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CITY HIGH SCHOOL

GIRLS TRACK & FIELD

2001 MVC DIVISIONAL MEET JUNIOR VARSITY RESULTS

100m Hurdles (Preliminary)

	Name	School	Time/Distance
1.	Katie Fraga	City High School	16:05
2.	Virginia Dreier	City High School	16:72
3.	Leah Timmerman	Hempstead	16:81
4.	Tiffany Kohl	Senior	17:41
4.	Alexia Knier	Hempstead	17:41
6.	Jill Thomas	Senior	17:65
7.	Ashley Wensel	Jefferson	18:02
8.	Jenni Zearly	Jefferson	18:68
9.			
10.			
11.			
12.			
13.			
14.			

3000m

	Name	School	Time/Distance
1.	Erilyn Russ	City High School	12:04.82
2.	Erica Olson	City High School	12:39.55
3.	April Bergfeld	Hempstead	
4.	Angela Ziegler	Prairie	
5.			
6.			

100m Dash (Preliminary)

	Name	School	Time/Distance
1.	Ashley Simpson	Hempstead	13:45
2.	Dianne Kaufman	Hempstead	13:66
3.	Sarah Hinrichs	Jefferson	13:75
4.	Alanna Mozena	Senior	13:77
5.	Shannon Veatch	City High School	13:87
6.	Ashley Wensel	Jefferson	14:39
7.	Kristin Blake	City High School	14:45
8.	Angela Unsen	Senior	14:93
9.	Sara Cummins	Prairie	15:11
10.	Tina Brunson	Kennedy	15:15
11.	Jamie Tindall	Prairie	15:42
12.	Jacqui Gulick	Kennedy	15:86
13.			
14.			

4 x 800 Relay

	School	Time/Distance	
1.	City High School (Kelsie Full, Kelly Sherry, Laura Struve, Kara Evans)	11:04.07	
2.	Senior (Abbie Reiter, Samantha Reed, Cara Schultz, Katie Lanners)	11:06.68	
3.			
4.			
5.			
6.			
7.			

200m Dash (Preliminary)

	Name	School	Time/Distance
1.	Whitney Cawiezell	Prairie	28:60
2.	Lacy Siegert	Senior	29:87
3.	Ellen Powell	City High School	30:33
4.	Michelle Keiper	Kennedy	30:36
5.	Laci Spraggins	Senior	30:74
6.	Stephanie Schallau	City High School	30:90
7.	Jenna Gansen	Hempstead	31:34
8.	Aubrey Seltrecht	Jefferson	31:77
9.	Angi Zenor	Kennedy	31:79
10.	Nikki Hastings	Waterloo West	32:99
11.	Jessica Peterson	Waterloo West	33:68
12.			
13.			
14.			

Shuttle Hurdle Relay

	School	Time/Distance
1.	City High School (Katie Lynch, Emily Brentlinger, Maureen O'Sheridan-Tabor, Kelsi Linder)	1:10.32
2.	Hempstead (Monica Weber, Jenny Kuhle, Jamie Schmitt, Sarah Stender)	1:12.49
3.	Jefferson (Ashley Havicek, Ashley Wensel, Katie Hoffpaur, Ashley Wuilke)	1:12.90
4.	Senior (Kayla Hedley, Megan Guetzko, Meg Garfield, Rachel Lampe)	1:15.59

Distance Medley

	School	Time/Distance
1.	Hempstead (Lacey Higbie, Angie Updegraph, Hayley Cross, Denise Anderson)	4:54.04
2.	City High School (Lindsey Johnson, Emily Brentlinger, Stephanie Schallao, Melanie Cassavant)	4:55.53
3.	Senior (Jessica McCarty, Samantha Reed, Angela Unsen, Erin Burkholdes)	5:11.95
4.	Kennedy (Bekki Ward, Rachel Biere, Lauren Peterson, Emily Sorensen)	5:22.64

100m Dash (Final)

	Name	School	Time/Distance
1.	Ashley Simpson	Hempstead	13:35
2.	Sarah Hinrichs	Jefferson	13:63

3.	Dianne Kaufman	Hempstead	13:83
4.	Alanna Mozena	Senior	13:85
5.	Shannon Veatch	City High School	14:00
6.	Ashley Wensel	Jefferson	14:11
7.	Kristin Blake	City High School	14:15
8.	Angela Unsen	Senior	15:00

400m Dash

	Name	School	Time/Distance
1.	Kelly Sherry	City High School	1:05.90
2.	Beth Morrow	Hempstead	1:07.28
3.	Kira Kaltenbach	Jefferson	1:07.76
4.	Laura Struve	City High School	1:07.79
5.	Lacy Spraggins	Senior	1:11.28
6.	Katie Hofffuir	Jefferson	1:12.99

4 x 200 Relay

	School	Time/Distance	
1.	Jefferson (Ashley Hauliecek, Aubrey Seltrecht, Abby Tiedeman, Sarah Hinrichs)	1:56.20	
2.	City High School (Tara Olsen, Lindsey Johnson, Kara Evans, Carolyn Minchk)	1:56.67	
3.	Hempstead (Angie Updegraph, Christy McFadden, Sarah Stender, Amanda Drake)	1:58.66	
4.	Senior	1:59.61	
5.	Prairie	2:04.52	
6.	Kennedy	2:04.84	
7.	Waterloo West	2:18.40	

100m Hurdles (Final)

