

Licensed to Iowa City High School Hy-Tek's Meet Manager 5/1/2010 02:13 PM
 38th Annual
 Forwald/Coleman Relays - 5/1/2010
 City High School, Raffensperger Track
 Results

Event 1 Girls 3000 Meter Run Junior Varsity

Name	Year School	Finals	Points
1 Harper Beasley	10 Iowa City City H	11:56.98	5
2 Izzy Shinnick-Gordon	12 Iowa City City H	12:07.00	3
3 Alexandra Tamerius	10 Iowa City City H	x13:16.93	

Event 2 Girls 3000 Meter Run Varsity

Name	Year School	Finals	Points
1 Rebecca Rethwisch	11 Iowa City City H	10:59.75	5
2 Melanie Holman	12 Iowa City City H	11:18.06	3
3 Annie Schaechenbach	09 Iowa City West	11:31.99	2
4 Mary Kate Misak	11 Pleasant Valley	12:16.51	1
5 Brenna German	09 Pleasant Valley	12:20.01	
6 Hannah Skopec	12 Iowa City West	12:27.62	
7 Sierra Roberts	10 Pleasant Valley	x13:00.21	

Event 3 Girls 4x800 Meter Relay Junior Varsity

School	Finals	Points
1 Iowa City City High 'A'	10:42.94	5
1) Katie Langenfeld 10	2) Gabrielle Bui 09	
3) Danielle Hudachek 11	4) Izzy Scoblic 10	

Event 4 Girls 4x800 Meter Relay Varsity

School	Finals	Points
1 Iowa City City High 'A'	9:42.73	5
1) Meg Richardson 10	2) Jill Stephenson 12	
3) Erin Danielson 09	4) Jessica Yagla 12	
2 Iowa City West 'A'	10:08.04	3
1) Taylor Fehlberg 11	2) Whitney Schuette 12	
3) Paige Engelhardt 12	4) Pombie Silverman 09	
3 Pleasant Valley 'A'	10:20.54	
1) Sanjana Ramesh 11	2) Ali Oppel 09	

3) Raena Sampson 12

4) Onna Drake 11

Event 11 Girls 4x100 Meter Shuttle Hurdle Junior Varsity

School	Finals	Points
1 Iowa City City High 'A'	1:12.37	5
1) Kirstin Feeney 10	2) Terra Perez 09	
3) Juliette Enloe 09	4) Caitlin Ward 10	

Event 12 Girls 4x100 Meter Shuttle Hurdle Varsity

School	Finals	Points
1 Pleasant Valley 'A'	1:06.44	5
1) Laura Rodriguez 11	2) Kippy Searles 12	
3) Jenna McGee 11	4) Anne Leners 09	
2 Iowa City West 'A'	1:10.97	3
1) Rebecca Tanner 10	2) Lauren Bobst 09	
3) Jesse Robinson 10	4) Natalie Mason 12	
3 Iowa City City High 'A'	1:11.84	
1) Elizabeth Larsen 10	2) Samantha Kunc 11	
3) Lori Lines 11	4) Emily Sotelo 11	

Event 13 Girls 100 Meter Dash Junior Varsity

Name	Year School	Finals	Points
1 Mickey Hansche	09 Iowa City City H	14.03	5
2 Courtney Dauber	09 Iowa City West	14.07	3
3 Samantha Kunc	11 Iowa City City H	14.52	2
4 Akimi Oya	09 Iowa City West	14.57	1
5 Haley Jewell	09 Pleasant Valley	15.08	
6 Farley Alsacia	11 Pleasant Valley	17.49	

Event 14 Girls 100 Meter Dash Varsity

Name	Year School	Finals	Points
1 Jessica Gehrke	12 Iowa City West	12.47	5
2 Ashley Wilkinson	12 Iowa City City H	12.71	3
3 McKennan Cronbaugh	09 Iowa City West	12.85	2
4 Brittany Nelson	12 Iowa City City H	13.23	1
5 Abby Sperry	12 Pleasant Valley	13.97	
6 Emily Guinn	12 Pleasant Valley	14.23	

Event 19 Girls Distance Medley Junior Varsity

School	Finals	Points
1 Iowa City West 'A'	4:51.78	5
1) Paola Jarmillo-Guayara 11	2) Ali Hansen 10	
3) Kristin Eckman 11	4) Dara Miller 11	
2 Iowa City City High 'A'	5:07.63	3
1) Chelsea Kroeze 12	2) Cecilia DeBoeck 09	
3) Sarah Baker 10	4) Yorik Aguilair-Rosales 10	

