

Sherwood Relays - 3/21/2017
13th Annual
Raffensperger Track, City High School
Results

Girls 100 Meter Dash Varsity

=====				
New Record: ! 12.26 1998		Kristin Knight, City High		
Name	Year	School	Finals	H#
=====				
Finals				
1	Clark, Emma	Iowa City	12.97	2
2	Lloyd, Brittini	Muscatine	13.10	2
2	Cooper, Emma	Iowa City	13.10	2
4	Baylark, Angel	Burlington	13.22	1
5	Miller, Grace	CR Xavier	13.82	2
6	Hummell, Jenna	MT Pleasant	13.94	2
7	Ward, Mariah	CR Wash	13.95	2
8	Rewerts, Hailee	Dav Central	14.03	2
9	McGee, Brooke	Bettendorf	14.30	1
10	Wells, Jessica	Bettendorf	14.50	1
10	Marquardt, Nina	CR Xavier	14.50	2
12	Broeker, Dani	MT Pleasant	14.63	1

Girls 200 Meter Dash Varsity

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New Record: ! 25.14 1999		Kristin Knight, City High		
Name	Year	School	Finals	H#
=====				
1	Anderson, Callie	Burlington	27.35	1
2	Baylark, Angel	Burlington	27.44	1
3	Clark, Emma	Iowa City	27.48	2
4	DePrenger, Sydney	Iowa City	27.89	2
5	Mitchell, Taylor	Bettendorf	28.81	2
6	Braaten, Annika	Bettendorf	29.06	2
7	Rewerts, Hailee	Dav Central	29.30	2
8	Ward, Mariah	CR Wash	29.35	2
9	Witt, Emma	CR Wash	29.50	1
10	Batey, Kalynn	MT Pleasant	29.85	2
11	Stanek, Kiana	CR Xavier	30.46	1
12	Smith, Kirsten	MT Pleasant	30.66	2
13	Arnold, Libby	CR Xavier	31.55	1

Girls 400 Meter Dash Varsity

=====				
New Record: ! 59.10 1996		Keely Barnett, City High		
Name	Year	School	Finals	
=====				
1	Mitchell, Taylor	Bettendorf	1:05.45	
2	Wroblewski, Kylie	Bettendorf	1:05.66	
3	Sartini-Rideout, Azzura	Iowa City	1:08.09	
4	Traore, Saye	Iowa City	1:10.11	
5	Arnold, Libby	CR Xavier	1:11.62	
6	Taylor, Ayla	CR Wash	1:13.61	
7	Yanga, Brianna	CR Xavier	1:15.42	

8 Fiedler, Brittany MT Pleasant 1:16.89

Girls 800 Meter Run Varsity

Name	Year	School	Finals
New Record: ! 2:17.68 2000 Michelle Lilienthal, City High			
1 Spranger, Sydney		Bettendorf	2:29.29
2 Murray, Taylor		MT Pleasant	2:30.55
3 Morter, Moriah		Muscatine	2:32.01
4 Nickles, Jenna		Bettendorf	2:32.99
5 McDowell, Delaney		MT Pleasant	2:41.70
6 Hecker, Aly		Iowa City	2:47.18
7 Goodwin, Tessa		Dav Central	2:51.97
8 Stutzman, Maggie		CR Xavier	2:57.32
9 Sigmon, Annie		CR Xavier	2:57.36
10 Zepeda, Bella		Dav Central	3:01.73

Girls 1500 Meter Run Varsity

Name	Year	School	Finals
New Record: ! 4:45.09 4/1/2003 Nelle Trefz, CITY			
1 Gorman, Reagan		CR Wash	5:03.43
2 Borland, Trinity		Bettendorf	5:03.57
3 Kraft, Brina		Muscatine	5:12.90
4 Gallagher, Ally		Bettendorf	5:12.96
5 Tallett, Katie		CR Xavier	5:16.44
6 Murray, Taylor		MT Pleasant	5:22.24
7 Brown, Bridget		Iowa City	5:26.12
8 Coffey, Emiko		CR Xavier	5:31.26
9 Rummelhart, Annie		Iowa City	5:33.88
10 Meyer, Megan		CR Xavier	x5:34.96
11 Carey, Morgan		Iowa City	x5:41.89
12 Berger, Emma		Dav Central	5:42.51
13 McDowell, Delaney		MT Pleasant	5:44.15
14 Block, Nyah		Bettendorf	x5:46.96
15 Barfels, Elizabeth		Dav Central	5:53.30

Girls 3000 Meter Run Varsity

Name	Year	School	Finals
New Record: ! 10:01.43 1999 Michelle Lilienthal, City High			
1 Morter, Moriah		Muscatine	10:55.00
2 Tallett, Katie		CR Xavier	11:05.00
3 Bywater, Emily		Iowa City	11:06.00
4 Lindower, Anna		Iowa City	11:15.00
5 Ryon, Abby		MT Pleasant	11:17.00
6 Berger, Emma		Dav Central	12:04.00
7 Iversen, Claire		CR Xavier	12:39.00

