

Cedar Rapids Freshman Invitational, April 17, 2006

Freshman	
Long Jump (g), (4 jumps)	Carter- 14-3 (2 nd) Putnam- 13-5 (6 th) Feeney- 11-10
High Jump (girls first)	Massey- 4-9 (2 nd)
Shot Put (g), (4 throws)	Tutson- 34-9 (1 st) Smith- 25-5.5 (5 th)
Discus (g), (4 throws)	Tutson- 82-5 (4 th) Smith- 65-11
3000m Run	None
4 x 800 Meter Relay (g)	McFarland, Rethwisch, Rodriguez, Kregel 2:55 2:49 3:32 2:32 11:50.65 (2 nd)
Shuttle Hurdle Relay	Carter, Harris, Massey, Jordan 18.6 16.7 19.2 15.9 1:10.89 (1 st)
100 Meter Dash (g)	Feeney- 14.76 Emily Sparks- 14.11 (4 th)
Distance Medley (g)	Martin, DeMoss, Kleingartner, Bates 31.4 29.2 76.2 3:22.8 5:40.45 (5 th)
400m Dash	Yeater- 73.32 Goddard- 68.66 (4 th)
4 x 200 Relay (g)	Carter, Harris, Jordan, Putnam 28.1 26.6 28.2 28.1 1:51.61 (1 st)
800m Run	Kregel- 2:38.43 (3 rd)
100 Meter Hurdles (g)	Shaw- 19.61 (5 th) Martin- 21.80
200 Meter Dash (g)	
400m hurdles	Harris- 1:09.38 (1 st) MEET RECORD
Sprint Medley Relay (g)	Sparks, Massey, Feeney, DeMoss 13.5 13.9 29.4 70.4 2:07.70 (4 TH) Shaw, Yeater, Kleingartner, Martin 13.8 16.6 33.1 80.5 2:24.56
1500m Run	McFarland- 5:56.82 (3 rd) Rethwisch- 6:02.66 (5 th)
4 x 100 Meter Relay (g)	Jordan, Carter, Sparks, Putnam 13.6 12.5 12.7 13.5 :52.57 (1 st)
4 x 400 Meter Relay (g)	Harris, Yeater, Goddard, Kregel 63.5 75.8 67.7 69.8 4:36.8 Putnam, Sparks, Feeney, Jordan 66.4 67.8 70.4 63.9 4:28.81 (2 nd)
TEAM SCORES	City High- 119 West High- 113.5 CR Kennedy- 102 CR Jefferson- 78 CR Prairie- 72 CR Washington- 58.5
AWARDS	Performance- Carter Most Improved- Smith, Shaw Trophy- Harris Iron Woman- Kregel