

IC West Women of Troy Varsity & JV Meet - 3/29/2016

IC West

Results - Women of Troy Meet

Girls 100 Meter Dash Varsity

Record: 12.63 * 2006 Callan Jacobson

Name	Yr	School	Finals
Finals			
1 Ramsey, Kira	SR	LM	12.98 10
2 Waller, Amarri	SR	CRK	13.03 8
3 Bennett, Jill	FR	LM	13.15 6
4 Mitchell, Cheyenne	FR	CRK	13.23 4
5 Anderson, Callie	FR	BURL	13.31 2
6 Lloyd, Brittni	SO	MUSC	13.32 1
7 Severt, Katie	FR	ICW	13.33
8 Hilderbrand, Raenice	FR	CRP	13.56
9 Miller, Grace	SO	CRX	13.64
10 Clark, Emma	FR	ICH	13.64
11 Mukumbilwa, Katherine	SR	ICW	13.66
12 DePrenger, Maddie	SR	ICH	13.82
13 Parr, Anna	SO	CRX	13.87
14 Lewis, Morgan	SO	CRP	14.02

Girls 200 Meter Dash Varsity

Record: 26.03 * 2009 Jessica Gehrke

Name	Yr	School	Finals
Finals			
1 Wensel, Payton	SO	LM	25.81* 10
2 Waller, Amarri	SR	CRK	27.03 8
3 Ross, Jenna	JR	CRP	27.25 6
4 Severt, Katie	FR	ICW	27.66 4
5 DePrenger, Sidney	SO	ICH	27.92 2
6 Clark, Emma	FR	ICH	28.00 1
7 Rolle, Ariana	SO	LM	28.10
8 Wolfe, Rikki	SR	BURL	28.78
9 Oakley, Sydney	SR	CRX	29.26
10 Stanek, Kiana	JR	CRX	29.97
11 Basabe, Nia	JR	ICW	30.30
12 VanPelt, Emma	JR	BURL	35.29

Girls 400 Meter Dash Varsity

Record: 1:00.00 * 2002 Ashley Williams

Name	Yr	School	Finals
Finals			
1 Wensel, Payton	SO	LM	56.70* 10
2 Skriver, Kirstin	SO	CRP	1:01.65 8
3 Dickes, Jennifer	SR	CRX	1:02.05 6
4 Gravelin, Micaela	JR	ICW	1:02.53 4
5 Moore, Olivia	JR	ICW	1:05.22 2
6 France, Regan	SR	MUSC	1:05.46 1
7 Siebenga, Kirsten	SR	CRK	1:06.16
8 Wolfe, Rikki	SR	BURL	1:07.18
9 Dolphin, Hailey	SO	CRK	1:09.81
10 Lorenz, Sarah	JR	LM	1:16.77

Girls 800 Meter Run Varsity

Record: 2:14.38 * 2015 Stephanie Jenks

Name	Yr	School	Finals
Finals			
1 Jenks, Stephanie	SR	LM	2:14.53 10
2 Chapman, Larkin	SR	MUSC	2:18.73 8
3 Decker, Amber	SR	LM	2:19.44 6
4 Nock, Bailey	SO	ICW	2:23.74 4
5 Kraft, Brina	JR	MUSC	2:26.80 2
6 Saunders, Tia	SR	ICW	2:27.27 1
7 Brands, Kinsee	SO	ICH	2:33.59
8 Smith, Addie	SO	ICH	2:33.64
9 Joyner, Kayla	JR	CRK	2:36.54
10 Erickson, Morgan	SO	CRP	2:37.53
11 Bell, Blair	FR	CRP	2:48.07
12 Lenss, Megan	JR	CRX	2:50.75
13 Linder, Reagan	FR	CRK	2:52.69
14 Perkins, Aundrea	JR	BURL	3:01.98

Girls 1500 Meter Run Varsity

Record: 4:35.77 * 2015 Stephanie Jenks

Name	Yr	School	Finals
Finals			
1 Nock, Bailey	SO	ICW	4:58.30 10
2 Skopec, Gabby	JR	ICW	5:03.96 8
3 Garcia, Morgan	SR	LM	5:05.81 6
4 Arch, Mary	JR	ICH	5:06.60 4
5 Fusselman, Hannah	SO	CRK	5:07.32 2
6 Frazee, Hannah	JR	CRP	5:09.73 1
7 Dickes, Jennifer	SR	CRX	5:10.98
8 Lindower, Anna	FR	ICH	5:11.01
9 Roos, Danielle	JR	MUSC	5:14.29
10 Morter, Moriah	SO	MUSC	5:14.42
11 Mann, Maddie	JR	LM	5:21.44
12 Neubauer, Alissa	SO	CRP	5:34.03
13 Coffey, Emiko	JR	CRX	5:37.88
14 Meyer, Alissa	JR	CRK	5:44.71

