

CITY HIGH GIRLS TRACK AND FIELD

Mississippi Valley Conference Meet 2019

Thursday, May 2nd

(TEAM MEETING AT 3:20PM, NOT OUT OF CLASS EARLY)

Great runner up finish by the varsity and 3rd place by the JV!!

Varsity events better than 2018: LJ, DT, SPx2, S. Med, 3000, 4x8, shuttle, 100, D. med, 400x2, 800x2, 400h, 1500x2, 4x1, 4x4 (15 events)
Junior Varsity events better than 2018: shot x2, discus, shuttle, 400, 100h, 200, 400h, 4x1, 4x4 (9 events)

TEAM SCORES: Cedar Falls 193.5, **CITY HIGH 136**, Prairie 124, Senior 85.5, Western Dubuque 71.5, Waterloo East 54, Xavier 40, Washington 24.5

TEAM SCORES: Cedar Falls 190, CR Prairie 164, **CITY HIGH 90**, Senior 71.5, Western Dubuque 56, Waterloo East 52.5, Xavier 38, Washington 33

4:30 PM	Long Jump	T. Ansley 16-1.75 3rd	Cook 15-5.75 5th								
4:30 PM	High Jump	Vanderhoef 4-10 5th	Swenning 4-8 8th			Hamilton 4-2 3rd					
4:30 PM	Shot Put	Spellman 33-6.5* 5th	Cassady 30-4			Longstreet 29-4 6th	Murry 26-4 8th				
4:30 PM	Discus	Spellman 84-1*	Grove 75-9*			Longstreet 70-6	Burgess 78-2 5th				
5:00 PM	Sprint Medley	Clark 13.8#	Cooper 12.2#	Lindsey 26	Kelly-Harvey 60.3	1:52.44 3rd	N Green 13.0#	S Ansley 14.8#	Bright 30.6	Carey 70.8 SB	2:09.53 5th
5:10 PM	3000m	Boulter 10:47.34 4th	J. Veit 12:05.29			Warren 12:42.63* 3rd					
5:25 PM	4x800 Relay	Frazier 2:29.4*	Reynolds 2:27.5	Perrill 2:32.4*	Corbin 2:33.1	10:01.76 4th	Bounds 2:52.6	Hamilton 2:47.7	Loria 2:54.0*	Hellwig 3:12.9	11:47.32 4th
5:50 PM	Shuttle Hurdle	Sekafetz 16.8	T. Ansley 16.8	DePrenger 16.5	Schaeckenbach 15.3	1:05.58 1st #2 All-Time	Dancer 18.9	Swenning 17.5	A. DuBrava 20.5	Morales 18.4	1:15.31 2nd
6:05 PM	100m Dash	Cooper 12.92 5th	Clark 13.30 8th			Moore 15.53	N Green 14.56 7th				
6:20 PM	Distance Medley	Wawaka 28.1	Cook 28.2	Naeve 64.8	Hecker 2:33.7SB	4:35.30 4th					
6:35 PM	400m Dash	Lindsey 61.8 5th	Schaeckenbach 61.32 4th			Jones 66.33 SB 3rd	J. DuBrava 68.2 SB 4th				
6:45 PM	4x200 Relay	DePrenger 26.4	Clark 28.9#	Sartini-Rideout 26.4#	Cooper 27.5	1:49.42 3rd	Moore 32.2	Roby 32.2	S. Ansley 30.5	Carey 30.3	2:05.43 6th
6:55 PM	100m Hurdles	T. Ansley 16.76 4th	Sekafetz 16.56 3rd			Dancer 17.08 PR 3rd	Bah 21.40				
7:10 PM	800m	Kelly-Harvey 2:23.21 SB 2nd	Boulter 2:32.79 7th			Mwonenkamba 3:07.20	Geerdes 3:39.23				
7:20 PM	200m Dash	Lindsey 26.60 3rd	T. Ansley 27.42 8th			Wawaka 28.32* 2nd	Roby 33.29				
7:35 PM	400m Hurdles	Schaeckenbach 1:06.72 1st	Reynolds 1:09.56 SB 2nd			Dancer 1:12.97 SB 1st					
7:50 PM	1500m	Perrill 5:18.21* 5th	Corbin 5:21.25* 7th			A. Veit 5:56.29* 7th	Loria 6:23.91*				
8:05 PM	4x100 Relay	Clark 12.8	Sartini-Rideout 12.5	Lindsey 12.4	Cooper 12.4	50.45 SB 3rd	Sekafetz 14.1	Swenning 13.7	Wawaka 12.7	Cook 13.6	54.48 3rd
8:15 PM	4x400 Relay	Kelly-Harvey 60.5	Schaeckenbach 61.5	DePrenger 61.4	Reynolds 63.9*	4:07.66 1st	Naeve 65	Frazier 68.6	Hecker 67*	Hamilton 69.2	4:30.05 3rd

RED- Standard of Excellence, *= PR, SB= Season Best, # handoff issue