

Licensed to Washington HS Demons
3/5/2015 06:11 PM

HY-TEK's Meet Manager

Girls Demon Indoor - 3/5/2015
Washington High School
Cornell College Mt.Vernon, Iowa
Results

Girls 60 Meter Dash

| ===== | | | | |
|---------------|--------------------|-----------------|---------|----|
| Name | Year | School | Prelims | H# |
| ===== | | | | |
| Preliminaries | | | | |
| 1 | Marek, Macy | SR Washington | 8.25q | 3 |
| 2 | Simon, Elyna | FR Clayton Ridg | 8.56q | 4 |
| 3 | Heitman, Hope | SR Clayton Ridg | 8.57q | 2 |
| 4 | Nimmers, LaKayla | SO Dvpt, Centra | 8.61q | 1 |
| 5 | Oakley, Sydney | JR Xavier | 8.68q | 5 |
| 6 | Thompson, Kendall | JR Linn-Mar | 8.69q | 1 |
| 7 | Green, Tiara | FR Ic- West | 8.71q | 4 |
| 8 | Marquis, Talia | JR Dsm Lincoln | 8.76q | 2 |
| 9 | Skala, Taylor | SR Xavier | 8.86q | 2 |
| 9 | Wardell, Jasmine | JR Linn-Mar | 8.86q | 5 |
| 11 | Hoeft, Rachel | FR Ic- West | 8.88q | 3 |
| 11 | Franklin, Malika | SO Ic- City Hig | 8.88q | 1 |
| 13 | Mumaw, McKenna | SR CR Prairie | 8.90 | 3 |
| 14 | Heald, Cheryl | JR Dvpt, Centra | 8.94 | 4 |
| 15 | Currie, Charisma | JR Dsm Lincoln | 9.05 | 2 |
| 16 | Horak, Malary | SR Washington | 9.15 | 1 |
| 17 | Wolfe, Olivia | SO Regina | 9.18 | 5 |
| 18 | Flickinger, Leah | JR CR Prairie | 9.22 | 4 |
| 19 | Pezley, Alexis | SR Central Lee- | 9.38 | 4 |
| 20 | Still, Allison | SR Williamsburg | 9.40 | 3 |
| 21 | Orr, Kyli | FR Mount Vernon | 9.48 | 5 |
| 21 | Sullivan, Bailey | FR Mount Vernon | 9.48 | 5 |
| 23 | Miller, McKenna | SO Solon | 9.50 | 4 |
| 24 | Haley, Hope | SR Central Lee- | 9.66 | 3 |
| 25 | Erenberger, Olivia | JR Solon | 9.71 | 2 |
| 26 | Widmer, Jackie | JR Williamsburg | 9.75 | 1 |
| 27 | Newman, Jada | SO Ic- City Hig | 9.81 | 3 |
| 28 | Gim, Minseon | SR Regina | 10.71 | 2 |

Girls 60 Meter Dash

| ===== | | | | |
|--------|-------------|---------------|--------|----|
| Name | Year | School | Finals | H# |
| ===== | | | | |
| Finals | | | | |
| 1 | Marek, Macy | SR Washington | 8.23 | 2 |

| | | | | |
|----|-------------------|-----------------|------|---|
| 2 | Simon, Elyna | FR Clayton Ridg | 8.41 | 2 |
| 3 | Heitman, Hope | SR Clayton Ridg | 8.51 | 2 |
| 4 | Oakley, Sydney | JR Xavier | 8.71 | 2 |
| 5 | Nimmers, LaKayla | SO Dvpt, Centra | 8.72 | 2 |
| 6 | Marquis, Talia | JR Dsm Lincoln | 8.73 | 1 |
| 7 | Thompson, Kendall | JR Linn-Mar | 8.76 | 2 |
| 8 | Green, Tiara | FR Ic- West | 8.82 | 1 |
| 9 | Hoeft, Rachel | FR Ic- West | 8.87 | 1 |
| 10 | Franklin, Malika | SO Ic- City Hig | 8.88 | 1 |
| 10 | Wardell, Jasmine | JR Linn-Mar | 8.88 | 1 |
| 12 | Skala, Taylor | SR Xavier | 8.89 | 1 |