Girls 3000 Meter Run Varsity

Record: 10:42.10 * 2004 Sarah Wickman

Name	Yr	School	Finals
Finals			
1 Skopec, Gabby	JR	ICW	10:47.05 10
2 Frazee, Hannah	JR	CRP	11:05.43 8
3 Moore, Olivia	JR	ICW	11:08.42 6
4 Hansen, Mollie	JR	ICH	11:24.68 4
5 Green, Olivia	JR	CRK	11:59.81 2
6 Forrest, Eady	FR	CRP	12:03.94 1
7 Genskow, Maddy	JR	LM	12:11.84
8 Kelley, Emma	FR	LM	12:14.49
9 Manders, Emily	SR	CRK	12:31.50
10 Brown, Lydia	SR	CRX	12:43.45
11 Sigmon, Anne	JR	CRX	12:48.90

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Results - Women of Troy Meet

Girls 100 Meter Hurdles Varsity

Record: 15.29 * 2011 Khanishah Williams

Name	Yr	School	Finals
Finals			
1 Welch, Valerie	JR	ICW	15.26* 10
2 Young, Grace	SR	ICW	16.25 8
3 Peterson, Alexis	SO	CRK	17.28 6
4 Smith, Sophia	JR	CRP	17.54 4
5 Lampe, Theresa	SO	CRX	17.69 2
6 Swenning, Kate	FR	ICH	17.69 1
7 Lovell, Jayden	JR	CRK	17.71
8 Flickinger, Leah	SR	CRP	17.72
9 Kammerer, Paige	SR	BURL	17.77
10 Windschitl, Elke	SR	ICH	18.12
11 Fuhrmann, Melanie	SO	LM	18.32
12 Simons, Jaclyn	JR	LM	18.33
13 Stovie, Maddix	JR	CRX	18.41
14 Humphrey, Mackenzie	SR	BURL	19.00
15 Freers, Mallory	SO	MUSC	19.23
16 Raymond, Jana	FR	MUSC	19.80

Girls 400 Meter Hurdles Varsity

Record: 1:03.59 * 2006 Lindsey Boldt

Name	Yr	School	Finals
Finals			
1 Welch, Valerie	JR	ICW	1:06.36 10
2 Steva, Peyton	FR	ICW	1:12.37 8
3 Kammerer, Paige	SR	BURL	1:14.21 6
4 Trester, Alexis	SO	BURL	1:14.61 4
5 Mather, Meghan	FR	LM	1:15.49 2
6 Schmitt, Sarah	FR	CRP	1:16.52 1
7 Baldus, Brie	JR	CRX	1:16.69
8 Flanagan, Marleigh	SO	ICH	1:16.88
9 Williams, Shelby	JR	CRK	1:16.98
10 Smith, Sophia	JR	CRP	1:17.52
11 Lovell, Jayden	JR	CRK	1:18.38

Girls 4x100 Meter Relay Varsity

Record: 49.62 * 2011 Iowa City West

Team	Relay	Finals
Finals		
1 LINN-MAR		50.61 10
1) Bennett, Jill FR	2) Ramsey, Kira SR	
3) Rolle, Ariana SO	4) Lorenz, Brooke SR	
2 CR KENNEDY		52.16 8
1) Mitchell, Cheyenne FR	2) Drahn, Tianna SR	
3) Borsay, Hannah JR	4) Waller, Amarri SR	
3 CR PRAIRIE		52.73 6
1) Lewis, Morgan SO	2) Hilderbrand, Raenice FR	
3) Andorf, Madeline FR	4) Soeken, Kenzie SR	
4 IC WEST		53.40 4
1) Mukumbilwa, Katherine SR	2) Bauer, Ally JR	
3) Basabe, Nia JR	4) Severt, Katie FR	

5 IOWA CITY HIGH		53.43 2
1) Johnson, Delaney SR	2) Cooper, Emma FR	
3) Dailey, Eryn FR	4) Clark, Emma FR	
6 CR XAVIER		53.79 1
1) Oakley, Sydney SR	2) Miller, Grace SO	
3) Stanek, Kiana JR	4) Parr, Anna SO	

Girls 4x200 Meter Relay Varsity

Record: 1:44.24 * 2011 Iowa City West

Team	Relay	Finals
Finals		
1 IOWA CITY HIGH		1:48.29 10
1) Johnson, Delaney SR	2) DePrenger, Maddie SR	
3) Cooper, Emma FR	4) Gamamou, Rose SR	
2 CR PRAIRIE		1:50.53 8
1) Lewis, Morgan SO	2) Ross, Jenna JR	
3) Andorf, Madeline FR	4) Soeken, Kenzie SR	
3 CR KENNEDY		1:52.35 6
1) Mitchell, Cheyenne FR	2) Rose-Johnson, Jurnee SO	
3) Borsay, Hannah JR	4) Johnston, Cassidy FR	
4 IC WEST		1:53.79 4
1) Mukumbilwa, Katherine SR	2) Basabe, Nia JR	
3) Gryp, Breeyn SO	4) Noibi, Kia SO	
5 LINN-MAR		1:58.77 2
1) Luehring, McKenna FR	2) Scott, Bethany SO	
3) Mease, Brooke SO	4) Weiland, Mariah JR	
6 MUSCATINE		1:59.19 1
1) Brauns, Jesci JR	2) Harter, Alana JR	
3) Kellett, Callie FR	4) Rogers, Macy FR	
7 CR XAVIER		1:59.91
1) Schwach, Jenna JR	2) Hill, Jane JR	
3) Oshea, Alexa SO	4) Sodawasser, Rachel SO	