Event 20 Girls Distance Medley Varsity

School	Finals	Points
1 Iowa City City High 'A'	4:19.43	5
1) Mickey Hansche 09	2) Nicole Kuddes 10	
3) Jordan Sullivan 10	4) Emily Fagan 12	
2 Iowa City West 'A'	4:24.23	3
1) Shahana Williams 10	2) Rebecca Tanner 10	
3) Alison Stephan 12	4) Ashley Knudson 09	
3 Pleasant Valley 'A'	4:35.26	
1) Chloe Miller 09	2) Lauren Suhl 12	
3) Kathryn Leidahl 09	4) Avery Malmgren 11	

Event 21 Girls 400 Meter Dash Junior Varsity

Name	Year School	Finals	Points
1 Natalie Rolland	10 Pleasant Valley	1:07.43	5
2 Jackie Cook	10 Iowa City City H	1:18.68	3
3 Jessica Lamp	09 Iowa City West	1:25.64	2
4 Allison Link	12 Iowa City West	1:26.09	1

Event 22 Girls 400 Meter Dash Varsity

Name	Year School	Finals	Points
1 Jessica Shull	10 Iowa City West	1:02.41	5
2 Brooke Bierhaus	11 Pleasant Valley	1:02.83	3
3 Katie Kelley	11 Iowa City West	1:02.85	2
4 Fatimah Omar	09 Iowa City City H	1:03.43	1
5 Mallory Hynes	12 Iowa City City H	1:03.55	
6 Sanjana Ramesh	11 Pleasant Valley	1:04.31	

Event 25 Girls 4x200 Meter Relay Junior Varsity

School	Finals	Points
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1	Iowa City City High 'A'	2:04.51	5
	1) Chelsea Kroeze 12	2) Sarah Baker 10	
	3) Katie Langenfeld 10	4) Sierra Chambers 10	
2	Iowa City West 'A'	2:06.15	3
	1) Ashlee Waters 09	2) Megan Meyer 10	
	3) Megan Hingtgen 12	4) Savannah Wilson 09	

Event 26 Girls 4x200 Meter Relay Varsity

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	School	Finals	Points
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1	Iowa City West 'A'	1:45.61	5
	1) McKennan Cronbaugh 09	2) Chloe Hoagland 12	
	3) Gabby Weber 09	4) Shahana Williams 10	
2	Iowa City City High 'A'	1:52.83	3
	1) Claire Crew 09	2) Elizabeth Larsen 10	
	3) Kari Mueller 11	4) Kelsey Coleman 11	
3	Pleasant Valley 'A'	1:55.00	
	1) Kelly McElhiney 11	2) Catie Mullen 10	
	3) Shannon Holmberg 12	4) Abby Sperry 12	

Event 31 Girls 100 Meter Hurdles Junior Varsity

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	Name	Year School	Finals	Points
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1	Kirstin Feeney	10 Iowa City City H	17.36	5
2	Jesse Robinson	10 Iowa City West	17.49	3
3	Terra Perez	09 Iowa City City H	17.79	2
4	Caroline Van Voorhis	10 Iowa City West	18.56	1

Event 32 Girls 100 Meter Hurdles Varsity

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	Name	Year School	Finals	Points
=====				
1	Natalie Mason	12 Iowa City West	16.29	5
2	Rebecca Tanner	10 Iowa City West	J16.29	3
3	Emily Sotelo	11 Iowa City City H	16.37	2
4	Kippy Searles	12 Pleasant Valley	16.67	1
5	Caitlin Ward	10 Iowa City City H	17.40	
6	Jenna McGee	11 Pleasant Valley	18.21	

Event 38 Girls 800 Meter Run Junior Varsity

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	Name	Year School	Finals	Points
=====				
1	Dara Miller	11 Iowa City West	2:40.42	5
2	Gabrielle Bui	09 Iowa City City H	2:45.65	3

Event 39 Girls 800 Meter Run Varsity

Name	Year School	Finals	Points
1 Ally Disterhoft	09 Iowa City West	2:21.57	5
2 Jill Stephenson	12 Iowa City City H	2:22.81	3
3 Meg Richardson	10 Iowa City City H	2:31.88	2
4 Ali Oppel	09 Pleasant Valley	2:34.20	1
5 Annie Schaechenbach	09 Iowa City West	2:35.95	
6 Raena Sampson	12 Pleasant Valley	2:40.98	

Event 40 Girls 200 Meter Dash Junior Varsity

Name	Year School	Finals	Points
1 Sanjana Ramesh	11 Pleasant Valley	28.80	5
2 Courtney Dauber	09 Iowa City West	29.66	3
3 Juliette Enloe	09 Iowa City City H	32.40	2
4 Jackie Cook	10 Iowa City City H	35.17	1

