

46th Annual Forwald/Coleman Relays
Iowa City High School, Raffensperger Track
Results - Final Events

Event 1 Girls 800 Sprint Medley

New Record: 1:47.99 ! 1998

Nearad, Gatens, Knight, Price

Team	Relay	Finals
Finals		
1 Waukee	A	1:52.21
1) Sehansa Karunatilaka 10	2) Ainsley Schlicher 10	
3) Delaney Taylor 11	4) Jessica Caraway 11	
2 Iowa City	A	1:53.48
1) Te'Nia Ansley 09	2) Emma Clark 12	
3) Ayana Lindsey 10	4) CeCe Kelly-Harvey 10	
3 Iowa City West	A	1:58.50
1) Tremeice Carter 09	2) Celestina Nuro-Gyina 09	
3) Matayia Tellis 10	4) Amy Liao 10	
4 Valley, Wdm	A	2:00.90
1) Danielle Socarras 10	2) Mya Allen 09	
3) Audrey Hronich 11	4) Soma Tawr 11	
5 Pleasant Valley	A	2:02.10
1) Paige Berst 10	2) Kelsey Wood 12	
3) Jessi Meyer 10	4) Jayne Abraham 09	
6 Cedar Rapids Kennedy	A	2:04.61
1) Jaylise Clark 11	2) Calaisha Hendrid 09	
3) Victoria Lea 10	4) Kyla Holm 09	
7 Linn-Mar	A	2:07.53
1) Rachel Hamling 09	2) Jada Simmons 09	
3) Jaeden Humphries 09	4) Jamison Feldman 11	
8 Muscatine	A	2:09.48
1) Aricka Ramser 10	2) Lexi Hirt 10	
3) Malia Cook 10	4) Mykenah Pothoff 09	

Event 3 Girls 3000 Meter Run

New Record: 9:48.64 ! 1999

Michelle Lilienthal

Name	Yr	School	Finals
Finals			
1 Sydney Schaffer	11	Waukee	10:30.04
2 Isabelle Schaffer	11	Waukee	10:31.73
3 Chloe Skidmore	10	Linn-Mar	10:35.03
4 Ella Popenhagen	11	Cedar Rapids	10:35.73
5 Rowan Boulter	09	Iowa City	10:43.09
6 Maddy Minard	12	Pleasant Val	10:57.74
7 Peyton Kelderman	10	Waukee	x11:25.99
8 Lauren Gray	10	Cedar Rapids	11:29.34
9 Lauren Buechel	11	Pleasant Val	11:31.29
10 Rylee Blake	11	Muscatine	11:35.86
11 Sydney Brandmeyer	09	Pleasant Val	x11:36.45
12 Katie Hoefler	10	Iowa City We	11:42.99
13 Emily Bright	09	Valley, Wdm	11:45.37
14 Claudia Ossman	09	Valley, Wdm	11:52.60
15 Julia Veit	11	Iowa City	11:54.07

Event 5 Girls 4x800 Meter Relay

New Record: 9:25.43 ! 2002

J. Frudden, J. Dobyms, J. Frudden, L. Dobyms

Team	Relay	Finals
Finals		
1 Valley, Wdm	A	9:51.44
1) Helen Gould 12	2) Lauren Schulze 10	
3) Teghan Booth 10	4) Maddie Hollander 09	
2 Iowa City West	A	10:06.21
1) Erica Buettner 10	2) Sara Alaya 09	
3) Emma Kearney 10	4) Kiara Malloy-Salgado 10	
3 Iowa City	A	10:07.91
1) Lillian Reynolds 10	2) Tatum Frazier 09	
3) Lucy Corbin 09	4) Janie Perril 10	
4 Waukee	A	10:10.25
1) Lindsey Kelderman 10	2) Molly Bannister 09	
3) Sophia Hueser 10	4) Emma Shepard 11	
5 Muscatine	A	10:58.50
1) Lauren Dirth 11	2) Gwen Kuhl 10	
3) Ella Brewer 09	4) Molly Guerra 09	
6 Pleasant Valley	A	11:03.16
1) Taylor Buhr 09	2) Beatrice Sears 09	
3) Shannon Mullen 12	4) Ava Sorgenfrey 11	
7 Cedar Rapids Kennedy	A	11:06.94
1) Nevaeh Mangrich 09	2) Kayleigh Duncan 09	
3) Ella Cadenhead 09	4) Victoria Knight 09	
8 Linn-Mar	A	11:14.63
1) Olivia Genskow 11	2) Jillian Christensen 09	
3) Elise Cagnard 11	4) Joyce Toingar 09	

