



# CITY HIGH GIRLS TRACK AND FIELD 2016

CO-ED LANCER INVITATIONAL APRIL 11TH



Long Jump		Washington 13' 4" 6th				
High Jump		Morrow 4'2"*				
Shot Put	Cassady 26'10.5" 6th	Kuepker 26'11.5" 5th				
Discus	Cassady 76'8" 3rd	Kuepker 67'3" 6th				
3000M	Chadwick 11:49.50 SB 1st					
4X800	Morrow 2:42.6 SB	McCormick 2:40.7SB	Noack 3:05.9	Carey 2:54.5*	11:24.03	3rd
SHR						
100M2	Anastasia 15.96*	Grimes 14.74*				
DMR	Omar 32.2SB	Hill 30.5	Lepcin 1:09.6*	Damhorst 3:02.5*	5:15.47	6th
400M						
4X200	Washington 30.6*	Grimes 30.3*	Sow 31.5*	Anastasia 34.2*	2:06.6	DQ
100M Hurdles	Hill 20.26					
800M	Noack 3:12.06	Chapnick-Sorokin 3:08.24				
200M	Bah 34.79	Hill 31.51* 5th				
400M Hurdles						
SMR	Grimes 14.5*	Sow 14.1*	Bah 34.4*	Carey 1:16.2*	2:19.66	4th
1500M	McCormick 5:32.37 1st	Morrow 5:48.36 4th				
4x100	Grimes 14.5*	Sow 13.5 *	Lepcin 15.2	Hill 14.6	58.40	4th
4x400	Washington 1:11.7*	Carey 1:15.3*	Damhorst 1:18.1*	Omar 1:16.7*	5:02.21	6th

Team Scores: Rock Island 156, Bettendorf 109, North Scott 69, Pleasant Valley 59, Muscatine 54, **City 53**, Dav West 50, Clinton 37