

Iowa Girls & Boys 4A Qualifying Track Meet - 5/9/2013

5/9/2013

Results - 4A District Track & Field Events

Girls 100 Meter Dash 4A

Heats against time

Prelim: Top 8 advance to finals

Lane Name	Yr	Team	Finals
Finals			
1 Sanders, Kadejah	11	CRW	12.56
2 Rattliffe, Maliya	12	CRJ	12.60
3 Waller, Amari	09	CRK	12.82
4 Blue, Jasmine	10	CRJ	12.83
5 Breitbach, Molly	11	XCR	12.90
6 Ham, Shelby	10	LNM	13.14
7 Pipolo, Amanda	09	PRCR	13.28
8 Jackson, Kiana	12	PRCR	13.29
9 Einck, Sarah	10	LNM	13.33
10 Oakley, Sydney	09	XCR	13.47
11 Miller, Aspen	11	ICC	14.16
12 Matnee, Kaylee	12	MAR	14.38

Girls 200 Meter Dash 4A

Heats against time

Prelim: Top 8 advance to finals

Lane Name	Yr	Team	Finals
Finals			
1 Schneekloth, Lucy	10	CRJ	25.76
2 Oden, Eisha	12	MAR	26.21
3 Morgan, Halley	11	LNM	26.67
4 Waller, Amari	09	CRK	26.68
5 Soeken, Kenzie	09	PRCR	27.69
6 Lorenz, Brooke	09	LNM	27.83
7 Witt, Sarah	11	CRW	28.05
8 Ohrnstein, Jessica	10	CRJ	28.14
9 Deprenger, Maddie	09	ICC	28.15
10 Lueck, Halle	11	PRCR	28.20
11 Crew, Hazel	10	ICC	28.28
12 Fenske, Jenna	11	XCR	28.37
13 Pospisil, Megan	11	CRK	29.08
14 Delaney, Morgan	11	XCR	29.45
15 Barkema, Leah	11	MAR	30.41

Girls 400 Meter Dash 4A

Heats against time

Lane Name	Yr	Team	Finals
Finals			
1 Plock, Sarah	10	ICC	57.98
2 Crew, Claire	12	ICC	58.64
3 Decker, Amber	09	LNM	58.85
4 Visser, Anne	09	CRW	1:00.22
5 Perry, Rachel	11	LNM	1:00.53
6 Grimm, Hannah	11	PRCR	1:01.35
7 Howard, Olivia	11	CRJ	1:06.66
8 Antons, Rachel	10	CRJ	1:06.70
9 Averhoff, Jenna	10	CRK	1:06.99
10 Daughtry, Sabrina	11	MAR	1:07.52
11 Pitz, Allison	12	XCR	1:08.45
12 Wildman, Mykal	12	MAR	1:08.56
13 Wessels, Madeline	10	XCR	1:09.01

Girls 800 Meter Run 4A

Waterfall start

Name	Yr	Team	Finals
Finals			
1 Jenks, Stephanie	09	LNM	2:15.46
2 Decker, Amber	09	LNM	2:17.82
3 Wampole, Kathia	12	CRK	2:18.88
4 Blagg, Rachel	10	MAR	2:24.61
5 Traore, Soumba	11	ICC	2:24.76
6 Traore, Aminata	09	ICC	2:25.88
7 Torson, Kayla	10	XCR	2:27.51
8 Wood, Jocelyn	09	PRCR	2:27.81
9 Hanna, Sarah	10	CRJ	2:28.72
10 Averhoff, Alyssa	11	CRK	2:29.07
11 Stuckenschneider, Madis	11	CRW	2:36.21
12 Huehy, Michaela	11	MAR	2:37.37
13 Wallace, Emily	10	PRCR	2:38.80
14 Mackenburg, Kristin	11	CRW	2:40.65
15 Meyer, Caleigh	10	CRJ	2:43.67