Preliminaries

| | | | | |
|----|--------------------|-----------------|--|--|
| 13 | Mumaw, McKenna | SR CR Prairie | | |
| 14 | Heald, Cheryl | JR Dvpt, Centra | | |
| 15 | Currie, Charisma | JR Dsm Lincoln | | |
| 16 | Horak, Malary | SR Washington | | |
| 17 | Wolfe, Olivia | SO Regina | | |
| 18 | Flickinger, Leah | JR CR Prairie | | |
| 19 | Pezley, Alexis | SR Central Lee- | | |
| 20 | Still, Allison | SR Williamsburg | | |
| 21 | Orr, Kyli | FR Mount Vernon | | |
| 21 | Sullivan, Bailey | FR Mount Vernon | | |
| 23 | Miller, McKenna | SO Solon | | |
| 24 | Haley, Hope | SR Central Lee- | | |
| 25 | Erenberger, Olivia | JR Solon | | |
| 26 | Widmer, Jackie | JR Williamsburg | | |
| 27 | Newman, Jada | SO Ic- City Hig | | |
| 28 | Gim, Minseon | SR Regina | | |

Girls 200 Meter Dash

| Name | Year | School | Finals | H# |
|------|------|--------|--------|----|
|------|------|--------|--------|----|

Finals

| | | | | |
|----|--------------------|-----------------|-------|---|
| 1 | Dellamuth, Brianna | JR Williamsburg | 26.50 | 5 |
| 2 | Staebler, Jasmine | SR Clayton Ridg | 26.98 | 5 |
| 3 | Saunders, Tia | JR Ic- West | 27.25 | 5 |
| 4 | Lawson, Sydney | JR Solon | 28.03 | 5 |
| 5 | Berry, Raene | JR Dsm Lincoln | 28.34 | 4 |
| 6 | Torson, Kayla | SR Xavier | 29.30 | 1 |
| 7 | Mukimbilwa, Kather | JR Ic- West | 29.41 | 5 |
| 8 | Jurgens, Carlie | SR Xavier | 29.65 | 1 |
| 9 | Smith, Blake | FR Clayton Ridg | 29.67 | 4 |
| 10 | Prybil, Alli | SO Solon | 29.84 | 4 |
| 11 | Hale, Jaiyhana | SO Dvpt, Centra | 29.88 | 2 |
| 12 | Wagner, Audrey | FR Regina | 29.98 | 4 |
| 13 | Baker, Jada | FR Dvpt, Centra | 30.25 | 2 |
| 14 | Erlandson, Lyz | SO Mount Vernon | 30.49 | 3 |

| | | | | |
|----|-------------------|-----------------|-------|---|
| 15 | Fuller, Brie | FR CR Prairie | 30.53 | 2 |
| 16 | Choate, Elle | FR CR Prairie | 30.58 | 1 |
| 17 | Ingalls, Maddie | JR Regina | 30.83 | 3 |
| 18 | Wheeler, Kelly | JR Washington | 30.91 | 4 |
| 19 | Vanderhoef, Cyan | SO Ic- City Hig | 30.94 | 2 |
| 20 | Pezley, Alexis | SR Central Lee- | 30.99 | 5 |
| 21 | Wardenburg, Maddy | FR Williamsburg | 31.19 | 1 |
| 22 | Horak, Malary | SR Washington | 31.24 | 4 |
| 23 | Lindaman, Stella | FR Ic- City Hig | 31.33 | 3 |
| 24 | Valentine, Alexis | SO Dsm Lincoln | 31.42 | 3 |
| 25 | Binsfield, Nicole | SO Mount Vernon | 31.79 | 3 |
| 26 | Scott, Savannah | JR Linn-Mar | 32.28 | 2 |
| 27 | Sullivan, Melanie | JR Linn-Mar | 34.08 | 2 |
| 28 | Potter, Violet | FR Central Lee- | 34.57 | 3 |