Girls 100 Meter Hurdles Varsity

Name	Year	School	Finals	H#
New Record: ! 15.61 3/29/2011 Brooke Foreman, CRW				

1	Taylor, Amara	CR Wash	16.52	2
2	Buckert, Allison	MT Pleasant	17.08	2
3	Behning, Hailey	Bettendorf	17.16	2
4	Lampe, Theresa	CR Xavier	17.49	2
5	Williamson, Maddie	MT Pleasant	18.04	2
6	Schwach, Jenna	CR Xavier	18.24	1
7	Swenning, Kate	Iowa City	18.25	2
8	Green, Merryl	Iowa City	18.55	2
9	Erpelding, Maggie	Bettendorf	18.67	2
10	Dirth, Lauren	Muscatine	18.68	1
11	Hesseltine, Hannah	Burlington	19.66	1
12	Cummins, Alexis	Dav Central	20.50	1
13	Stark, Gracie	CR Wash	20.66	1

Girls 400 Meter Hurdles Varsity

New Record: ! 1:04.66 3/28/2006 Lindsey Boldt, Mt. Pleasant

Name	Year	School	Finals	H#
1	Taylor, Amara	CR Wash	1:10.19	2
2	Behning, Hailey	Bettendorf	1:11.02	2
3	Green, Merryl	Iowa City	1:15.99	2
4	Jakubsen, Kara	Dav Central	1:16.40	2
5	Dirth, Lauren	Muscatine	1:16.57	1
6	Cristoforo, Maggie	MT Pleasant	1:17.51	2
7	Estes, Grace	Dav Central	1:20.26	2
8	Stark, Gracie	CR Wash	1:22.12	1
9	Striegel, Alyssa	MT Pleasant	1:26.47	2
10	Markovich, Grace	Bettendorf	1:28.71	1
11	Jones, Izzy	Iowa City	1:28.79	2

Girls 4x100 Meter Relay Varsity

New Record: ! 49.92 1999 City High School, City High
Nearad, Gatens, Price, Knight

School	Finals
1 Bettendorf 'A'	50.87
1) Erpelding, Maggie	2) Wroblewski, Allie
3) Banks, Maddie	4) Ostrom, Emma
2 Davenport Central 'A'	53.43
1) Brown-Taylor, Aiyana	2) Donahue, Azyre
3) Baker, Jada	4) Jackson, Amaya
3 Iowa City 'A'	53.79
1) Clark, Emma	2) Cooper, Emma
3) Dailey, Eryn	4) Swenning, Kate
4 Cedar Rapids Washington 'A'	54.24
1) Peal, Lopou	2) Ward, Mariah
3) Witt, Emma	4) Taylor, Amara
5 Cedar Rapids Xavier 'A'	54.32
1) Miller, Grace	2) Lampe, Theresa
3) Stanek, Kiana	4) Parr, Anna
6 Muscatine 'A'	54.38
1) Brauns, Jescie	2) Harter, Alana
3) Kellett, Callie	4) Lloyd, Brittni
7 Burlington 'A'	55.34
1) Anderson, Callie	2) Juvinal, Hope

3) Johnson, Alize	4) Baylark, Angel	55.90
8 Mount Pleasant 'A'		
1) Broeker, Dani	2) Ensminger, Katie	
3) Hummell, Jenna	4) Shelman, Brianna	

Girls 4x200 Meter Relay Varsity

=====
 New Record: ! 1:45.60 3/27/2012 Davenport Central, Davenport Ce
 J Butler, T Thornton, A McCorkle, S Thomas
 School Finals
 =====

1 Bettendorf 'A'		1:47.07
1) Banks, Maddie	2) Ostrom, Emma	
3) McQuillen, Erin	4) Wroblewski, Allie	
2 Iowa City 'A'		1:55.01
1) DePrenger, Sydney	2) Cooper, Emma	
3) Green, Tiara	4) Jones, Izzy	
3 Mount Pleasant 'A'		1:58.10
1) Ensminger, Katie	2) Cristoforo, Maggie	
3) Hummell, Jenna	4) Shelman, Brianna	
4 Davenport Central 'A'		2:02.52
1) Brown-Taylor, Aiyana	2) Brown, Taquashia	
3) Field, Demi	4) Thede, Natalie	
5 Muscatine 'A'		2:06.50
1) Lathrop, Kaitlyn	2) Rojas, Natasha	
3) Tigrett, Molly	4) Roth, Tori	

Girls 4x400 Meter Relay Varsity

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 New Record: ! 4:05.31 3/26/2013 Cedar Rapids Jefferson, CR Jefferson
 Jacobson, Schneekloth, Koenigsfeld, Broghammer
 School Finals
 =====

1 Bettendorf 'A'		4:22.68
1) McQuillen, Erin	2) Nickles, Jenna	
3) Spranger, Sydney	4) Mitchell, Taylor	
2 Iowa City 'A'		4:33.00
1) DePrenger, Sydney	2) Meurice, Naomi	
3) Green, Tiara	4) Sartini-Rideout, Azzura	
3 Davenport Central 'A'		4:49.26
1) Brown, Taquashia	2) Nimmers, LaKayla	
3) Goodwin, Tessa	4) Field, Demi	
4 Cedar Rapids Xavier 'A'		5:05.73
1) Schmitt, Bridget	2) Tanko, Ellie	
3) Tucker, Cate	4) Yanga, Brianna	
5 Mount Pleasant 'A'		5:11.89
1) Smith, Kirsten	2) Williamson, Maddie	
3) Fiedler, Brittany	4) Smith, Abby	

Girls 4x800 Meter Relay Varsity

=====
 New Record: ! 9:33.28 3/27/2012 Bettendorf, Bettendorf
 L Trizzino, M Nickles, A Peer, M Watts
 School Finals
 =====

