

2010 Sherwood Relays

“Never apologize for doing the best you can.”—Joe Kelly

“Only those who risk going too far can possibly find out how far they can go.”—T.S. Eliot

The balmy weather and home crowd brought out the best in you last night. I thought we competed better the best we have since last year’s State Meet. Even when things didn’t go well I saw intensity and superior effort. Our level of enthusiasm was also superb and, as always, your coaches appreciated the willingness of you to step in and fill voids when needed. Sustaining this type of effort will help us to be the best we can be!

	Varsity				JV			
Long Jump	Nelson 16'9" (1st) SB	Hansche 14' 7"*						
High Jump	Johnson 4'10" (5 th)	Brooks 5'2" (2nd) SB			De Boeck1 4'4" (4 th)	Larsen 4'10" (1st) SB		
Shot Put	Hyché 34' 9" (1st)*	Gustafson 31'11" (5 th)			Chambers 25'3" (5th)	Brookfield 20'6"*	Behlke 26'6" (3rd)	Mitchell 22'8"*
Discus	Hyché 113'10" (2nd)*	Gustafson 81'4"*			Chambers 66'11"*	Brookfield 48'5"	Behlke 61'4"*	Mitchell 62'8"*
					Honeck 56'3"*	Gonzales 68'11"		
3000	Richardson 10:59.40 SB (1st)	Holman 11:18.00 (3 rd)			Shinnick 12:44.80 2 nd	Gordon Peterson 13:28.00 5th* 12:16.50 1st	Siglin 14:11.50*	Mendenhall
4 x 800 9:53.10 (2 nd)	Langenfeld 2:32.5 SB	Rethwisch 2:27.8	Fagan 2:25.9	Stephenson 2:26.5*	Beasley 2:39.3 SB	Bui 2:46.1 SB	Mahaffa 3:04.7	Aguilar-Rosales 3:00.7 (11:31.30, 1 st)
ShuttleHurdle 1:11.55 (2 nd)	Sotelo 17.4	Lines 18.0	Feeney 17.9	Kunc 18.0	Omar 21.4	Enloe 21.8	Perez 17.9	Sullivan 19.6* (1:21.22, 3 rd)
100m	Wilkinson 12.80 (1 st)	Crew 13.40 (4 th)			Kooker 14.90 (3 rd)	Orr 18.00		
D Med 4:32.30 (1 st)	Kuddes 27.7	Mueller 28.8	De Boeck 68.4 SB	Yagla 2:27.2	Omar 29.3	Schwager 30.1*	Baker 69.8	Hudachek 2:47.5 (4:57.40, 2 nd)
400m	Hynes 67.2 (5 th)	Kunc 65.50 (3 rd)						
4 x 200m 1:49.50 (3 rd)	Crew 27.5*	Nelson 27.3	Coleman 27.4 SB	Sullivan 27.3 SB	Hansche 28.7*	EymanCasey 29.7	Mueller 27.5 SB	Langenfeld 30.7* (1:56.70, 1st)
100Hurdles	Sotelo 17.00 (3rd)*	Lines 18.00			Feeney 17.70 (1 st)	Enloe 21.60*	Perez 18.50 (4th)*	
800m	Richardson 2:28.3 (DQ)	Danielson 2:28.50 (1st)*			Bui 2:47.10 (3 rd)	Beasley 2:41.20 (2 nd)	Scoblic 2:51.30 (5 th)	
200m Dash	Wilkinson 26.40 (1st) SB				Cook 34.90*	Enloe 34.40*	Kooker 30.80 (4 th)	Omar Schwager 29.50 (1 st) 31.80
400Hurdles	Sotelo 68.70 (2nd)*	Lines 71.10 (4th)*			Perez 1:14.80 (2nd)*	Kunc 1:10.80 (1st)*		
Sprint Med 1:54.90 (1 st)	Nelson 12.8	Coleman 13.0	Mills 27.7	Wilkinson 61.3 SB	Kooker 14.6	Brooks 14.8	Johnson 28.9	Hynes 66.9 (2:05.20, 1 st)
1500	Rethwisch 4:55.20 (1 st)	Fagan 4:58.20 SB (2 nd)	Stephenson 5:01.70* (3rd)		Ali 5:49.80* (5th)	Mahaffa 5:46.70 (4 th)		
4 x 100m 52.40 (5 th)	Crew 13.3	Coleman 12.6	Hansche 13.9*	Nelson 12.4	Feeney 14.3	Mueller 13.2	Brooks 14.1	Kooker 14.9 (56.75, 1 st)
Throwers 4x1 60.6 (1 st)	Gustafson 15.3*	Chambers 14.1*	Gonzales 15.8*	Hyché 14.6*				
4 x 400m A 4:18.00 (3 rd)	Yagla 63.6 SB	Danielson 63.6*	Kuddes 67.1	Sullivan 63.7 SB	Crew 65.6*	Sotelo 68.9	Langenfeld 69.8	EymanCasey 69.9 SB (4:34.70, 1st)
4 x 400m B 4:50.40 (3 rd)					Feeney 72.4	Baker 71.4	Hudachek 76.1	Hansche 70.6
4 x 400 C/D 5:01.80 (6 th)	Beasley 71.1	Bui 74.4*	Omar 70.8*	Cook 85.8*	Enloe 79.6*	Ali 83.7	Johnson 66.1*	Hyché 84.2* (5:13.00)

Red Name=Standards of Excellence Varsity Team Scores: **CHS 184**, Burlington 98, Bett 88.5, Xavier 61, CRWash 52, Mt Pleasant 47.5

Red Time= Meet Scoring Dav. Central 41, Muscatine 16

*= Personal Record

JV Team Scores: **CHS 171.5**, Xavier 91.5, Burlington 78.5, CR Wash 66, Bett 52.5, Muscatine 45,

Muscatine 45,
SB= Season’s best

Dav. Central 42, Mt. Pleasant 26