

CITY HIGH GIRLS TRACK AND FIELD STATE MEET 2019

Thursday-Saturday, May 16th-18th

What a terrific weekend! We came with 20 girls, placed in 4 events, earned 10 medals and placed 15th. Two other events were just out of placing getting 9th despite running faster than we did in those events last year.

Keep working hard and I know you will have a great 2020 season!

TEAM SCORES: Waukee 81, Cedar Falls 64, SE Polk 51, Liberty 48, Linn-Mar 41, Ottumwa 39, CB Abe Linclon 36, Pleasant Valley 36, Dowling 33, Ames 27, IC West 25, Johnston 22, Ankeny 22, Ankeny Centennial 22, **CITY HIGH 20**

THURSDAY

High Jump	Vanderhoef 4-10 18th				
3000m	Boulter 11:17.25 15th				
4x800 relay	Kelly-Harvey 2:19.5	Reynolds 2:25.8	Perrill 2:29.9	Frazier 2:35.3	9:51.01 SB 9th

FRIDAY

Distance Medley	Cooper 26	Clark 27.7	Lindsey 57.9*	Kelly-Harvey 2:16.3*	4:07.85 4th #6 ALL-TIME
100m hurdles	Schaeckenbach 15.18 QUAL				
4x200 Relay	Cooper 26.3	Lindsey 26.2	Clark 25.8 SB	DePrenger 26.7	1:45.06 SB 12th
Long Jump	Lindsey 15-5.25 23rd	Cook 16-1 15th			
400m hurdles	Reynolds 1:09.58 12th	Schaeckenbach 1:03.37 1st	#3 ALL-TIME		
4x100 relay	Ansley 12.7	Sartini-Rideout 12.5	Clark 12.4	Cooper 12.5	50.37 16th
4x400 relay	Kelly-Harvey 59.1	DePrenger 60.5*	Lindsey 59.8	Shaeckenbach 59.8	3:59.54 SB 9th

SATURDAY

Sprint Medley	Clark 12.5	Cooper 12.7	Lindsey 25.5	Kelly-Harvey 60.8	1:51.51 SB 14th
Shuttle Hurdle	Sekafetz 16.5	Ansley 16.3	DePrenger 16.6	Shaeckenbach 15.7	1:05.60 5th
100 Hurdles	Schaeckenbach 15.56 8th				

RED- Standard of Excellence, *= PR, SB= Season Best