1 Bettendorf 'A'		10:01.92
1) Nickles, Jenna	2) Gallagher, Ally	

3) Borland, Trinity	4) Spranger, Sydney	
2 Iowa City 'A'		10:23.97
1) Meurice, Naomi	2) Arch, Mary	
3) Brown, Bridget	4) Hecker, Aly	
3 Cedar Rapids Xavier 'A'		10:59.28
1) Coffey, Emiko	2) Tanko, Ellie	
3) Meyer, Megan	4) Schmitt, Bridget	
4 Davenport Central 'A'		11:50.11
1) Barfels, Elizabeth	2) Estes, Grace	
3) Goodwin, Tessa	4) Zepeda, Bella	

Girls 800 Sprint Medley Varsity

=====
 New Record: ! 1:49.44 1999 City High School, City High
 Nearad, Gatens, Knight, Price

School		Finals
1 Bettendorf 'A'		1:51.80
1) Banks, Maddie	2) Ostrom, Emma	
3) McQuillen, Erin	4) Wroblewski, Allie	
2 Cedar Rapids Xavier 'A'		1:58.92
1) Miller, Grace	2) Lampe, Theresa	
3) Parr, Anna	4) Marquardt, Nina	
3 Iowa City 'A'		1:59.66
1) Clark, Emma	2) Sartini-Rideout, Azzura	
3) DePrenger, Sydney	4) Jones, Izzy	
4 Burlington 'A'		1:59.76
1) Skidmore, Bailey	2) Baylark, Angel	
3) Anderson, Callie	4) Johnson, Alize	
5 Muscatine 'A'		2:00.66
1) Dirth, Lauren	2) Brauns, Jescie	
3) Lloyd, Brittni	4) Harter, Alana	
6 Mount Pleasant 'A'		2:03.92
1) Broeker, Dani	2) Ensminger, Katie	
3) Shelman, Brianna	4) Cristoforo, Maggie	
7 Cedar Rapids Washington 'A'		2:06.63
1) Taylor, Amara	2) Ward, Mariah	
3) Peal, Lopou	4) Powers, Mya	
8 Davenport Central 'A'		2:06.93
1) Baker, Jada	2) Jackson, Amaya	
3) Nimmers, LaKayla	4) Jakubsen, Kara	

Girls Distance Medley Varsity

=====
 New Record: ! 4:19.44 4/1/2003 City High School, CITY
 Kamber, Hichwa, Struve, Trefz

School		Finals
1 Bettendorf 'A'		4:30.78
1) Braaten, Annika	2) Johnson, Emma	
3) Ramstack, Rylee	4) Vermeer, Breanna	
2 Muscatine 'A'		4:37.29
1) Brauns, Jescie	2) Kellett, Callie	
3) Harter, Alana	4) Kraft, Brina	
3 Cedar Rapids Washington 'A'		4:38.86
1) Peal, Lopou	2) Powers, Mya	
3) Witt, Emma	4) Gorman, Reagan	

4	Davenport Central 'A'		4:46.04
	1) Donahue, Azyre	2) Nimmers, LaKayla	
	3) Jackson, Amaya	4) Jakubsen, Kara	
5	Iowa City 'A'		4:51.40
	1) Bormann, Brooke	2) Fellows, Sydney	
	3) Parrott, Lindsey	4) Carey, Morgan	
6	Mount Pleasant 'A'		4:54.97
	1) Smith, Kirsten	2) Batey, Kalynn	
	3) Smith, Abby	4) Ryon, Abby	
7	Cedar Rapids Xavier 'A'		4:58.10
	1) Schwach, Jenna	2) Parr, Anna	
	3) Marquardt, Nina	4) Schmitt, Bridget	

Girls 4x100 Meter Shuttle Hurdle Varsity

New Record: ! 1:07.15 3/25/2014 Mt Pleasant, Mt Pleasant			
L Taylor, S Taylor, H Becker, K Phipps			
School		Finals	H#
1	Mount Pleasant 'A'	1:10.97	2
	1) Williamson, Maddie	2) Keomanivong, Serenity	
	3) Batey, Kalynn	4) Buckert, Allison	
2	Bettendorf 'A'	1:11.09	2
	1) Bruty, Mia	2) Erpelding, Maggie	
	3) Lee, Mahkenn	4) Behning, Hailey	
3	Cedar Rapids Xavier 'A'	1:13.63	1
	1) Schwach, Jenna	2) Stovie, Maddix	
	3) Baldus, Brie	4) Lampe, Theresa	
4	Iowa City 'A'	1:15.84	2
	1) Dailey, Eryn	2) Bormann, Brooke	
	3) Green, Merryl	4) Swenning, Kate	
5	Burlington 'A'	1:22.45	1
	1) Skidmore, Bailey	2) Ellsworth, Sydeny	
	3) Harris, Kira	4) Hesseltine, Hannah	

Girls High Jump Varsity

New Record: ! 5-06 1996 Leah Elbert, Regina			
Name	Year	School	Finals
1		Braaten, Annika	Bettendorf 4-10.00
2		Vanderhoef, Cyan	Iowa City 4-08.00
3		Kellett, Callie	Muscatine 4-06.00
4		Gau, Taylor	Bettendorf J4-06.00
5		Krabill, Tuesday	MT Pleasant 4-02.00
6		Swenning, Kate	Iowa City J4-02.00