Girls 4x400 Meter Relay Varsity

Record: 4:04.86 * 2003 Iowa City West

Team	Relay	Finals
Finals		
1 LINN-MAR		4:02.60* 10
1) Gries, Abby SR	2) Decker, Amber SR	
3) Saville, Hanna JR	4) Wensel, Payton SO	
2 IOWA CITY HIGH		4:09.68 8
1) DePrenger, Maddie SR	2) DePrenger, Sidney SO	
3) Jones, Izzy FR	4) Gamamou, Rose SR	
3 MUSCATINE		4:13.21 6
1) France, Regan SR	2) Lloyd, Brittni SO	
3) Kraft, Brina JR	4) Chapman, Larkin SR	
4 IC WEST		4:16.87 4
1) Gravelin, Micaela JR	2) Steva, Peyton FR	
3) Young, Grace SR	4) Saunders, Tia SR	
5 BURLINGTON		4:32.62 2
1) Anderson, Callie FR	2) Wolfe, Rikki SR	
3) Kammerer, Paige SR	4) Trester, Alexis SO	
6 CR PRAIRIE		4:32.66 1
1) Ross, Jenna JR	2) Fuller, Brie SO	
3) Smith, Sophia JR	4) Erickson, Morgan SO	

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Finals ... (Girls 4x400 Meter Relay Varsity)

Team	Relay	Finals
7 CR KENNEDY		4:38.10
1) Dolphin, Hailey SO	2) Williams, Shelby JR	
3) Johnston, Cassidy FR	4) Siebenga, Kirsten SR	
8 CR XAVIER		4:44.95
1) Schwach, Jenna JR	2) Hill, Jane JR	
3) Miller, Grace SO	4) Stanek, Kiana JR	

Girls 4x800 Meter Relay Varsity

Record: 9:29.87 * 2002 Iowa City West

Team	Relay	Finals
Finals		
1 MUSCATINE		9:39.87 10
1) Kraft, Brina JR	2) France, Regan SR	
3) Morter, Moriah SO	4) Chapman, Larkin SR	
2 IOWA CITY HIGH		9:55.43 8
1) Lindower, Anna FR	2) Verdick, Hailey SR	
3) Arch, Mary JR	4) Jones, Izzy FR	
3 IC WEST		10:08.36 6
1) Skopec, Jessie JR	2) Gretter, Ellie SO	
3) Ronnebaum, Claire SO	4) Nock, Bailey SO	
4 LINN-MAR		10:12.79 4
1) Hicks, Ally JR	2) Jones, Bryce SR	
3) Mann, Maddie JR	4) Van Rheezen, Abby SO	
5 CR KENNEDY		10:18.54 2
1) Fusselman, Hannah SO	2) Joyner, Kayla JR	
3) Meyer, Ali JR	4) Siebenga, Kirsten SR	
6 CR XAVIER		10:41.13 1
1) Coffey, Emiko JR	2) Lenss, Megan JR	
3) Tallett, Katie JR	4) Dickes, Jennifer SR	

Girls 800 Sprint Medley Varsity

Record: 1:50.84 * 2010 Iowa City West

Team	Relay	Finals
Finals		
1 CR PRAIRIE		1:54.90 10
1) Lewis, Morgan SO	2) Ross, Jenna JR	
3) Soeken, Kenzie SR	4) Skriver, Kirstin SO	
2 IC WEST		1:57.48 8
1) Severt, Katie FR	2) Mukumbilwa, Katherine SR	
3) Noibi, Kia SO	4) Green, Tiara SO	
3 IOWA CITY HIGH		1:57.83 6
1) Johnson, Delaney SR	2) Gamamou, Rose SR	
3) Cooper, Emma FR	4) Traore, Fanta SR	
4 CR KENNEDY		2:03.01 4
1) Borsay, Hannah JR	2) Beer, Katie JR	
3) McAllister, Natalie SO	4) Nus, Kate JR	
5 CR XAVIER		2:03.02 2
1) Miller, Grace SO	2) Lampe, Theresa SO	
3) Parr, Anna SO	4) Tallett, Katie JR	
6 MUSCATINE		2:05.26 1
1) Brauns, Jesci JR	2) Lloyd, Brittni SO	
3) Harter, Alana JR	4) Rogers, Macy FR	

7 LINN-MAR		2:06.75
1) Hubler, Olivia SO	2) Issac, Dacia JR	
3) Scott, Bethany SO	4) Harper, Maddie JR	
8 BURLINGTON		2:10.19
1) Humphrey, Mackenzie SR	2) Anderson, Callie FR	
3) Wolfe, Rikki SR	4) Perkins, Aundrea JR	

