

**C.R. Prairie**  
**17th Annual Prairie Girls Relays**  
**April 29, 1999**

**TEAM TOTALS**

**Iowa City High 146**

Iowa City West 115

Cedar Rapids Prairie 82

Cedar Falls 76

Cedar Rapids Xavier 56

Vinton Shellsburg 19

**3000 Meters**

Record: Schlapkohl, ICW - 1994 10:53.990

**1ST Michelle Lillenthal, ICH 09:57.297 New Record**

**2ND Lindsay Wetzel, ICH 10:54.512**

3RD Brittany Keith, ICW 11:00.785

4TH Katie Wells, ICW 11:38.183

5TH Steph Burum, CF 11:53.442

6TH SONDY PIESLAR, (CRX)12:58.060

**4 x 800**

Record: IC West - 1998 , 9:51.191

1ST ICW 09:41.220 New Record

**2ND ICH (Kelsie Linder, Patricia Ekiring, Molly Gable, 09:56.899**

3RD CRX 10:05.359

4TH CF 10.34.174

5TH VS 10:45,103

6TH CRP 11:23.645

**Shuttle Hurdle**

Record: Marion - 1984 1:05.37

1ST ICW 1:04.222 New Record

**2ND ICH (Laura Haas, Maurine Tabor, Megan Kennedy, Katy Fraga)1:09.343**

3RD CF 1:10.196

**Distance Medley**

Record. DeWitt - 1987 4:21.2

1ST CF, 4:25.513

2ND ICW, 4:28.296

3RD CRP, 4:32.121

**4TH ICH (Lindsay Quigley, Katie Hill, Jill Teimeyer, Kirsty Moreno) 4:32.573**

5TH CRX, 4:35.299

6TH VS, 4:41.283

### 100 Meters

**Record: Knight, IC High - 1998 , 12.284**

**1ST Kristin Knight ICH 12.326**

2ND Tina Klith CRP 12.555

3RD Christin Karrlski ICW 12.975

4TH Elizabeth Matzen ICH 13,155

5TH Melissa Meng ICW 13.479

6TH Yolanda Little CT 13.921

### 400 Dash

Record; Kelly, Benton 1984 57.78

1ST Marie Johnson CRX 59.67

**2ND Nicole Gatens ICH 60.23**

3RD Emily Putman CRK 61.46

4TH Ashley Baird CRP 61 .97

**5TH Anne Heefner ICH 62.41**

6TH Sara Juvenal ICW 63.44

### 4 X 200

Record: CR Prairie - 1998 1:46.607

**1ST ICH (Elizabeth Matzen, Morgano Rohrbach, Amber Starr, Amanda Nearad) 1:48.895**

2ND CRP 1:49.740

3RD CRX 1:50.602

4TH VS 1:53.151

5TH CF 1:53.743

6TH ICW 1:56.560

### 100 Hurdles

**Record; Price, ICH - 1998 14.91**

1ST Fiona Asigbee CRP 14.278 New Record

**2ND Teesa Price ICH 14.368**

3RD Jill Arganbright ICW 15.304

4TH Jenie Nemmers 15.468

5TH Keri Schoil 16.386

**6TH Katy Fraga ICH . 16.534**

### 800 Meters

Record: Schlapkohl, ICW - 1998 2:21.433

1ST Leslie Smith ICW 2:23.582

**2ND Anne Heefner ICH 2:25.037**

3RD Liz Meyers CF 2:26.742

4TH Brittany Keith ICW 2:27.332

**5TH Lindsay Wetzel ICH 2:28.254**

6TH Amanda Glynn CRX2:33.522

### 200 Meters

**Record: Knight, ICH 1998 24.9**

**1ST Kristin Knight, ICH 25.241**

2ND Tina Klith, CRP 25.982

**3RD Amber Starr, ICH 26.445**

4TH Missa Nakato, ICW 26.66

