

## Clinton Relays April 13<sup>th</sup>, 2010

We continue to show progress each week. The sprinters took advantage of the warmer weather as their times indicate. We also had outstanding performances in the field events and the shuttle relay ran faster than last year at this meet (when we had a State Champion anchoring) in posting their season's best. Momentum seemed to build throughout the meet and led to a whole lot of points from the 800 through the 4x1. During that time the Sprint Med, Emily and Jill solidified their Drake qualification, the 4x1 ran a season's best and Emily Fagan became the 8<sup>th</sup> fastest 1500 runner in City High history. Great job all around girls!

			<b>Team</b>	<b>Scores</b>
Long Jump	<b>Nelson</b> 16'9" (1 <sup>st</sup> ) <b>SB</b>	Hansche 14'6"	<b>CHS</b>	<b>174</b>
High Jump	<b>Brooks</b> 5'0" (6 <sup>th</sup> )	<b>Johnson, V</b> 5'3" (1 <sup>st</sup> ) <b>SB</b>	PV Xavier	103 88
Shot Put	Gustafson 32'7.5"	<b>Hyche</b> 35'8.5" (5 <sup>th</sup> )*	Bettendorf Moline	82 81
Discus	Gustafson 104'2.5" (5 <sup>th</sup> )*	<b>Hyche</b> 111'10" (3 <sup>rd</sup> )	N Scott Clinton	51 51
3000	<b>Richardson</b> 11:10.71 (2 <sup>nd</sup> )	<b>Holman</b> 11:12.45 (3 <sup>rd</sup> )	Senior 6 others	51 <32
4 x 800m 10:22.20 (3 <sup>rd</sup> )	<b>Rethwisch</b> 2:25.0	Beasley 2:36.4 <b>SB</b>	Siglin 2:37.5*	Bui 2:42.5*
Shuttle Hurdle 1:09.20 (3 <sup>rd</sup> ) <b>SB</b>	Feeney 17.5*	Kunc 17.4 <b>SB</b>	Lines 17.4*	Sotelo 16.8*
100m	<b>Nelson</b> 12.92 (4 <sup>th</sup> ) <b>SB</b>	Wilkinson 12.51 (1 <sup>st</sup> ) <b>SB</b>		
Distance Med 4:35.66 (3 <sup>rd</sup> )	Crew 29.0	Sotelo 27.7*	Kunc 64.3*	Langenfeld 2:34.0
400m	Hynes 65.09 (6 <sup>th</sup> )*	Omar 65.85 (7 <sup>th</sup> )*		
4 x 200m 1:50.85 (3 <sup>rd</sup> )	Kuddes 27.8 <b>SB</b>	Coleman 27.4	Hansche 27.4	Mueller 28.0
100m Hurdles	Kunc 17.16* (5 <sup>th</sup> )	Feeney 17.39		
800m	Yagla 2:23.19 (1 <sup>st</sup> )	Danielson 2:25.92 (3 <sup>rd</sup> )		
200m Dash	Kuddes 27.02 (2 <sup>nd</sup> )*	Sullivan 27.88 (6 <sup>th</sup> )		
400m Hurdles	Sotelo 1:09.73 (2 <sup>nd</sup> )	Lines 1:12.27 (8 <sup>th</sup> )	6 others	
Sprint Med 1:52.36 (1 <sup>st</sup> ) <b>SB</b>	Crew 13.1*	Nelson 13.0	Coleman 26.6 <b>SB</b>	Wilkinson 59.4
1500	Fagan** 4:51.32 (1 <sup>st</sup> )	Stephenson 4:55.63 (4 <sup>th</sup> )*		
4 x 100m 51.37 (1 <sup>st</sup> ) <b>SB</b>	Nelson 13.0	Coleman 13.2	Hansche 12.7	Wilkinson 12.2
4 x 400m 4:17.32 (5 <sup>th</sup> )	Danielson 63.4	Sullivan 65.6	Hynes 63.7 <b>SB</b>	Yagla 64.1

Red Name= Standard of Excellence

Red Time= Meet Scoring

\*\*= All Time top 10 listing (8<sup>th</sup> in this case)

SB = Season's Best

\* = Personal Record