Girls Distance Medley Varsity

Record: 4:17.59 * 2003 Mt. Pleasant

Team	Relay	Finals
Finals		
1 LINN-MAR		4:18.43 10
1) Feahn, Sophie FR	2) Renner, Megan FR	
3) Saville, Hanna JR	4) Garcia, Morgan SR	
2 IC WEST		4:18.66 8
1) Noibi, Kia SO	2) Basabe, Nia JR	
3) Green, Tiara SO	4) Saunders, Tia SR	
3 MUSCATINE		4:41.74 6
1) Brauns, Jesci JR	2) Harter, Alana JR	
3) Rogers, Macy FR	4) Roos, Danielle JR	
4 CR PRAIRIE		4:43.02 4
1) Fuller, Brie SO	2) Wagemester, Jenna SO	
3) Possehl, Paige SO	4) Neubauer, Alissa SO	
5 CR XAVIER		4:52.90 2
1) Oakley, Sydney SR	2) Stanek, Kiana JR	
3) Tallett, Katie JR	4) Coffey, Emiko JR	
6 CR KENNEDY		4:55.01 1
1) Drahn, Tianna SR	2) Herold, Hannah FR	
3) Nus, Kate JR	4) Peterson, Hannah JR	
7 IOWA CITY HIGH		4:59.53
1) DePrenger, Sidney SO	2) Dailey, Eryn FR	
3) Traore, Aminata SR	4) Traore, Fanta SR	

Girls 4x100 Meter Shuttle Hurdle Varsity

Record: 1:05.95 * 2012 Mt. Pleasant

Team	Relay	Finals
Finals		
1 IC WEST		1:06.62 10
1) Steva, Peyton FR	2) Noibi, Kia SO	
3) Young, Grace SR	4) Welch, Valerie JR	
2 CR KENNEDY		1:13.03 8
1) Peterson, Alexis SO	2) Lovell, Jayden JR	
3) Beer, Katie JR	4) McAllister, Natalie SO	
3 BURLINGTON		1:14.27 6
1) Kammerer, Paige SR	2) Trester, Alexis SO	
3) Bivens, Alli FR	4) Humphrey, Mackenzie SR	
4 LINN-MAR		1:15.98 4
1) Simons, Jaclyn JR	2) Fuhrmann, Melanie SO	
3) Micek, Kayla SO	4) Luehring, McKenna FR	
5 CR PRAIRIE		1:17.35 2
1) Smith, Sophia JR	2) Cooley, Lexie SO	
3) Flickinger, Leah SR	4) Schmitt, Sarah FR	
6 CR XAVIER		1:17.39 1
1) Stovie, Maddix JR	2) Oshea, Alexa SO	
3) Baldus, Brie JR	4) Lampe, Theresa SO	

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Results - Women of Troy Meet

Finals ... (Girls 4x100 Meter Shuttle Hurdle Varsity)

Team	Relay	Finals
7 MUSCATINE		1:20.57
1) Caffery, Reagan SO	2) Raymond, Jana FR	
3) Doyle, Amanda SR	4) Freers, Mallory SO	
--- IOWA CITY HIGH		DNF
1) Dailey, Eryn FR	2) Green, Merryl FR	
3) Swenning, Kate FR	4) Windschitl, Elke SR	

Girls High Jump Varsity

Record: 5-08 * 2011 Khanishah Williams

Name	Yr	School	Finals
Finals			
1 Gamamou, Rose	SR	ICH	5-06.00 10
2 Beer, Katie	JR	CRK	5-02.00 8
3 Lorenz, Brooke	SR	LM	5-02.00 6
4 Soeken, Kenzie	SR	CRP	5-00.00 4
5 Renner, Megan	FR	LM	5-00.00 2
6 Willis, Alex	JR	ICW	5-00.00 1
7 Vanderhoef, Cyan	JR	ICH	4-10.00
8 Wagemester, Jenna	SO	CRP	4-08.00
9 Kellett, Callie	FR	MUSC	4-06.00
9 Irish, Jade	JR	CRK	4-06.00
11 Beik, Maddie	SO	MUSC	4-06.00

Girls Long Jump Varsity

Record: 18-01 * 2013 McKennan Cronbaugh

Name	Yr	School	Finals
Finals			
1 Welch, Valerie	JR	ICW	19-04.00* 10
2 Lorenz, Brooke	SR	LM	17-07.00 8
3 Beer, Katie	JR	CRK	17-06.00 6
4 Rolle, Ariana	SO	LM	16-11.75 4
5 Gravelin, Micaela	JR	ICW	16-10.00 2
6 Drahn, Tianna	SR	CRK	16-07.50 1
7 Cooper, Emma	FR	ICH	16-05.75
8 Lloyd, Brittni	SO	MUSC	15-10.50
9 Rogers, Macy	FR	MUSC	15-02.50
10 Clark, Emma	FR	ICH	14-09.50
11 Fuller, Brie	SO	CRP	13-10.50

Girls Shot Put Varsity

Record: 44-09.25 * 2006 Danica Haight

Name	Yr	School	Finals
Finals			
1 Haight, Chandler	SO	ICW	37-06.00 10
2 Makky, Zainab	SR	ICW	35-01.25 8
3 Wegter, Danielle	SR	MUSC	34-06.25 6
4 Joens, Meghan	SR	CRX	33-01.50 4
5 Fuhrmann, Melanie	SO	LM	33-00.75 2
6 Murphy, Luci	JR	ICH	33-00.50 1
7 Sill, Alicia	SO	CRP	32-08.00
8 Nemece, Brooke	SR	CRP	32-00.25
9 Keiper, Amanda	JR	CRK	29-09.00
10 Arroyo, Laura	FR	MUSC	28-01.50
11 Love, Iman	SO	CRK	27-02.75