Girls Long Jump Varsity

New Record: ! 18-00.75 3/27/2007 Christina Airington, Davenport Centra			
Name	Year	School	Finals
1		McQuillen, Erin	Bettendorf 16-01.50
2		Brown-Taylor, Aiyana	Dav Central 15-05.00
3		Lloyd, Brittni	Muscatine 15-03.00
4		Bruty, Mia	Bettendorf 15-01.50
5		Buckert, Allison	MT Pleasant 15-00.75

6 Donahue, Azyre	Dav Central	14-09.00
7 Keomanivong, Serenity	MT Pleasant	13-11.00
-- Cooper, Emma	Iowa City	ND
-- Bormann, Brooke	Iowa City	ND

Girls Shot Put Varsity

New Record: ! 43-06.50 2002 Aubrey Martin, Muscatine			
Name	Year	School	Finals
1 Murphy, Luci		Iowa City	37-02.50
2 Bittle, Grace		MT Pleasant	34-06.00
3 Farley, Creana		Bettendorf	J34-06.00
4 Johnson, Bailey		MT Pleasant	34-03.00
5 Erpelding, Grace		Bettendorf	30-07.00
6 Jennings, Michelle		Iowa City	30-00.50
7 McDonald, Gracie		Muscatine	29-04.00
8 Atwater, Sydnee		Dav Central	J29-04.00
9 Sanders, Eunesheah		Dav Central	28-06.00
10 O'Shea, Alexa		CR Xavier	25-00.00
11 Lenhard, Yazmynn		Muscatine	24-02.00
12 Meskimen, Nicole		CR Xavier	23-11.00

Girls Discus Throw Varsity

New Record: ! 130-04 3/24/2010 Amanda Stahle, Bettendorf			
Name	Year	School	Finals
1 Murphy, Luci		Iowa City	122-07
2 Liechty, Abbie		MT Pleasant	112-11
3 Johnson, Bailey		MT Pleasant	101-00
4 Atwater, Sydnee		Dav Central	93-04
5 Farley, Creana		Bettendorf	86-05
6 Erpelding, Grace		Bettendorf	78-09
7 Omari, Salima		Iowa City	78-06
8 Lenhard, Yazmynn		Muscatine	65-08
9 Brewer, Amber		Dav Central	62-10
10 Garcia, Alyssa		Muscatine	57-05
11 O'Shea, Alexa		CR Xavier	56-09
12 Meskimen, Nicole		CR Xavier	55-06

Girls 100 Meter Dash Junior Varsity

New Record: ! 12.81 3/27/2012 Kadejah Sanders, CR Washington				
Name	Year	School	Finals	H#
1 Parrow, Tyliyah		Bettendorf	13.69	1
2 Lewis, Olivia		Bettendorf	14.15	1
3 Meekins-Murray, DaRianna		CR Wash	14.27	4
4 Cullum, Maggie		Bettendorf	x14.34	1
5 Young, Ava		Bettendorf	x14.53	2
6 Blackman, Faye		Bettendorf	x14.61	1
7 Bemus, Alyssa		CR Wash	14.68	4
8 Rodriguez, Isabel		Iowa City	15.02	1
9 McLeland, Lexy		MT Pleasant	15.19	4
10 Ward, Savanna		Burlington	15.66	1
11 Pate, Bailey		Bettendorf	x15.85	2

12	Welch, Ellen	CR Xavier	15.93	4
13	Valdez, Jasmine	Burlington	16.26	1
14	Laird, Allie	Bettendorf	x16.35	2
15	Esther, Nishimwe	Iowa City	16.38	3
16	Lopez, Suzi	Dav Central	16.65	3
17	Murry, Rebecca	Iowa City	x16.71	3
18	McGuire, Jenna	CR Wash	x16.75	4
19	Degner, Kendra	Muscatine	16.78	4
20	Chelf, Carly	Bettendorf	x16.82	2
21	Hazelet, Sophia	Bettendorf	x16.91	2
22	Pitts, Jamiesha	CR Wash	x17.20	4
23	Hartwig, Rachel	CR Wash	x17.68	3
24	Lira, Elizabeth	Bettendorf	x17.90	1
25	Selemani, Jackie	Iowa City	x18.12	3
26	Sila, Angel	Iowa City	x18.12	3
27	Hall, Adrienne	CR Wash	x19.56	2

Girls 200 Meter Dash Junior Varsity

=====				
New Record: ! 28.05 3/22/2016 Lea Grady, Dav Cent				
Name	Year	School	Finals	H#
=====				
1	Lewis, Olivia	Bettendorf	28.34	5
2	Parrow, Tyliyah	Bettendorf	28.75	1
3	Gau, Taylor	Bettendorf	x29.29	5
4	Johnson, Emma	Bettendorf	x29.41	1
5	Johnson, Alize	Burlington	29.62	1
6	Wroblewski, Kylie	Bettendorf	x29.71	5
7	Fellows, Sydney	Iowa City	29.72	5
8	Borden, Gilian	Bettendorf	x30.31	2
9	Traore, Saye	Iowa City	30.82	5
10	Young, Ava	Bettendorf	x31.08	1
11	Rodriguez, Isabel	Iowa City	x31.22	4
12	Blackman, Faye	Bettendorf	x31.48	1
13	Watkins, Reagan	Bettendorf	x31.72	2
14	Juvinall, Hope	Burlington	32.08	2
15	Stater, Paige	MT Pleasant	32.56	4
16	Brooks, Natalya	Dav Central	32.62	4
17	Sherman, Eliza	Bettendorf	x32.65	1
18	McLeland, Lexy	MT Pleasant	33.12	4
19	Henriksen, Karissa	Dav Central	33.16	5
20	Anderegg, Maleaha	CR Wash	33.38	5
21	Bah, Assiatou	Iowa City	x34.06	3
22	Miller, Brile	Iowa City	x34.08	4
23	O'Shea, Alexa	CR Xavier	34.25	4
24	Degner, Kendra	Muscatine	35.48	3
25	Farley, Angel	Burlington	x35.52	1
26	Murry, Rebecca	Iowa City	x35.78	2
27	Valdez, Jasmine	Burlington	x35.94	1
28	Lopez, Suzi	Dav Central	x36.08	4
29	Hazelet, Sophia	Bettendorf	x36.41	3
30	Yock, Lindsey	CR Wash	36.48	3
31	Walraven, Anna	Bettendorf	x36.79	2
32	Chelf, Carly	Bettendorf	x36.80	2
33	Manson, Zoe	CR Wash	x39.07	3
34	Selemani, Jackie	Iowa City	x39.49	2
35	Appleby-Sparrow, Madalyn	CR Wash	x39.81	3

