



CITY HIGH GIRLS TRACK AND FIELD 2015



WOMEN OF TROY RELAYS MARCH 31ST

Long Jump	Roerman 14-11.00 6TH	Windschitl 12-08.25	Lindaman 14-01.25* 6TH	Ali 12-01.75	Franklin 15-01.25* 1ST	
High Jump	Gamamou 5-05 1ST 2nd All Time CHS	Vanderhoef 4-10* 6TH	Durian 4-08* 1ST			
Shot Put	Stamp 32'2"	Kuepker 20'8.5"				
Discus	Stamp 78'10"*	Kuepker 48'4"				
JV3000						
4x800	Arch 2:24.9SB	F Traore 2:29.9SB	Shepherd 2:24.6SB	Plock 2:19.4*	9:39.21	2ND
JV 4x800	Brands 2:37.2*	McCormick 2:36.2*	Verdick 2:43.4	Joens 2:33.0*	10:29.92	1ST
SHR	Blowers 17.6SB	Windschitl 18.4	Roerman 18.4	Thompson 18.8	1:13.66	3RD
100M	Gamamou 13.06* 2ND	M DePrenger 13.60	Pienta 14.63* 4TH	Ali 15.82		
DMR						
JV DMR	Vanderhoef 31.2	Pagan 31.3	Flannagan 67.5*	L Parrott 2:45.4*	4:55.44	2ND
400M		Verdick 1:09.21*				
4x200	G Brown 28.1*	Blowers 28.5	Hanrahan	S Deprenger	1:52.99	3RD
JV 4x200	Franklin 28.7*	Pienta 30.4*	Caris 30.0SB	Pagan 32.3	2:01.79	4TH
100 H	Roerman 18.20	Windschitl 18.11SB	Thompson 18.41 4TH			
800M	Smith 2:35.88*	Chadwick 2:40.85*	O Parrott 2:52.66	A. Traore 2:38.90 SB 3RD		
200M		F Traore 28.82*	Ali 33.48 SB	Flanagan 29.89* 1ST		
400M H	M Deprenger 1:10.96	Thompson 1:19.93				
SMR	Johnson 12.6SB	Gamamou 13.2*	Blowers 29.1	Plock 57.3	1:52.59	1ST
JV SMR	Roerman 13.7*	Windschitl 14.3	Pienta 29.1*	Brands 67.3*	2:05.17	1ST
JV 1500M	Noack 6:29.96*	Goss 6:14.24*	Sanderfelt 6:26.04*			
JV 4x100	Franklin 13.2*	Lindaman 13.8*	Caris 15.5	Vanderhoef 13.2*	56.10	2ND
4x400	Gamamou 62.1*	G Brown 65.9	S Deprenger 64.9	Johnson 65.6	4:19.36	4TH
JV4x400	L Parrott 65.5*	Joens 70.9	Smith 68.3*	Chadwick 73.5*	4:38.34	2ND

Varsity Team Score: West 146, Linn-Mar 145, CR Prairie 88, CHS 62, CR Kennedy 54, Muscatine 53, CR Xavier 32, Burlington 5