Girls 1500 Meter Run 4A

Waterfall Start

Name	Yr	Team	Finals
Finals			
1 Jenks, Stephanie	09	LNM	4:45.29
2 Carman, Ellen	11	ICC	4:54.52
3 Gorman, Shannon	11	CRW	4:56.47
4 Culver, Allison	11	CRK	4:57.42
5 Shepherd, Molly	10	ICC	5:00.98
6 Wampole, Kathia	12	CRK	5:01.83
7 Garcia, Morgan	09	LNM	5:13.50
8 Pitz, Allison	12	XCR	5:18.32
9 Stuckenschneider, Morga	11	CRW	5:19.55
10 Costigan, Katie	10	PRCR	5:19.98
11 Heims, Beth	12	PRCR	5:25.15
12 Ely, Megan	10	CRJ	5:27.29
13 Zikes, Michelle	12	CRJ	5:33.55
14 Runquist, Emma	12	MAR	5:56.80

Girls 3000 Meter Run 4A

Waterfall start

Name	Yr	Team	Finals
Finals			
1 Jenks, Stephanie	09	LNM	10:21.03
2 Carman, Ellen	11	ICC	10:35.94
3 Averhoff, Alyssa	11	CRK	10:36.75
4 Gorman, Shannon	11	CRW	10:40.83
5 Shepherd, Molly	10	ICC	10:44.61
6 Culver, Allison	11	CRK	10:54.12
7 Johnston, Sydney	10	LNM	11:13.44
8 Heims, Beth	12	PRCR	11:41.16
9 Zikes, Michelle	12	CRJ	11:58.00
10 Mackenburg, Kristin	11	CRW	12:29.12
11 Wisnousky, Holly	11	PRCR	12:38.44
12 Brown, Lydia	09	XCR	12:48.49

Girls 100 Meter Hurdles 4A

Heats against time

Prelim: Top 8 to finals

Lane Name	Yr	Team	Finals
33 "hurdles			
Finals			
1 Ranschau, Madison	11	CRJ	15.04
2 Estelle, Marisa	12	CRK	15.06
3 Montigue, Maleta	12	LNM	15.79
4 Jacobson, Taylor	12	CRJ	15.81
5 Rogers, Alexis	12	CRK	16.64
6 Perez, Terra	12	ICC	16.81
7 Miller, Aspen	11	ICC	17.07
7 Burke, Elena	11	CRW	17.07
9 Eckhardt, Logan	09	CRW	17.25
10 Mumaw, McKenna	10	PRCR	17.43
11 Strauel, Sara	12	LNM	17.53
12 VanDooren, Katie	10	PRCR	18.03
13 Jengwa, Christine	10	XCR	18.66
14 Jacobi, Anna	11	XCR	19.58

Girls 400 Meter Hurdles 4A

Heats against time

30" hurdles

Lane Name	Yr	Team	Finals
Finals			
1 Plock, Sarah	10	ICC	1:03.00
2 Jacobson, Taylor	12	CRJ	1:05.25
3 Coates, Kelsie	11	CRK	1:08.79
4 Danielson, Erin	12	ICC	1:09.74
5 Moss, Emma	10	CRK	1:11.32
6 Montigue, Maleta	12	LNM	1:11.33
7 Sublett, Dana	11	LNM	1:12.54
8 Adams, Maddie	09	PRCR	1:12.67
9 Parke, Brenna	11	CRJ	1:13.46
10 Richards, Madeline	10	XCR	1:16.62
11 Case, Saryn	10	MAR	1:18.32

Girls 4x100 Meter Relay 4A

Heats against time

Team	Relay	Finals
Finals		
1 CR J		49.23
	Rattliffe, Maliya 12 Meese, Morgan 10	Schneekloth, Lucy 10 Broghammer, Rachel 12
2 CR W		49.54
	Raue, Jasmine 11 Muller, Megan 11	Jones, Jasmyne 11 Sanders, Kadejah 11
3 CR K		50.21
	Cooper, Breyana 12 Drahn, Tianna 09	Estelle, Marisa 12 Waller, Amari 09
4 IC H		50.31
	Johnson, Deleany 09 Crew, Claire 12	Plock, Sarah 10 Washpun, Kiera 11