Event 8 Girls 4x100 Meter Shuttle Hurdle

New Record: 1:02.84 ! 4/21/2016 Waukee

H Schau, S Winger, D Modrell, M Gray

Team	Relay	Finals
Finals		
1 Iowa City	A	1:05.73
1) Te'Nia Ansley 09	2) Jordan Sekafetz 10	
3) Kate Swenning 12	4) Caroline Schaeckenbach 11	
2 Waukee	A	1:06.29
1) Reese Peterson 10	2) Kynzi Winger 10	
3) Natalie Harris 09	4) Addie Drees 11	
3 Valley, Wdm	A	1:09.81
1) Libby Blosser 11	2) Mya Moore 11	
3) Emma Nau 10	4) Ellie Morrow 09	
4 Pleasant Valley	A	1:11.49
1) Emily Wood 10	2) Paige Berst 10	
3) Clare Basala 11	4) Sophie Curtis 11	
5 Cedar Rapids Kennedy	A	1:13.11
1) Hannah Wieland 11	2) Molly Joyner 09	
3) Jaelyn Petersmith 09	4) Kajsa Gerkens 11	
6 Iowa City West	A	1:13.78
1) Amy Liao 10	2) Matayia Tellis 10	
3) Florence Assumani 09	4) Celestina Nuro-Gyina 09	

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Finals ... (Event 8 Girls 4x100 Meter Shuttle Hurdle)

Team	Relay	Finals
7 Muscatine	A	1:16.27
1) Lauren Dirth 11	2) Hallie Hanssen 10	
3) Lucy Brookhart 10	4) Katherine Hernandez 09	
8 Linn-Mar	A	1:23.01
1) Gretchen Gehrls 11	2) Sophie Wilbanks 11	
3) Haley Hartshorne 10	4) Allie Scolaro 12	

Event 9 Girls 100 Meter Dash

New Record: 12.14 ! 4/19/1999 Kristin Knight

Name	Yr	School	Finals
Finals			
1 Peyton Steva	12	Iowa City We	12.63
2 Adrea Arthofer	12	Pleasant Val	12.81
3 Kaliyah Perry	09	Waukee	12.86
4 Emma Cooper	12	Iowa City	12.88
5 Anna Huggins	11	Linn-Mar	12.93
6 Cheyenne Mitchell	12	Cedar Rapids	12.94
7 Carli Spelhaug	12	Pleasant Val	13.06
8 Charlize Tornell	11	Waukee	13.12
9 Emma Clark	12	Iowa City	13.16
10 Cathi Juergens	11	Linn-Mar	13.26
11 Jayda Allen	11	Valley, Wdm	13.30
12 Serina Shannon	11	Valley, Wdm	13.46
13 Olivia Vander Sanden	12	Cedar Rapids	14.16
14 Aricka Ramser	10	Muscatine	14.28
15 Tremeice Carter	09	Iowa City We	14.30
16 Kaylynn Salyars	10	Muscatine	14.38

