

Warrior Invitational, April 7, 2001

	Varsity	Junior Varsity
Long Jump (p & f) V first)	Strickland- 13-2 Lake- 14-9	
High Jump (JV first)	Voss- 5-1 (3rd) Branstetter- 4-10 (4th)	Furlong- 4-8 (1st) Brus- 4-6 (3rd)
Shot Put (p & f, V first)	Elliott- 37-6.5 (2nd) Jackson- 31-2.5	Gatens- 31-5 (2nd) Flaschner- 28-11
Discus (p & f, V first)	Elliott- 94-9 Jackson- 90-5	Gatens- 98-4.5 (2nd) Flaschner- 90-9.5 (4th)
100 Meter Dash (prelim)	Dreier- 13.179	Brentlinger- 14.631 Johnson- 13.860
3000 Meter Run	Trefz- 10:54.382 (1st) Ellsmore- 11:54.275 (3rd)	Olson- 12:51.227 (2nd) Lane- 12:32.075 (1st)
100 M Hurdle (prelim)	Maya- 16.182 Triplett- 16.203	Fraga- 16.613 O-T- 17.199
200 Meter Dash (prelim)	Rohrbach- 28.486 Stickland- 29.600	Olsen- 31.587 Cannon- 32.156
4 x 800 Meter Relay	Lake- 2:41 Kirsch- 2:30 Vanderah- 2:38 Mims- 2:31 10:20.936 (3rd)	Newton- Brigham- Krueger- Krueger- 10:58.296 (2nd)
Shuttle Hurdle Relay	Dreier- 17.4 Fraga- 16.4 Triplett- 15.7 Maya- 16.5 1:07.715 (1st)	O-T- 18.2 Lynch- 18.9 Evans- 19.1 Giovanelli- 18.4 1:15.767 (1st)
Distance Medley Relay	Tutson- 28.1 Belmont- 29.7 Rohrbach- 65.8 K. Funk- 2:30.8 4:35.225 (2nd)	Minchk- 30.7 Cannon- 30.8 Sherry- 66.4 Kraemer-2:50 4:57.289 (2nd)
100 Meter Dash (final)	Dreier- 13.369 (6th)	Johnson- 13.898 (2nd)
400 Meter Dash	Hill- 1:03.607 (2nd) Rohrbach- 1:03.723 (3rd)	Struve- 1:10.324 (2nd) Full- 1:05.419 (1st)
4 x 200 Relay	Strickland- 28.4 Giovanelli- 29.2 Rembolt- 27.1 Tutson- 29.2 1:54.521 (4th)	Johnson- 29.7 Frantz- 30.0 Lynch- 28.3 Belmont- 28.7 1:56.368 (1st)
100 Meter Hurdles (final)	Maya- 15.647 (1st) Triplett- 15.846 (3rd)	Fraga- 15.953 (1st) (meet record) O-T- 16.944 (2rd)
800 Meter Run	Trefz- 2:26.657 (1st) Reed- 2:26.824 (2nd)	Gable- 2:39.932 (6th) Kirsch- 2:37.697 (1st)
200 Meter Dash (final)	Rohrbach- 28.386 (2nd)	Olsen- 30.997 (1st)
400 Meter Hurdles	Linder- 67.983 (1st) Mims- 70.885 (5th)	Evans- 1:15.244 (1st)
Sprint Medley Relay	Maya- 13.4 Fraga- 13.4 Giovanelli- 29.5 Rembolt- 63.7 2:00.275 (4th)	Brentlinger- 14.1 Lynch- 13.9 Olsen- 29.0 Full- 64.2 2:01.729 (1st)
1500 Meter Run	J. Funk- 4:46.311 (1st) (meet record) Heckman- 5:23.915 (4th)	Russo- 5:36.660 (2nd) O'Shaughnesy- 5:46.503 (4th)
4 x 100 Meter Relay	Rohrbach- 13.1 Triplett- 13.2 Dreier- 13.2 Tutson- 12.5 :52.554 (3rd)	Powell- 14.2 Frantz- 13.5 Belmont- 13.5 Strickland- 13.4 54.838 (2nd)
4 x 400 Meter Relay	Hill- 61.3 Linder- 62.2 Reed- 63.6 Mims- 60.6 4:08.109 (1st)	Struve- 67.2 Lake- 66.9 K. Funk- 67.4 Sherry- 66.6 4:28.897 (2nd)

- Another dominant performance by both the varsity and JV teams. Both teams had a winning margin of nearly 60 points over 2nd place (JV scored 174 points!). Again, we were first or second in 11 of 19 events. We finished 1st and 2nd in 5 events and no lower than 4th in any relay, both varsity and JV.
- Many notable performances even on a day when the conditions were far from ideal: Mandy Voss 5-1 for the 3rd time; Jessica Elliott threw 37-6.5 a pr by 2 feet!; shuttle hurdle of Fraga, Maya, Dreier, Triplett remains undefeated and sets a season best; Kelsie Full ran 64 and 65 second 400's; Katie Fraga sets a jv record in 100 hurdles; Katie Funk sets a pr and meet record in the 1500; Laurie Heckman set a 1500 pr for the 4th meet in a row!; Kelsie Linder set a pr in 400 hurdles of 67 seconds; 4 x 4 team of Hill, Linder, Mims, Reed set a season best of 4:08.
- Perhaps the biggest reason for our resounding victory was the mental toughness you displayed. Even though the conditions were not ideal, you didn't let that stop you from not only winning, but having good times and distances in the process. Keep up this mental toughness during meets and in practice and you will be rewarded in the end.