Girls 400 Meter Dash

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Cut after turn 3

| | Name | Year School | Finals | H# |
|----|--------------------|-----------------|---------|----|
| 1 | Staebler, Jasmine | SR Clayton Ridg | 59.78 | 5 |
| 2 | Cochrane, Emma | SR Mount Vernon | 1:01.79 | 5 |
| 3 | Davis, Maggie | SO Mount Vernon | 1:05.04 | 5 |
| 4 | Gravelin, Micaela | SO Ic- West | 1:06.56 | 5 |
| 5 | Possehl, Paige | FR CR Prairie | 1:07.48 | 4 |
| 6 | Staebler, Jaderial | SO Clayton Ridg | 1:08.69 | 4 |
| 7 | Metz, Johanna | JR Solon | 1:09.07 | 2 |
| 8 | Chambliss, Katrina | FR Regina | 1:10.91 | 3 |
| 9 | Stevensen, Skyler | FR Dsm Lincoln | 1:12.09 | 4 |
| 10 | Blomme, Hanna | SO Central Lee- | 1:12.11 | 5 |
| 11 | Pannkuk, Ella | SR Linn-Mar | 1:12.44 | 4 |
| 12 | Cline, Carlie | SR Dvpt, Centra | 1:12.55 | 2 |
| 12 | Parr, Anna | FR Xavier | 1:12.55 | 1 |
| 14 | Reighard, Mckenna | SR Washington | 1:12.77 | 3 |
| 15 | Thede, Shelby | JR Dvpt, Centra | 1:13.28 | 3 |
| 16 | Booth, Victoria | FR CR Prairie | 1:13.94 | 2 |
| 17 | Anderson, Kesten | FR Ic- West | 1:14.15 | 4 |
| 17 | Abodeely, Anmarie | SO Linn-Mar | 1:14.15 | 3 |
| 19 | Reicks, Lindsey | JR Solon | 1:14.36 | 1 |
| 20 | Pagan, Grace | SO Ic- City Hig | 1:15.50 | 2 |
| 21 | Foley, Erin | JR Xavier | 1:15.83 | 1 |
| 22 | Espinoza, Elisa | SO Regina | 1:16.61 | 2 |
| 23 | Barber, Victoria | SO Washington | 1:17.29 | 3 |
| 24 | Newman, Jada | SO Ic- City Hig | 1:18.45 | 3 |
| 25 | Kirkpatrick, Grace | FR Central Lee- | 1:21.39 | 5 |
| 26 | Finley, Jatonn | FR Dsm Lincoln | 1:26.70 | 4 |

Girls 1500 Meter Run

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Even Numbers outside waterfall in order.

Odd Numbers inside waterfall in order.

| Name | Year | School | Finals | |
|------|------|--------------------|-----------------|---------|
| 1 | | Kammerer, Adriana | SR Regina | 5:00.31 |
| 2 | | Moore, Olivia | SO Ic- West | 5:04.25 |
| 3 | | Conroy, Lucy | SR Mount Vernon | 5:11.95 |
| 4 | | Zepeda, Bella | SO Dvpt, Centra | 5:22.19 |
| 5 | | Jeppson, Maren | JR Mount Vernon | 5:25.37 |
| 6 | | Breitbach, Nicole | SR Clayton Ridg | 5:39.30 |
| 7 | | Genskow, Maddy | SO Linn-Mar | 5:40.85 |
| 8 | | Van Rheenen, Abby | FR Linn-Mar | 5:40.92 |
| 9 | | DuBois, Jordyn | JR Dsm Lincoln | 5:43.70 |
| 10 | | Stanek, Eilish | SO CR Prairie | 5:45.70 |
| 11 | | Weetman, Taylor | SR Solon | 5:56.61 |
| 12 | | Rosenbum, Kassandr | SO Clayton Ridg | 5:58.21 |
| 13 | | Burlage, Sara | SO Regina | 5:58.62 |
| 14 | | Marti, Alaina | JR Xavier | 6:00.12 |
| 15 | | Brune, Meghan | SO CR Prairie | 6:02.31 |
| 16 | | Sigmon, Annie | SO Xavier | 6:09.52 |
| 17 | | Doehrmann, Miranda | SR Williamsburg | 6:09.64 |
| 18 | | Jensen, Madie | SO Williamsburg | 6:10.33 |
| 19 | | Kluesener, Haley | SO Solon | 6:15.62 |
| 20 | | Gutierrez, Stephan | SR Washington | 6:24.50 |
| 21 | | Jensen, Annika | SO Ic- West | 6:27.96 |
| 22 | | Goss, Mackenzie | JR Ic- City Hig | 6:34.02 |
| 23 | | Mares, Jasmine | JR Washington | 6:44.29 |
| 24 | | Brown, Hadley | FR Dsm Lincoln | 7:03.11 |

Girls 60 Meter Hurdles

| Name | Year | School | Prelims | H# |
|---------------|------|--------------------|-----------------|----------|
| Preliminaries | | | | |
| 1 | | Welch, Valerie | SO Ic- West | 9.79q 3 |
| 2 | | Young, Grace | JR Ic- West | 10.08q 5 |
| 3 | | Hegetschweiler, Sa | JR Dvpt, Centra | 10.12q 5 |
| 4 | | Schaefers, Taylor | SR Clayton Ridg | 10.35q 4 |
| 5 | | Moss, Emma | JR Solon | 10.42q 2 |
| 6 | | Mumaw, McKenna | SR CR Prairie | 10.61q 1 |
| 6 | | Bohnsack, Natalie | SO CR Prairie | 10.61q 4 |
| 8 | | Harris, Jolynn | FR Dsm Lincoln | 10.78q 3 |
| 9 | | Cooper, Mariah | JR Dsm Lincoln | 10.84q 2 |
| 10 | | Lester, Audrey | JR Mount Vernon | 10.89q 3 |
| 11 | | Flanagan, Marleigh | FR Ic- City Hig | 10.99q 3 |
| 12 | | Buchholz, Jessie | SO Washington | 11.16q 5 |
| 13 | | Diersen, Ali | SO Solon | 11.29 1 |