Event 12 Girls Distance Medley

New Record: 4:12.70 ! 4/21/2006 Tipton High School

B Foulks, C Kotz, C Marchik, A Miller

Team	Relay	Finals
Finals		
1 Waukee	A	4:26.97
1) Emma Schossow 11	2) Kate Bannister 11	
3) Abby Benson 11	4) Megan Groathouse 11	
2 Linn-Mar	A	4:36.56
1) Kasey Shanahan 10	2) Alexa Hubler 09	
3) Chloe Skidmore 10	4) Sarah Murphy 10	
3 Iowa City West	A	4:38.20
1) Doroteya Kiza 10	2) Favour Alarape 10	
3) Kaisa Whittaker 10	4) Emma Kearney 10	
4 Cedar Rapids Kennedy	A	4:38.91
1) Jaylise Clark 11	2) Rachel Schultz 11	
3) Kaelyn Ryan 12	4) Sarah Grams 10	
5 Iowa City	A	4:39.69
1) Pamela Wawaka 11	2) Ella Cook 10	
3) Isabel Jones 12	4) Jae Dancer 10	
6 Valley, Wdm	A	4:43.25
1) Shreya Gaddi 10	2) Molly Wright 11	
3) Reagan Griffith 09	4) Kamryn Ensley 09	
7 Pleasant Valley	A	4:47.52
1) Jessi Meyer 10	2) Alexis Morel 10	
3) Lena Ahrens 11	4) Malinali Sanchez-Carmona 09	

8 Muscatine	A	5:16.32
1) Autumn Brunk 09	2) Kaylynn Salyars 10	
3) Elsy Barahona 10	4) Karly Ricketts 09	

Event 14 Girls 400 Meter Dash

New Record: 56.81 ! 4/20/2017 Payton Wensel

Name	Yr	School	Finals
Finals			
1 Jessica Caraway	11	Waukee	1:00.34
2 Hallie Hanssen	10	Muscatine	1:03.27
3 Janjay Peters	11	Waukee	1:03.29
4 Olivia Hamblin	11	Cedar Rapids	1:03.72
5 Peyton Naeve	09	Iowa City	1:04.04
6 Katie Garner	11	Pleasant Val	1:04.98
7 Jordan DuBrava	11	Iowa City	1:08.41
8 Soma Tawr	11	Valley, Wdm	1:08.46
9 Clare Loussaert	09	Iowa City We	1:08.85
10 Sara Alaya	09	Iowa City We	1:10.18
11 Natalie Carslake	09	Pleasant Val	1:10.76
12 Jamison Feldman	11	Linn-Mar	1:12.10
13 Ashlyn Stuecker	11	Linn-Mar	1:12.31
14 Rebekah Brunson	10	Muscatine	1:12.49
15 Taylor Ciabatti	09	Cedar Rapids	1:15.65
16 Helene Lenz	09	Valley, Wdm	1:22.21

Event 17 Girls 4x200 Meter Relay

New Record: 1:42.36 ! 4/21/2015 Waukee

G. Gaines, T Gates, S Witte, E Vojic

Team	Relay	Finals
Finals		
1 Waukee	A	1:45.77
1) Sehansa Karunatilaka 10	2) Ainsley Schlicher 10	
3) Kaliyah Perry 09	4) Delaney Taylor 11	
2 Iowa City	A	1:46.47
1) Emma Cooper 12	2) Azzura Sartini-Rideout 11	
3) Ayana Lindsey 10	4) Mia DePrenger 09	
3 Linn-Mar	A	1:48.18
1) Lauren Gorsich 10	2) Leah Gorsich 10	
3) Cathi Juergens 11	4) Meliah Hanna 10	
4 Cedar Rapids Kennedy	A	1:49.57
1) Victoria Lea 10	2) Kajsa Gerkens 11	
3) Addison Parker 10	4) Cheyenne Mitchell 12	
5 Valley, Wdm	A	1:51.55
1) Serina Shannon 11	2) Danielle Socarras 10	
3) Audrey Hronich 11	4) Mya Allen 09	
6 Pleasant Valley	A	1:55.74
1) Caitlin Crome 11	2) Kelsey Wood 12	
3) Jayne Abraham 09	4) Sara Hoskins 11	
7 Iowa City West	A	1:55.98
1) Celestina Nuro-Gyina 09	2) Favour Alarape 10	
3) Tremeice Carter 09	4) Doroteya Kiza 10	
8 Muscatine	A	2:03.52
1) Annah Holt 09	2) Autumn Brunk 09	
3) Kaylynn Salyars 10	4) Malia Cook 10	