12 Jennings, Michelle	JR	ICH	26-05.00
13 Ties, Mackenzie	FR	CRX	23-07.50

Girls Discus Throw Varsity

Record: 137-04 * 2006 Danica Haight

Name	Yr	School	Finals
Finals			
1 Dusterhoft, Leah	JR	ICW	124-01 10
2 Wegter, Danielle	SR	MUSC	119-04 8
3 Joens, Meghan	SR	CRX	117-08 6
4 Haight, Chandler	SO	ICW	110-03 4
5 Milbrath, Brinley	SR	CRK	106-09 2
6 Murphy, Luci	JR	ICH	106-06 1
7 Fuhrmann, Melanie	SO	LM	93-11
8 Ikeda, Kyra	SO	CRP	90-05
9 Nemece, Brooke	SR	CRP	88-07
10 Schleder, Madison	JR	CRK	79-04
11 Jennings, Michelle	JR	ICH	66-08
12 Vaughn, Claudia	FR	MUSC	54-08

Girls 100 Meter Dash Junior Varsity

Name	Yr	School	Finals
Finals			
1 Crinigan, Brenna	SO	CRP	14.21
2 Weiland, Mariah	JR	LM	14.40
3 Nurre, Olivia	SO	CRP	14.61
4 Grimes, Jada	SO	ICH	14.86
5 Edwards, Quairi	FR	ICW	15.19
6 Sow, Maimouna	FR	ICH	15.44
7 Hill, Sydnee	FR	CRX	15.51
8 Zarco, Paula	SO	LM	15.81
9 Eller, Kendra	FR	MUSC	16.13
10 Valdez, Jasmine	FR	BURL	16.53
11 Whitaker, Maddie	SR	MUSC	17.76

Girls 200 Meter Dash Junior Varsity

Name	Yr	School	Finals
Finals			
1 Dinicola, Cairo	JR	CRP	28.73
2 Gryp, Breeyn	SO	ICW	29.19
3 Johnson, Alize	FR	BURL	29.95
4 Edwards, Quairi	FR	ICW	30.86
5 Omalley, Shawna	FR	ICH	31.07
6 Estes, Lexi	JR	MUSC	31.32
7 Heims, Jessica	JR	CRP	31.57
8 Washington, Nia	FR	ICH	31.65
9 Hill, Sydnee	FR	CRX	32.86
10 Kinney, Sydney	JR	CRK	33.05
11 Leaverton, Chloe	SO	CRK	33.38
12 Shin, Woojin	SO	CRX	34.88
13 Dupuy, Tixiana	JR	LM	35.42
14 Dysart, Aurora	SO	LM	35.48
15 Valdez, Jasmine	FR	BURL	37.28

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Girls 400 Meter Dash Junior Varsity

Name	Yr	School	Finals
Finals			
1 Ryan, Kaelyn	FR	CRK	1:06.48
2 Abram, Elisa	JR	ICW	1:07.81
3 Johnson, Alize	FR	BURL	1:08.56
4 Haefner, Olivia	FR	CRK	1:09.61
5 Hartman, Stella	FR	BURL	1:09.76
6 Baller, Kasey	JR	ICW	1:10.25
7 White, Taylor	SR	MUSC	1:10.25
8 Nearad, Jenna	SR	CRP	1:11.66
9 Tigrett, Molly	SO	MUSC	1:12.16
10 Carey, Morgan	FR	ICH	1:13.09
11 Omar, Khadeeja	SO	ICH	1:17.24
12 Fitzsimmons, Abbey	SO	LM	1:19.55
13 Wang, Chen	JR	CRX	1:22.61
14 Harris, Sydney	FR	CRX	1:27.67
15 Bunce, Megan	SO	LM	1:30.16

Girls 800 Meter Run Junior Varsity

Name	Yr	School	Finals
Finals			
1 Ince, Deniz	FR	ICW	2:32.65
2 Hecker, Aly	FR	ICH	2:33.81
3 Hicks, Ally	JR	LM	2:40.69
4 Parrott, Lindsey	SO	ICH	2:42.36
5 Ratzter, Hannah	SO	CRK	2:49.05
6 Yoder, Tiffanay	FR	CRP	2:49.87
7 Wampole, Kourtney	SO	CRK	2:53.21
8 Whyte, Aspen	SO	MUSC	2:54.81
9 Gehlbach, Emma	FR	ICW	2:59.83
10 Tursi, Gemma	SO	CRX	3:00.73
11 Hartman, Stella	FR	BURL	3:14.90

Girls 1500 Meter Run Junior Varsity

Name	Yr	School	Finals
Finals			
1 Ronnebaum, Claire	SO	ICW	5:14.31
2 Bywater, Emily	JR	ICH	5:15.22
3 Durian, Emma	FR	ICW	5:27.77
4 Van Rheenen, Abby	SO	LM	5:28.00
5 Chadwick, Celeste	JR	ICH	5:30.48
6 Morrow, Amelia	SO	ICH	x5:31.43
7 Genskow, Maddy	JR	LM	5:31.90
8 Verdick, Hailey	SR	ICH	x5:40.14
9 Landry, Rebecca	SR	LM	x5:41.25
10 Parrott, Olivia	SR	ICH	x5:42.15
11 Block, Maddie	JR	LM	x5:42.36
12 Shutt, Izzy	JR	ICH	x5:43.92
13 Peterson, Hannah	JR	CRK	5:46.78
14 Green, Olivia	JR	CRK	5:47.31
15 Brown, Lydia	SR	CRX	5:47.69
16 Manders, Emily	SR	CRK	x5:48.94
17 Kelley, Emma	FR	LM	x5:54.51
18 Duffy, Cailin	FR	LM	x5:57.16