36	Sila, Angel	Iowa City	x41.84	2
37	Hall, Adrienne	CR Wash	x46.23	3
--	Chen, Yan	Iowa City	DQ	4

Girls 400 Meter Dash Junior Varsity

=====				
New Record: ! 1:04.09 4/1/2003 Tiffiney Belmont, CITY				
Name	Year	School	Finals	H#
=====				
1	Fuller, Lexi	Bettendorf	1:06.69	1
2	Blake, Rylee	Muscatine	1:09.23	3
3	Johnson, Claudia	Bettendorf	1:10.04	2
4	Ostrom, Sarah	Bettendorf	x1:14.65	2
5	Williams, Lexie	Bettendorf	x1:15.20	3
6	Matthys, Izzy	Bettendorf	x1:15.46	3
7	Nettleton, Rylee	Bettendorf	x1:15.95	1
8	Bert, Olivia	Bettendorf	x1:16.05	2
9	Fuller, Madison	Bettendorf	x1:16.92	2
10	Teagarden, Lilly	Bettendorf	x1:17.16	2
11	Donovan, Reily	Bettendorf	x1:17.48	2
12	Sherman, Eliza	Bettendorf	x1:17.60	2
13	Degner, Kendra	Muscatine	1:20.74	3
14	Walraven, Anna	Bettendorf	x1:28.24	1
15	Lira, Elizabeth	Bettendorf	x1:28.36	2
16	Manson, Zoe	CR Wash	1:30.09	3

Girls 800 Meter Run Junior Varsity

=====				
New Record: ! 2:33.72 3/27/2012 Tayler Scheetz, Bettendorf				
Name	Year	School	Finals	H#
=====				
1	Vermeer, Breanna	Bettendorf	2:37.67	2
2	Ramstack, Rylee	Bettendorf	2:42.79	1
3	Block, Nyah	Bettendorf	x2:43.85	1
4	Castro, Kiana	Bettendorf	x2:44.67	1
5	Bytnar, Layken	Bettendorf	x2:48.73	1
6	Dixon, Maggie	Bettendorf	x2:48.80	2
7	Blake, Rylee	Muscatine	2:48.96	2
8	Kennedy, Olivia	CR Wash	2:51.38	2
9	Weis, Faith	Bettendorf	x2:56.66	1
10	Bytnar, Peyton	Bettendorf	x2:56.81	1
11	Moeller, Kaylin	Burlington	2:59.19	1
12	Doyle, Emma	Bettendorf	x3:02.13	1
13	Denman, Hannah	CR Xavier	3:05.35	2
14	Roth, Tori	Muscatine	3:08.35	2
15	Bert, Olivia	Bettendorf	x3:09.66	1
16	Teagarden, Lilly	Bettendorf	x3:10.51	1
17	Tope, Mallory	Dav Central	3:11.11	2
18	Mwenemkamba, Anastasia	Iowa City	3:11.36	2
19	Miller, Emily	Burlington	3:14.65	1
20	Kaine, Aubryn	Iowa City	3:24.03	2
21	Dorrance, Elise	Dav Central	3:25.13	2
22	Dancille, Nithebuwayo	Iowa City	x3:29.26	2

Girls 1500 Meter Run Junior Varsity

=====				
New Record: ! 5:22.38 4/1/2003 Drew Foreman, CITY				

Name	Year	School	Finals
1 Castro, Kiana		Bettendorf	5:35.68
2 Bytnar, Layken		Bettendorf	5:48.72
3 Dixon, Maggie		Bettendorf	x5:50.85
4 Dascher, Kendall		MT Pleasant	5:52.00
5 Iversen, Claire		CR Xavier	6:06.94
6 Eck, Serena		CR Wash	6:08.86
7 Doyle, Emma		Bettendorf	x6:08.98
8 Bytnar, Peyton		Bettendorf	x6:09.76
9 Cornish, Sophie		Dav Central	6:09.96
10 Hamer, Baylea		Dav Central	6:12.18
11 Weis, Faith		Bettendorf	x6:25.00
12 Peters, Abby		Burlington	6:25.82
13 Levins, Brianna		Bettendorf	x6:32.98
14 Tursi, Gemma		CR Xavier	6:55.42
15 Nichols, Natasha		CR Wash	7:14.92
16 Deegan, Eva		CR Xavier	x8:32.71