Event 41 Girls 200 Meter Dash Varsity

Name	Year School	Finals	Points
1 Jessica Gehrke	12 Iowa City West	25.82	5
2 McKennan Cronbaugh	09 Iowa City West	26.42	3
3 Ashley Wilkinson	12 Iowa City City H	26.46	2
4 Jenna McGinnis	12 Pleasant Valley	28.02	1
5 Nicole Kuddes	10 Iowa City City H	28.11	
-- Anne Leners	09 Pleasant Valley	DNF	

Event 46 Girls 400 Meter Hurdles Junior Varsity

Name	Year School	Finals	Points
1 Lori Lines	11 Iowa City City H	1:12.58	5
2 Terra Perez	09 Iowa City City H	1:16.50	3
3 Alyssa McKeone	09 Iowa City West	1:22.47	2

Event 47 Girls 400 Meter Hurdles Varsity

Name	Year School	Finals	Points
1 Emily Sotelo	11 Iowa City City H	1:08.99	5
2 Samantha Kunc	11 Iowa City City H	1:11.76	3
3 Natalie Mason	12 Iowa City West	1:13.74	2

4 Abby Sperry	12 Pleasant Valley	1:14.78	1
5 Lauren Bobst	09 Iowa City West	1:16.76	
6 Catie Mullen	10 Pleasant Valley	1:21.40	

Event 52 Girls 800 Sprint Medley Junior Varsity

School	Finals	Points
1 Iowa City West 'A'	2:05.64	5
1) Elizabeth Ebot 12	2) Ashley Weinschenk 11	
3) Paola Jarmillo-Guayara 11	4) Ashley Knudson 09	
2 Iowa City City High 'A'	2:05.99	3
1) Caitlin Ward 10	2) Chelsea Kroeze 12	
3) Kari Mueller 11	4) Cecilia DeBoeck 09	
3 Pleasant Valley 'A'	2:09.62	
1) Haley Jewell 09	2) Farley Alsacia 11	
3) Natalie Rolland 10	4) Ali Oppel 09	

Event 53 Girls 800 Sprint Medley Varsity

School	Finals	Points
1 Iowa City City High 'A'	1:53.59	5
1) Claire Crew 09	2) Kelsey Coleman 11	
3) Brittany Nelson 12	4) Ashley Wilkinson 12	
2 Iowa City West 'A'	1:55.54	3
1) Shahana Williams 10	2) Chloe Hoagland 12	
3) Rebecca Tanner 10	4) Jessica Shull 10	
3 Pleasant Valley 'A'	1:56.45	
1) Bianca Filgo 11	2) Shannon Holmberg 12	
3) Kippy Searles 12	4) Laura Rodriguez 11	

Event 54 Girls 1500 Meter Run Junior Varsity

Name	Year School	Finals	Points
1 Hannah Skopec	12 Iowa City West	5:47.64	5
2 Kate Mendenhall	09 Iowa City City H	5:49.51	3
3 Maggie Mahaffa	11 Iowa City City H	5:49.83	2
4 Sophia Peterson	09 Iowa City City H	x5:50.28	

Event 55 Girls 1500 Meter Run Varsity

Name	Year School	Finals	Points
1 Rebecca Rethwisch	11 Iowa City City H	4:55.43	5
2 Emily Fagan	12 Iowa City City H	5:00.39	3
3 Avery Malmgren	11 Pleasant Valley	5:09.55	2

4 Taylor Fehlberg	11 Iowa City West	5:11.22	1
5 Allison Siglin	09 Iowa City City H	x5:13.17	
6 Pombie Silverman	09 Iowa City West	5:17.38	
7 Brooke Bierhaus	11 Pleasant Valley	5:35.81	
8 Onna Drake	11 Pleasant Valley	x5:40.48	

Event 58 Girls 4x100 Meter Relay Junior Varsity

School	Finals	Points
1 Iowa City West 'A'	55.96	5
1) Jesse Robinson 10	2) Ali Hansen 10	
3) Savannah Wilson 09	4) Akimi Oya 09	
2 Iowa City City High 'A'	56.24	3
1) Elizabeth Larsen 10	2) Kari Mueller 11	
3) Caitlin Ward 10	4) Kirstin Feeney 10	
3 Pleasant Valley 'A'	59.53	
1) Haley Jewell 09	2) Natalie Rolland 10	
3) Onna Drake 11	4) Farley Alsacia 11	

Event 59 Girls 4x100 Meter Relay Varsity

School	Finals	Points
1 Iowa City West 'A'	49.09	5
1) McKennan Cronbaugh 09	2) Chloe Hoagland 12	
3) Shahana Williams 10	4) Jessica Gehrke 12	
2 Iowa City City High 'A'	51.82	3
1) Mickey Hansche 09	2) Brittany Nelson 12	
3) Kelsey Coleman 11	4) Ashley Wilkinson 12	
3 Pleasant Valley 'A'	53.39	
1) Jenna McGinnis 12	2) Emily Guinn 12	
3) Lauren Suhl 12	4) Bianca Filgo 11	