| | | | | | |
|----|--------------------|----|--------------|-------|---|
| 14 | Christenson, River | JR | Williamsburg | 11.33 | 5 |
| 15 | Foley, Erin | JR | Xavier | 11.35 | 2 |
| 16 | Carney, Cheyanne | SR | Williamsburg | 11.40 | 4 |
| 17 | Jengwa, Christine | SR | Xavier | 11.46 | 1 |
| 18 | Erlandson, Lyz | SO | Mount Vernon | 11.48 | 2 |
| 19 | Wood, Emma | JR | Washington | 11.54 | 4 |
| 20 | Micek, Kayla | FR | Linn-Mar | 11.76 | 2 |
| 21 | Anderegg, Rachel | SO | Clayton Ridg | 12.05 | 1 |
| 22 | Adam, Karlin | SR | Central Lee- | 12.26 | 5 |
| 23 | Henrikson, Lena | SO | Central Lee- | 12.37 | 1 |
| 24 | Pienta, Anna | SO | Ic- City Hig | 12.44 | 3 |
| 25 | Hensley, Lee | FR | Linn-Mar | 12.57 | 2 |

Girls 60 Meter Hurdles

| Name | Year | School | Finals | H# |
|------|------|--------|--------|----|
|------|------|--------|--------|----|

Finals

| | | | | | |
|----|--------------------|----|--------------|-------|---|
| 1 | Welch, Valerie | SO | Ic- West | 9.73 | 2 |
| 2 | Hegetschweiler, Sa | JR | Dvpt, Centra | 10.10 | 2 |
| 3 | Young, Grace | JR | Ic- West | 10.11 | 2 |
| 4 | Moss, Emma | JR | Solon | 10.41 | 2 |
| 5 | Schaefer, Taylor | SR | Clayton Ridg | 10.55 | 2 |
| 6 | Bohnsack, Natalie | SO | CR Prairie | 10.72 | 2 |
| 7 | Mumaw, McKenna | SR | CR Prairie | 10.73 | 1 |
| 8 | Harris, Jolynn | FR | Dsm Lincoln | 10.74 | 1 |
| 9 | Buchholz, Jessie | SO | Washington | 10.78 | 1 |
| 10 | Lester, Audrey | JR | Mount Vernon | 10.80 | 1 |
| 11 | Flanagan, Marleigh | FR | Ic- City Hig | 10.92 | 1 |
| 12 | Cooper, Mariah | JR | Dsm Lincoln | 10.93 | 1 |

Preliminaries

| | | | |
|----|--------------------|----|--------------|
| 13 | Diersen, Ali | SO | Solon |
| 14 | Christenson, River | JR | Williamsburg |
| 15 | Foley, Erin | JR | Xavier |
| 16 | Carney, Cheyanne | SR | Williamsburg |
| 17 | Jengwa, Christine | SR | Xavier |
| 18 | Erlandson, Lyz | SO | Mount Vernon |
| 19 | Wood, Emma | JR | Washington |
| 20 | Micek, Kayla | FR | Linn-Mar |
| 21 | Anderegg, Rachel | SO | Clayton Ridg |
| 22 | Adam, Karlin | SR | Central Lee- |
| 23 | Henrikson, Lena | SO | Central Lee- |
| 24 | Pienta, Anna | SO | Ic- City Hig |
| 25 | Hensley, Lee | FR | Linn-Mar |