Girls 100 Meter Hurdles Junior Varsity

New Record: ! 16.34 3/30/2004 Veronica Rydze, City High Sc				
Name	Year	School	Finals	H#
1 Baldus, Brie		CR Xavier	17.85	3
2 Bruty, Mia		Bettendorf	18.18	2
3 Keomanivong, Serenity		MT Pleasant	18.22	3
4 Lee, Mahkenn		Bettendorf	18.23	2
5 Stovie, Maddix		CR Xavier	18.77	3
6 Dykstra, Alli		Bettendorf	x18.91	1
7 Jennings, Michelle		Iowa City	19.78	3
8 Cullum, Maggie		Bettendorf	x20.31	1
9 Markovich, Grace		Bettendorf	x20.60	2
10 Bemus, Alyssa		CR Wash	21.60	3
11 Dreyer, Hailie		Dav Central	21.65	2
12 Juvinall, Hope		Burlington	22.03	1
13 Powers, Makaylin		Burlington	22.14	1
14 Matthews, Izabelle		CR Wash	22.96	3
15 Jack, Kierra		Dav Central	23.86	2
16 Adkins, Alanna		CR Wash	x26.70	2
17 Hartwig, Rachel		CR Wash	x28.65	2
18 Martens, Ellie		CR Wash	x42.25	2

Girls 400 Meter Hurdles Junior Varsity

New Record: ! 1:09.58 3/29/2011 Lori Lines, CHS			
Name	Year	School	Finals
1 Dykstra, Alli		Bettendorf	1:20.95
2 Ellsworth, Sydeny		Burlington	1:30.25
3 Matthews, Izabelle		CR Wash	1:42.02

Girls 4x100 Meter Relay Junior Varsity

New Record: ! 52.91 3/27/2007 Iowa City City High, Iowa City City H			
School	Year	School	Finals H#
		L Roberts, E Sparks, L Mabikulu, B Nelson	

1	Bettendorf 'A'	56.15	1
	1) Lewis, Olivia		
	3) Borden, Gilian		
	2) Bruty, Mia		
	4) McGee, Brooke		
2	Davenport Central 'B'	x57.74	2
	1) Newton, Alexis		
	3) Dreyer, Hailie		
	2) Holcomb, Shayla		
	4) Yancey, RiAjah		
3	Cedar Rapids Washington 'B'	x57.88	2
	1) Pridegon, Paige		
	3) Meekins-Murray, DaRianna		
	2) Stark, Gracie		
	4) Taylor, Ayla		
4	Cedar Rapids Washington 'C'	x59.04	1
	1) Berry, Bayanna		
	3) Anderegg, Maleaha		
	2) Crusoe, Orianna		
	4) Terry, Jayla		
5	Mount Pleasant 'A'	59.45	2
	1) Doak, Sydney		
	3) Stater, Paige		
	2) Scandridge, Virginia		
	4) Krabill, Tuesday		
6	Iowa City 'A'	1:01.23	2
	1) Grimes, Jada		
	3) Kavira, Deborah		
	2) Henderson, Ronique		
	4) DuBrava, Alexis		
7	Bettendorf 'B'	x1:01.43	1
	1) Parrow, Tyliyah		
	3) Pate, Bailey		
	2) Lee, Mahkenna		
	4) Laird, Allie		
8	Cedar Rapids Xavier 'A'	1:01.53	1
	1) Welch, Ellen		
	3) Skala, Lauren		
	2) Yanga, Brianna		
	4) Marovets, Ellie		
9	Davenport Central 'A'	1:01.78	2
	1) Cummins, Alexis		
	3) Shorter, Breana		
	2) Thede, Natalie		
	4) Howlett, Neah		
10	Cedar Rapids Washington 'A'	1:05.95	2
	1) Martens, Ellie		
	3) Pitts, Jamiesha		
	2) McGuire, Jenna		
	4) Yock, Lindsey		

Girls 4x200 Meter Relay Junior Varsity

New Record: ! 1:56.05 3/28/2006 City High School, City HS			
J Robison, J Putnam, L Fredericks, P Gerard			
School		Finals	
1	Bettendorf 'A'	2:02.28	
	1) Borden, Gillian		2) Gau, Taylor
	3) Wells, Jessica		4) Blackman, Faye
2	Burlington 'A'	2:04.29	
	1) Anderson, Callie		2) Harris, Kira
	3) Valdez, Jasmine		4) Johnson, Alize
3	Davenport Central 'A'	2:06.12	
	1) Newton, Alexis		2) Faison, Nakaya
	3) Howlett, Neah		4) Smith, Jennifer
4	Davenport Central 'B'	x2:07.19	
	1) Yancey, RiAjah		2) Liddell, Alexandria
	3) Holcomb, Shayla		4) Shorter, Breana
5	Iowa City 'B'	x2:09.14	
	1) Bah, Assiatou		2) DuBrava, Alexis
	3) Vanderhoef, Cyan		4) Grimes, Jada
6	Cedar Rapids Washington 'A'	2:10.44	
	1) Pridegon, Paige		2) Johnson, Arieana
	3) Pitts, Jamiesha		4) Meekins-Murray, DaRianna
7	Iowa City 'A'	2:11.48	

1) Henderson, Ronique	2) Hansen, Isabel
3) Kavira, Deborah	4) Sow, Maimouna
8 Cedar Rapids Xavier 'A'	2:12.27
1) Kane, Ella	2) Tanko, Ellie
3) Tucker, Cate	4) Marovets, Ellie

