johnson, Delaney 11	Hanrahan, Bryn 10
	Blowers, Sara 12	Gamamou, Rose 11
4	Linn-Mar	1:50.14
	Ramsey, Kira 11	Renner, Sarah 12
	Sharma, Niki 12	Lorenz, Brooke 11
5	Ottumwa	1:50.44
	Sheehy, Erin 11	Hammack, Ellie 11
	Weilbrenner, Elle 09	Thompson, Ashlyn 12
6	CR Kennedy	1:52.82
	Drahn, Tianna 11	Rose-Johnson, Jurnee 09
	McAllister, Natalie 09	Waller, Amarri 11

7	IC, West	1:53.45
	Gryp, Breeyn 09	Bauer, Ally 10
	Noibi, Kia 09	Hoef, Rachel 09
8	Marshalltown	1:55.00
	Garth, Deshonna 11	McClure, Karli 12
	Steffenson, Tabbitha 11	Underhill, Deasha 11

**Event 92 Girls 4x400 Meter Relay 4A**

Team	Relay	Finals
<b>Finals</b>		
1	Linn-Mar	4:01.96
	Saville, Maddie 12	Decker, Amber 11
	Saville, Hanna 10	Wensel, Payton 09
2	CR Jefferson	4:07.49
	Anderson, Autumn 10	Koenigsfeld, Meredith 11
	Kitterman, Sam 11	Bergmann, MiAsia 09
3	IC, City High	4:12.31
	DePrenger, Sydney 09	Gamamou, Rose 11
	Plock, Sarah 12	Traore, Fanta 11
4	IC, West	4:14.26
	Green, Tiara 09	Benedict, Emilee 12
	Gravelin, Micaela 10	Saunders, Tia 11
5	Ottumwa	4:14.97
	Hammack, Ellie 11	Thompson, Ashlyn 12
	Nelson, Alexis 10	Carter, Jaylin 10
6	Marshalltown	4:19.41
	Blagg, Rachel 12	Feldman, Ciara 09
	Mazour, Regan 09	Scott, Jasmine 12
7	CR Kennedy	4:29.74
	Siebenga, Kirsten 11	Holmstedt, Maddy 09
	Johnston, Cassidy 09	Green, Raquel 11
8	CR Washington	4:34.86
	Wallace, Makenzie 12	Sheets, Sierra 11
	Altemeier, Sarah 09	Knowling, Melinda 11

**Event 100 Girls 4x800 Meter Relay 4A waterfall start**

Team	Relay	Finals
<b>Finals</b>		
1	Linn-Mar	9:35.57
	Saville, Maddie 12	Hicks, Ally 10
	Saville, Hanna 10	Wensel, Payton 09
2	CR Jefferson	9:43.50
	Hanna, Sarah 11	Meyer, Caleigh 11
	Koenigsfeld, Meredith 11	Ely, Megan 11
3	IC, West	9:51.66
	Welch, Valerie 10	Moore, Olivia 09
	Skopec, Jessie 10	Saunders, Tia 11
4	IC, City High	9:53.96
	Brands, Kinsee 09	Arch, Mary 10
	Traore, Fanta 11	Verdick, Hailey 11
5	CR Kennedy	10:27.39
	Meyer, Lauren 12	Nus, Kate 10
	Meyer, Alissa 10	Feld, Laura 10
6	Ottumwa	11:26.92
	McCoy, Sam 10	Contreras, Raquel 11
	Duff, McKenna 10	Lawson, Morgan 09

**Event 114 Girls 800 Sprint Medley 4A 100/100/200/400**

Team	Relay	Finals
<b>Finals</b>		
1	CR Jefferson	1:49.20
	Schneekloth, Lucy 12	Meese, Morgan 12
	Ranschau, Abilene 11	Blue, Jasmine 11
2	Linn-Mar	1:53.98
	Rolle, Ariana 09	Wardell, Jasmine 11
	Ramsey, Kira 11	Saville, Hanna 10
3	IC, City High	1:56.64
	Johnson, Delaney 11	Hanrahan, Bryn 10
	Blowers, Sara 12	DePrenger, Maddie 11
4	CR Kennedy	2:01.06
	Borsay, Hannah 10	Smith, Meghan 11
	Johnston, Cassidy 09	Averhoff, Jenna 12
5	IC, West	2:02.31
	Roudabush, Haley 12	Young, Grace 11
	Noibi, Kia 09	Abram, Elisa 10
6	Marshalltown	2:05.37
	Garth, Deshonna 11	Steffenson, Tabbitha 11
	McClure, Karli 12	Underhill, Deasha 11
7	Ottumwa	2:06.85
	Davis, Chloe 12	Cain, Brittaney 10
	Hagstrom, Carrie 10	Adkinson, Shyanne 09
---	CR Washington	DQ
	Glover, Trinity 09	Ward, Mariah 10
	Johnson, Jayla 09	Visser, Anne 11