Girls 4x400 Meter Relay

#1 runner cuts after turn 3

| School | | Finals | H# |
|--------|-------------------------|----------------------------|----|
| ===== | | | |
| Finals | | | |
| 1 | Mount Vernon | 4:25.09 | 3 |
| | 1) Cochrane, Emma SR | 2) Sherman, Taylor JR | |
| | 3) Davis, Maggie SO | 4) Meeker, Sydney SO | |
| | 5) Jeppson, Maren JR | 6) | |
| 2 | Solon | 4:26.77 | 3 |
| | 1) Platz, Eva JR | 2) Bell, Haley SR | |
| | 3) Smith, Jordan SR | 4) Shafer, Madi SR | |
| 3 | Dsm Lincoln | 4:27.52 | 2 |
| | 1) Hoogensen, Laurel SO | 2) Miller, Lynzie SR | |
| | 3) Frangos, Thea JR | 4) Schiltz, Shyanne SO | |
| | 5) Cooper, Mariah JR | 6) | |
| 4 | Xavier | 4:28.55 | 2 |
| | 1) Skala, Taylor SR | 2) Jurgens, Carlie SR | |
| | 3) Schwach, Jenna SO | 4) Torson, Kayla SR | |
| | 5) Maloney, Katie SO | 6) | |
| 5 | Linn-Mar | 4:30.07 | 3 |
| 6 | Regina | 4:32.48 | 3 |
| | 1) Rapp, Jacqueline SR | 2) Corkery, Emma SO | |
| | 3) Swenning, Grace SO | 4) Lorenger, Kathryn SR | |
| | 5) Wolfe, Olivia SO | 6) | |
| 7 | Clayton Ridge | 4:41.02 | 1 |
| | 1) Heitman, Haley FR | 2) Armstrong, Erica SR | |
| | 3) Smith, Blake FR | 4) Willenborg, Courtney SO | |
| | 5) Simon, Elyna FR | 6) | |
| 8 | Ic- West | 4:43.32 | 2 |
| 9 | Dvpt, Central | 4:46.04 | 1 |
| | 1) Jakubsen, Kara FR | 2) Nimmers, LaKayla SO | |
| | 3) Estes, Grace FR | 4) Collins, Ta'meaya FR | |
| 10 | CR Prairie | 4:47.11 | 3 |
| | 1) Nearad, Jenna JR | 2) Sprengeler, Megan SR | |
| | 3) Bohnsack, Natalie SO | 4) Smith, Sophia SO | |
| | 5) Kane, Rylie JR | 6) | |
| 11 | Central Lee- D | 4:56.57 | 2 |
| | 1) Blomme, Hanna SO | 2) Wheatley, Danita SR | |
| | 3) Adam, Karlin SR | 4) Mathison, Brittany JR | |
| | 5) Krehbiel, Anna FR | 6) | |
| 12 | Ic- City High | 4:57.04 | 1 |
| | 1) Pienta, Anna SO | 2) Omar, Khadeeja FR | |
| | 3) Roggeveen, Leigha FR | 4) Flanagan, Marleigh FR | |
| | 5) Strang, Rachel FR | 6) | |
| 13 | Washington | 5:05.60 | 3 |
| | 1) Gaal, Addison SR | 2) Salow, Amber JR | |
| | 3) Wood, Emma JR | 4) Howard, Mariah SO | |

Girls 4x800 Meter Relay

=====
Even Numbers outside waterfall in order.

Odd Numbers inside waterfall in order.

| School | Finals |
|---------------------------|----------------------------|
| 1 Ic- West | 10:25.13 |
| 2 Ic- City High | 10:32.75 |
| 1) Shepherd, Molly SR | 2) Arch, Mary SO |
| 3) Bywater, Emily SO | 4) Brown, Bridget FR |
| 5) Morrrow, Amelia FR | 6) |
| 3 Regina | 10:38.12 |
| 1) Rapp, Jacqueline SR | 2) Lorenger, Kathryn SR |
| 3) Milder, Sam SR | 4) Kammerer, Adriana SR |
| 5) Burlage, Sara SO | 6) |
| 4 Linn-Mar | 10:42.95 |
| 5 CR Prairie | 10:51.84 |
| 1) Frazee, Hannah SO | 2) Schmidt, Allyson JR |
| 3) Erickson, Morgan FR | 4) Skriver, Kirstin FR |
| 6 Dvpt, Central | 11:09.47 |
| 1) Zepeda, Bella SO | 2) Cline, Kendall JR |
| 3) Serrano, Aaliyah SR | 4) Eure, Maria FR |
| 7 Williamsburg | 11:11.72 |
| 1) Walters, Kiaya SO | 2) Zuber, Dana SO |
| 3) Brenneman, Kaden FR | 4) Schlabaugh, Carly JR |
| 8 Dsm Lincoln | 11:13.72 |
| 1) Hoogensen, Laurel SO | 2) DuBois, Jordyn JR |
| 3) Lagat, Trixy JR | 4) Lucht, Caitlyn FR |
| 5) Schiltz, Shyanne SO | 6) |
| 9 Xavier | 11:18.33 |
| 10 Mount Vernon | 11:18.34 |
| 1) Meeker, Sydney SO | 2) Frey, Lydia SO |
| 3) Banwart, Shae SO | 4) Anton, Faith SO |
| 5) Conroy, Lucy SR | 6) |
| 11 Ic- City High 'B' | 11:20.45 |
| 1) Morrrow, Amelia FR | 2) Hansen, Mollie SO |
| 3) Parrott, Olivia JR | 4) Strang, Rachel FR |
| 5) Noack, Claire JR | 6) |
| 12 Solon | 11:20.73 |
| 1) Nicol, Sophie FR | 2) Brokaw, Lorin JR |
| 3) Coberly, Trisha JR | 4) Holubar, Kylie SO |
| 13 CR Prairie 'B' | 11:23.86 |
| 1) Sprengeler, Megan SR | 2) Kane, Rylie JR |
| 3) Kohoutek, Jenna JR | 4) Henderson, Avery FR |
| 14 Washington | 11:26.71 |
| 1) Keith, Emme JR | 2) Stout, Brooke FR |
| 3) Howard, Mariah SO | 4) Gutierrez, Stephanie SR |
| 15 Clayton Ridge | 11:36.39 |
| 1) Rosenbum, Kassandra SO | 2) Grinstead, Ciaira SR |