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Event 19 Girls 100 Meter Hurdles**New Record: 14.53 ! 4/20/2017 Valerie Welch**

Name	Yr	School	Finals
Finals			
1 Peyton Steva	12	Iowa City We	14.67
2 Kajsa Gerkens	11	Cedar Rapids	15.23
3 Addie Drees	11	Waukee	15.84
4 Sophie Curtis	11	Pleasant Val	15.85
5 Te'Nia Ansley	09	Iowa City	16.08
6 Jordan Sekafetz	10	Iowa City	16.28
7 Kynzi Winger	10	Waukee	16.57
8 Mya Moore	11	Valley, Wdm	17.07
9 Libby Blosser	11	Valley, Wdm	17.46
10 Paige Berst	10	Pleasant Val	17.58
11 Matayia Tellis	10	Iowa City We	17.96
12 Hannah Wieland	11	Cedar Rapids	17.99
13 Sophie Wilbanks	11	Linn-Mar	18.55
14 Gretchen Gehrls	11	Linn-Mar	18.69
15 Katherine Hernandez	09	Muscatine	18.82
16 Lucy Brookhart	10	Muscatine	19.39

Event 22 Girls 800 Meter Run**New Record: 2:11.08 ! 4/19/2018 Payton Wensel**

Name	Yr	School	Finals
Finals			
1 Lauren Schulze	10	Valley, Wdm	2:22.99
2 CeCe Kelly-Harvey	10	Iowa City	2:26.06
3 Abby Riley	12	Pleasant Val	2:26.27
4 Helen Gould	12	Valley, Wdm	2:27.02
5 Lindsey Kelderman	10	Waukee	2:27.12
6 Holyn Doran	11	Pleasant Val	2:27.25
7 Kiara Malloy-Salgado	10	Iowa City We	2:28.71
8 Molly Bannister	09	Waukee	2:28.83
9 Olivia Hamblin	11	Cedar Rapids	2:31.12
10 Sarah Murphy	10	Linn-Mar	2:33.75
11 Tatum Frazier	09	Iowa City	2:34.47
12 Jillian Christensen	09	Linn-Mar	2:43.10
13 Katie Hoefler	10	Iowa City We	2:46.20
14 Ella Brewer	09	Muscatine	2:48.21

Event 24 Girls 200 Meter Dash**New Record: 25.00 ! 5/1/2009 Ashley Wilkinson**

Name	Yr	School	Finals
Finals			
1 Peyton Steva	12	Iowa City We	25.99
2 Adrea Arthofer	12	Pleasant Val	26.18
3 Morgan Ramirez	11	Pleasant Val	26.69
4 Emma Clark	12	Iowa City	27.35
5 Emma Cooper	12	Iowa City	27.52
6 Laina Lewis	11	Waukee	27.89
7 Charlize Tornell	11	Waukee	27.92
8 Danielle Socarras	10	Valley, Wdm	28.21
9 Addison Parker	10	Cedar Rapids	28.51
10 Tionna Slater	10	Iowa City We	29.70
11 Lauren Benter	10	Linn-Mar	30.36

12 Lucy Brookhart	10	Muscatine	30.75
13 Hannah Herold	12	Cedar Rapids	30.83
14 Liza Delagardelle	11	Linn-Mar	31.31
15 Lexi Hirt	10	Muscatine	31.73
16 Helene Lenz	09	Valley, Wdm	32.61

