

# Washington Relays

Washington, IA

May 7, 1999

## RESULTS:

Mt. Pleasant 109.5

Burlington 83

Fairfield 78

**Iowa City JV 76**

Ft. Madison 66

Washington 57.5

Keokuk 31

Albia 4

## High Jump

**S. Vernon ICjv 4'8"**

A. Christopher FF 4' 8"

A. Gilmore Wash 4' 8"

A. Brunbaugh MP 4'8"

Kueken FF 4' 8"

Rich/Fitten Wash/MP 4' 4"

## Long Jump

K. Boney Bur 16'1"

J. Dejerling MP 15' 9"

A. Reschly MP 15' 7 1/2"

N. Johnson Bur 15' 5"

L. Smith FF 15' 1"

K. Derr K 13' 11'

## Discus

Katie Roth Wash 118'1"

B. Burner FF 102' 1"

J. Capper Wash 101' 6"

E. Mueller K 97 10 1/2  
Kurrie Bur 92' 9"  
J. Pae MP 89 11"

### Shot Put

Jess Capper Wash 32'3 1/2"  
Mayor K 30' 8 1/2"  
Martin MP 30' 1/2"  
Davis K 28 9 1/2"  
Shelangoski FF 28'8"  
Allison FF 27'9"

### 3000 M Run

M. Rehm FM 11:30.45  
**S. Kjonaas I Cjv 11:46.96**  
Sita MP 11:52.28  
S. Wyn. AL 12:03.52  
R. Malcolm FM 12:03.17  
**E. Russo ICjv 12:11.99**

### 4 x 800 Relay

Hunold, Basman, Nye, Morris FM 10:19.95  
**I Cjv (Sparks, Heefner, Gannon, Kruegger) 10:45.10**  
MP 10:50.09  
FF 11:07.57  
Bur 11:45.37  
K 11:52.61

### Shuttle Hurdle Relay

Wichmeier,Johnson, Miller, Boney Bur 1:07.53  
**ICjv (Lisa Croker, Laura Haas, Maurine Tabor, Katy Fraga) 1:09:68**  
FF 1:1 1.67  
MP 1:12.06  
K 1:12.09  
FM 1:12.11

### Distance Med Relay

Scruggs,Biddenstaat,Hunold,Nye FM 4:28.72

FF 4:29.27

Bur 4:31.44

MP 4:31.53

Wash 4:51 .07

**ICjv (Goepford, Steirs, Hill, Gannon)4:54.80**

### 100Meters

Katie Boney Bur :12.93

C. Dary MP :13.10

J. Stewart K :13.56

**E. Hodge ICjv :13.79**

C. Overstreet Bur :14.08

**D.Dunham ICjv :14.16**

### 400Meters

C. Morris FM 1:00.66

B. Weade MP 1:04.15

S. Luse FF 1:07.46

K. Smith Bur 1:07.68

K.Basham FM 1:09.15

### 4 x200 Relay

Landstrum,Liechty,Lanferman,Kelly MP 1:53.20

Wash 1:53.44

**ICjv (Lynch, Thalken, Hinshaw, Gilpin) 1:57.81**

Bur 1:59.66

K 2:00.00

FF 2:03.55

### 100Hurdles

Natalie Johnson Bur :16.67

J. Barnham FF :16.85

A. Reschly MP :16.92  
**K. Fraga ICjv :17.09**  
A. Christopher FF :17.14  
K. TeBockhurst Wash :17.46

### 800Meters

Casey Hornick FF 2:25.44  
B. Hunold FM 2:28.42  
J. Gerdes Bur 2:32.53  
**S. Heefuer ICjv 2:34.30**  
**A. Kruger ICjv 2:39.41**  
J. Jandrey MP 2:40.27

### 200Meters

Lisa Naab MP :27.33  
E. Orozo K :28.89  
B. Andersen Bur :29.11  
B. Weaver MP :29.67  
C. Overstreet Bur :30.07  
H. Thannert FM :30.69

### 400Meter Hurdles

**Laura Haas I Cjv 1:10.46**  
K. Crossett Wash 1:12:23  
J. Burnham FF 1:12.24  
**M. Kennedy ICjv 1:13.36**  
A. Reschly MP 1:17.71  
J. Crossland FF 1:20.16

### Sprint Medley Relay

Deerling,Dary,Lanferman,Kelly MP 1:55.75  
FM 1:57.27  
Wash 2:00.92  
Bur 2:02.34  
FF 2:04.32  
K 2:07.18

### 1500 Meters

L. Nye FM 5:01.43

C. Hornick FF 5:10.54

Stiefel Bur 5:12.76

J. Schultz MP 5:13.49

M.Rehm FM 5:24.34

**M. Gable ICjv 5:27.73**

### 4 x 100 Meter

Deerling, Landstrum, Dary, Naab MP :52.88

Bur :53.98

Wash :54.00

**ICjv (Lynch, Hinshaw, Thalken, Gilpin) :55.12**

K :55.14

Al :57.21

### 4 x 400 Meter

McLaughlin, Nichting, Lanterman, Naab MP 4:20.16

FF 4:34.22

**ICjv (Tabor, Kennedy, Steirs, Hill) 4:35.61**

Wash 4:37.97

Bur 4:41.86

FM 4:54.66