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Finals ... (Girls 4x100 Meter Relay 4A)

5 CR X	50.53
Richards, Audrey 12	Schwach, Allison 11
Oakley, Sydney 09	Breitbach, Molly 11
6 CR P	51.18
Pipolo, Amanda 09	Kousheh, Hannah 10
Jackson, Kiana 12	Baloch, Aminah 12
7 L-M	51.44
Ham, Shelby 10	Einck, Sarah 10
Sefton, Brittany 11	Major, Courtney 12
8 MAR	53.01
Brooks, Chione 11	Steffenson, Tabbitha 09
McClure, Karli 10	Blackford, Cassidy 10

Girls 4x200 Meter Relay 4A

Heats against time

Team	Relay	Finals
Finals		
1 CR J	1:42.52	
Rattliffe, Maliya 12	Schneekloth, Lucy 10	
Blue, Jasmine 10	Broghammer, Rachel 12	
2 CR W	1:48.20	
Jones, Jasmyne 11	Muller, Megan 11	
Raue, Jasmine 11	Sanders, Kadejah 11	
3 MAR	1:48.22	
Brooks, Chione 11	Blackford, Cassidy 10	
Steffenson, Tabbitha 09	Oden, Eisha 12	
4 IC H	1:48.61	
Johnson, Deleany 09	Crew, Hazel 10	
Blowers, Sara 10	Washpun, Kiera 11	
5 L-M	1:49.90	
Dalecky, Lauren 12	Major, Courtney 12	
Sefton, Brittany 11	Lorenz, Brooke 09	
6 CR K	1:55.33	
Pospisil, Megan 11	Eades, Lindsey 10	
Timofeeva, Anastasia 11	Drahn, Tianna 09	
--- CR X	DQ	
Richards, Audrey 12	Jurgens, Carlie 10	
Skala, Taylor 10	Schwach, Allison 11	
--- CR P	DQ	
O'Shea, Ashli 12	Aune, Janae 11	
Soeken, Kenzie 09	Baloch, Aminah 12	

Girls 4x400 Meter Relay 4A

Final: Time basis

Team	Relay	Finals
Finals		
1 CR J	4:05.05	
Jacobson, Taylor 12	Koenigsfeld, Meredith 10	
Kitterman, Sam 10	Broghammer, Rachel 12	
2 L-M	4:06.47	
Saville, Madeline 10	Japenga, Kennedy 11	
Perry, Rachel 11	Decker, Amber 09	
3 IC H	4:07.33	
Omar, Fatimah 12	Traore, Fanta 09	
Danielson, Erin 12	Plock, Sarah 10	

4 CR P	4:10.81
O'Shea, Ashli 12	Aune, Janae 11
Soeken, Kenzie 09	Steimel, Hope 10
5 CR X	4:14.41
Skala, Taylor 10	Richards, Audrey 12
Jurgens, Carlie 10	Torson, Kayla 10
6 CR W	4:16.21
Raue, Jasmine 11	Witt, Sarah 11
Frye, Mikayla 11	Visser, Anne 09
7 MAR	4:16.52
Blagg, Rachel 10	Scott, Jasmine 10
Steffenson, Tabbitha 09	Oden, Eisha 12
8 CR K	4:27.51
Meyer, Lauren 10	Siebenga, Kristen 09
Coates, Kelsie 11	Moss, Emma 10