Event 27 Girls 400 Meter Hurdles**New Record: 1:00.55 ! 4/17/2016 Sarah Plock**

Name	Yr	School	Finals
Finals			
1 Caroline Schaeckenbach	11	Iowa City	1:04.91
2 Amy Liao	10	Iowa City We	1:08.97
3 Lilly Reynolds	10	Iowa City	1:10.33
4 Natalie Harris	09	Waukee	1:11.08
5 Clare Basala	11	Pleasant Val	1:11.47
6 Kate Bannister	11	Waukee	1:14.10
7 Emma Nau	10	Valley, Wdm	1:15.15
8 Molly Joyner	09	Cedar Rapids	1:15.26
9 Shreya Khullar	09	Iowa City We	1:17.67
10 Haley Hartshorne	10	Linn-Mar	1:18.06
11 Sophie Wilbanks	11	Linn-Mar	1:22.54
12 Haley Spurgeon	10	Cedar Rapids	1:23.85
13 Rebekah Brunson	10	Muscatine	1:27.43

Event 29 Girls 1500 Meter Run**New Record: 4:31.24 ! 4/21/2016 Stephanie Jenks**

Name	Yr	School	Finals
Finals			
1 Micah Poellet	10	Linn-Mar	4:48.61
2 Sydney Schaffer	11	Waukee	4:56.74
3 Isabelle Schaffer	11	Waukee	5:00.08
4 Ella Popenhagen	11	Cedar Rapids	5:01.95
5 Mallory Lafever	12	Pleasant Val	5:05.28
6 Kiara Malloy-Salgado	10	Iowa City We	5:05.35
7 Erica Buettner	10	Iowa City We	5:09.54
8 Maddy Minard	12	Pleasant Val	5:12.38
9 Peyton Kelderman	10	Waukee	x5:14.04
10 Lilly Geelan	10	Linn-Mar	5:15.84
11 Teghan Booth	10	Valley, Wdm	5:16.29
12 Rowan Boulter	09	Iowa City	5:16.40
13 Maddie Hollander	09	Valley, Wdm	5:19.68
14 Janie Perrill	10	Iowa City	5:20.11
15 Emma Kelley	12	Linn-Mar	x5:23.70
16 Kamryn Ensley	09	Valley, Wdm	x5:26.70
17 Chloe Greig	12	Pleasant Val	x5:27.32
18 Gwen Kuhl	10	Muscatine	5:33.96
19 Rylee Blake	11	Muscatine	5:42.13
20 Bethany Smeed	09	Cedar Rapids	5:48.34
--- Lillian Schmidt		Dubuque Senior	X4:49.21

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Event 35 Girls 4x100 Meter Relay

New Record: 48.99 ! 4/19/2018 Pleasant Valley

K Arthofer, H Creasy, A Arthofer, A Kirby

Team	Relay	Finals
Finals		
1 Pleasant Valley	A	49.60
1) Carli Spelhaug 12	2) Emily Wood 10	
3) Morgan Ramirez 11	4) Adrea Arthofer 12	
2 Waukee	A	50.00
1) Sehansa Karunatilaka 10	2) Emma Schossow 11	
3) Kaliyah Perry 09	4) Delaney Taylor 11	
3 Iowa City	A	51.32
1) Te'Nia Ansley 09	2) Azzura Sartini-Rideout 11	
3) Emma Clark 12	4) Emma Cooper 12	
4 Cedar Rapids Kennedy	A	52.00
1) Jaylise Clark 11	2) Calaisha Hendrid 09	
3) Rachel Schultz 11	4) Cheyenne Mitchell 12	
5 Iowa City West	A	52.22
1) Celestina Nuro-Gyina 09	2) Matayia Tellis 10	
3) Amy Liao 10	4) Peyton Steva 12	
6 Linn-Mar	A	52.59
1) Kasey Shanahan 10	2) Meliah Hanna 10	
3) Annie Henderson 11	4) Alexa Hubler 09	
7 Muscatine	A	53.36
1) Olivia Harmon 10	2) Carlie Blazek 10	
3) Lauren Dirth 11	4) Callie Kellett 12	
8 Valley, Wdm	A	57.57
1) Serina Shannon 11	2) Mya Allen 09	
3) Jayda Allen 11	4) Audrey Hronich 11	

