

# LADY LANCER RELAYS Results

Thursday, March 30, 2023

MEET STARTS: 4:00 PM

HJ	Amy R 4-06 8th		Tommy S -		
LJ	Augie P 13-11.25 11th		Emily A 15-08 3rd		
SP	Rachel H 32-05 8th		Hannah B 25-11 17th		
DISCUS	Hannah B 88-04 10th		Amara T 89-04 9th		
800 SMR	Safia A DeDe A	Bella S Cooper H	Josie L McKenzie B	Ani W Addy M	1:52.09 2nd 2:07.64
3000	Nina P 10:48.85 2nd	Nicole P 11:14.29 5th			
4X800	Claire L	Nina K	Rachel M	Alma B-N	11:36.15 7th
SHR	Mary H  Debbie P	Monique S  Joey K	Kjirstin K  Angelica H	Kayden J  Gloria K	1:16.99 5th  1:49.69
100	Safia A 13.87 12th	Jessi K 13.97 15th			
1600 Med	Emmy M  Thisbe L	Amy R  Esther O	Josie L  Addy M	Katiya E  Noelle S	4:48.60 6th  5:19.91
400	Eva R 1:02.51 3rd	Lucy T 1:04.80 5th			
4X200	Thisbe L Cooper H	Emmy M Jessi K	McKenzie B Augie P	Esther O Joey K	2:00.18 9th 1:58.68
100H	Kjirstin K 19.15 14th		Debbie P 19.35 17th		
800	Ani W 2:18.96 1st		Annabelle S 2:46.99 14th		
200	Bella S 27.56 8th	Eva R 27.35 7th			
400H	Mary H DQ	Angelica H 1:18.20 10th			
1500	Nina P 5:05.93 2nd	Nicole P 5:19.88 6th			
4X100	Safia A Gloria K	Bella S Kayden J	Kjirstin K Monique S	Emily A DeDe A	53.64 7th 58.19
4X400	Josie L Esther O	Eva R Noelle S	Lucy T Cooper H	Ani W Katiya E	4:07.46 2nd 4:43.57