5TH Jenny Lorensen, CRX 26.821

6TH Christen Karniski, ICW 27.448

### 400 Hurdles

Record; Kalb, Oelwein - 1983 1:07.99

**1ST Tessa Price, ICH 1:03.750 New Record**

2ND Fiona Asigbee, CRP 1:04.017

3RD Jamie Nemmers, CF 1:08.693

4TH Katie Mialandor, CRX 1:09.399

5TH Lara Janson, ICW 1:09.557

**6TH Kelsie Linder, ICH 1:12.217**

### Sprint Medley

Record: Mt. Vernon - 1984 --1:52.30

**1ST ICH (Morgan Rohrbach, Elizabeth Matzen, Nicole Gatens, Amanda Nearad) 1:53.718**

2ND CRP 1:55.509  
3RD CF 1:55.606  
4TH CRX 1:58.938  
5TH ICW 1 :59.429  
6TH VS 2:12.150

### 1500 Meters

**Record: Lilienthal, ICH - 1998 4:52.986**

**1ST Michele Lilienthal ICH 4:41.475 New Record**

2ND Jeni Frudden ICW 4:54.974  
3RD Lauren Levy ICW 5:01.007  
**4TH Molly Meng ICH 5:01.478**  
5TH Masumi Fottral CRP 5:15.440  
6TH Amanda Glynn CRX 5:24.376

### Throwers 4 x 100

Record: Anamosa - 1995 56.185

1ST ICW 0.58.701  
2ND CRP 1:01.790  
3RD CRX 1:01.840

**4TH ICH (Lindsay Quigley, Maxine Jackson, Megan Ruxton, BJ McDuffie)  
1:03.266**

5TH CF 1:09.738

### 4 x 100

Record: CR Prairie - 1997 50.356

**1ST ICH (Amanda Nearad, Nicole Gatens, Teesa Price, Kristin Knight) 50.097  
New Record**

2ND CRP 50.884  
3RD ICW 54.234  
4TH CRX 54.932

### 4 x 400

Record: Regis/LaSalle- 1998 4:04.161

1ST CRX 4:06.883

**2ND ICH (Anne Heefner, Michelle Lake, Patricia Ekiring, Amber Starr)  
4:06.975**

3RD CRP 4:14.698  
4TH ICW 4:16.751  
5TH CF 4:17.443  
6TH VS 4:17.539

## HIGH JUMP

Record: Spettel, Cedar Falls - 1995, 5'4"

1ST Casie Miller CF 5' 2"

2ND Jill Arganbright, ICW 4' 10"

**3RD Megan Leinau, ICH 4' 10"**

4TH Megan Hanneman, VS 4' 10"

**5TH Sarah Vernon, ICH 4' 8"**

6TH Amanda Stratton, CRP 4' 8"

## LONG JUMP

Record: Asigbee, CR Prairie - 1998- 16' 7 1/2"

1ST Fiona Aslgbee CRP 17' 0' New Record

2ND Mel Abernathy VS 15' 9 1/2'

3RD Casie Miller CF 15' 9'

**4TH Patricia Ekiring ICH 15' 8 1/2'**

5TH Carissa Salwey CRP 15' 7 1/2"

6TH Nicky Darling ICW 15' 6 1/2'

## DISCUS

Record: Joens, CR Prairie - 1984- 122' 9"

1ST Maureen Head ICW 115' 8"

2ND Kosley Egli CF 106' 11"

3RD Kim Hansen CF 102' 2"

4TH Hannah Stolba CRX 97' 4'

5TH Beth Aunam ICW 93' 7"

**6TH Lindsey Quigley ICH 93'1"**

## SHOT PUT

Record: Welland, Marion - 1985 42'0"

1ST Maureen Head, ICW 40' 9"

2ND Kara Hinz, CF 37' 8"

3RD Kim Hansen, CF 35' 4"

4TH Lisa Lingerer, CRP 34' 8"

5TH Kate Sawyer, ICW 33' 2"

6TH Hannah Stolba, CRX 31' 6 1/2"