

# Little Hawk JV Triangular, April 18, 2000

**MEET DOWN AT THE TRACK DRESSED AND READY TO GO AT  
4:00 PM**

- Teams: City High, West High, Linn-Mar

	<b>Junior Varsity</b>
Long Jump (4 jumps)	Powell- 13'4.5" (2 <sup>nd</sup> )
High Jump	S. Vernon- 4'6" (3 <sup>rd</sup> ) Furlong- 4'10" (2 <sup>nd</sup> ) Beuter- 4'6" (3 <sup>rd</sup> ) Welter- 4'4" (5 <sup>th</sup> ) Vanduseldorp- 4'10" (1 <sup>st</sup> )
Shot Put (4 puts)	McDuffie- 33'7" (1 <sup>st</sup> ) Brenneman- 32'4" (3 <sup>rd</sup> ) Meijr- 22'6.5" Finken- 20'8.5" Carro- 30'8.5" (4 <sup>th</sup> )
Discus (4 Throws)	McDuffie- 73'9" (5 <sup>th</sup> ) Brenneman- 86'1" (1 <sup>st</sup> ) Meijr- 63'7" Finken- 78'1" (4 <sup>th</sup> ) Carrol- 73'8" (6 <sup>th</sup> )
3000 Meter Run	Kjonaas- 11:30.71 (3 <sup>rd</sup> ) Russo- 12:23.71 (4 <sup>th</sup> ) McAndrew- 12:54.68 (5 <sup>th</sup> ) Moreno- 11:11.65 (1 <sup>st</sup> )
4 x 800 Meter Relay	
Shuttle Hurdle Relay	Dunn-17.53 Giovanelli- 17.53 Blignaut- 17.83 Evans- 17.58 <b>1:10.46 (1<sup>st</sup>)</b>
Distance Medley Relay	Powell- 30.13 Hinshaw- 28.3 Newton- 69.4 Brigham- 2:44 <b>4:51.87 (1<sup>st</sup>)</b>
100 Meter Dash	Schwartz- 15.40 Johnson- 14.03 (3 <sup>rd</sup> ) Kerstetter- 15.26 Sutter- 15.65 Tutson- 14.18 (4 <sup>th</sup> ) Elliot- 14.46 (6 <sup>th</sup> )
400 Meter Dash	Starr- 61.8

4 x 200 Relay	Beuter- 29.6 Struve- 28.9 Dunham- 29.5 Welter- 29.1	<b>1:57.06 (1<sup>st</sup>)</b>
100 Meter Hurdles	Evans- 17.37 (2 <sup>nd</sup> ) Giovanelli- 17.39 (3 <sup>rd</sup> ) Blignaut- 18.40 (6 <sup>th</sup> ) Dunn- 17.56 (4 <sup>th</sup> )	
800 Meter Run	Kerstetter- 2:34.00 Gannon- 2:44.37 (4 <sup>th</sup> ) Vanderah- 2:36.87 (2 <sup>nd</sup> ) Krueger- 2:36.96 (3 <sup>rd</sup> )	
200 Meter Dash	Powell- 30.21 (3 <sup>rd</sup> ) Schallau- 30.93 (4 <sup>th</sup> )	
400 Meter Hurdles	Mills- 1:07.10	
Sprint Medley Relay	Hinshaw- 14.3 Tutson- 13.9 Dunham- 29.2 Welter- 68.0	<b>2:05.65 (2<sup>nd</sup>)</b>
1500 Meter Run	Olson- 5:59.56 (4 <sup>th</sup> ) Ellsmore- 5:18.75 (2 <sup>nd</sup> ) O'Shaughnessy- Spencer- Casos- Roark Sara Kjonaas- 5:28.00 (3 <sup>rd</sup> )	
4 x 100 Meter Relay	Powell Schwartz Giovanelli	Mills Lake Mims Gable
	<b>:57.65 (4<sup>th</sup>)</b>	<b>:54.87 (1<sup>st</sup>)</b>
4 x 100 Meter Relay	Hinshaw Dunn Evans Blignaut	Johnson Sutter Kerstetter Messier
	<b>:55.25 (2<sup>nd</sup>)</b>	<b>:59.62 (6<sup>th</sup>)</b>
4 x 400 Meter Relay	Sherry- 67.5 Schallau- 73.8 Struve- 70.8 Newton- 68.7	Krueger Kerstetter Gannon Vanderah
	<b>4:40.87 (1<sup>st</sup>)</b>	<b>4:46.31 (2<sup>nd</sup>)</b>
<b>Teams Scores:</b>		
	<b>City High- 86</b>	
	West High- 44	
	Linn-Mar- 43	