| | | |
|--------------------------|---------------------------|----------|
| 3) Hefel, Alyssa JR | 4) Breitbach, Nicole SR | |
| 5) Palmer, Taylor FR | 6) | |
| 16 Regina 'B' | | 11:38.46 |
| 1) Shank, Natalie FR | 2) Klesner, Elizabeth SO | |
| 3) Sheehan, Katie FR | 4) Murhammer, Katelyn SO | |
| 5) Sueppel, Natalie FR | 6) | |
| 17 Washington 'B' | | 12:11.24 |
| 1) Mitchell, Megan FR | 2) DeLong, Brynna JR | |
| 3) Andrew, Kayla FR | 4) Turner, Alexis SO | |
| 18 Dvpt, Central 'B' | | 12:19.20 |
| 1) Rushton, Madison FR | 2) Theis, Natalie FR | |
| 3) Contreras, Elianna FR | 4) Andrews, Megan FR | |
| 19 Williamsburg 'B' | | 12:20.77 |
| 1) Kanagy, Belle SO | 2) Malloy, Hannah SO | |
| 3) Roads, Bella FR | 4) Miller, Sarah SO | |
| 20 Central Lee- D | | 12:21.52 |
| 1) Adam, Shay SO | 2) Adam, Karlin SR | |
| 3) Adamire, Taylor SO | 4) Krehbiel, MacKenzie SO | |
| 5) Mercer, Kyra FR | 6) | |
| 21 Linn-Mar 'B' | | 12:21.77 |
| 22 Dsm Lincoln 'B' | | 12:24.63 |
| 1) Brown, Hadley FR | 2) Gruis, Isabelle JR | |
| 3) Gurwell, Avory SR | 4) Rivera, Izabel FR | |
| 5) Frangos, Thea JR | 6) | |

Girls Distance Medley

| ===== | | | |
|--|--------------------------|---------|----|
| #2 runner cuts after getting the batton and has one stride | | | |
| School | | Finals | H# |
| ===== | | | |
| 1 Ic- West | | 4:27.85 | 3 |
| 2 Williamsburg | | 4:35.05 | 2 |
| 1) Doehrmann, Olivia SR | 2) Gilbert, Brittni SO | | |
| 3) Simmons, Claire SR | 4) Hollensbe, Julie JR | | |
| 3 Clayton Ridge | | 4:40.19 | 3 |
| 1) Heitman, Hope SR | 2) Staebler, Jaderial SO | | |
| 3) Schaefer, Taylor SR | 4) Staebler, Jasmine SR | | |
| 5) Armstrong, Erica SR | 6) | | |
| 4 CR Prairie | | 4:45.17 | 3 |
| 1) VanDooren, Katie SR | 2) Soeken, Kenzie JR | | |
| 3) Ross, Jenna SO | 4) Skriver, Kirstin FR | | |
| 5) Erickson, Morgan FR | 6) | | |
| 5 Solon | | 4:46.15 | 2 |
| 1) Ira, Emily SR | 2) Heick, Jess SO | | |
| 3) Shelman, Kristina JR | 4) Coberly, Trisha JR | | |
| 6 Linn-Mar | | 4:50.86 | 3 |
| 7 Washington | | 4:52.13 | 3 |
| 1) Marek, Macy SR | 2) Wheeler, Kelly JR | | |

