

Cedar Rapids Freshman Invitational, April 16, 2007

	Freshman
Long Jump (g), (4 jumps)	T. Mills- 14-7 (1 st)
High Jump (girls first)	McCurn- 4-4 (3 rd)
Shot Put (g), (4 throws)	Sieren- 21.3.75
Shot Put (Varsity)	Koeppel- 28-1 (6 th) Vraspier- 32-6.5 (4 th) Kenney- 29-1 (5 th)
Discus (g), (4 throws)	Sieren- 57-3
Discus (Varsity)	Koeppel- 84-.25 Vraspier- 90-11.5 (5 th) Kenney- 89-4.25 (6 th)
3000m Run	
4 x 800 Meter Relay (g)	
Shuttle Hurdle Relay	
Shuttle Hurdle (Varsity)	Moen, T. Mills, Stephenson, McCurn 17.6 17.7 18.3 18.5 1:12.69 (2 nd)
100 Meter Dash (g)	
Distance Medley (g)	Moore, McCurn, Abrams, Holman 28.2 31.7 71.29 2:38.3 4:49.74 (2 nd)
400m Dash	
4 x 200 Relay (g)	
800m Run	Gessner- 2:44.84 (3 rd) Abrams- 2:46.34 (4 th)
100 Meter Hurdles (g)	
100 Hurdles (Varsity)	Moen- 17.35 (1 st)
200 Meter Dash (g)	
400m hurdles	T. Mills- 1:15.87 (1 st) Stephenson- 1:17.90 (3 rd)
Sprint Medley Relay (g)	
1500m Run	Holman- 5:40.05 (3 rd)
4 x 100 Meter Relay (g)	Stephenson, McCurn, Moore, T. Mills 13.9 15.0 13.8 13.2 56.29 (3 rd)
4 x 400 Meter Relay (g)	