Girls 4x400 Meter Relay Junior Varsity

New Record: ! 4:16.71 4/1/2003		City High School, CITY	Finals	H#
School				
1 Bettendorf 'B'			4:29.14	2
1) Ramstack, Rylee	2) Gallagher, Ally			
3) Vermeer, Breanna	4) Borland, Trinity			
2 Bettendorf 'A'			x4:37.40	2
1) Gau, Taylor	2) Behning, Hailey			
3) Wroblewski, Kylie	4) Lewis, Olivia			
3 Iowa City 'B'			4:54.49	2
1) DeNeice, Olivia	2) Bormann, Brooke			
3) Fellows, Sydney	4) Sow, Maimouna			
4 Bettendorf 'C'			x4:55.31	1
1) Wells, Jessica	2) Matthys, Izzy			
3) Ostrom, Sarah	4) Watkins, Reagan			
5 Iowa City 'A'			x4:56.21	2
1) Green, Merryl	2) Parrott, Lindsey			
3) Parrott, Grace	4) Smith, Addy			
6 Burlington 'A'			4:56.28	1
1) Skidmore, Bailey	2) Powers, Makaylin			
3) Hesselstine, Hannah	4) Moeller, Kaylin			
7 Muscatine 'A'			5:00.71	2
1) Blake, Rylee	2) Rojas, Natasha			
3) Tigrett, Molly	4) Navarrette, Raquel			
8 Davenport Central 'A'			5:08.74	2
1) Jack, Kierra	2) Faison, Nakaya			
3) Smith, Jennifer	4) Liddell, Alexandria			
9 Iowa City 'C'			x5:09.44	1
1) DuBrava, Jordan	2) Djalali-Gomez, Maya			
3) Kaine, Aubryn	4) Bounds, Mary			
10 Cedar Rapids Xavier 'A'			5:11.02	2
1) Kane, Ella	2) Lansing, Rilee			
3) Denman, Hannah	4) Skala, Lauren			
11 Mount Pleasant 'A'			5:22.58	2
1) Dascher, Kendall	2) Vansickel, Aurora			
3) Holtkamp, Claire	4) Smith, Kenna			

Girls 4x800 Meter Relay Junior Varsity

New Record: ! 10:53.56 3/27/2012		Mt Pleasant, Mt Pleasant	Finals
School		E Conrad, K Fry, M Kruse-Meek, E Ludwig	
1 Iowa City 'A'			11:43.05
1) Smith, Addy	2) Parrott, Grace		
3) Trom, Sophie	4) Djalali-Gomez, Maya		
2 Cedar Rapids Xavier 'A'			12:14.47
1) Lansing, Rilee	2) Denman, Hannah		
3) Kane, Ella	4) Stutzman, Maggie		

3 Davenport Central 'A'	12:42.24
1) Cornish, Sophie	2) Hamer, Baylea
3) Dorrance, Elise	4) Tope, Mallory
4 Cedar Rapids Washington 'A'	12:50.69
1) Nichols, Natasha	2) Eck, Serena
3) Kennedy, Olivia	4) Appleby-Sparrow, Madalyn

Girls 800 Sprint Medley Junior Varsity

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 New Record: ! 2:03.67 3/27/2012 Muscatine Girls, Muscatine Gi
 E Arp, M Lutz, L Romagnoli, R Beatty
 School Finals
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1 Bettendorf 'A'	2:11.32
1) Pate, Bailey	2) Ostrom, Sarah
3) Johnson, Claudia	4) Matthys, Izzy
2 Davenport Central 'B'	x2:13.96
1) Howlett, Neah	2) Yancey, RiAjah
3) Field, Demi	4) Thede, Natalie
3 Cedar Rapids Xavier 'A'	2:15.72
1) Welch, Ellen	2) Skoumal, Kaylie
3) Marovets, Ellie	4) Tucker, Cate
4 Davenport Central 'A'	2:15.88
1) Holcomb, Shayla	2) Newton, Alexis
3) Smith, Jennifer	4) Jack, Kierra
5 Iowa City 'A'	2:16.56
1) Grimes, Jada	2) Sow, Maimouna
3) Mwenemkamba, Anastasia	4) Rummelhart, Annie
6 Muscatine 'A'	2:16.90
1) Lathrop, Kaitlyn	2) Doyle, Amanda
3) Rojas, Natasha	4) Roth, Tori
7 Mount Pleasant 'A'	2:19.12
1) Doak, Sydney	2) Scandridge, Virginia
3) Stater, Paige	4) Smith, Kenna
8 Cedar Rapids Washington 'A'	2:23.70
1) Adkins, Alanna	2) Pridegon, Paige
3) Taylor, Ayla	4) Johnson, Arieana

Girls Distance Medley Junior Varsity

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 New Record: ! 4:41.76 3/29/2005 City High School, City High
 School Finals
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1 Mount Pleasant 'A'	5:09.12
1) Doak, Sydney	2) Scandridge, Virginia
3) Striegel, Alyssa	4) Perry, Liz
2 Cedar Rapids Xavier 'A'	5:11.61
1) Skoumal, Kaylie	2) Skala, Lauren
3) Stutzman, Maggie	4) Lansing, Rilee
3 Iowa City 'A'	5:18.50
1) Sow, Maimouna	2) Grimes, Jada
3) Chen, Yan	4) DuBrava, Jordan
4 Burlington 'A'	5:29.21
1) Farley, Angel	2) Ellsworth, Sydeny
3) Ward, Savanna	4)