| | | | | |
|----|-----------------------------|---------------------------|---------|---|
| | 3) Kimball, Morgan JR | 4) Keith, Emme JR | | |
| 8 | Xavier | | 4:54.23 | 1 |
| | 1) Parr, Anna FR | 2) Schwach, Jenna SO | | |
| | 3) Oakley, Sydney JR | 4) Coffee, Emiko SO | | |
| | 5) Lenss, Megan SO | 6) | | |
| 9 | Dvpt, Central | | 4:54.91 | 2 |
| | 1) Hegetschweiler, Sarah JR | 2) Sanders, Fantayshia SO | | |
| | 3) Nelson, Bailey JR | 4) Cummings, Phoenix SR | | |
| 10 | Mount Vernon | | 4:59.84 | 3 |
| | 1) Melchert, Morgan SR | 2) Sherman, Taylor JR | | |
| | 3) Anton, Faith SO | 4) Baker, Haley SO | | |
| 11 | Dsm Lincoln | | 5:09.04 | 2 |
| | 1) Berry, Raene JR | 2) Marquis, Talia JR | | |
| | 3) Lagat, Trixy JR | 4) Lucht, Caitlyn FR | | |
| | 5) Harris, Jolynn FR | 6) | | |
| 12 | Central Lee- D | | 5:27.01 | 2 |
| | 1) Haley, Hope SR | 2) Newberry, Emma JR | | |
| | 3) Krehbiel, Anna FR | 4) Krehbiel, MacKenzie SO | | |
| | 5) Mercer, Kyra FR | 6) | | |
| 13 | Ic- City High | | 5:32.13 | 1 |
| | 1) Franklin, Malika SO | 2) Ali, Omnia SR | | |
| | 3) Windschitl, Elke JR | 4) Noack, Claire JR | | |
| | 5) Goss, Mackenzie JR | 6) | | |
| 14 | Regina | | 5:47.14 | 1 |
| | 1) Stimmel, Annabelle FR | 2) Mitchell, Sabra JR | | |
| | 3) Rice, Sarah FR | 4) Sueppel, Natalie FR | | |
| | 5) Chambliss, Katrina FR | 6) | | |

Girls High Jump

Starting height is 4'3" will raise the bar 2" until 5'1"
and then can go by 1" if all remaining jumpers agree

| Name | Year | School | Finals |
|------|-------------------|-----------------|----------|
| 1 | Durr, Josie | SO Solon | 5-03.00 |
| 2 | Mathison, Britany | JR Central Lee- | 5-00.00 |
| 3 | Soeken, Kenzie | JR CR Prairie | 4-10.00 |
| 4 | Baetsle, Maddie | SR CR Prairie | J4-10.00 |
| 5 | Willis, Alex | SO Ic- West | J4-10.00 |
| 6 | Smith, Jordan | SR Solon | J4-10.00 |
| 7 | Sherman, Taylor | JR Mount Vernon | 4-08.00 |
| 8 | Niobi, Kia | FR Ic- West | J4-08.00 |
| 8 | Courneya, Caley | SO Williamsburg | J4-08.00 |
| 10 | Vanderhoef, Cyan | SO Ic- City Hig | 4-06.00 |
| 11 | Durian, Leigh | JR Ic- City Hig | 4-04.00 |
| 12 | Smith, Blake | FR Clayton Ridg | J4-04.00 |
| 13 | Marek, Makenzi | SO Washington | 4-02.00 |
| 13 | Simon, Elyna | FR Clayton Ridg | 4-02.00 |

| | | | |
|----|-------------------|-----------------|---------|
| 15 | Kriege, Madison | JR Linn-Mar | 4-00.00 |
| 15 | Riesberg, Jocelyn | FR Central Lee- | 4-00.00 |
| -- | Barber, Victoria | SO Washington | NH |

Girls Long Jump

| Name | Year | School | Finals |
|------|--------------------|-----------------|----------|
| 1 | Lorenz, Brooke | JR Linn-Mar | 15-06.50 |
| 2 | Corkery, Emma | SO Regina | 15-04.00 |
| 3 | Staebler, Jaderial | SO Clayton Ridg | 14-08.50 |
| 4 | Moss, Emma | JR Solon | 14-08.00 |
| 5 | Niobi, Kia | FR Ic- West | 14-03.50 |
| 6 | Krehbiel, Anna | FR Central Lee- | 13-08.25 |
| 7 | Salow, Amber | JR Washington | 13-08.00 |
| 8 | Choate, Elle | FR CR Prairie | 13-06.00 |
| 9 | Baker, Haley | SO Mount Vernon | 13-03.50 |
| 10 | Parr, Anna | FR Xavier | 13-00.00 |
| 11 | Ali, Omnia | SR Ic- City Hig | 12-01.00 |
| 12 | Baccam, Katerina | JR Dsm Lincoln | 11-11.75 |
| -- | Gaal, Addison | SR Washington | ND |

Girls Shot Put

In prelims three throws. We will measure everyones first mark.
 A short line of 29' for remaining throws to measure.
 Top 8 will have 3 throws in finals.

