



CITY HIGH GIRLS TRACK AND FIELD 2014



ISU INDOOR MARCH 10TH & MVC INDOOR MARCH 11TH

4:30pm Long Jump	WINDSCHITL 14'-00"*	NEWMAN 11'-06"*	ALI 13'-02.75"*	FRANKLIN 13'-05"*		
High Jump	WILLIAMSON 4'-04" SB					
Shot Put 6 Entries	<u>LEHMAN 34'01"</u> <u>EMBERY 27'4.5"</u>	WORTMAN 32'-08" SB 8TH BURDEN 23'-07"*	REYES 23'-03" SB SCHUMACHER 22'-06"*	SMITH 22'-04" EMBERY 32'-07" *TN		
4:30 pm 3000M	<u>CARMAN 10:56.33</u>		<u>ARCH 11:22.83</u>			
4:45pm 4 x 800	PARROTT 2:49.7	VERDICK 2:42.8 SB	APPLEBY 2:48.4*	NOACK 3:08.1 SB	11:28.47	
5:15 pm SHR	ROEMERMAN 11.1	WINDSCHITL 10.3	PIENTA 12.3	BLOWERS 10.0	44.20	
5:35 pm DMR	PLOCK 27.3	F TRAORE 28.7	S TRAORE 63.6 SB	SAMMONS 2:32.2 SB	4:31.96	2ND
	FRANKLIN 30.2 *	PAGAN 32.6*	SHAW 75.2*	PARROT 2:49.3 SB	5:08.12	
5:50 pm 60M Dash	ROBERTS 9.10	FRANKLIN 8.63	ALI 9.39	NEWMAN 8.87		
6:10 pm 400M	MCINTIRE 1:17.29*	APPLEBY 1:15.63*	FIFI 1:28.63*			
6:25 pm 4x200	HANRAHAN 30.0*	BLOWERS 28.5 SB	CARROLL 27.9 SB	CREW 28.6 SB	1:53.87	6TH
	ROEMERMAN 32.8	ANDERSON 30.3 SB	PAGAN 32.4*	WILLIAMSON 31.3*	2:06.64	
6:50 pm 60M H	WINDSCHITL 10.54	ROEMERMAN 11.00	PIENTA 12.18			
7:00 pm 800M	ARCH 2:30.27* 1ST	F TRAORE 2:34.25 SB 4TH				
7:15 pm 200M	PLOCK 27.20 2ND	NEWMAN 30.25*	FRANKLIN 31.44*	ALI 33.69		
	SHAW 33.65*	UWASE 35.66*	DANCILE 38.18*	FIFI 36.94*		
7:40 pm SMR	WINDSCHITL 14.7	BLOWERS 14.1	SAMMONS 28.8*	CREW 69.27	2:06.20	8TH
SMR	ROBERTS 14.6	PIENTA 15.1*	ANDERSON 31.3	CARROLL 67.6 SB	2:08.66	
7:55 pm 1500M	CARMAN 5:04.65 2ND	S TRAORE 5:27.19* 8TH	VERDICK 5:48.89*	SHUTT 6:06.83		
8:20 pm 4x100	HANRAHAN 14.2*	NEWMAN 13.9*	ROEMERMAN 15.2*	FRANKLIN 13.3*	56.46	
4x100	WILLIAMSON 15.1*	ROBERTS 14.2*	ANDERSON 14.3	ALI 15.0	58.79	
8:35 pm 4x400	F. TRAORE 68.5	HANRAHAN 66.2*	SAMMONS 68.8	PLOCK 66.8	4:30.23	5TH
	BLOWERS 66.4	CREW 72.9	CARROLL 70.6	ANDERSON 76.6*	4:46.50	
	NEWMAN 74.0*	SHAW 79.8	PIENTA 77.5*	PAGAN 77.0	5:08.28	
	ROBERTS 83.9*	DANCILE 82.1*	ALI 84.8	UWASE 85.4*	5:41.33	

Red=Standard of Excellence *= personal record