Girls 4x100 Meter Shuttle Hurdle Junior Varsity

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New Record: !	1:11.58	3/29/2005	City High School, City High School	City High School, City High School	Finals
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1 Bettendorf 'A'					1:20.07
1) Dykstra, Alli			2) Cullum, Maggie		
3) Borden, Gilian			4) Markovich, Grace		
2 Iowa City 'A'					1:29.29
1) DuBrava, Alexis			2) Mwenemkamba, Anastasia		
3) Bah, Assiatou			4) Rummelhart, Annie		

Girls High Jump Junior Varsity

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New Record: !	4-10	3/24/2010	Elizabeth Larsen, Iowa City High School	Elizabeth Larsen, Iowa City High School	Finals
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1 McGee, Brooke		Bettendorf			4-08.00
-- Johnson, Emma		Bettendorf			NH
-- Dreyer, Hailie		Dav Central			NH
-- Johnson, Claudia		Bettendorf			NH

Girls Long Jump Junior Varsity

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New Record: !	16-11.50	3/27/2012	Shaianne Thomas, Davenport Central	Shaianne Thomas, Davenport Central	Finals
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1 Young, Ava		Bettendorf			13-04.00
2 Williams, Lexie		Bettendorf			13-00.25
3 Cummins, Alexis		Dav Central			12-06.00
4 Anderegg, Maleaha		CR Wash			11-10.25

Girls Shot Put Junior Varsity

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New Record: !	36-08	3/29/2005	Laura Minchik, City High School	Laura Minchik, City High School	Finals
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1 Liechty, Abbie		MT Pleasant			33-09.50
2 Omari, Salima		Iowa City			33-09.00
3 Magnani, Lexie		MT Pleasant			32-07.00
4 Powers, Makaylin		Burlington			29-00.50
5 Carrasco, Sadie		MT Pleasant			x28-03.50
6 Jones, Marie		Iowa City			27-05.00
7 Cassady, Ana		Iowa City			x27-00.00
8 Berry, Bayanna		CR Wash			26-02.00
9 Anderegg, Maleaha		CR Wash			25-02.00
10 Crusoe, Orianna		CR Wash			x24-09.00
11 Fuller, Madison		Bettendorf			23-00.00
12 Fields, Masiya		CR Wash			x22-06.50
13 Terry, Jayla		CR Wash			x22-06.00
14 Garcia, Alyssa		Muscatine			22-05.00
15 Harris, Kira		Burlington			22-02.00
16 Canfield, Sarah		Bettendorf			21-11.00
17 Chamberlin, Madison		Dav Central			21-10.00
18 Ward, Savanna		Burlington			x21-05.00
19 Selemeni, Mami		Iowa City			x21-04.00
20 Tague, Rebecca		Dav Central			21-02.00
21 Howell, Aliana		Dav Central			x20-03.50

22	Smith, Denali	Iowa City	x20-00.75
23	Carmoega, Madison	Dav Central	x19-09.00
24	Burgess, Zoe	Iowa City	x19-01.00
25	Page-Smith, Cheyenne	Dav Central	x18-02.00
26	Tipsword, Alyssa	Dav Central	x17-11.00
27	Farley, Angel	Burlington	x17-09.00
28	Doyle, Emma	Bettendorf	x16-03.00

Girls Discus Throw Junior Varsity

New Record: ! 119-07 3/27/2012 Amara Lehman, Iowa City Hig			
Name	Year	School	Finals
1	Bittle, Grace	MT Pleasant	89-07
2	Jennings, Michelle	Iowa City	87-04
3	Cassady, Ana	Iowa City	75-11
4	Lenhard, Yazmynn	Muscatine	67-03
5	Carrasco, Sadie	MT Pleasant	64-05
6	Terry, Jayla	CR Wash	63-03
7	Chamberlin, Madison	Dav Central	59-09
8	Canfieldd, Sarah	Bettendorf	57-03
9	Fuller, Madison	Bettendorf	56-00
10	Burgess, Zoe	Iowa City	x55-09
11	Jones, Marie	Iowa City	x53-07
12	Sanders, Eunesheah	Dav Central	52-08
13	Harris, Kira	Burlington	52-02
14	Ward, Savanna	Burlington	50-08
15	Tipsword, Alyssa	Dav Central	x48-05
16	Page-Smith, Cheyenne	Dav Central	x48-02
17	Selemani, Mami	Iowa City	x45-01
18	Howell, Aliana	Dav Central	x43-08
19	Smith, Denali	Iowa City	x39-02
20	Carmoega, Madison	Dav Central	x36-00

Mixed 800 Meter Run

New Record: ! 2:05.02 3/29/2011 Nathan Hopp, UNA			
Name	Year	School	Finals
1	Xavier, Brian	M Unattached	X2:21.52
--	Schmitt, Hunter	M Unattached	X2:26.37
2	Crew, Claire	W Unattached	X2:39.37

Women - Varsity - Team Rankings - 19 Events Scored

1)	Bettendorf	182	2)	Iowa City	145
3)	Mount Pleasant	102	4)	Muscatine	67
5)	Cedar Rapids Xavier	65	6)	Davenport Central	62
7)	Cedar Rapids Washington	50	8)	Burlington	34

Women - Junior Varsity - Team Rankings - 18 Events Scored

1)	Bettendorf	191	2)	Iowa City	89
3)	Mount Pleasant	70	4)	Cedar Rapids Washington	60
5)	Cedar Rapids Xavier	58	6)	Burlington	48
7)	Davenport Central	42	8)	Muscatine	35