

# FORWALD/COLEMAN RELAYS

Thursday, April 20th 2023

<b>HJ</b>	Tommy S <b>4-09</b> 6th	Amy R <b>4-05</b>			
<b>LJ</b>	Emily A <b>15-05.25</b> 5th	Ruth C <b>15-04.75</b> 6th			
<b>SP</b>	Rachel H <b>32-04.50</b>	Hannah B <b>28-08.50</b>	Amara T <b>28-02.75</b>		
<b>DISC</b>	Rachel H <b>109-05</b> 8th	Hannah B <b>110-09</b> 7th <b>PR</b>	Amara T <b>97-09</b>		
<b>SMR</b>	Safia A	Bella S	Eva R	Ani W	<b>1:50.36</b> 1st <b>SB</b>
<b>3000</b>	Nina P <b>10:34.91</b> 1st	Nicole P <b>10:51.22</b> 4th			
4x800	Katiya E	Abigail B	Annabelle S	Nina K	<b>11:22.16</b> 11th
SHR	Kjirstin K	Monique S	Gloria K	Kayden J	<b>1:22.51</b> 10th
100	Emily A <b>13.64</b> 13th <b>SB</b>	Safia A <b>13.76</b> 14th			
DMR	Jazzy P	Emmy M	Lucy T	Claire L	<b>4:49.00</b> 10th
<b>400</b>	Ani W <b>58.18</b> 2nd <b>SB</b>	Josie L <b>1:04.79</b> 8th			
4x200	Sierra P	Bella S	Ruth C	Eva R	<b>1:47.66</b> 3rd <b>SB</b>
100H	Kjirstin K <b>18.28</b> 21st	Kayden J <b>18.60</b> 22nd			
<b>800</b>	Ani W <b>2:16.80</b> 2nd <b>SB</b>	Claire L <b>2:44.12</b> 19th <b>PR</b>			
200	Ruth C <b>27.67</b> 8th <b>PR</b>	Bella S <b>27.63</b> 5th (tied)			
<b>400H</b>	Eva R <b>1:06.41</b> 2nd	Angelica H <b>1:19.87</b> 17th	Mary H <b>1:15.77</b>		
1500	Nina P <b>5:05.99</b> 10th	Nicole P <b>5:12.59</b> 11th <b>PR</b>			
4x100	Safia A	Bella S	Sierra P	Ruth C	<b>51.50</b> 5th
<b>4x400</b>	Josie L	Eva R	Lucy T	Ani W	<b>4:06.56</b> 3rd