Event 37 Girls 4x400 Meter Relay Coleman

New Record: 4:00.38 ! 4/20/2007 Iowa City City High

M Harris, M Sabers, A Wilkinson, K Krei

Team	Relay	Finals
Finals		
1 Iowa City	A	4:05.99
1) Ayana Lindsey 10	2) Mia DePrenger 09	
3) Caroline Schaeckenbach 11	4) CeCe Kelly-Harvey 10	
2 Waukee	A	4:09.48
1) Jessica Caraway 11	2) Megan Groathouse 11	
3) Ainsley Schlicher 10	4) Abby Benson 11	
3 Valley, Wdm	A	4:11.54
1) Helen Gould 12	2) Mya Moore 11	
3) Lauren Schulze 10	4) Hayley Chappell 10	
4 Pleasant Valley	A	4:24.31
1) Caitlin Crome 11	2) Taylor Buhr 09	
3) Abby Riley 12	4) Lena Ahrens 11	
5 Cedar Rapids Kennedy	A	4:29.60
1) Olivia Hamblin 11	2) Taylor Ciabatti 09	
3) Kyla Holm 09	4) Kaelyn Ryan 12	
6 Iowa City West	A	4:33.82
1) Kaisa Whittaker 10	2) Emma Kearney 10	
3) Soomin Koh 09	4) Tionna Slater 10	

Event 40 Girls Discus Throw

New Record: 154-02 ! 4/20/2007 Taylor Freeman

Name	Yr	School	Finals
Finals			
1 Madison Green	11	Valley, Wdm	130-09.50
2 Alexie Little	11	Iowa City We	123-02
3 Phoebe Burt	10	Iowa City We	115-04
4 Ilah Perez-Johnson	11	Pleasant Val	108-04.50
5 Morgan Laird	11	Waukee	106-05
6 Avelyn Burger	10	Waukee	103-04
7 Beth Peterson	12	Pleasant Val	98-06
8 Yaz Lenhard	11	Muscatine	96-06.50
9 Jeany Toingar	11	Linn-Mar	95-02.50
10 Shayla Dralle	11	Cedar Rapids	83-01
11 Keaton Gerber	09	Cedar Rapids	74-05
--- Tesa Sell	10	Muscatine	ND
--- Lauren Grove	12	Iowa City	ND
--- Samantha Smith	12	Linn-Mar	ND
--- Zoe Burgess	11	Iowa City	ND

Event 42 Girls Shot Put

New Record: 47-10.25 ! 4/21/2006 Danica Haight

Name	Yr	School	Finals
Finals			
1 Salima Omari	11	Iowa City We	40-06.00
2 Ilah Perez-Johnson	11	Pleasant Val	38-02.00
3 Arionnah Sonii	09	Iowa City We	37-05.00
4 Jeany Toingar	11	Linn-Mar	37-04.00
5 Madison Green	11	Valley, Wdm	36-04.50
6 Kara Smith	11	Waukee	35-07.00
7 Laura Nus	12	Cedar Rapids	33-04.00
8 Riley Vice	10	Pleasant Val	32-06.00
9 Avelyn Burger	10	Waukee	32-02.00
10 Anna Spellman	12	Iowa City	31-05.50
11 Yaz Lenhard	11	Muscatine	31-01.00
12 Sara Cassidy	09	Iowa City	31-00.00
13 Rylee Bolsinger	11	Cedar Rapids	30-11.00
--- Tesa Sell	10	Muscatine	ND
--- Samantha Smith	12	Linn-Mar	ND

