



CITY HIGH GIRLS TRACK AND FIELD 2014



MVC INDOOR MARCH 17TH

4:30pm Long Jump	Lindaman 14-05.00*	Ali 13-04.00	Roerman 14-09.00 7TH	Windschitl 13-03.00	Omar 12-02.00	Vanderhoef 13-10.75
4:30 pm High Jump	Gamamou 5-03* 1ST	Durian 4-06	Vanderhoef 4-08* 7TH			
4:30 pm Shot Put	Stamp 32-07.00* 8TH	Murphy 27-00.50				
4:30 pm 3000M						
4:45pm 4 x 800	Hansen 2:39.9*	Joens 2:44.0*	Morrow 2:46.8*	Chadwick 2:40.9*	10:52.40	6TH
5:15 pm SHR	Thompson 11.2	Roermann 10.6	Pienta 11.8	Windschitl 10.7	44.38	7TH
5:35 pm DMR	Hanrahan 28.0	Blowers 28.6	F Traore 63.5	Plock 2:26.7	4:27.28	2ND
DMR JV	Lindaman 30.6	Franklin 31.8	Flanagan 72.3	A Traore 2:45.9	5:01.20	
5:50 pm 60M Dash	Gamamou 7.70 2ND	Titus 9.36	Briggs 9.40			
6:10 pm 400M	Shepherd 64.30* 2ND	Arch 67.52 5TH	Lepcin 76.27	Bila 71.75		
6:25 pm 4x200						
4x2 JV	Vanderhoef 30.1	Lindaman 32.1	Newman 32.1	Franklin 30.0	2:04.48	
6:50 pm 60M H	Thompson 10.74	Roermann 10.82	Pienta 11.68	Windschitl 10.64		
7:10 pm 800M	F Traore 2:35.71 SB 5TH			Goss		
7:25 pm 200M	Roggeveen 30.7	Omar 33.35	Titus 32.61	Briggs 32.64	Ali 34.60	Windschitl 30.5
7:50 pm SMR	Gamamou 13.2	Hanrahan 13.1	Plock 26.9	Blowers 65.1	1:58.39	2ND
SMR	Franklin 13.7	Vanderhoef 14.2	Roggeveen 32.0	Joens 1:09.75		
8:05 pm 1500M	Hansen 5:21.84	Chadwick 5:29.03*	Arch 5:14.82 6TH	Shepherd 5:05.78 SB 2ND		
8:25 pm 4x100						
8:45 pm 4x400	Hanrahan 66.8	A Traore 67.8	A Traore 69.70	Flanagan 69.72	4:34.13	6TH
	Roerman 73.1	Pienta 71.3	Roggeveen 74.1	Bila 75.2	4:54.20	
	Morrow 69.8	Newman 73.5	Omar 78.0	Goss 1:27.7	5:04.34	

Red=Standard of Excellence *= personal record