Girls 4x800 Meter Relay 4A

waterfall start

Team	Relay	Finals
Finals		
1 CR K	9:43.85	
Wampole, Kathia 12	Stone, Carolyn 11	
Meyer, Lauren 10	Siebenga, Kristen 09	
2 IC H	9:54.55	
Traore, Fanta 09	Sammons, Morgan 11	
Traore, Soumba 11	Perret, Daniela 11	
3 L-M	10:02.96	
Saville, Madeline 10	Garcia, Morgan 09	
Almasi, Brooke 11	Uridil, Morgan 11	
4 MAR	10:13.81	
Blagg, Rachel 10	Jones, Victoria 11	
Huehy, Michaela 11	Runquist, Emma 12	
5 CR W	10:26.33	
Stuckenschneider, Madison	Stuckenschneider, Morgan	
Witt, Sarah 11	Frye, Mikayla 11	
6 CR J	10:34.30	
Hanna, Sarah 10	Ely, Megan 10	
Meyer, Caleigh 10	Rolwes, Emma 10	

Girls 800 Sprint Medley 4A

Heats against time

100/100/200/400

Team	Relay	Finals
Finals		
1 CR J	1:50.02	
Rattliffe, Maliya 12	Meese, Morgan 10	
Broghammer, Rachel 12	Blue, Jasmine 10	
2 CR W	1:50.58	
Jones, Jasmyne 11	Muller, Megan 11	
Sanders, Kadejah 11	Visser, Anne 09	
3 IC H	1:50.95	
Perez, Terra 12	Hansche, Mickey 12	
Washpun, Kiera 11	Crew, Claire 12	
4 L-M	1:51.27	
Dalecky, Lauren 12	Lorenz, Brooke 09	
Morgan, Halley 11	Perry, Rachel 11	

5 CR K	1:53.07
Cooper, Breyana 12	Estelle, Marisa 12
Waller, Amari 09	Siebenga, Kristen 09
6 CR P	1:53.91
Pipolo, Amanda 09	Jackson, Kiana 12
Baloch, Aminah 12	Kousheh, Hannah 10
7 CR X	1:55.50
Schwach, Allison 11	Breitbach, Molly 11
Jurgens, Carlie 10	Torson, Kayla 10
8 MAR	1:56.83
Brooks, Chione 11	McClure, Karli 10
Scott, Jasmine 10	Oden, Eisha 12

Girls Distance Medley 4A

Heats against time

200/200/400/800

Team	Relay	Finals
Finals		
1 CR W	4:15.52	
Jones, Jasmyne 11	Muller, Megan 11	
Raue, Jasmine 11	Gorman, Shannon 11	
2 CR J	4:19.58	
Meese, Morgan 10	Ranschau, Abbie 10	
Kitterman, Sam 10	Koenigsfeld, Meredith 10	
3 L-M	4:21.83	
Dalecky, Lauren 12	Morgan, Halley 11	
Japenga, Kennedy 11	Saville, Madeline 10	
4 CR P	4:23.25	
O'Shea, Ashli 12	VanDooren, Katie 10	
Steimel, Hope 10	Wood, Jocelyn 09	
5 IC H	4:26.22	
Deprenger, Maddie 09	Danielson, Erin 12	
Carroll, Sashay 10	Carman, Ellen 11	
6 CR K	4:27.94	
Drahn, Tianna 09	Cooper, Breyana 12	
Coates, Kelsie 11	Meyer, Lauren 10	
7 MAR	4:44.80	
Murtha, Emily 11	Case, Saryn 10	
Scott, Jasmine 10	Jones, Victoria 11	

Girls 4x100 Meter Shuttle Hurdle 4A

Heats against time

Top 8 advance to finals

33" hurdles

Lane	Team	Relay	Finals
Finals			
1	CR J	1:05.59	
Jacobson, Taylor 12	Kitterman, Sam 10		
Ranschau, Abbie 10	Ranschau, Madison 11		
2	CR K	1:06.61	
Moss, Emma 10	Rogers, Alexis 12		
Coates, Kelsie 11	Estelle, Marisa 12		
3	IC H	1:09.61	
Perez, Terra 12	Blowers, Sara 10		
Windschitl, Elke 09	Miller, Aspen 11		

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Results - 4A District Track & Field Events

Finals ... (Girls 4x100 Meter Shuttle Hurdle 4A)