Event 45 Girls Long Jump

New Record: 18-04 ! 4/17/2014 Kiera Washpun

Name	Yr	School	Finals
Finals			
1 Carli Spelhaug	12	Pleasant Val	17-05.50
2 Morgan Ramirez	11	Pleasant Val	17-03.25
3 Caroline Schaeckenbach	11	Iowa City	16-11.75
4 Bella Scheid	11	Waukee	16-11.25
5 Brooklyn Woods	09	Waukee	16-07.25
6 Ella Cook	10	Iowa City	15-05.50
7 Addison Parker	10	Cedar Rapids	15-03.00
8 Helene Lenz	09	Valley, Wdm	14-09.75
9 Aricka Ramser	10	Muscatine	14-08.50
10 Annie Henderson	11	Linn-Mar	14-04.25
11 Hannah Gire	12	Linn-Mar	14-03.75

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Finals ... (Event 45 Girls Long Jump)

Name	Yr	School	Finals
12 Malia Cook	10	Muscatine	14-01.00
12 Shreya Gaddi	10	Valley, Wdm	14-01.00
--- Rachel Schultz	11	Cedar Rapids	ND

Event 47 Girls High JumpNew Record: **5-06 ! 4/19/2018** Skyler PreslerNew Record: **5-06 ! 4/21/2016** Rose Gamamou

Name	Yr	School	Finals
Finals			
1 Sara Hoskins	11	Pleasant Val	5-02.00
2 Carly Boss	11	Waukee	5-00.00
3 Layanna Green	10	Waukee	J5-00.00
4 Emily Wood	10	Pleasant Val	J5-00.00
5 Alia Vanderhoef	10	Iowa City	J5-00.00
6 Kate Swenning	12	Iowa City	4-10.00
7 Allison Harris	09	Cedar Rapids	4-08.00
8 Skyler Presler	11	Linn-Mar	J4-08.00
9 Haley Hartshorne	10	Linn-Mar	4-06.00
9 Emma Nau	10	Valley, Wdm	4-06.00
9 Katie Jensen	11	Cedar Rapids	4-06.00
9 Madi Petersen	10	Muscatine	4-06.00
--- Kaitlin Lamkins	10	Iowa City We	NH
--- Mya Moore	11	Valley, Wdm	NH

Event 31 Girls 4x100 Meter Relay 7th GirlsNew Record: **54.48 ! 4/19/2018** Northwest Junior High

J Dachtler, E Woods, K Showalter, J Pruitt

Team	Relay	Finals
Finals		
--- NC7G	A	X57.47
1) Haley Schroeder	2) Amira Coleman	
3) Cori Mac	4) Ellie Heier	
--- Northwest 7th girls	A	X58.47
1) Martha Makabu	2) Jocelyn Jacobsen	
3) Courtney Vest	4) Erin Varga	
--- Southeast 7th girls	B	X59.53
1) Claire Ernst	2) Ava Bell	
3) Claire Loria	4) Jordyn Kucera	
--- Southeast 7th girls	A	X1:03.44
1) Victoria Acas	2) Iris Williams	
3) MacLayne Menzel	4) Sierra Pruessner	

Event 32 Girls 4x100 Meter Relay 8th Girls

Team	Relay	Finals
Finals		
--- NC8G	A	X54.33
1) Brityn Gryp	2) Avery Gaudet	
3) Laura Pitkin	4) Jimmya Coleman	
--- Northwest 8th girls	A	X55.18
1) N Albright	2) N Pierce	
3) N Nelson	4) N Proudly	
--- Northwest 8th girls	B	X56.16
1) N Schwartz	2) N Tate	
3) N Hodges	4) N Carrica	

--- Southeast 8th girls	A	X56.62
1) Chastity Mills	2) Prisca Kalala	
3) Deborah Pongo	4) Jasmine Phonphiboun	
--- Southeast 8th girls	B	X57.79
1) Claire Brown	2) Sophia Van Daele	
3) Bella Skay	4) Iris Wedemeyer	

Women - Team Rankings - 19 Events Scored

1) Waukee	173
2) Pleasant Valley	135
3) Iowa City	123
4) Iowa City West	107
5) Valley, WDM	70
6) Cedar Rapids Kennedy	63
7) Linn-Mar	47
8) Muscatine	20