

Bettendorf Freshman Invitational, April 14, 2003

	Freshman
Long Jump (g), (4 jumps)	
High Jump (g)	Gable: 4-6 (4 th) Olson: 4-2 (6 th)
Shot Put (g), (4 throws)	Moore: 29-9 (2 nd)
Discus (g), (4 throws)	Moore: 94-2 (1 st)
100 Meter Hurdles (g)	
110 Meter Hurdles (b)	
200 Meter Dash (g)	
200 Meter Dash (b)	
4 x 800 Meter Relay (g)	Tippe, Cmiel, Bross, Plaughner 2:44 3:09 3:08 3:12 12:10.62 (1 st)
4 x 800 Meter Relay (b)	
Sprint Medley Relay (g)	Shantell, Fredericks, Schallau, Diggleman 15.0 15.0 31.8 69.9 2:12.06 (4 th)
100 Meter Dash (g)	Toins: 14.5
100 Meter Dash (b)	
1500 Meter Run (g)	Bross: 5:41.88 (1 st) Ovrum: 5:53.16 (2 nd)
4 x 200 Relay (g)	Fredericks, K. Jones, Olson, Gable 30 31 29.5 29.5 2:00.14 (3 rd)
4 x 200 Relay (b)	
400 Meter Dash (g)	Cmiel
400 Meter Dash (b)	
Distance Medley (g)	Shantell, Toins, Plaughner, Diggleman ? ? 72.1 2:31 4:47.16 (1 st)
Distance Medley (b)	
1600 (b)	
4 x 100 Meter Relay (g)	Fredericks, Shantell, Toins, Olson 14.8 16.7 12.6 13.2 56.5 (4 th)
4 x 100 Meter Relay (b)	
4 x 400 Meter Relay (g)	Gable, Schallau, Ovrum, Tippe 71.9 72.9 74.4 73.1 4:52.73 (2 nd)
4 x 400 Meter Relay (b)	
Team Scores	City High- 74 CR Wash- 72 Dav West- 60 Pleasant Valley- 40 Rock Island- 39 Bettendorf- 39 Dav. North- 26 North Scott- 15 Dav. Central- 12 Xavier- 4