



CITY HIGH GIRLS TRACK AND FIELD 2014

PLEASANT VALLEY INVITATIONAL FRIDAY APRIL 11TH
CITY, PV, BETTENDORF, LINN-MAR, NORTH SCOTT, WEST



4:30 Long Jump- V first	Washpun 18-04.00* 1ST	Roerman 15-02.25	Windschitl 12-09.50 Newman 13-02.25*	Ali 12-11.00 Franklin 13-02.50		
4:30	Williamson 4-02					
4:30- V- 5:15 JV Shot Put	Lehman 35-07.25" 3RD	Embery 35-03.00* 4TH	Reyes 23-04.00 Murphy 27-04.25* 6TH	Schumacher 21.05.50 Kibonge 22-08.00*		
5:15- V- 4:30 JV Discus	Lehman 108-07SB 4TH	Embery 88-10 SB	Reyes 65-02 Murphy 69-02	Schumacher 52-08* Kibonge 47-09*		
5:00 3000M	Bywater 12:32.53*	Parrott 12:28.87 6TH				
JV 3000	Lewers 12:40.07SB 1ST		Shutt 13:22.37 2ND			
5:15 4x800	Arch 2:26.2	Sammons 2:29.6	Carman 2:24.2SB	S Traore 2:28.3SB	9:49.09	2ND
JV 4x800	Chadwick 2:45.4*	Appleby 2:44.3SB	Verdick 2:37.8*	Joens 2:55.3	11:02.40	1ST
5:30 SHR	Miller 17.5SB	Windschitl 17.4*	Thompson 18.4SB	Blowers 19.3	1:13.49	5TH
5:40 100M Dash	Plock 12.23* 1ST School Record #1 All-Time @ CHS	Johnson 13.07 * 6TH	Alderson 13.50* 2ND	Franklin 14.07 * 4TH		
5:55 DMR	Caris 30.4 *	Newman 28.4*	F Traore 64.5	Shepherd 2:32.0	4:35.61	2ND
JV DMR	Roerman 31.5	Anderson 28.4*	Ali 1:20.9SB	Pagan 3:00.4	5:21.41	4TH
6:05 400M	Blowers 1:06.88* 4TH		Perret 1:24.75			
6:15 4x200	Deprenger	Plock	Crew	Washpun	1:45.74	1ST
JV 4x200	Franklin	Hanrahan	Alderson	Anderson	1:57.61	1ST
6:25 100M H	Miller 17.45 SB 6TH	Windschitl 17.73SB	Roerman 18.51 * 6TH	Pienta 21.00*		
6:40 800M	Verdick 2:41.14	Thompson 2:53.85	Noack 3:11.43	Reyes 3:19.85SB		
6:50 200M	Joens 29.12*		Ali 33.74	Williamson 30.69* 5TH		
7:05 400M H	Sammons 1:11.23 SB 2ND					
7:20 SMR	Johnson 12.77*	Washpun 13.18	Blowers 27.7SB	Crew 62.99*	1:57.36	2ND
JV SMR	Caris 13.6	Franklin 13.7	Windschitl 30.3SB	Newman 71.2*	2:09.54	3RD
7:30 1500M	Carman 4:58.70SB 1ST	Shepherd 5:06.20SB 3RD	Arch 5:07.66* 5TH			
JV 1500	Appleby 5:28.68* 1ST		Chadwick 5:30.68* 2ND			
7:40 4x100	Johnson 13.0	Plock 13.2 (long)	Deprenger 11.2 (short)	Washpun 12.45	50.27	1ST
JV 4x100	Miller 13.6*	Franklin 13.8	Hanrahan 12.8*	Alderson 13.5*	53.85	1ST
7:50 4x400	F Traore 61.8SB	Plock 61.5	S Traore 61.3SB	Deprenger 62.2*	4:07.05	3RD
JV 4x400	Verdick 68.7*	Pagan 77.1	Pienta 75.9*	Roerman 72.8*	4:54.58	

Red=Standard of Excellence *= personal record

Team Scores: ICW- 141, PV-136.5, **City High-119**, Linn-Mar 100.50, North Scott- 56, Bettendorf- 29