Event 62 Girls 4x400 Meter Relay Junior Varsity

School	Finals	Points
1 Iowa City City High 'A'	4:30.82	5
1) Kelsey Coleman 11	2) Fatimah Omar 09	
3) Erin Danielson 09	4) Katie Langenfeld 10	
2 Iowa City West 'A'	4:39.88	3
1) Griffin Reed 10	2) Alyssa McKeone 09	
3) Kristin Eckman 11	4) Lauren Bobst 09	

Event 63 Girls 4x400 Meter Relay Coleman Varsity

School	Finals	Points
1 Pleasant Valley 'A'	4:09.66	5
1) Chloe Miller 09	2) Kathryn Leidahl 09	
3) Jenna McGee 11	4) Anne Leners 09	
2 Iowa City City High 'A'	4:10.98	3
1) Claire Crew 09	2) Jordan Sullivan 10	
3) Mallory Hynes 12	4) Emily Sotelo 11	
3 Iowa City West 'A'	4:26.08	
1) Ally Disterhoft 09	2) Alison Stephan 12	
3) Katie Kelley 11	4) Whitney Schuette 12	

Event 69 Girls Discus Throw Varsity

Name	Year School	Finals	Points
1 Courtney Fritz	12 Iowa City West	142-10	5
2 Micaela Haight	12 Iowa City West	137-09	3
3 Kayla Hyche	11 Iowa City City H	112-07	2
4 Aliyah Gustafson	09 Iowa City City H	109-11	1
5 Cassie Paddock	10 Pleasant Valley	96-02	

Event 70 Girls Discus Throw Junior Varsity

Name	Year School	Finals	Points
1 Briannie Kraft	11 Iowa City West	116-00	5
2 Nicole Titus	12 Iowa City West	104-03	3
3 Liz Behlke	11 Iowa City City H	63-05	2

Event 73 Girls Shot Put Varsity

Name	Year School	Finals	Points
1 Micaela Haight	12 Iowa City West	43-03.50	5
2 Courtney Fritz	12 Iowa City West	38-03.50	3
3 Kayla Hyche	11 Iowa City City H	37-06.00	2
4 Aliyah Gustafson	09 Iowa City City H	36-05.25	1
5 Cassie Paddock	10 Pleasant Valley	30-03.50	

Event 74 Girls Shot Put Junior Varsity

Name	Year School	Finals	Points
1 Christiana Fairfield	12 Iowa City West	36-10.50	5
2 Sheila Johnson	09 Iowa City West	30-07.00	3
3 Liz Behlke	11 Iowa City City H	27-09.00	2
4 Sierra Chambers	10 Iowa City City H	26-07.00	1

Event 80 Girls Long Jump Varsity

Name	Year School	Finals	Points
1 Jessica Gehrke	12 Iowa City West	17-02.25	5
2 Brittany Nelson	12 Iowa City City H	15-03.00	3
3 Emily Guinn	12 Pleasant Valley	15-02.25	2
4 Kelly McElhiney	11 Pleasant Valley	15-00.00	1
5 Gabby Weber	09 Iowa City West	14-11.50	
6 Mickey Hansche	09 Iowa City City H	14-06.75	

Event 81 Girls Long Jump Junior Varsity

Name	Year School	Finals	Points
1 Paola Jarmillo-Guayara	11 Iowa City West	14-11.50	5
2 Courtney Dauber	09 Iowa City West	14-05.50	3
3 Fatimah Omar	09 Iowa City City H	13-04.25	2

Event 84 Girls High Jump Varsity

Name	Year School	Finals	Points
1 Stephanie Brooks	12 Iowa City City H	5-03.00	5
2 Kelly Hering	11 Pleasant Valley	J5-03.00	3
3 Virginia Johnson	11 Iowa City City H	5-00.00	2
4 Ashley Weinschenk	11 Iowa City West	4-10.00	0.5
4 Chloe Miller	09 Pleasant Valley	4-10.00	0.5
6 Maud Prineas	09 Iowa City West	4-08.00	

Event 85 Girls High Jump Junior Varsity

Name	Year School	Finals	Points
1 Caroline Van Voorhis	10 Iowa City West	4-08.00	5

Women - Varsity - Team Rankings - 19 Events Scored

1) Iowa City West	83.50	2) Iowa City City High	
3) Pleasant Valley	26.50		

Women - Junior Varsity - Team Rankings - 19 Events Scored

1) Iowa City City High	80	2) Iowa City West	
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76

3) Pleasant Valley

10