19 Recker, Peyton	JR	CRX	5:59.45
20 Whyte, Aspen	SO	MUSC	6:04.33
21 Jensen, Annika	JR	ICW	x6:05.40
22 Sheyko, Kristin	JR	CRK	x6:05.90
23 Marti, Alaina	SR	CRX	x6:06.95
24 Averhoff, Ashlyn	JR	CRK	x6:14.41
25 Fierro, MaryAnne	FR	CRP	6:16.75
26 Noack, Claire	SR	ICH	x6:18.37
27 Chapnick-Sorokin, Phoebe	FR	ICH	x6:20.76
28 Kendrick, AJ	FR	LM	x6:23.61
29 Alldredge, Anna	FR	CRP	6:23.81
30 McLaughlin, Briana	FR	CRK	x6:24.45
31 Dake, Hannah	FR	CRX	x6:25.37
32 Tursi, Gemma	SO	CRX	x6:28.84
33 Wehr, Ellie	FR	CRP	x6:38.34
34 Hartman, Stella	FR	BURL	6:42.88
35 Bunce, Megan	SO	LM	x7:10.64
36 Harris, Sydney	FR	CRX	x7:16.19

Girls 3000 Meter Run Junior Varsity

Name	Yr	School	Finals
Finals			
1 Brune, Meghan	JR	CRP	12:24.18
2 Sheyko, Kristin	JR	CRK	12:51.54
3 Marti, Alaina	SR	CRX	13:00.30
4 Pardubsky, Claire	JR	CRK	13:05.58
5 Jensen, Annika	JR	ICW	13:06.23
6 Kendrick, AJ	FR	LM	13:15.31
7 Bourgeois, Meredith	SO	CRP	13:20.00

Girls 100 Meter Hurdles Junior Varsity

Name	Yr	School	Finals
Finals			
1 Bivens, Alli	FR	BURL	17.79
2 Trester, Alexis	SO	BURL	18.30
3 Baldus, Brie	JR	CRX	18.52
4 Willis, Alex	JR	ICW	18.78
5 Bohnsack, Natalie	JR	CRP	18.91
6 Dailey, Eryn	FR	ICH	18.93
7 Micek, Kayla	SO	LM	19.88
8 Hill, Naudia	FR	ICH	20.15
9 Scolaro, Allie	FR	LM	20.43
10 Ruiz, Vizzy	FR	MUSC	21.27
11 Caffery, Reagan	SO	MUSC	22.04
12 Hauschild, Jaelyn	FR	CRK	22.37
13 Cooley, Lexie	SO	CRP	22.44
14 Haskin, Liz	SR	CRK	24.25
15 Oshea, Alexa	SO	CRX	25.80

Girls 400 Meter Hurdles Junior Varsity

Name	Yr	School	Finals
Finals			
1 Micek, Kayla	SO	LM	1:20.64
2 Doyle, Amanda	SR	MUSC	1:20.80
3 Miller, Nicole	JR	CRP	1:22.45
4 Woepking, Whitney	FR	MUSC	1:28.46

IC West Women of Troy Varsity & JV Meet - 3/29/2016

IC West

Results - Women of Troy Meet

Finals ... (Girls 400 Meter Hurdles Junior Varsity)

Name	Yr	School	Finals
5 Hansen, Cassandra	FR	CRK	1:28.88
6 Hauschild, Jaelyn	FR	CRK	1:42.51

Girls 4x100 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 CR PRAIRIE		55.41
1) Crinigan, Brenna SO	2) Wagemester, Jenna SO	
3) Flickinger, Leah SR	4) Schmitt, Sarah FR	
2 LINN-MAR		55.92
1) Mease, Brooke SO	2) Baker, Navia FR	
3) Issac, Dacia JR	4) Hubler, Olivia SO	
3 CR XAVIER		56.52
1) Schwach, Jenna JR	2) Hill, Jane JR	
3) Stovie, Maddix JR	4) Sodawasser, Rachel SO	
4 IC WEST		56.52
1) Klutts, Molly FR	2) Edwards, Quairi FR	
3) Elliott, Leah SO	4) Gryp, Breeyn SO	
5 IOWA CITY HIGH		58.55
1) Swenning, Kate FR	2) Washington, Nia FR	
3) Lepcin, Anna SO	4) Omar, Khadeeja SO	
6 CR KENNEDY		59.46
1) Herold, Hannah FR	2) Cottrell, Destiny JR	
3) Tuetken, Kaleigh JR	4) Peterson, Alexis SO	
7 MUSCATINE		1:07.07
1) Ruiz, Vizzy FR	2) Trego, Natalie FR	
3) Martinez, Mia FR		