4	L-M		1:10.33
	Strauel, Sara 12	Seger, Bailee 11	
	Beck, Lindsay 11	Montigue, Maleta 12	
5	CR P		1:11.55
	Mumaw, McKenna 10	VanDooren, Katie 10	
	Blood, Rylee 09	Mehmen, MacKenzie 11	
6	CR W		1:15.48
	Burke, Elena 11	Johnson, Joi 10	
	Arnold, Keitasha 10	Eckhardt, Logan 09	

12	Levy, Perisa	09	CRW	27-07.00
13	Gardner, Gwen	11	LNM	27-02.00
14	Smith, Emily	10	CRK	25-08.00
15	Barrera, Marcela	12	CRJ	20-05.50

Girls Discus Throw 4A

3 preliminary throws - Top 8 advance to finals

Final: 3 final throws

	Name	Yr	Team	Finals
Finals				
1	Edelen, Emma	12	CRJ	125-06
2	Malloy, Alex	12	PRCR	124-10
3	Griffin, Rachel	11	PRCR	121-06
4	Gustafson, Aliyah	12	ICC	118-09.50
5	Joens, Meghan	09	XCR	112-06
6	Niertert, Lannie	10	LNM	107-11
7	Spaulding, Victoria	11	CRK	106-07
8	Wignall, Maddison	12	MAR	105-08
9	Wortman, Emma	11	ICC	92-09.50
10	Andrews, Brianna	11	CRW	89-08
11	Carnahan, Maggie	09	MAR	88-01.50
12	Eastburn, Camille	11	LNM	87-06
13	Willmsen, Krystal	11	CRK	81-03
14	Levy, Perisa	09	CRW	80-06
---	Barrera, Marcela	12	CRJ	ND

Girls High Jump 4A

	Name	Yr	Team	Finals
Finals				
1	Saehler, Abby	12	ICC	5-02.00
2	Soeken, Kenzie	09	PRCR	5-01.00
3	Strauel, Sara	12	LNM	4-10.00
4	Eades, Lindsey	10	CRK	4-10.00
5	Harder, Leslie	12	PRCR	4-08.00
6	Eckhardt, Logan	09	CRW	4-08.00
7	Moore, Marissa	11	CRK	4-08.00
8	Joens, Courtney	09	ICC	4-06.00
8	Prohaska, Brianna	11	CRJ	4-06.00
8	Pannkuk, Ella	10	LNM	4-06.00

Girls Long Jump 4A

3 preliminary jumps - Top 8 advance to finals

Final: 3 final jumps

	Name	Yr	Team	Finals
Finals				
1	Washpun, Kiera	11	ICC	17-03.50
2	Lorenz, Brooke	09	LNM	16-08.00
3	Lueck, Halle	11	PRCR	16-03.75
4	Renner, Sarah	10	LNM	14-08.75
5	Drahn, Tianna	09	CRK	14-08.00
6	Thumann, Lexi	11	PRCR	14-04.25
7	Robinson, Mariah	09	XCR	13-06.75
8	Gerlemen, Maddy	11	XCR	12-05.50
---	Cooper, Breyana	12	CRK	ND

Girls Shot Put 4A

3 preliminary throws - Top 8 advance to finals

Final: 3 final throws

	Name	Yr	Team	Finals
Finals				
1	Gustafson, Aliyah	12	ICC	39-01.75
2	Lehman, Amara	11	ICC	36-10.25
3	Niertert, Lannie	10	LNM	36-10.00
4	Rumer, Natalie	11	PRCR	36-03.25
5	Ballinger, Allyson	11	CRK	36-02.00
6	Griffin, Rachel	11	PRCR	35-03.25
7	Hughes, Sam	10	MAR	34-03.25
8	Edelen, Emma	12	CRJ	32-10.50
9	Joens, Meghan	09	XCR	31-03.00
10	Andrews, Brianna	11	CRW	28-04.50
11	Wignall, Maddison	12	MAR	28-04.00