

# CITY HIGH GIRLS TRACK AND FIELD

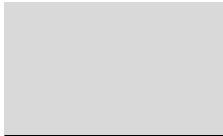
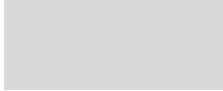
## Little Hawk JV Meet 2019

Tuesday, May 7th

Down at track at 4:30pm, Meet Begins at 5:30pm

Teams present: City High, Bettendorf, Cedar Rapids Washington, Waterloo West

Long Jump	K. Green 11-3	N. Green 13-2	Bright 11-4.5	
High Jump	Hecker 4-2	Dancer 4-6		
Shot Put	Lindower 20-4	Murry 28-1	Barron 21-4.5	Burgess 21-10.5
Discus	Lucas 49-0	Burgess 77-8	Barron 53-5	Longstreet 70-6
Sprint Medley	Moore 15.6	Bah 13.6	Dancer 32.3	Hamilton 65.8*
	N. Green 14.4	S. Ansley 13.9	Bright 30.5	Carey 70.1*
3000m	A. Veit 12:22.62* 1st			
4x800 Relay	Warren 2:53.6	Loria 3:00.8	Hellwig 3:10.6	Geerdes 3:35.7SB
Shuttle Hurdle	Morales 18.8	Bah 22.7	Mwedenkamba 23.9	Morales 20.1
100m Dash	Moore 15.32	K. Green 16.59	Murry 16.55	N. Green 14.76 7th
Distance Medley	Moore 33.1	Bright 31.7	S. Ansley 68.3*	Hamilton 2:42.5*
400m Dash	Hecker 1:08.19 2nd			
4x200 Relay	Carey 30.9	N. Green 32.9	J. DuBrava 30.1	Hellwig 30.7
	Bounds 33.4	Warren 35.7	Geerdes 35	A. Veit 34.4
100m Hurdles	Morales 18.35 6th			
800m	Mwedenkamba 3:02.18SB 3rd			
200m Dash	Moore 33.55	Bah 31.41 6th	S. Ansley 29.62 3rd	Roby 32.63
400m Hurdles	Hecker 1:23.70* 2nd	Morales 1:37.68 4th		
1500m	Lindower 6:11.63	Dancer 5:28.23 1st		
4x100 Relay	Moore 16.1	Carey 13.6	Morales 14	Bah 15.7
	K. Green 15	Lucas 18.7	Burgess 16	Murry 16.4
	Hellwig 13.8	Geerdes 19.2	Lindower 15.8	Dancer 15.3
4x400 Relay	Bounds 79.2	Hamilton 69.5	Warren 76.9SB	DuBrava 69.5



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Longstreet 30-2
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2:07.34 1st 2:10.25 2nd
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12:40.79 2nd
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Roby 14.98
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4:55.55 1st
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2:02.60 1st 2:19.05 4th
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<b>59.32</b> <b>4th</b>
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<b>1:06.18</b>
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<b>4:55.14</b> <b>1st</b>
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