Girls 4x200 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 CR PRAIRIE		1:59.03
1) Dinicola, Cairo JR	2) Smith, Avery FR	
3) Nurre, Olivia SO	4) Schmitt, Sarah FR	
2 IOWA CITY HIGH		2:01.35
1) Green, Merryl FR	2) DeNeice, Olivia FR	
3) Verdick, Hailey SR	4) Sow, Maimouna FR	
3 MUSCATINE		2:03.58
1) Molina, Nikole FR	2) Lathrop, Kaitlyn FR	
3) Estes, Lexi JR	4) Eller, Kendra FR	
4 LINN-MAR		2:03.89
1) Mondejar, Nadia JR	2) Lamas, Lanessa JR	
3) Scott, Savannah SR	4) Zarco, Paula SO	
--- CR KENNEDY		DQ
1) Herold, Hannah FR	2) Cottrell, Destiny JR	
3) Tuetken, Kaleigh JR	4) Milsap, Anafer FR	

Girls 4x400 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 IOWA CITY HIGH		4:30.44
1) Traore, Aminata SR	2) Parrott, Lindsey SO	
3) DeNeice, Olivia FR	4) Green, Merryl FR	

2 IC WEST		4:37.34
1) Baller, Kasey JR	2) Ince, Deniz FR	
3) Gretter, Ellie SO	4) Abram, Elisa JR	
3 CR PRAIRIE		4:48.26
1) Geary, Raegan SO	2) Dinicola, Cairo JR	
3) Copeland, Emma FR	4) Nearad, Jenna SR	
4 LINN-MAR		4:48.98
1) Mather, Meghan FR	2) Lorenz, Sarah JR	
3) Feahn, Sophie FR	4) Harper, Maddie JR	
5 MUSCATINE		4:54.88
1) Tigrett, Molly SO	2) Founeau, Olivia SO	
3) Molina, Nikole FR	4) Lathrop, Kaitlyn FR	
6 CR KENNEDY		4:54.96
1) Drahn, Tianna SR	2) Waller, Amarri SR	
3) Rose-Johnson, Jurnee SO	4) Ryan, Kaelyn FR	
7 CR XAVIER		4:55.57
1) Maloney, Katie JR	2) Sodawasser, Rachel SO	
3) Ross, Peyton SO	4) Schmitt, Bridget FR	

Girls 4x800 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 LINN-MAR		11:21.36
1) Duffy, Cailin FR	2) Block, Maddie JR	
3) Landry, Rebecca SR	4) Barajas-Peterson, Crystal JR	
2 CR KENNEDY		11:23.52
1) Wampole, Kourtney SO	2) Linder, Reagan FR	
3) Averhoff, Ashlyn JR	4) Ratzer, Hannah SO	
3 CR XAVIER		11:40.52
1) Dake, Hannah FR	2) Recker, Peyton JR	
3) Schmitt, Bridget FR	4) Ross, Peyton SO	
4 IOWA CITY HIGH		12:22.90
1) Noack, Claire SR	2) Carey, Morgan FR	
3) Chapnick-Sorokin, Phoebe FR	4) Damhorst, Drew FR	
5 CR PRAIRIE		12:24.59
1) Myers, Andrea SO	2) Fierro, MaryAnne FR	
3) Kelly, Addie FR	4) Bandy, Karly FR	

Girls 800 Sprint Medley Junior Varsity

Team	Relay	Finals
Finals		
1 CR PRAIRIE		2:04.57
1) Crinigan, Brenna SO	2) Hilderbrand, Raenice FR	
3) Smith, Avery FR	4) Booth, Victoria SO	
2 MUSCATINE		2:08.85
1) Campbell, Ashley SR	2) Lathrop, Kaitlyn FR	
3) Bell, Kaleigh SO	4) White, Taylor SR	
3 IC WEST		2:10.61
1) Klutts, Molly FR	2) Elliott, Leah SO	
3) Andrus, Emma SO	4) Willis, Alex JR	
4 CR KENNEDY		2:12.45
1) Fifield, Kim JR	2) Fellmer, Rylee FR	
3) Winterowd, Ashley SO	4) Buresh, Maci FR	
5 LINN-MAR		2:13.98
1) Smith, Katie SO	2) Scolaro, Allie FR	
3) Scott, Savannah SR	4) Pint, Erin SO	

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Results - Women of Troy Meet

Finals ... (Girls 800 Sprint Medley Junior Varsity)

Team	Relay	Finals
6 IOWA CITY HIGH		2:17.51
1) Grimes, Jada SO	2) Sow, Maimouna FR	
3) Nyambonek, Janet SO	4) Hill, Naudia FR	