	Name	School	Time/Distance
1.	Katie Fraga	City High School	15.77
2.	Virginia Dreier	City High School	16.12
3.	Leah Timmerman	Hempstead	16.24
4.	Alexia Krier	Hempstead	17.06
5.	Tiffany Kolhl	Senior	17.56
6.	Jill Thomas	Senior	17.66
7.	Ashley wensel	Jefferson	17.90
8.	Jenii Zearly	Jefferson	18.09

800m Run

	Name	School	Time/Distance
1.	Nelli Sanlwolke	Senior	2:41.48
2.	Shanna Sheppard	Jefferson	2:52.98
3.	Leah Schaefer	Kennedy	2:54.30
4.	Allison Davenport	Jefferson	2:57.98
5.	Jacquie Hall	City High School	2:58.06
6.	Amber Hill	Senior	2:59.98

200m Dash (Final)

	Name	School	Time/Distance
1.	Whitney Cawiezell	Prairie	28.39
2.	Lacy Siegert	Senior	29.49
3.	Ellen Powell	City High School	29.68
4.	Laci Spraggins	Senior	29.88
5.	Michelle Keiper	Kennedy	30.43
6.	Aubrey Seltrecht	Jefferson	30.49
7.	Stephanie Schallau	City High School	30.68
8.	Jenna Gansen	Hempstead	31.90

400m Hurdles

	Name	School	Time/Distance
1.	Kelly Sherry	City High School	1:11.65
2.	Maggy Schrage	Jefferson	1:11.68
3.	Kara Evans	City High School	1:13.28
4.	Jenny Kuhle	Hempstead	1:19.03
5.	Lauren Steffen	Waterloo West	1:22.85
6.			

Sprint Medley

	School	Time/Distance
1.	City High School (Katie Lynch, Maureen O'Sheridan-Tabor, Brenda Giovanelli, Tara Olsen)	2:03.08
2.	Kennedy (Marua Robinson, Michella Koiper, Angi Zenor, Stephanie Jamerson)	2:04.12
3.	Senior (Alanna Mozena, Kayla Hedley, Katie Lanners, Lacy Siegert)	2:05.59
4.	Prairie	2:09.40
5.	Waterloo West	2:24.79

1500m Run

	Name	School	Time/Distance
1.	Emily O'Shaughnessy	City High School	5:43.77
2.	Lily Kirkendahl	Senior	5:44.15
3.	Alyssa Lane	City High School	5:44.37
4.	Sally Schick	Kennedy	5:46.32
5.	Lillian Pope	Kennedy	5:49.25
6.	Tiffany Bergfeld	Hempstead	5:53.12

4 x 100 Relay

	School	Time/Distance
1.	City High School (Ellen Powell, Tiffiney Belmont, Jamie Frantz, Ashton Strickland)	53.14
2.	Jefferson (Abby Teidemann, Ashley Havlicek, Sarah Hinrichs, Natalie Kendall)	53.68
3.	Prairie (Lindsey Lehman, Jessie Baker, Sadie White, Sam Fisher)	55.13
4.	Senior	55.53
5.	Hempstead	58.27
6.	Kennedy	58.47
7.	Waterloo West	1:04.47

4 x 400 Relay

	School	Time/Distance
1.	City High School (Kelsie Full, Kelly Sherry, Laura Struve, Kara Evans)	4:29.72
2.	Jefferson (Kim Wutzke, Aubrey Seltrecht, Jrny Zeraley, Kera Kaltenbach)	4:31.31
3.	Hempstead (Sara Simon, Morgan Foley, Allison Oostendorp, Christy McFadden)	4:33.45
4.	Kennedy	4:50.73
5.	Senior	4:51.24

Long Jump

	Name	School	Time/Distance
1.	Lindsey Gee	Prairie	14'7"
2.	R Lampe	Senior	13'11"
3.	Sarah Simon	Hempstead	13'9.5"
4.	Hayley Cross	Hempstead	13'8.5"
5.	Katie Cooper	Jefferson	13'6.5"
6.	Kristie Ottoson	Kennedy	13'0"

High Jump

	Name	School	Time/Distance
1.	Beth Morrow	Hempstead	4'8"
2.	Abby Furlong	City High School	4'6"
3.	Rachel Lampe	Senior	4'6"
4.	Halley Brus	City High School	4'6"
5.	Jenni Earll	Kennedy	4'6"
6.	Meg Garfield	Senior	4'2"
	Ashley Wensel	Jefferson	4'2"
	Guiomar Sanchez	Kennedy	4'2"

Shot Put

	Name	School	Time/Distance
1.	Missy Fessler	Hempstead	33'4.25"
2.	Jenny Noel	Hempstead	31'7"
3.	Riley Marx	Jefferson	31'3"
4.	Erin Lange	Prairie	30'8.25"
5.	Lindsey Anderson	Senior	29'8.75"
6.	Amy Richter	Prairie	29'5.5"

Discus

	Name	School	Time/Distance
1.	Tina Shimak	Kennedy	102'7"
2.	Kim Bockenstedt	Hempstead	99'0"
3.	Mary Flaschner	City High School	90'4"
4.	Shannon Smith	Kennedy	89'10"
5.	Heather Gibney	Jefferson	88'7"
6.	Beth Cope	Jefferson	88'3"

TEAM SCORES

	SCHOOL	POINTS
1.	City High School	150
2.	Hempstead	100.33
3.	Senior	78
4.	Jefferson	69.33
5.	Kennedy	43.33
6.	Prairie	35
7.	Waterloo West	4