



CITY HIGH GIRLS TRACK AND FIELD 2015



DEMON INDOOR THURSDAY MARCH 5TH

2 athletes in individual events, 1 varsity relay, shot put 3 entries, long jump 1 entry, 1 4x800 B relay team

3:00pm Shot Put	Jennings 25-8					
High Jump	Vanderhoef 4-6*	Durian 4-4				
Long Jump	Ali 12-1					
3:30pm 60 M Hurdles	Pienta 12.44	Windschitl 10.99				
60 M Dash	Franklin 8.88	Newman 9.81				
4 x 800 A	Shepherd 2:33.8	Arch 2:28.8	Bywater 2:42.9	B Brown 2:46.8*	10:32.75	
4 X 800 B	Morrow 2:49.6*	Hansen 2:42.6*	O Parrot 2:47.8	Strang 3:00.2*	11:20.45	
200 M	Lindaman 31.33*	Vanderhoef 30.94*				
60 M Hurdle Final	Windschitl 10.92					
60 M Dash Final	Franklin 8.88					
400 M	Pagan 75.50	Newman 78.45				
1500 M	Goss 6:34.02*					
DMR	Franklin 32.3	Ali 35.4	Windschitl 76.1	Noack 3:07.74	5:32.13	
4 X 400 A	Pienta 73.20*	Omar 77.9*	Roggeveen 74.2*	Flanagan 71.3*	4:57.04	

* Personal Record

Red = Standard of Excellence