Girls Distance Medley Junior Varsity

Team	Relay	Finals
Finals		
1 IOWA CITY HIGH		4:54.77
1) Lepcin, Anna SO	2) Hill, Naudia FR	
3) Omalley, Shawna FR	4) Nyambonek, Janet SO	
2 CR PRAIRIE		4:57.60
1) Copeland, Emma FR	2) Matson, Megan FR	
3) Booth, Victoria SO	4) Grady, Ashley JR	
3 MUSCATINE		5:00.12
1) Bell, Kaleigh SO	2) Campbell, Ashley SR	
3) Tigrett, Molly SO	4) Founeau, Olivia SO	
4 IC WEST		5:01.46
1) Klutts, Molly FR	2) Andrus, Emma SO	
3) Gehlbach, Emma FR	4) Durian, Emma FR	
5 CR XAVIER		5:10.31
1) Shin, Woojin SO	2) Hill, Sydnee FR	
3) Maloney, Katie JR	4) Sigmon, Anne JR	
6 LINN-MAR		5:19.78
1) Smith, Katie SO	2) Pint, Erin SO	
3) Jorgenson, Adrianna JR	4) Jones, Bryce SR	
7 CR KENNEDY		5:20.79
1) Fellmer, Rylee FR	2) Lloyd, Meredith SR	
3) Holmstedt, Maddie SO	4) Martinez, Britney FR	

Girls 4x100 Meter Shuttle Hurdle Junior Varsity

Team	Relay	Finals
Finals		
1 CR KENNEDY		1:24.24
1) Williams, Shelby JR	2) Hauschild, Jaelyn FR	
3) Gouchee, Erica JR	4) Haskin, Liz SR	
2 CR PRAIRIE		1:25.05
1) Bohnsack, Natalie JR	2) Crady, Mariah FR	
3) Catlett, Ashton FR	4) Miller, Nicole JR	

Girls High Jump Junior Varsity

Name	Yr	School	Finals
Finals			
1 Feahn, Sophie	FR	LM	4-08.00
2 Miller, Nicole	JR	CRP	4-06.00
3 Woepking, Whitney	FR	MUSC	4-04.00
4 Phillips, Moriah	FR	MUSC	4-02.00
5 Henderson, Jade	SO	CRK	4-00.00
--- Kinney, Sydney	JR	CRK	NH

Girls Long Jump Junior Varsity

Name	Yr	School	Finals
Finals			
1 Brauns, Jesci	JR	MUSC	14-09.50
2 Andrus, Emma	SO	ICW	14-05.00

3 Nurre, Olivia	SO	CRP	14-03.00
4 Washington, Nia	FR	ICH	14-01.00
5 Phillips, Moriah	FR	MUSC	13-11.50
6 Gryp, Breeyn	SO	ICW	13-10.75
7 Borsay, Hannah	JR	CRK	13-10.00
8 Herold, Hannah	FR	CRK	13-07.75
9 Doyle, Amanda	SR	MUSC	x13-06.25
10 Woepking, Whitney	FR	MUSC	x13-05.50
11 Matson, Megan	FR	CRP	12-11.50
12 Mondejar, Nadia	JR	LM	12-05.75

Girls Shot Put Junior Varsity

Name	Yr	School	Finals
Finals			
1 Soto, Markquitta	SR	CRP	31-11.25
2 Dusterhoft, Leah	JR	ICW	30-10.25
3 Haverkamp, Rowan	SR	ICW	30-03.25
4 Mahnke, Abbey	JR	CRP	29-10.75
5 Burt, Delaney	JR	ICW	x29-06.75
6 Allen, Karen	FR	BURL	27-11.25
7 Baker, Navia	FR	LM	26-05.75
8 Cassady, Anna	FR	ICH	25-07.00
9 Thompson, Kendra	JR	LM	25-04.25
10 Kuepker, Paige	JR	ICH	24-09.75
11 Barnes, Mackenzie	SR	CRP	x24-07.75
12 Vela, Lily	FR	MUSC	24-07.50
13 Redden, Katie	FR	CRP	x24-05.75
14 Love, Yesenia	SO	MUSC	23-06.75
15 Prull, Jamison	SO	CRK	22-07.50
16 Jabus, Kamae	FR	CRK	22-03.00
17 Noble-Gann, Joscelyn	FR	MUSC	x21-11.00
18 Nelson, Jenna	SR	MUSC	x21-03.75

Girls Discus Throw Junior Varsity

Name	Yr	School	Finals
Finals			
1 Sill, Alicia	SO	CRP	99-08
2 Makky, Zainab	SR	ICW	97-00
3 Soto, Markquitta	SR	CRP	93-11
4 Voorhees, Jamie	SO	CRK	89-03
5 Heims, Jessica	JR	CRP	x84-03
6 Osborn, Molly	SR	CRK	84-01
7 Mahnke, Abbey	JR	CRP	x79-06
8 Burt, Delaney	JR	ICW	77-03
9 Haverkamp, Rowan	SR	ICW	x75-10
10 Vela, Lily	FR	MUSC	72-01
11 Arroyo, Laura	FR	MUSC	69-00
12 Kuepker, Paige	JR	ICH	67-05
13 Ties, Mackenzie	FR	CRX	63-08
14 Noble-Gann, Joscelyn	FR	MUSC	x61-08
15 Thompson, Kendra	JR	LM	59-11
16 Cassady, Anna	FR	ICH	56-04
17 Love, Yesenia	SO	MUSC	x48-08

IC West Women of Troy Varsity & JV Meet - 3/29/2016

IC West

Results - Women of Troy Meet

Women - Varsity - Team Rankings - 19 Events Scored

1) IC West	174
2) Linn-Mar	122
3) CR Kennedy	76
4) CR Prairie	64
5) Iowa City High	58
6) Muscatine	50
7) CR Xavier	25
8) Burlington	20