| Name | Year | School | Prelims |
|---------------|-------------------|-----------------|-----------|
| Preliminaries | | | |
| 1 | Gunnells, Shelby | SR Solon | 42-06.25q |
| 2 | Makky, Zainab | JR Ic- West | 34-07.25q |
| 3 | Misel, Katy | SO Solon | 34-07.00q |
| 4 | Soto, Markquitta | JR CR Prairie | 34-05.25q |
| 5 | Gruis, Isabelle | JR Dsm Lincoln | 33-02.25q |
| 6 | Miller, McKayla | JR Washington | 33-00.50q |
| 7 | Hinkel, Bryce | SO Solon | 32-10.75q |
| 8 | Nemec, Brooke | JR CR Prairie | 32-07.75q |
| 9 | Sill, Alicia | FR CR Prairie | 32-03.00 |
| 10 | Weldon, Amaleah | SO Williamsburg | 31-00.25 |
| 11 | Balajaha, Mariah | SO Clayton Ridg | 29-08.00 |
| 12 | Dusterhoft, Leah | SO Ic- West | 29-02.50 |
| 13 | Still, Valerie | SO Williamsburg | 28-11.00 |
| 14 | Armstrong, Erica | SR Clayton Ridg | 28-08.50 |
| 15 | Goodwin, Makenna | SR Washington | 28-05.50 |
| 16 | Meyers, Marissa | JR Clayton Ridg | 27-10.50 |
| 17 | Haight, Chandler | FR Ic- West | 26-10.75 |
| 18 | Fuhrmann, Melanie | FR Linn-Mar | 26-08.25 |

| | | | |
|----|--------------------|-----------------|----------|
| 19 | Stout, Emma | JR Washington | 26-05.00 |
| 20 | Thompson, Kendra | SO Linn-Mar | 26-04.50 |
| 21 | McNeal, Tori | SR Dvpt, Centra | 25-10.75 |
| 22 | Jennings, Michelle | SO Ic- City Hig | 25-08.00 |
| 23 | Anderson, Madison | JR Dsm Lincoln | 25-05.25 |
| 24 | Gambish, Anna | FR Linn-Mar | 25-01.00 |
| 25 | Lindsay, Shianne | SO Williamsburg | 24-11.00 |
| 26 | Willis, Mahogani | JR Dsm Lincoln | 23-03.50 |
| 27 | Verdon, Aubrey | FR Dvpt, Centra | 23-01.50 |
| 28 | Burns, Shelby | JR Central Lee- | 22-08.25 |
| 29 | Buckley, Kaylin | SO Dvpt, Centra | 20-04.50 |

Girls Shot Put

=====
 In prelims three throws. We will measure everyones first mark.
 A short line of 29' for remaining throws to measure.
 Top 8 will have 3 throws in finals.

| | Name | Year School | Finals |
|--------|------------------|----------------|----------|
| ===== | | | |
| Finals | | | |
| 1 | Gunnells, Shelby | SR Solon | 42-06.25 |
| 2 | Misel, Katy | SO Solon | 37-07.00 |
| 3 | Soto, Markquitta | JR CR Prairie | 35-03.50 |
| 4 | Makky, Zainab | JR Ic- West | 34-07.25 |
| 5 | Hinkel, Bryce | SO Solon | 34-00.25 |
| 6 | Nemec, Brooke | JR CR Prairie | 34-00.00 |
| 7 | Gruis, Isabelle | JR Dsm Lincoln | 33-02.25 |
| 8 | Miller, McKayla | JR Washington | 33-00.50 |

Preliminaries

| | | | |
|----|--------------------|-----------------|--|
| 9 | Sill, Alicia | FR CR Prairie | |
| 10 | Weldon, Amaleah | SO Williamsburg | |
| 11 | Balajaha, Mariah | SO Clayton Ridg | |
| 12 | Dusterhoft, Leah | SO Ic- West | |
| 13 | Still, Valerie | SO Williamsburg | |
| 14 | Armstrong, Erica | SR Clayton Ridg | |
| 15 | Goodwin, Makenna | SR Washington | |
| 16 | Meyers, Marissa | JR Clayton Ridg | |
| 17 | Haight, Chandler | FR Ic- West | |
| 18 | Fuhrmann, Melanie | FR Linn-Mar | |
| 19 | Stout, Emma | JR Washington | |
| 20 | Thompson, Kendra | SO Linn-Mar | |
| 21 | McNeal, Tori | SR Dvpt, Centra | |
| 22 | Jennings, Michelle | SO Ic- City Hig | |
| 23 | Anderson, Madison | JR Dsm Lincoln | |
| 24 | Gambish, Anna | FR Linn-Mar | |
| 25 | Lindsay, Shianne | SO Williamsburg | |
| 26 | Willis, Mahogani | JR Dsm Lincoln | |
| 27 | Verdon, Aubrey | FR Dvpt, Centra | |

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Burns, Shelby
Buckley, Kaylin

JR Central Lee-
SO Dvpt, Centra