**Event 122 Girls High Jump 4A**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Lorenz, Brooke	11 LNM	5-02.00
2	Vanderhoef, Cyan	10 ICC	5-01.00
3	Bitner, Hope	12 OTTU	5-01.00
4	Beer, Kay	10 CRK	5-01.00
5	Mazour, Regan	09 MAR	5-00.00
6	Willis, Alex	10 ICW	4-10.00
6	Gamamou, Rose	11 ICC	4-10.00
8	Eades, Lindsey	12 CRK	4-08.00
8	Prohaska, Brianna	12 CRJ	4-08.00
---	Nickerson, Jami	12 OTTU	NH
---	Ross, Natalie	12 LNM	NH

**Event 130 Girls Long Jump 4A 3 preliminary jumps - Top 8 advance to finals**

**Final: 3 final jumps**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Rolle, Ariana	09 LNM	17-05.75
2	Eniola, Vanessa	09 CRW	17-04.50
3	Lorenz, Brooke	11 LNM	16-06.75
4	Drahn, Tianna	11 CRK	16-02.00
5	Noibi, Kia	09 ICW	16-01.25
6	Gravelin, Micaela	10 ICW	15-09.50
7	Beer, Kay	10 CRK	15-07.50

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**Results - 4A District Track & Field Events**

**Finals ... (Event 130 Girls Long Jump 4A)**

8	Roerman, Anna	10	ICC	15-06.00
9	Franklin, Malika	10	ICC	14-09.00
10	Carter, Jaylin	10	OTTU	14-04.00
11	Wiley, Madi	10	OTTU	13-04.50
---	Bergmann, MiAsia	09	CRJ	ND

**Event 138 Girls Discus Throw 4A**
**3 preliminary throws - Top 8 advance to finals**
**Final: 3 final throws**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Dusterhoft, Leah	10 ICW	124-05
2	Hughes, Sam	12 MAR	115-01.50
3	Makky, Zainab	11 ICW	114-07
4	Nietert, Lannie	12 LNM	114-07
5	Levy, Perisa	11 CRW	107-01
6	Carnahan, Maggie	12 MAR	102-04
7	Milbrath, Brinley	11 CRK	98-10
8	Knox, Bethany	12 OTTU	96-06.50
9	Martinez, Andrea	12 OTTU	93-10.50
10	Murphy, Luci	10 ICC	90-11
11	Stamp, Shannon	10 ICC	87-07
12	Schleder, Maddy	10 CRK	82-00
13	Stewart, Tayzha	09 CRW	81-03.50
14	Fuhrmann, Melanie	09 LNM	78-01.50
15	Thurmond, Shavian	10 CRJ	71-02.50

**Event 146 Girls Shot Put 4A**
**3 preliminary throws - Top 8 advance to finals**
**Final: 3 final throws**

Name	Yr	Team	Finals
<b>Finals</b>			
1	Nietert, Lannie	12 LNM	38-11.25
2	Haight, Chandler	09 ICW	38-00.75
3	Hughes, Sam	12 MAR	37-00.00
4	Makky, Zainab	11 ICW	36-01.00
5	Carnahan, Maggie	12 MAR	33-11.50
6	Knox, Bethany	12 OTTU	33-05.50
7	Feeney, Mariah	10 OTTU	32-06.00
8	Stamp, Shannon	10 ICC	32-04.00
9	Murphy, Luci	10 ICC	31-03.25
10	Cook, Haile	10 CRJ	31-02.25
11	Levy, Perisa	11 CRW	29-07.00
12	Keiper, Amanda	10 CRK	28-05.00
13	Stewart, Tayzha	09 CRW	27-11.00
14	Lincoln, Christina	10 LNM	27-06.25
15	Dye, Kaitlin	10 CRK	26-07.50
16	Thurmond, Shavian	10 CRJ	26-03.50

**Event 151 Girls Distance Medley 4A**
**200/200/400/800**

Team	Relay	Finals
<b>Finals</b>		
1	IC, West	4:13.43
	Basabe, Nia 10	Gravelin, Micaela 10
	Saunders, Tia 11	Nock, Bailey 09
2	Linn-Mar	4:13.79
	Rolle, Ariana 09	Wardell, Jasmine 11
	Gries, Abby 11	Decker, Amber 11
3	CR Jefferson	4:18.52
	Bergmann, MiAsia 09	Anderson, Autumn 10
	Kitterman, Sam 11	Koenigsfeld, Meredith 11
4	IC, City High	4:21.88
	Deprenger, Maddie 11	Hanrahan, Bryn 10
	DePrenger, Sydney 09	Shepherd, Molly 12
5	Marshalltown	4:22.37
	Feldman, Ciara 09	Mazour, Regan 09
	Scott, Jasmine 12	Blagg, Rachel 12
6	CR Kennedy	4:23.69
	Drahn, Tianna 11	Rose-Johnson, Jurnee 09
	Siebenga, Kirsten 11	Joyner, Kayla 10
7	CR Washington	4:24.83
	Glover, Trinity 09	Visser, Anne 11
	Sheets, Sierra 11	Altemeier, Sarah 09
8	Ottumwa	5:02.82
	Cain, Brittaney 10	Hagstrom, Carrie 10
	Carter, Jaylin 10	McCoy, Sam 10