



**CITY HIGH GIRLS TRACK AND FIELD
2015
STATE MEET @ DRAKE STADIUM
DES MOINES, IOWA
MAY 21ST -23RD**



3000M Final THU 3:35pm	BYWATER 10:57.55 14TH					
High Jump THU 4:30pm	VANDERHOEF 4'-09" 19TH					
4X800 Final THU 5:15pm	SHEPHERD 2:19.7*	BRANDS 2:25.8*	ARCH 2:22.1	F TRAORE 2:26.3 SB	9:34.64 SB	7TH
400M Final THU 7:15pm	PLOCK 57.86 4TH					
DMR Final FRI 3:05 pm	S DEPRENGER	F TRAORE	SHEPHERD	ARCH		DQ #
4X200 Final FRI 4:45pm	JOHNSON 26.5	HANRAHAN 26.9	M DEPRENGER 26.5	BLOWERS 28.0	1:48.82	21ST
400H Final FRI 5:35pm	PLOCK 1:01.67 1ST					
4x100 Prelim FRI 6:30pm	JOHNSON	PLOCK	HANRAHAN	GAMAMOU	49.77 SB	DQ #
4x400 Prelim FRI 7:20pm	M DEPRENGER 61.3	GAMAMOU 61.2	PLOCK 58.6	SHEPHERD 60.8*	4:02.38	2ND IN HEAT
800M Final SAT 10:15am	ARCH 2:18.97* 10TH # 8 ALL-TIME @ CHS					
4x400 Final SAT 3:55pm	GAMAMOU 60.0	TRAORE 61.3	PLOCK 58.8	SHEPHERD 61.9	4:02.43	5TH

SB=Seasons Best, Red= Standard of Excellence, * Personal Record, # issue with handoffs or start

Team Scores: 1) Pleasant Valley 99, 2) Linn-Mar 90, 3) Urbandale 72, 4) Waukee 71, 5) CR Jefferson 45, 6) IC, West 34, 7) Muscatine 30, 8) DSM, Roosevelt 28, 9) Clinton 23, 10) Bettendorf 23, 11) Johnston 21.50, **12) IC, CITY HIGH 21**